

# Beyond Social Contagion: Associative Diffusion and the Emergence of Cultural Variation

American Sociological Review  
2018, Vol. 83(5) 897–932  
© American Sociological  
Association 2018  
DOI: 10.1177/0003122418797576  
journals.sagepub.com/home/asr



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## Abstract

Network models of diffusion predominantly think about cultural variation as a product of *social contagion*. But culture does not spread like a virus. We propose an alternative explanation we call *associative diffusion*. Drawing on two insights from research in cognition—that meaning inheres in cognitive associations between concepts, and that perceived associations constrain people’s actions—we introduce a model in which, rather than beliefs or behaviors, the things being transmitted between individuals are perceptions about what beliefs or behaviors are compatible with one another. Conventional contagion models require the assumption that networks are segregated to explain cultural variation. We show, in contrast, that the endogenous emergence of cultural differentiation can be entirely attributable to social cognition and does not require a segregated network or a preexisting division into groups. Moreover, we show that prevailing assumptions about the effects of network topology do not hold when diffusion is associative.

## Keywords

culture, networks, diffusion, cognition, polarization

Contemporary societies exhibit remarkable and persistent cultural differences on issues as varied as musical taste and gun control. This cultural variation has been a long-standing topic of sociological inquiry because it is central to how social order, and the inequalities it is founded on, is maintained (Bourdieu 1986; Goldberg, Hannan, and Kovács 2016; Lamont and Molnár 2002). In particular, research has focused on the tendency of cultural practices to co-occur with one another (Martin 2002).<sup>1</sup> This cultural clustering—from clothing and lifestyle choices to consumption and religious behaviors—symbolically marks different categories of people. The different social identities these cultural boundaries delineate are typically based on a

variation in beliefs and dispositions. These divergent beliefs, such as those on the epistemic authority of science (Gauchat 2012) or the moral qualities of craft distillers (Ocejo 2017), shape differences in individuals’ political, economic, and health behaviors.

Where does this patterned cultural variation come from? Sociological work has predominantly studied cultural diffusion through the prism of “social contagion” (e.g., Christakis

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and Fowler 2007; Papachristos 2009). These network diffusion models commonly attribute cultural heterogeneity to structural boundaries to diffusion. Studies either assume the preexistence of a segregated social structure in which cultural practices diffuse within, but not across, network clusters (Centola and Macy 2007; Dandekar, Goel, and Lee 2013), or that structural disconnection emerges endogenously because of actors' tendencies or incentives to preferentially interact with others who are culturally similar (Axelrod 1997; Baldassarri and Bearman 2007; Centola et al. 2007; Mark 2003). Whatever the underlying mechanism, the end result is a balkanized world in which people interact within culturally homogenous and structurally separated cliques. Cultural differentiation, in other words, is ultimately epiphenomenal to a structurally segmented world (DellaPosta, Shi, and Macy 2015).

But cultural diffusion often fails to trace network structure. Consider the recent surge in opposition to vaccinations. Successful immunization campaigns virtually eradicated measles and other childhood diseases in the United States by the end of the twentieth century; but at the turn of the new millennium, Americans' faith in vaccines began to erode (Horne et al. 2015). The spread of anti-vaccination sentiments appears inconsistent with a network diffusion explanation. Parents who object to childhood vaccinations tend to be college educated and to have above average incomes. This is precisely the demographic that, until recently, was most likely to comply with vaccination protocols. Indeed, as the passionate disagreements on California's strict 2015 immunization law demonstrated, beliefs on vaccines cut through tight-knit communities across the United States. Hailing from the Oregon coast to the Texas heartland, *anti-vaxxers*, as they are colloquially called, are wooed by candidates on both sides of the political spectrum.<sup>2</sup> Attitudes on vaccines, in other words, do not appear to follow the contours of network segregation.

An important distinction is missing from the epidemiological imagery informing

network diffusion models: whether an actor *adopts* a cultural practice is different from how an actor *interprets* it. Behaviors around vaccines are strongly rooted in cultural beliefs. Injecting a biological agent using a hypodermic needle—without being able to observe this action's purported effects—requires strong and unquestionable faith in the institutional authority of the medical profession.<sup>3</sup> Recent changes in attitudes toward vaccines relate to changes in how Americans, predominantly those on the higher end of the socioeconomic ladder, understand their roles as parents, their rights as consumers, and their relationships with pediatricians (Conis 2014; Reich 2016). The rise in opposition to vaccines by educated and affluent parents cannot be explained without taking into account how vaccines have been reinterpreted.

Diffusion studies disregard this interpretative dimension. When they do not, they focus on differences in inherent appeal between cultural practices (e.g., Berger and Milkman 2012; Gamson and Modigliani 1989). Such differences in appeal explain why some practices diffuse more broadly than others but not why patterned cultural variation emerges *within* a population of interacting agents.

In contrast, we argue that interpretations, and interpretative consensus, can emerge through the process of diffusion. We draw on two insights from research in cognition: meaning inheres in cognitive associations between concepts and perceived associations constrain people's actions. In the theory we propose, rather than beliefs or behaviors per se, the cultural elements being transmitted between individuals are perceptions about which beliefs or behaviors are compatible with one another. People learn from their social environments how to associate between different cultural practices, and in their own behaviors enact, and therefore reproduce for others, these associations.

We formalize these two assumptions into a model of *associative diffusion*. Using agent-based modeling, we demonstrate that cultural differentiation emerges in a population even in the absence of an a priori segregated social

structure or homophilous interaction. We also explore a host of alternative explanations including direct imitation, biased contagion, conformist contagion, and homophilous contagion, and we show that these alternative accounts cannot explain the emergence of cultural differentiation without assuming a preexisting or emergent structural division. Integrating these alternatives into our baseline model, we show that our findings are robust to the presence of nonconformists and to different network topologies. Our results also suggest that, contra the findings of previous work on networks and diffusion, a segregated network is least conducive to the emergence of pronounced cultural difference. Ultimately, our model turns the causal arrow in conventional accounts of social contagion on its head: we show that differentiation can emerge through the complex ways culture is cognitively represented and acted upon by individuals.

