Challenges in Rehabilitation

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re·ha·bil·i·ta·tion
ˌrē(h)əˈbiləˈtāSH(ə)n/
noun
noun: rehabilitation; plural noun: rehabilitations

the action of restoring someone to health or “typical life” through training and therapy after imprisonment, addiction, or illness/injury. "she underwent rehabilitation and was walking within three weeks"

the action of restoring someone to former privileges or reputation after a period of disfavor. "a posthumous rehabilitation of the activist"

the action of restoring something that has been damaged to its former condition."the rehabilitation of the swamp"
THIS FIGHT IS YOURS

JOIN THE MARCH OF DIMES
DISEASE or
DISORDER — IMPAIRMENT — DISABILITY — HANDICAP

(intrinsic
situation) —— (exterorized) —— (objectified) —— (socialized)

These points can best be illustrated with examples:

<table>
<thead>
<tr>
<th>Impairment</th>
<th>Disability</th>
<th>Handicap</th>
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<td>language</td>
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<td>hearing</td>
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<td>skeletal</td>
<td>dressing, feeding</td>
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<td>psychological</td>
<td>behaving</td>
<td>social integration</td>
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President George H.W. Bush signs the Americans with Disabilities Act on July 26, 1990.
The Silver Tsunami

By 2030 there will be 72.1 million older Americans

https://www.cfha.net/blogpost/689173/156161/Geriatric-training-Allowing-our-patients-to-be-our-educators
Find strength in a new location.
The New Spaulding Rehab Hospital
The Rehabilitation Marathon began when the race stopped.
Focus on recovery, compensation, and adjustment, with attention to function and quality of life.

Patients with acute and chronic pain, cerebral palsy, amputation, cancer, burns, deconditioning, joint replacements, sports injuries, major orthopedic trauma, spinal cord injury, traumatic brain injury, stroke, neurodegenerative disorders.
- Restoration of function
- Prevention of complications
- Use of technology
- Use of compensatory strategies
My name is Christopher. You can call me Chris, Christopher, Topher or even 'Hey, you.' I'll answer to all of those monikers. I live with a neurodegenerative disease. One that many other people deal with on a permanent basis every moment of every day. It affects every aspect of my life both internally and externally. Unfortunately for myself and millions of others there is no respite--it is there, always. I'm a regular guy with a regular job, a moderately uneventful life and an incredibly overactive imagination. I also deal with multiple sclerosis in my spare time.

The Edge of the Diving Board…

[A place about life with multiple sclerosis]

https://www.edgeofthedivingboard.com/about
Impairment

Mobility

Activities of Daily Living (ADL’s)

Instrumental ADL’s (IADL’s)

Cognition
Walking is over rated.

Says you.
- Eating
- Dressing / Undressing
- Bathing
- Transferring
- Toileting
- Continence
I need help putting on socks.
Why a ban on doorknobs make sense

- Light housework
- Meal preparation
- Medication administration
- Shopping
- Telephone
- Money management
- Social media
- Care for others and for pets
  - (including selecting and supervising caregivers)
- Child rearing
- Community mobility
- Health maintenance
- Emergency response participation
Having trouble staying awake in class?

https://www.necksolutions.com/dropped-head-syndrome-support.html
SpillNot No-Spill Mug Holder

https://www.thinkgeek.com/product/ea9a/
MIT