### 8.286 Class 20 November 16, 2020

## THE

COSMOLOGICAL CONSTANT
PART 2

## Announcements

Problem Set 8 is due this Friday, November 20.

Alan Guth

## Exit Poll, Last Class

| Polling 1: Exit poll |
| :--- |
| Polling is closed |
| 1. How well were you able to follow this lecture? Edit <br> Very well (3) $33 \%$ <br> Well (4) $44 \%$ <br> Borderline (2) $22 \%$ <br> Badly (0) $0 \%$ <br> Was mostly lost (0) $0 \%$ <br> 2. How was the pace of the lecture? (0) $0 \%$ |
| Too fast (9b) $100 \%$ |
| Share Results right |

Alan Guth
Massachusetts Institute of Technology
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## A Brief History of the Cosmological Constant

\& In 1917, Einstein applied his new GR to the universe, and discovered that a static universe would collapse.
is Convinced that the universe was static, Einstein introduced the cosmological constant $\Lambda$ into his field equations

- the equations that describe how matter affects the metric - to create a gravitational repulsion to oppose the collapse.
is From a modern point of view, $\Lambda$ represents a vacuum energy density $u_{\mathrm{vac}}$, with

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u_{\mathrm{vac}}=\rho_{\mathrm{vac}} c^{2}=\frac{\Lambda c^{4}}{8 \pi G}
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$$

because $u_{\text {vac }}$ appears in the field equations exactly as a vacuum energy density would. To Einstein, however, it was simply a new term in the field equations. Before quantum theory, the vacuum was viewed as completely empty, so it was inconceivable that it could have a nonzero energy density.

Once the expansion of the universe was discovered by Hubble in 1929, Einstein abandoned $\Lambda$ as being no longer needed or wanted.

In 1998, however, two (large) groups of astronomers, both using measurements of Type Ia supernova at redshifts $z \lesssim 1$, discovered evidence that the expansion of the universe is currently accelerating!
At the time, it was shocking! Science magazine proclaimed it (correctly!) as the "Breakthough of the Year".
is In 2011 the Nobel Prize in Physics was awarded to Saul Permutter, Brian Schmidt, and Adam Riess for this discovery. In 2015 the Breakthrough Prize in Fundamental Physics was awarded to these three, and also the two entire teams.

## Gravitational Effect of Pressure

$$
\frac{d^{2} a}{d t^{2}}=-\frac{4 \pi}{3} G\left(\rho+\frac{3 p}{c^{2}}\right) a
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Vacuum Energy and the Cosmological Constant:

$$
u_{\mathrm{vac}}=\rho_{\mathrm{vac}} c^{2}=\frac{\Lambda c^{4}}{8 \pi G}
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## Vacuum Energy and the Cosmological Constant:

$$
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$$

Recall that

$$
\dot{\rho}=-3 \frac{\dot{a}}{a}\left(\rho+\frac{p}{c^{2}}\right)
$$

where the overdo indicates a time derivative. So

$$
\dot{\rho}_{\mathrm{vac}}=0 \quad \Longrightarrow \quad p_{\mathrm{vac}}=-\rho_{\mathrm{vac}} c^{2}=-\frac{\Lambda c^{4}}{8 \pi G}
$$

Defining $\rho=\rho_{n}+\rho_{\mathrm{vac}}$ and $p=p_{n}+p_{\mathrm{vac}}$, the Friedmann equations become:

$$
\ddot{a}=-\frac{4 \pi}{3} G\left(\rho_{n}+\frac{3 p_{n}}{c^{2}}-2 \rho_{\mathrm{vac}}\right) a
$$

$$
\left(\frac{\dot{a}}{a}\right)^{2}=\frac{8 \pi}{3} G\left(\rho_{n}+\rho_{\mathrm{vac}}\right)-\frac{k c^{2}}{a^{2}}
$$

where an overdot ( $)$ is a derivative with respect to $t$.