## WHERE DOES CULTURAL VARIATION COME FROM?

Culture is often measured as the distribution of beliefs in a population. A consistent finding in the sociology of culture is that beliefs are not randomly distributed. Rather, people's cultural preferences and behaviors are strongly patterned, such that bundles of practices tend to co-occur with one another (Martin 2002). Parents who decide not to vaccinate their children, for example, often embrace other health-related behaviors on ideological grounds. These parents commonly support home births, object to the consumption of genetically modified food, and strongly believe in the health and developmental virtues of breastfeeding. As Reich (2016) demonstrates, these attitudes extend beyond the domain of health. The anti-vaccination parents she interviewed tended to espouse strong individualism, to equate good parenting with intensive caregiving, and to exhibit profound distrust toward big business.

Attitudes toward vaccination are not unique. Cultural practices tend to cluster

together in all domains of social life. These cultural interdependencies are consequential because they delineate different social identities. From hackers' strong belief in individual liberty and admiration for the Grateful Dead (Turner 2008), to hipsters' anti-corporate activism and taste for craft beers (Carroll and Swaminathan 2000), cultural bundles carve cleavages in groups as small as adolescent sports teams and as large as national societies. The working-class Southerners who are the subject of Hochschild's (2016) study, for example, espouse a set of moral and ideological dispositions—religious devotion, pride in hard work, and a staunch opposition to government regulation—that, from their view, pit them in stark opposition to coastal liberals.

One explanation for this patterned clustering of cultural preferences is that different cultural elements are functionally dependent on one another. One might assume, for example, that a belief in the natural virtues of breastfeeding is logically consistent with an objection to the assumed unnaturalness of synthetic vaccines. But popular understandings of vaccines as unnatural are a relatively recent historical phenomenon.<sup>4</sup> Half a century ago, vaccines were predominantly understood as healthy and safe; vaccination was considered neither consistent with nor antithetical to breastfeeding. Narratives promoted by environmental activists since the 1960s, however, focused public discourse on issues such as pollution and industrial contamination. Vaccines, in turn, were reframed as toxic rather than safe (Conis 2015). The upper-middle-class parents who, in the 1970s, would have enthusiastically vaccinated their children out of a sense of parental responsibility, are today most likely to invoke the same sense of responsibility to justify their objection to vaccinations (Conis 2014).

We use the term "culture" to refer to the social conventions that associate practices with meanings that—like in the case of vaccines—are not inherently derivative of these practices' formal properties. This is not to say that the patterned distribution of culture is entirely arbitrary; practices are limited by

objective functional constraints (Zuckerman 2012). However, in some domains these constraints are fairly weak. There is no apparent functional reason why parents living in the mountains of Montana, for example, would be more likely to name their daughters *Jennifer* than parents living on the Californian coast (Barucca et al. 2015).

In most realms of social life, the distinction between the functional and symbolic attributes of cultural practices is less evident. The traditional association between “high-brow” music and intellectual sophistication, for example, has been challenged with the rise of cultural omnivorousness as a dominant logic of cultural consumption in Western societies (Peterson and Kern 1996). Similarly, the rationale connecting a belief in *laissez-faire* economics with an objection to legalized abortion is taken for granted in mainstream U.S. political discourse but is not particularly prevalent elsewhere (Baldassarri and Goldberg 2014; Malka et al. 2014). Cultural clustering appears to be inexorable, but the patterns it follows are not.

### *Contagion Models of Differentiated Cultural Diffusion*

If the distributional patterns of cultural variation are not predetermined, then where do they come from? Recent sociological work explores this question almost exclusively through a network diffusion lens. Cultural diffusion models rest on a well-established fact: humans exhibit an innate tendency to imitate others’ behaviors and adopt their preferences and beliefs (Tarde 1903). The psychological reasons for this tendency are multifaceted, ranging from an evolutionary instinct for conformity to the need to resolve uncertainty in light of incomplete or complex information (Cialdini and Goldstein 2004). Whatever the underlying causes, social influence functions as the dyadic transmission channel through which cultural practices contagiously diffuse. Early adopters “virally” spread a newly acquired practice through their influence on others.

Simple and elegant as this epidemiological metaphor may be, it cannot explain the emergence of cultural differentiation. If individuals are straightforwardly influenced by their peers, then cultural practices should either saturate a population or fail to take off altogether. Indeed, a variety of sociological studies explore the network topologies that facilitate, or hinder, the emergence of contagious cultural cascades (e.g., Centola 2015; Granovetter 1978; Watts 2002).

To explain systemic cultural variation, social contagion theories need to assume the existence of structural boundaries to diffusion. These models generally provide two types of explanations for cultural differentiation. The first emphasizes the mechanism of *exposure*, assuming that adoption of a practice is a function of the structural opportunity to observe it. In their most rudimentary form, such models presuppose the existence of different social groups such that practices diffuse within but not between them. The intuition behind this assumption is fairly straightforward: parents in Montana imitate peers who name their daughters *Jennifer*, but this trend fails to reach structurally disconnected parents in California. Such differentiated diffusion can persist even in light of crosscutting connections between groups, as long as network ties are denser within groups than they are between them. This is especially the case when individuals require affirmation from multiple social connections before adopting a cultural practice, a phenomenon Centola and Macy (2007) call “complex contagion.”

