The Undergraduate Association Council firmly supports the creation of a unified Wellness Center at MIT. This Wellness Center would include physical space for the offices under the Dean for Student Support and Wellbeing and a satellite office of Mental Health and Counseling. These services are currently distributed across campus, creating confusion and reducing accessibility for students. We believe the creation of such a Center will lower the barriers for students seeking support and serve as a physical statement of MIT’s commitment to mental health and student support.

The Wellness Center should physically unify Student Support Services, Student Disability Services, Violence Prevention and Response, Alcohol and Other Drug Services, and the CARE team, and link these support resources to Mental Health and Counseling. These services should be visible and centrally located, while balancing privacy and accessibility. The inclusion of a satellite office of Mental Health and Counseling would serve to lower barriers for students, reduce wait times for appointments and create better connections to other support services.

The goal is to create a holistic, warm, welcoming, and comfortable space where all student supports are consolidated. Wellness has become a central tenet of MIT’s values, and the creation of a Wellness Center will reinforce the Institute’s dedication to student wellbeing.