



Wake Up to life

h
e
r
e

a
n
d

n
o
w

AN EVENING AT M.I.T.
20th of october 2011 6-7:30pm
IN THE M.I.T. CHAPEL

- > register at us.wkup.org/mit
- > contact boston@wkup.org
- > free admission



MINDFULNESS WORKSHOP

offered by monastic students of Zen Master Thich Nhat Hanh [more info on us.wkup.org](http://us.wkup.org)

Sponsored by:



Zap this to register.



MIT
prajnopaya

THE BUDDHIST COMMUNITY AT THE
MASSACHUSETTS INSTITUTE OF TECHNOLOGY
<http://web.mit.edu/metta>

Spaces are limited. Priority will be given to young people under 35 and university staff.
Registration is preferred but not required.