A second set of explanations focuses on the mechanism of *choice homophily*, namely, individuals’ predisposition—due to intrinsic motivation or external rewards—to interact with culturally similar others. Such a proclivity leads to the emergence of culturally homogenous clusters either because individuals choose to interact homophilously or because they are more susceptible to influence by culturally similar peers. Diffusion scholars have proposed a variety of models exploring the complementary effects of homophily and social influence. Some

emphasize the formation and dissolution of network ties (e.g., Carley 1991; Centola et al. 2007; Mark 1998); others focus on changes in the strength of social influence as a function of cultural similarity (e.g., Dandekar et al. 2013; Flache and Macy 2011).<sup>5</sup> Whatever the differences in their underlying assumptions and emphases, homophily models describe a coevolutionary process whereby individuals become increasingly related to culturally similar others. Thus, even small and random initial variation gradually evolves into systematic cultural differentiation.

Essentially all diffusion models—whether assuming the mechanisms of exposure or homophily, or both—describe cultural differentiation as a product of an underlying balkanized social network. Consider a recent study by DellaPosta and colleagues (2015). The authors propose an elegant model in which an individual's likelihood of adopting a peer's cultural preference is proportional to the distance between the two agents in a socio-cultural space. Using this model, they demonstrate how the mutually reinforcing dynamics of influence and homophily can amplify minor cultural differences between individuals to generate the strong and seemingly arbitrary correlation between Americans' political ideology and lifestyle choices, creating the proverbial "latte liberals" and "bird-hunting conservatives." But to reach this conclusion, DellaPosta and colleagues' model presupposes a "connected caveman" small-world network in which individuals are segregated into sparsely interconnected and densely intra-connected clusters. Cultural differentiation, in other words, is epiphenomenal to an underlying and preexisting segmented social structure, a mere spurious byproduct of what the authors term "network autocorrelation."

### *The Cultural Conductivity of Superficial Interactions*

A central assumption in theories of network diffusion is that cultural transmission occurs via stable and meaningful relationships. Most models reify such relationships as network

ties and only allow agents who share a tie to exchange cultural knowledge.<sup>6</sup> Other approaches, such as the "constructural" model proposed by Carley (1991) and later extended by Mark (1998), do not explicitly model ties. Nevertheless, agents' likelihood of interacting, and therefore exchanging cultural information, is proportional to the knowledge they already share, effectively limiting such exchange to significant relationships.<sup>7</sup> Whether network ties are explicitly or implicitly modeled, culture does not diffuse between people who are not significantly acquainted with one another.

Contagion models seldom provide explicit justification for this assumption (DiMaggio and Garip 2012). Nevertheless, three explanations appear to be relevant. The first relates to the frequency and intensity of interpersonal interaction. cursory and superficial interaction, it is argued, does not provide sufficient bandwidth for the exchange of cultural knowledge (Aral and Van Alstyne 2011). Second, the motivation for sharing information depends on tie strength. Individuals share their thoughts and intentions only with those with whom they have enduring relationships (Cowan 2014). Finally, susceptibility to cultural information also depends on tie strength. People are inclined to adopt practices they learn from others whom they trust and feel emotionally attached to (Centola 2011; Miller and Prentice 2016).

Together, these mechanisms imply that people only learn culture through significant and enduring relationships. Indeed, interaction depth is necessary when the cultural knowledge being shared is complex or costly. In the book club studied by Childress and Friedkin (2012), for example, club members engage in lengthy and animated discussions of their book evaluations. The intense and detailed debate affords them the opportunity to influence each others' opinions.

But cultural information can be simple and easily transmittable. Every cultural exchange is, in essence, an exchange of symbolic representations (Berger and Luckmann 1967; Jablonka and Lamb 2006; Sperber 1996).

Symbols are powerful and efficient tools of communication precisely because they parsimoniously convey complex and nuanced concepts. A three-piece suit, for example, connotes very different information about its wearer than does a pair of jeans. Although a great deal of symbolic information is communicated nonverbally, language is the dominant medium through which it is exchanged. When a speaker says she is a liberal, or that she listens to country music, the recipient of this information understands the speaker's intentions without the former having to explain what liberalism or country music are.

Because it is easily transmittable, the propagation of cultural information does not necessitate a long-lasting relationship or a meaningful discussion of attitudes and motivations. In fact, in most everyday settings we observe the symbolic behaviors of others—be them complete strangers or individuals with whom we have established relationships—without having unobstructed access to their underlying thoughts and intentions. We hear a co-worker mention that his child is not vaccinated; we see a mother in daycare nursing her child when picking up our own; we observe a classmate, a service provider, or a fellow passenger on the train wearing a shirt professing her favorite band or political affiliation. Because it is observable and parsimonious, this information registers even in the absence of intentional sharing or interactive bandwidth.<sup>8</sup>

Moreover, cultural information does not need to be transmitted via strong ties to influence its receiver into action. A voluminous literature in psychology and sociology shows that humans are innately attuned to the informational and normative cues in others' behaviors, even when interaction is transient or superficial (Cialdini and Goldstein 2004; Miller and Prentice 2016). Children, for example, imitate unfamiliar adults' behaviors both to reduce uncertainty (Lyons, Young, and Keil 2007) and out of concern for normative compliance (Kenward 2012).

This sensitivity to others' behaviors generalizes to a variety of contexts. In Salganik, Dodds, and Watts's (2006) *Music Lab*

experiment, participants were randomly assigned into parallel artificial music markets and asked to download unfamiliar songs. Exposure to previous participants' choices influenced new participants' music consumption patterns, gradually amplifying minor initial differences in appeal between songs into large differences in popularity. In a similar experiment, Willer, Kuwabara, and Macy (2009) found that subjects were influenced by others to change their ratings of wines, and consequently enforced these adjusted opinions on others. Importantly, in both studies, subjects' behaviors were affected by others despite the absence of prior familiarity, affinity, or direct interaction between them.