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$$

where an overdot () is a derivative with respect to $t$. At late times, $\rho_{n} \propto 1 / a^{3}$ or $1 / a^{4}, \rho_{\mathrm{vac}}=$ constant, so $\rho_{\mathrm{vac}}$ dominates. Then

$$
\begin{aligned}
a(t) & \propto e^{H_{\mathrm{vac}} t} \\
H \rightarrow H_{\mathrm{vac}} & =\sqrt{\frac{8 \pi}{3} G \rho_{\mathrm{vac}}}
\end{aligned}
$$

## Age of the Universe with $\Lambda$

The first order Friedmann equation

$$
\left(\frac{\dot{a}}{a}\right)^{2}=\frac{8 \pi}{3} G(\underbrace{\rho_{m}}_{\propto \frac{1}{a^{3}(t)}}+\underbrace{\rho_{\mathrm{rad}}}_{\propto \frac{1}{a^{4}(t)}}+\rho_{\mathrm{vac}})-\frac{k c^{2}}{a^{2}}
$$

can be rewritten as

$$
\begin{aligned}
\left(\frac{\dot{a}}{a}\right)^{2} & =H_{0}^{2}\left(\frac{\Omega_{m, 0}}{x^{3}}+\frac{\Omega_{\mathrm{rad}, 0}}{x^{4}}+\Omega_{\mathrm{vac}}\right)-\frac{k c^{2}}{a^{2}} \\
& \text { where } x \equiv a(t) / a\left(t_{0}\right)
\end{aligned}
$$

and where we used

$$
\Omega_{X, 0}=\frac{\rho_{X, 0}}{\rho_{c, 0}}=\frac{8 \pi G \rho_{X, 0}}{3 H_{0}^{2}}
$$

$$
\begin{aligned}
\left(\frac{\dot{a}}{a}\right)^{2} & =H_{0}^{2}\left(\frac{\Omega_{m, 0}}{x^{3}}+\frac{\Omega_{\mathrm{rad}, 0}}{x^{4}}+\Omega_{\mathrm{vac}}\right)-\frac{k c^{2}}{a^{2}} \\
& \text { where } x \equiv a(t) / a\left(t_{0}\right)
\end{aligned}
$$

## Define

$$
\Omega_{k, 0} \equiv-\frac{k c^{2}}{a^{2}\left(t_{0}\right) H_{0}^{2}}
$$

So

$$
\left(\frac{\dot{a}}{a}\right)^{2}=\left(\frac{\dot{x}}{x}\right)^{2}=\frac{H_{0}^{2}}{x^{4}}\left(\Omega_{m, 0} x+\Omega_{\mathrm{rad}, 0}+\Omega_{\mathrm{vac}, 0} x^{4}+\Omega_{k, 0} x^{2}\right)
$$

Alan Guth
Massachusetts Institute of Technology
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$$
\left(\frac{\dot{a}}{a}\right)^{2}=\left(\frac{\dot{x}}{x}\right)^{2}=\frac{H_{0}^{2}}{x^{4}}\left(\Omega_{m, 0} x+\Omega_{\mathrm{rad}, 0}+\Omega_{\mathrm{vac}, 0} x^{4}+\Omega_{k, 0} x^{2}\right)
$$

At present time, $\dot{a} / a=H_{0}$ and $x=1$, so the sum of the $\Omega$ 's must equal 1 . Thus, $\Omega_{k, 0}$ can be evaluated from

$$
\Omega_{k, 0}=1-\Omega_{m, 0}-\Omega_{\mathrm{rad}, 0}-\Omega_{\mathrm{vac}, 0}
$$

Observationally, $\Omega_{k, 0}$ is consistent with zero, but we can still allow for it in our final formula for the age:

$$
t_{0}=\frac{1}{H_{0}} \int_{0}^{1} \frac{x d x}{\sqrt{\Omega_{m, 0} x+\Omega_{\mathrm{rad}, 0}+\Omega_{\mathrm{vac}, 0} x^{4}+\Omega_{k, 0} x^{2}}}
$$

## Numerical Integration with Mathematica

IN: $\mathrm{t} 0\left[\mathrm{H} 0_{-}, \Omega \mathrm{m0} 0, \Omega \mathrm{rad} 0_{-}, \Omega \mathrm{vac} 0_{-}, \Omega \mathrm{k} 0_{-}\right]:=(1 / \mathrm{H} 0) *$ NIntegrate[x/Sqrt[ $\left.\left.\Omega \mathrm{m} 0 \mathrm{x}+\Omega \mathrm{rad} 0+\Omega \mathrm{vac} 0 \mathrm{x}^{4}+\Omega \mathrm{k} 0 \mathrm{x}^{2}\right],\{\mathrm{x}, 0,1\}\right]$
IN: PlanckH0 := Quantity[67.66,"km/sec/Mpc"]
IN: Planck $\Omega \mathrm{m} 0:=0.311$
IN: Planck $\Omega \mathrm{vac} 0:=0.689$
IN: UnitConvert[t0[PlanckH0,Planck $\Omega \mathrm{m} 0,0, \mathrm{Planck} \Omega \mathrm{vac} 0,0]$, "Years"]
OUT: $1.38022 \times 10^{10}$ years