The nature of the interpersonal relationship through which a cultural practice is observed becomes consequential for adoption only when the behavior it entails carries significant risk. In such instances, observers are more likely to be influenced by peers they know and trust. In a field experiment conducted by Paluck and Shepherd (2012), a random intervention was designed to estimate peer effects on bullying in a high school. Risky behavior, such as defending harassed students, only diffused through strong ties. But exposure to others' declining bullying behavior was enough to reduce students' likelihood of engaging in bullying themselves. This happened irrespective of whether the peers they observed were friends or mere classmates.

A substantial proportion of cultural transmission, we argue, happens via such transient observation of behaviors. This does not mean durable relationships of the kind that are assumed in network diffusion studies are inconsequential. But if social influence can and often does operate through superficial interaction—if, in other words, culture is “contagious”—then why do easily transmittable cultural practices diffuse differentially when there are no barriers to observing others' behaviors? Consider the adolescent *lads* in Willis's (1977) ethnography of a 1970s West Midlands school, who denigrate *ear'oles* for their compliance with behavioral expectations set by teachers. The *lads* intentionally

smoke at the school gate to be seen by other pupils, but smoking does not diffuse throughout the student population; rather, it becomes a strong marker of being a *lad*. Differentiated public displays of music consumption and dress similarly mark *decent* and *ghetto* social identities in U.S. inner cities. These cultural divisions endure despite being crosscut by an abundance of opportunities for interaction and mutual observation (Anderson 1999).

A contagion model cannot explain the emergence and endurance of cultural differentiation—whether in Hammertown Boys School or on the streets of Philadelphia—unless it assumes a preexisting and insular division into groups. Smoking is easily observable; if schoolboys merely adopt the behaviors they see, then it should have diffused throughout the school. But the fact that it did not suggests the boys somehow knew which behaviors they should, and should not, imitate. As Willis demonstrates, *lads* did not join the school as such. Rather, they became *lads* through their interactive experiences. If that is the case, then how does smoking become associated with being a *lad*?

### *The Missing Link: Meaning*

Meaning is conspicuously absent from these epidemiological explanations of diffusion. Contagion models necessitate structural complexity—that is, they need to assume a segregated social network and interaction depth—because they normally conceive of cultural transmission as a simple and straightforward interpersonal process. These models conceptualize cultural practices as indistinguishable bits of information that, like viruses transmitted between individuals, are relayed across a social network. The human relay stations that make up this network either block or retransmit the signals they receive. Whether an agent retransmits depends only on signal strength; signal content is regarded as immaterial for the agent's decision to adopt.

But content, and its meaning, are highly consequential for cultural diffusion (Hargadon and Douglas 2001). Although culture is a

fraught analytic construct, most sociologists agree that it fundamentally relates to meaning-making; culture is often defined as interpersonally shared subjective understandings (Patterson 2014). By “meaning-making,” we refer to the interpretative process whereby an individual assigns an observed stimulus to a location in a cognitively represented semantic network (e.g., when the act of child vaccination is associated with the cognitively represented concept of “unnatural” or “healthy”). Cultural meanings, as we define them here, are a subset of cognitive interpretations constructed via an individual's social experiences.

Consider smoking as an example. Cigarettes, cigars, and pipes provide similar physiological utilities, but these different forms of tobacco consumption are commonly associated with distinct cultural meanings. Whereas cigars connote masculinity and power, pipes are conventionally associated with contemplation and old age. It is not surprising that cigarettes, with their rebellious connotations, were adopted by the defiant lads in Willis's ethnography of Hammertown Boys School.

The disregard for meaning in conventional diffusion models leads to two important shortcomings. First, these models do not take into account that the perceived value of adopting a cultural practice is dependent on how this practice is interpreted. Residents of the Peruvian village of Las Molinas, for example, were resistant to a mid-century water boiling health campaign because they perceived hot water as something only appropriate for the sick (Rogers 2010). The decision to adopt a cultural practice is also implicitly—although often unconsciously—a decision about the cultural meaning being signaled to others. A Hammertown schoolboy's decision to adopt smoking is not merely related to the utility gained by inhaling nicotine; it is also an act of defiance.

A second shortcoming relates to how individuals infer meaning. Virtually all diffusion models treat adoption as a discrete event. These models conventionally represent culture as vectors of independent preferences. Social influence is modeled as the effect of

one agent's behavior on another agent's cultural preference in isolation of other preferences. But cultural practices are not meaningful in and of themselves. Rather, meaning is a property of their relationship with other cultural elements. Phillips (2013), for example, demonstrates that the diffusion of various jazz recordings in the 1920s was highly contingent on the narratives related to the conditions of their creation. German jazz, he argues, failed to achieve popularity because of an incongruence between the meanings popularly associated with jazz music and those associated with Berlin musicians.

The simple memetic imagery informing conventional contagion models does not account for this semantic complexity. It assumes that exposure to a cultural practice uniformly translates into adoption. But if an individual's propensity to retransmit a cultural practice is conditional on how that practice is interpreted, then those exposed to the same information might still behave differently. One schoolboy might see smoking as a cool symbol of youthful rebelliousness, whereas another might predominantly associate it with masculinity. The two boys may reach different conclusions about the appeal of smoking. Even if the two pupils similarly interpret smoking as a form of anti-establishment behavior, they might feel differently as to whether such behavior is desirable; one might be inclined to act in defiance of the teachers, the other might not.

Moreover, if meanings are inferred from relationships between cultural practices, then the diffusion of a cultural practice is dependent on the distribution of other practices in the population. These interdependencies are not derived from objective functional or logical relationships. Rather, they are an emergent product of context. Kaufman and Patterson (2005), for example, demonstrate that cricket diffused with differentiated degrees into British ex-colonies due to variation in the social conditions across receiving countries and the local cultural meanings these conditions gave rise to. In some cases, cricket was popularly adopted (or rejected) because it connoted

Britishness, whereas in others because it afforded the opportunity to resist British dominance.

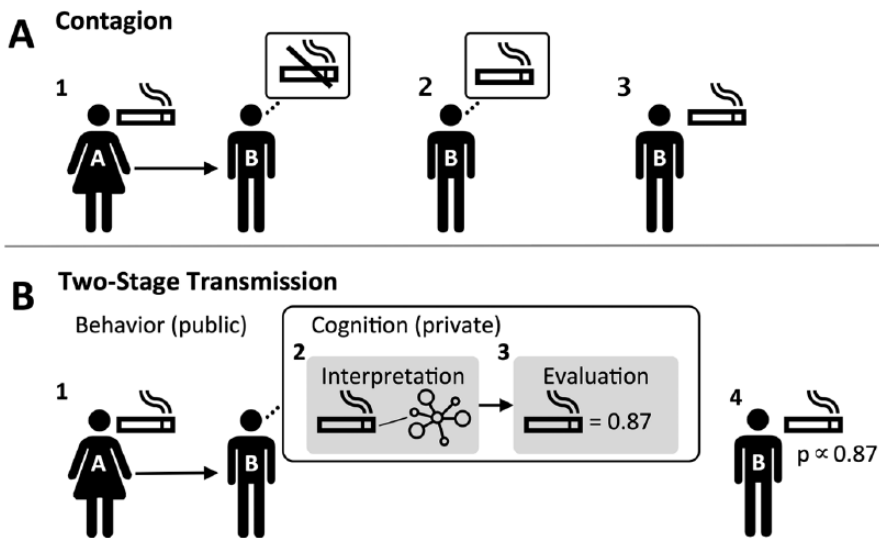
Meaning decouples exposure to a cultural practice from the decision to adopt it. This decoupling, we contend, facilitates differentiated adoption of cultural practices even in the absence of structural barriers for diffusion. The differentiated diffusion of smoking in Hammertown Boys School was dependent on the cultural meanings associated with the practice, which, in turn, was driven by the distribution of other cultural practices (and their meanings) among the student body. The cultural meaning of smoking emerged through the process of its diffusion.

## FROM CONTAGIOUS TO ASSOCIATIVE DIFFUSION

### *A Theory of Associative Diffusion*

So far, we have used the term practice to denote a cultural element that is diffusing. But, as we alluded to earlier, there is a difference between a behavior that is being enacted and the underlying cognition motivating it. Conventional models of social contagion generally disregard this distinction. They typically model cultural preferences as binary choices and assume that social influence occurs when one agent adopts a practice she is exposed to.<sup>9</sup> We illustrate this conceptualization in Panel A of Figure 1. Agent A is performing a practice: she is smoking. Agent B, who is not a smoker, observes agent A and adopts the practice. Consequently, agent B himself smokes.<sup>10</sup>

In contrast, our theory of cultural diffusion distinguishes behavior from cognition. We assume agents have preferences for practices, which are operationalized as continuous variables ranging from negative to positive values, and that these preferences affect the likelihood an agent will enact a given practice at a given moment in time. Agents observe each others' behaviors, but they do not have direct knowledge of the preferences producing them; they can only infer their interlocutors' motivations. To simplify our model, we



**Figure 1.** The Process of Cultural Transmission in the Contagion (A) and Two-Stage Transmission (B) Models

*Note:* In both illustrations, agent *B* is observing agent *A* smoking. Square callouts relate to *B*'s cognition. In (A), *B* changes his preference from anti-smoking to smoking, and consequently smokes. In (B), he updates his interpretation of smoking and his preference for smoking, and consequently smokes with an illustrative probability of .87.

assume preferences and behaviors correspond to one another. A preference and its corresponding behavior are, respectively, the private and public representations of the same object. All agents cognitively represent the same set of concepts and agree on what behavior each entails.<sup>11</sup>

Although agents agree on the set of possible cultural practices, they can have different interpretations. Our model therefore assumes a two-stage process of diffusion. In the first stage, an agent *interprets* another agent's behavior; in the second stage, the agent *evaluates* the behavior (Goldberg 2011; Trope and Liberman 2010). These two cognitive mechanisms affect the agent's propensity to reenact the behavior she observes. Panel B of Figure 1 schematically illustrates this two-stage process of interpersonal transmission. Agent *B* observes agent *A* smoking. First, he updates his interpretation of smoking. We represent interpretation as the location of smoking in a semantic network. Second, the agent evaluates smoking by updating his preference for it. Finally, his probability of enacting smoking is proportional to his preference.<sup>12</sup>

What do interpretation and evaluation entail, and how do they affect cultural transmission? In developing our two-stage model, we draw on two established findings in cognitive science: semantic cognition and constraint satisfaction.

*Interpretation: semantic cognition.* The first finding relates to the cognitive underpinnings of interpretation. Cognitive theories generally agree that semantic knowledge is represented as a system of interdependencies between concepts, and that concepts are meaningful by virtue of their relationships of entailment and opposition (D'Andrade 1995; Jablonka and Lamb 2006; Lizardo 2017; Murphy 2004; Patterson, Nestor, and Rogers 2007). Semantic context affects how new information is interpreted (Moreau, Markman, and Lehmann 2001). The mere presence of male stereotypical objects, for example, *Star Trek* posters in a classroom, are enough to suppress female undergraduates' interest in computer science. These cultural cues lead female students to construe computer science as a masculine—and

therefore unappealing—academic field (Cheryan et al. 2009).

We make two assumptions about agents' semantic cognition. First, we assume people represent semantic knowledge as a matrix of associations between concepts. Interpretation is the process of assigning a stimulus to a location in this semantic web.<sup>13</sup> Second, we assume people impute these associations by observing co-occurrences between cultural practices in others' behaviors. Research in cognition provides strong evidence that individuals learn associations from one another. Chain transmission experiments, for example, find that humans are biased to impute associations in others' behaviors even when such associations are merely random noise (Griffiths, Kalish, and Lewandowsky 2008; Kirby, Cornish, and Smith 2008).