## Numerical Integration with Mathematica Newer Data

Reference: N. Aghanim et al. (Planck Collaboration), "Planck 2018 results, VI:
Cosmological parameters," Table 2, Column 6, arXiv:1807.06209.
IN: $\mathrm{t} 0\left[\mathrm{H} 0 \_, \Omega \mathrm{m0} 0, \Omega \mathrm{rad} 0_{-}, \Omega \mathrm{vac} 0_{-}, \Omega \mathrm{k} 0 \_\right]:=(1 / \mathrm{H} 0) *$
NIntegrate[x/Sqrt[ $\left.\left.\Omega \mathrm{m} 0 \mathrm{x}+\Omega \mathrm{rad} 0+\Omega \mathrm{vac} 0 \mathrm{x}^{4}+\Omega \mathrm{k} 0 \mathrm{x}^{2}\right],\{\mathrm{x}, 0,1\}\right]$
IN: PlanckH0 := Quantity[67.66,"km/sec/Mpc"]
IN: Planck $\Omega \mathrm{m0} 0:=0.3111$
iN: Planck $\Omega \mathrm{vac} 0:=0.6889$
IN: $\Omega \operatorname{rad} 0:=4.15 \times 10^{-5} h_{0}^{-2}=9.07 \times 10^{-5}$
IN: UnitConvert [t0[PlanckH0, Planck $\Omega \mathrm{m} 0-\Omega \mathrm{rad} 0 / 2, \Omega \mathrm{rad} 0$, Planck $\Omega \mathrm{vac} 0-$ $\Omega \mathrm{rad} 0 / 2,0]$, "Years"]
OUT: $1.3796 \times 10^{10}$ years
The Planck paper gives $13.787 \pm 0.020 \mathrm{Gyr}$. The difference is about 9 million years, $0.06 \%$, or $0.45 \sigma$.

## Look-Back Time

Question: If we observe a distant galaxy at redshift $z$, how long has it been since the light left the galaxy? The answer is called the look-back time.
To answer, recall that we wrote $t_{0}$ as an integral over $x=a(t) / a\left(t_{0}\right)$. We can change variables to

$$
1+z=\frac{a\left(t_{0}\right)}{a(t)}=\frac{1}{x},
$$

which gives

$$
t_{0}=\frac{1}{H_{0}} \int_{0}^{\infty} \frac{d z}{(1+z) \sqrt{\Omega_{m, 0}(1+z)^{3}+\Omega_{\mathrm{rad}, 0}(1+z)^{4}+\Omega_{\mathrm{vac}, 0}+\Omega_{k, 0}(1+z)^{2}}} .
$$

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t_{0}=\frac{1}{H_{0}} \int_{0}^{\infty} \frac{d z}{(1+z) \sqrt{\Omega_{m, 0}(1+z)^{3}+\Omega_{\mathrm{rad}, 0}(1+z)^{4}+\Omega_{\mathrm{vac}, 0}+\Omega_{k, 0}(1+z)^{2}}} .
$$

The integral over any interval of $z$ gives the corresponding time interval, so the look-back time is just the integral from 0 to $z$ :

$$
\begin{aligned}
& t_{\text {look-back }}(z)= \\
& \quad \frac{1}{H_{0}} \int_{0}^{z} \frac{d z^{\prime}}{\left(1+z^{\prime}\right) \sqrt{\Omega_{m, 0}\left(1+z^{\prime}\right)^{3}+\Omega_{\mathrm{rad}, 0}\left(1+z^{\prime}\right)^{4}+\Omega_{\mathrm{vac}, 0}+\Omega_{k, 0}\left(1+z^{\prime}\right)^{2}}} .
\end{aligned}
$$

## Age of a Flat Universe with $\Lambda$ and Matter Only

If $\Omega_{\mathrm{rad}}=\Omega_{k}=0$, then it is possible to carry out the integral for the age analytically:

$$
t_{0}= \begin{cases}\frac{2}{3 H_{0}} \frac{\tan ^{-1} \sqrt{\Omega_{m, 0}-1}}{\sqrt{\Omega_{m, 0}-1}} & \text { if } \Omega_{m, 0}>1, \Omega_{\mathrm{vac}}<0 \\ \frac{2}{3 H_{0}} & \text { if } \Omega_{m, 0}=1, \Omega_{\mathrm{vac}}=0 \\ \frac{2}{3 H_{0}} \frac{\tanh ^{-1} \sqrt{1-\Omega_{m, 0}}}{\sqrt{1-\Omega_{m, 0}}} & \text { if } \Omega_{m, 0}<1, \Omega_{\mathrm{vac}}>0\end{cases}
$$