Interpretation is interpersonally transmitted when agents update their cognitively represented associations when observing others' behaviors. A pupil notes that the lads smoking at the school gates are also wearing platform shoes, engaging in physical violence, and generally "having a laff" at the ear'ole's academic aspirations. Together, these behaviors form a gestalt connoting resistance to the school's establishment and the middle-class ideals it represents.

*Evaluation: constraint satisfaction.* A second finding from cognitive science we build on, and that informs the evaluation phase of our two-stage model, relates to how individuals form preferences. We assume people adapt their behavioral preferences to cohere with the associative patterns they perceive. Individuals seek to form preferences of the same valence for practices they perceive to be positively associated with one another.

We base this assumption on psychological research on *constraint satisfaction*, which has its roots in the well-established finding that humans have a psychological need for resolving cognitive dissonance (Kunda and Thagard 1996; Shultz and Lepper 1996). Constraint satisfaction is the connectionist conceptualization of cognitive consistency. It can be

thought of as a process of balancing the activation of nodes connected by excitatory and inhibitory links in a neural-like network of relationships. Such a balancing would lead to activation of positively related nodes and suppression of negatively related ones. A variety of studies show that constraint satisfaction models provide compelling explanations for a variety of otherwise difficult to reconcile experimental findings on how people form impressions, make stereotypical attributions, and are affected by priming (Freeman and Ambady 2011; Kunda and Thagard 1996; Schröder and Thagard 2014).

Two implications for cultural diffusion follow. The first is that preferences depend on other semantically related preferences. Consequently, agents adapt their preferences when observations of others' behaviors lead them to update semantic links. Indeed, experimental evidence suggests that people adjust their preferences to cohere with what they observe and the choices they make (Holyoak and Simon 1999; Shepherd and Marshall forthcoming; Simon, Krawczyk, and Holyoak 2004).

Second, people behave in ways that satisfy the semantic constraint they observe. Participants in a story-retelling chain transmission experiment, for example, gradually eliminate culturally incongruent information (Hunzaker 2016). This tendency for cognitive consistency also accounts for macro behavioral trends. Entrenched beliefs about the incompatibility between sexual activity and school attendance prevalent in Malawi, for example, induce girls to drop out of school despite there being no evidence that sexual activity undermines school success (Frye 2017).

*Associative diffusion.* Taken together, we argue, semantic cognition and constraint satisfaction produce a self-reinforcing process wherein agents enact the associations they observe. Agents (1) impute a cultural order of interdependencies between practices by observing co-occurrences between them in others' behaviors and (2) adapt their behavioral preferences and consequent behaviors in a

manner consistent with this order. We refer to this process as *associative diffusion*.

As illustration, imagine a schoolboy who, having observed the behaviors of his peers, perceives smoking and physical aggression to be positively associated, and negatively associated with wearing school uniform and being studious. Imagine further that the pupil also inferred from his peers' behaviors that the two latter practices are associated with one another. Constraint satisfaction entails adopting preferences balancing these relationships: either being inclined to smoke and partake in physical violence, or to wear uniform and be studious. The source of constraint is psychological, not ontological. Nothing about smoking makes it inherently more congruent with violence than with studiousness. Rather, by observing others, the schoolboy learns that smoking and being studious are socially incompatible.<sup>14</sup> Furthermore, by enacting perceptually congruent behaviors, he reproduces this cultural order for others to observe.

Associative diffusion extends and improves on existing sociological literature in two important ways. First, it explains how cultural order emerges and why this results in cultural differentiation. Recent work by cultural sociologists has paid increasing attention to semantic interdependencies between preferences and beliefs (e.g., Goldberg 2011) and to their behavioral implications via constraint satisfaction (e.g., Schröder, Hoey, and Rogers 2016). But these studies take the structure of interdependencies as a given, assuming that people are enacting a preexisting cultural order. Work by psychologists similarly explores how constraint satisfaction explains preferences and behaviors, but not how the cognitive associations producing constraint are learned and adapted (but for an exception, see Ehret, Monroe, and Read 2015). These approaches can explain how cultural order is reproduced, but not why and how it emerges. Associative diffusion, in contrast, models cultural learning, providing an explanation for the emergence of interpretative consensus.

Second, by paying attention to the cognitive basis of cultural learning, our model of associative diffusion departs from traditional

theories of network diffusion. Conventional contagion models describe a mechanism of *social proof*, where agents seek affirmation for their own decisions, beliefs, and assumptions in others' aggregate behaviors (Cialdini 2006). In contrast, our model describes a process of *social construction* (Berger and Luckmann 1967). People do not simply imitate others' behaviors; rather, they learn, by observing others, what these behaviors mean. Interpretation coheres as behaviors diffuse in a population. People coordinate their interpretations by learning from one another which behaviors are compatible with each other. By affecting perceived associations, meaning is implicitly communicated between individuals leading to the emergence of interpretative consensus.

Contagion models predict that, in the absence of structural boundaries to diffusion, actors will harmonize their cultural preferences. In contrast, we expect interpersonal associative coordination to result in the emergence of cultural differentiation. We base this expectation on the insight, recently promoted by cultural sociologists, that interpretative consensus does not imply evaluative agreement. People who share the same cognitive association might still reach different evaluative conclusions. Free-market ideologues and anti-consumerists, for example, agree that capitalism is driven by self-interest but disagree on whether this is desirable or destructive (DiMaggio and Goldberg 2018).

The mutually constraining dynamics of semantic connections intensify evaluative divergence when there is interpretative consensus. Recent work exploring the properties of constraint satisfaction finds that when a connectionist model is allowed to learn (i.e., it updates associative links in response to stimuli), preferences become increasingly entrenched and polarized (Monroe and Read 2008). The self-reinforcing dynamics of associative diffusion, we hypothesize, should lead to gradual differentiation in preferences and behaviors:

*Main proposition:* Associative diffusion leads to the emergence of cultural differentiation even when agents have unobstructed opportunity to observe one another. Social contagion

does not lead to cultural differentiation unless agents are structurally segregated.

## MODELING FRAMEWORK AND MEASUREMENT

To test this proposition, we implement an agent-based model (ABM). We chose this modeling approach for two main reasons. First, ABMs are particularly useful for exploring how interactions between individuals lead to emergent group-level outcomes that cannot be reduced to aggregations of individual attributes (Macy and Willer 2002). Our purpose is to explain how cultural differentiation comes about in the absence of initial systematic differences between individuals (in terms of their cognition and their structural positions).

Second, associative diffusion is predicated on two well-established psychological processes: semantic cognition and constraint satisfaction. We seek to explain how these micro processes produce a high-level stylized fact—the patterned clustering of cultural preferences—while ignoring other determinants that affect cultural preferences. We develop what Bruch and Atwell (2015) call an ABM with “low-dimensional realism,” which rests on a small number of agent attributes. Such an approach lets us clearly specify a mechanism-based explanation.

As is common in this line of work (e.g., Baldassarri and Bearman 2007; Centola 2015; DellaPosta et al. 2015), our model proceeds by selecting agents uniformly at random in each iteration. Because our purpose is to understand the effects of associative diffusion in the absence of a network structure affecting the opportunity for interaction, we assume that all agents are equally likely to interact with one another. We therefore randomly select two interacting agents in each iteration. We assume one agent enacts practices and the other updates her associative perception and preferences accordingly. Each iteration therefore proceeds along the following sequence:

1. An actor and observer are randomly chosen to interact.

2. The actor enacts two practices (based on her preferences).
3. The observer updates his perception of associations between these practices.
4. The observer changes his preferences for one of these practices only if that change leads to an increase in constraint satisfaction.

Table 1 provides an overview of the model. In the remainder of this section, we describe the model in detail and then provide definitions of the measures used to evaluate group-level outcomes.

### Model

*Fundamentals.* Let  $K$  be a finite and fixed set of cultural practices, and let there be  $N$  individual agents. Each agent is represented by two data structures:

1. Matrix  $R$  of size  $K \times K$  corresponds to the agent's representation of associations. The value of each element  $R_{ij} \in [0, \infty]$  represents the strength of the perceived association between practices  $i$  and  $j$ .  $R$  is initialized to  $R_{ij} = 1 \forall i, j \in K$ , such that all practices are initially perceived by agents to be equally associated.
2. The agent's behavioral preferences are represented as a vector,  $V = (v_1, v_2, \dots, v_k)$  of length  $K$ , where  $v_i \in [-\infty, \infty]$ .  $V$  is initialized with random values drawn from a uniform distribution.

In each iteration  $t$ , we randomly draw two agents,  $A$  and  $B$ , from the population. We refer to them as the performer and observer, respectively. We make two assumptions about the nature of interaction. First, we assume  $A$  only exhibits a subset of behaviors at each interaction. In other words, agents do not know their interaction partner's location in social space. They can only infer that location on the basis of the behaviors being displayed. For the sake of simplicity, we assume  $B$  observes  $A$  performing exactly two behaviors, which we refer to as  $b_1$  and  $b_2$ .

Second, we assume interactions are anonymous. Agents do not remember information

**Table 1.** Model Overview

---

**Agent Initialization**

---

Each agent holds two types of information:

1. associations:  $R_{ij} = 1, \forall i, j \in K$
  2. preferences:  $V_i \sim U(-1, 1)$
- 

**Modeling Sequence**

---

1. Select agents  $A$  and  $B$  at random
  2.  $B$  observes  $A$  exhibiting practices  $i$  and  $j$  with probabilities  $P(i)$  and  $P(j)$
  3.  $B$  updates  $R_{ij} = R_{ij} + 1$
  4.  $B$  selects preference  $k$  to update, where  $k$  is the weaker of  $v_i$  and  $v_j$
  5.  $B$  updates preferences,  $V'$ , by setting  $v'_k = v_k + \sim N(0, 1)$
  6. If  $CS(V', R) > CS(V, R)$ ,  $V'$  is retained, otherwise revert to  $V$
  7. Apply decay function  $R_{ij} = \lambda R_{ij}$
- 

about other agents even if they had interacted with them before. Our model can, in theory, be extended to account for memory in repeat interactions, such that  $B$  infers associations from  $A$ 's recent  $m$  behaviors. Our simple setup is analogous to such memorable repeated interaction where  $B$  only remembers  $A$ 's two most recent behaviors, that is, where  $m = 2$ .

We assume agent  $A$ 's likelihood of exhibiting behavior  $i$  is proportional to  $v_i$ . Drawing on Luce's (2005) choice axiom, we define the probability of exhibiting  $i$  as follows:

$$P(i) = \frac{e^{v_i}}{\sum_{j=1}^K e^{v_j}} \quad (1)$$

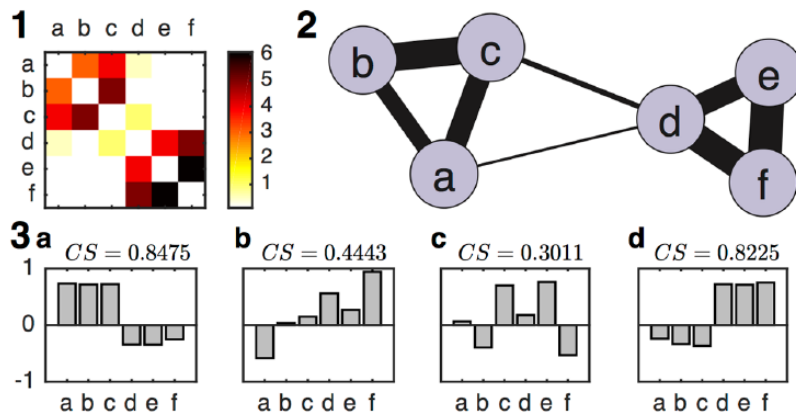
**Updating.** Whenever agent  $B$  observes a co-occurrence of practices  $i$  and  $j$ , the agent increases the association between them such that  $R_{ij} = R_{ij} + 1$ . Associations in  $R$  decay at a rate  $0 < \lambda < 1$ . Thus, associations that are not reinforced through repeated observed co-occurrence asymptotically decrease toward zero. Upon observing a co-occurrence, agent  $B$  also updates one of the preferences corresponding to the two co-occurring behaviors. Drawing on literature on attitude strength and cognitive dissonance (e.g., Petty and Krosnick 1995; Taber and Lodge 2006), we assume