## The Age Problem with Only Nonrelativistic Matter

$H$ (Kilometers per Second per Million Light-Years)


## Age of a Flat Universe with $\Lambda$ and Matter Only

$H$ (Kilometers per Second per Million Light-Years)


## Ryden Benchmark and Planck 2018 Best Fit

| Parameters | Ryden <br> Benchmark | Planck 2018 <br> Best Fit |
| :---: | :---: | :---: |
| $\boldsymbol{H}_{\mathbf{0}}$ | 68 | $67.7 \pm 0.4 \mathrm{~km} \cdot \mathrm{~s}^{-1} \cdot \mathrm{Mpc}^{-1}$ |
| Baryonic matter $\boldsymbol{\Omega}_{\boldsymbol{b}}$ | 0.048 | $0.0490 \pm 0.0007^{*}$ |
| Dark matter $\boldsymbol{\Omega}_{\mathbf{d m}}$ | 0.262 | $0.261 \pm 0.004^{*}$ |
| Total matter $\boldsymbol{\Omega}_{\boldsymbol{m}}$ | 0.31 | $0.311 \pm 0.006$ |
| Vacuum energy $\boldsymbol{\Omega}_{\mathbf{v a c}}$ | 0.69 | $0.689 \pm 0.006$ |

Alan Guth
Massachusetts Institute of Technology
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## Controversy in Parameters: "Hubble Tension"

is From the CMB, the best number is from
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is From the "tip of the red giant branch",
Wendy Freedman's group: $H_{0}=69.6 \pm 0.8(\mathrm{stat}) \pm 1.7(\mathrm{sys}) \mathrm{km} \mathrm{sec}^{-1}$ $\mathrm{Mpc}^{-1}$

References: A. Riess et al., Astrophys. J. 876 (2019) 85 [arXiv:1903.07603].
W. Freedman et al., arXiv:2002.01550 (2020).

## The Hubble Diagram: Radiation Flux vs. Redshift

If we live in a universe like we have described, what do we expect to find if we measure the energy flux from a "standard candle" as a function of its redshift?
Consider closed universe:

$$
d s^{2}=-c^{2} d t^{2}+a^{2}(t)\left\{\frac{d r^{2}}{1-k r^{2}}+r^{2}\left(d \theta^{2}+\sin ^{2} \theta d \phi^{2}\right)\right\}
$$

We will be interested in tracing radial trajectories, so we can simplify the radial metric by a change of variables

$$
\sin \psi \equiv \sqrt{k} r
$$

Then

$$
d \psi=\frac{\sqrt{k} d r}{\cos \psi}=\frac{\sqrt{k} d r}{\sqrt{1-k r^{2}}}
$$

$$
\begin{gathered}
d s^{2}=-c^{2} d t^{2}+a^{2}(t)\left\{\frac{d r^{2}}{1-k r^{2}}+r^{2}\left(d \theta^{2}+\sin ^{2} \theta d \phi^{2}\right)\right\} . \\
d \psi=\frac{\sqrt{k} d r}{\cos \psi}=\frac{\sqrt{k} d r}{\sqrt{1-k r^{2}}}
\end{gathered}
$$

and the metric simplifies to

$$
d s^{2}=-c^{2} d t^{2}+\tilde{a}^{2}(t)\left\{d \psi^{2}+\sin ^{2} \psi\left(d \theta^{2}+\sin ^{2} \theta d \phi^{2}\right)\right\}
$$

where

$$
\tilde{a}(t) \equiv \frac{a(t)}{\sqrt{k}} .
$$

Note: $\psi$ is in fact the same angle $\psi$ that we used in our construction of the closed-universe metric: it is the angle from the $w$-axis.

## Geometry of Flux Calculation

$$
d s^{2}=-c^{2} d t^{2}+\tilde{a}^{2}(t)\left\{d \psi^{2}+\sin ^{2} \psi\left(d \theta^{2}+\sin ^{2} \theta d \phi^{2}\right)\right\}
$$



The fraction of the photons hitting the sphere that hit the detector is just the ratio of the areas:

$$
\text { fraction }=\frac{\text { area of detector }}{\text { area of sphere }}=\frac{A}{4 \pi \tilde{a}^{2}\left(t_{0}\right) \sin ^{2} \psi_{D}} .
$$

is The power hitting the sphere is less than the power $P$ emitted by the source by two factors of $\left(1+z_{S}\right)$, where $z_{S}$ is the redshift of the source: one factor due to redshift of each photon, and one factor due to the redshift of the rate of arrival of photons.

$$
P_{\text {received }}=\frac{P}{\left(1+z_{S}\right)^{2}} \frac{A}{4 \pi \tilde{a}^{2}\left(t_{0}\right) \sin ^{2} \psi_{D}}
$$

Flux $J=P_{\text {received }} / A$.

## Expressing the Result in Terms of Astronomical Quantities

$$
\Omega_{k, 0} \equiv-\frac{k c^{2}}{a^{2}\left(t_{0}\right) H_{0}^{2}} \quad \Longrightarrow \quad \tilde{a}\left(t_{0}\right)=\frac{c H_{0}^{-1}}{\sqrt{\left|\Omega_{k, 0}\right|}} .
$$

But we must still express $\psi_{D}$ in terms of $z_{S}$. Since

$$
d s^{2}=-c^{2} d t^{2}+\tilde{a}^{2}(t)\left\{d \psi^{2}+\sin ^{2} \psi\left(d \theta^{2}+\sin ^{2} \theta d \phi^{2}\right)\right\},
$$

the equation for a null trajectory is

$$
0=-c^{2} d t^{2}+\tilde{a}^{2}(t) d \psi^{2} \quad \Longrightarrow \quad \frac{d \psi}{d t}=\frac{c}{\tilde{a}(t)} .
$$

$$
0=-c^{2} d t^{2}+\tilde{a}^{2}(t) d \psi^{2} \quad \Longrightarrow \quad \frac{d \psi}{d t}=\frac{c}{\tilde{a}(t)}
$$

The first-order Friedmann equation implies

$$
H^{2}=\left(\frac{\dot{\tilde{a}}}{\tilde{a}}\right)^{2}=\frac{H_{0}^{2}}{x^{4}}\left(\Omega_{m, 0} x+\Omega_{\mathrm{rad}, 0}+\Omega_{\mathrm{vac}, 0} x^{4}+\Omega_{k, 0} x^{2}\right),
$$

where

$$
x=\frac{a(t)}{a\left(t_{0}\right)}=\frac{\tilde{a}(t)}{\tilde{a}\left(t_{0}\right)} .
$$

The coordinate distance that the light pulse can travel between $t_{S}$ (when it left the source) and $t_{0}$ (now) is

$$
\psi\left(z_{S}\right)=\int_{t_{S}}^{t_{0}} \frac{c}{\tilde{a}(t)} d t
$$

Changing variables to $z$, with

$$
1+z=\frac{\tilde{a}\left(t_{0}\right)}{\tilde{a}(t)} .
$$

Then

$$
d z=-\frac{\tilde{a}\left(t_{0}\right)}{\tilde{a}(t)^{2}} \dot{\tilde{a}}(t) d t=-\tilde{a}\left(t_{0}\right) H(t) \frac{d t}{\tilde{a}(t)} .
$$

The integration becomes

$$
\psi\left(z_{S}\right)=\frac{1}{\tilde{a}\left(t_{0}\right)} \int_{0}^{z_{S}} \frac{c}{H(z)} d z
$$

$$
\psi\left(z_{S}\right)=\frac{1}{\tilde{a}\left(t_{0}\right)} \int_{0}^{z_{S}} \frac{c}{H(z)} d z
$$

In this expression we can replace $\tilde{a}\left(t_{0}\right) H(z)$ using our previous equations. This gives our final expression for $\psi\left(z_{S}\right)$ :

$$
\begin{aligned}
\psi\left(z_{S}\right) & =\sqrt{\left|\Omega_{k, 0}\right|} \\
& \times \int_{0}^{z_{S}} \frac{d z}{\sqrt{\Omega_{m, 0}(1+z)^{3}+\Omega_{\mathrm{rad}, 0}(1+z)^{4}+\Omega_{\mathrm{vac}, 0}+\Omega_{k, 0}(1+z)^{2}}}
\end{aligned}
$$

Using this in our previous expression for $J$

$$
J=\frac{P H_{0}^{2}\left|\Omega_{k, 0}\right|}{4 \pi\left(1+z_{S}\right)^{2} c^{2} \sin ^{2} \psi\left(z_{S}\right)}
$$