the weaker of the two preferences, defined as the one whose absolute distance from the mean preference is smaller, is randomly updated with  $\Delta v \sim N(0, 1)$ .<sup>15</sup>

Agent  $B$  retains the preference update if and only if it satisfies the constraint imposed by the associations represented in  $R$ ; otherwise, no preference updating occurs. To calculate constraint satisfaction, we need to measure the concordance between vector  $V$  and matrix  $R$ . We assume an agent's preferences satisfy the constraint imposed by her associative perceptions if she exhibits similar degrees of preference for practices that are associated with one another (Simon et al. 2004).

We evaluate the concordance between  $V$  and  $R$  by computing the differences between all pairs of preferences comprising  $V$ , and comparing them to their corresponding elements in  $R$ . Constraint satisfaction increases as the difference in preferences between two practices  $i$  and  $j$ , for whom the association  $R_{ij}$  is strong, decreases.

To do so, we transform  $V$  into a  $K \times K$  sized distance matrix  $\Omega$  that represents the similarity between the agent's preferences. Each element  $\Omega_{ij} = |v_i - v_j|$  corresponds to the absolute difference between  $v_i$  and  $v_j$ . We standardize  $\Omega$  by its maximal value such that  $\Omega_{ij} = 0$  if the agent's preferences for  $i$  and  $j$  are identical, and nears 1 as they diverge.



**Figure 2.** A Hypothetical Example of an Agent's Associative Matrix

Note:  $R$  represented as (1) a heat map and as (2) a network, as well as (3) an example of four preference vectors and their respective levels of constraint satisfaction, with respect to this associative matrix.

Similarly, we standardize  $R$  by its maximal value such that its elements range from 0 (corresponding to no perceived association between practices) to 1 (corresponding to maximal perceived association).

*Constraint satisfaction* is defined as follows:

$$CS(V, R) = \frac{K}{K(K-1)} \sum_{i=1}^K \sum_{j=1}^K |R_{ij} - \Omega_{ij}| \quad (2)$$

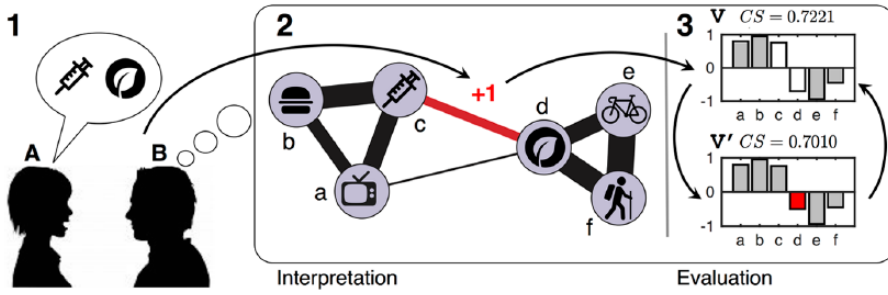
The term  $|R_{ij} - \Omega_{ij}|$  in Equation 2 nears 1 as the distance between the agent's preferences for  $i$  and  $j$  becomes inversely proportional to the perceived strength of their association. Ranging from 0 to 1, as  $CS(V, R)$  nears 1,  $V$  is said to perfectly satisfy the constraint defined by  $R$ . Agent  $B$  retains the preference update only if  $CS(V, R)$  increases.

Figure 2 provides an illustration of constraint satisfaction. In this example, the agent's perceived associations (matrix  $R$ ) exhibit two clusters of practices that are strongly associated within-cluster and dissociated between-cluster. Only one practice, labeled  $d$ , is weakly associated with practices outside its cluster. The two preference vectors with the highest constraint satisfaction (labeled  $a$  and  $d$  in panel 3 of Figure 2) are those in which the agent has an equally strong preference for practices in one cluster, and a dislike for practices in the other. Constraint

satisfaction decreases when the agent's preferences are similar for practices that are perceived to be dissociated.

Constraint satisfaction, as we implement it here, is analogous to a connectionist process whereby an agent updates a preference only if by doing so this preference becomes more compatible with preferences for other practices with which the focal practice is strongly associated. Note that we assume the agent does not fully satisfy constraint. Rather, consistent with research that demonstrates people can tolerate cognitive inconsistency by compartmentalizing cognitive dissonance, we assume that only the dissonance made salient to  $B$  by  $A$ 's behavior is being resolved. That is,  $B$  only updates the weaker of the preferences instantiated by  $A$ 's behaviors. Other preferences remain unchanged.

The implications are illustrated in Figure 3, which provides a summary of the agent-based model. Imagine that  $A$  and  $B$  are two co-workers.  $B$  observes  $A$  exhibiting two practices—for illustration, imagine that  $A$  says she vaccinates her children and is eating organic food.  $B$  has opposing preferences for these two practices: he is pro-vaccination but has a dislike for organic food. Having observed his co-worker exhibiting both, his perceived association between these two practices increases. To accommodate this perceived increase,  $B$  would need to decrease his



**Figure 3.** An Illustration of the Agent-Based Model Sequence

*Note:* (1) Agent *B* observes *A* express support for vaccinations and organic food (practices *c* and *d*); (2) *B* updates the corresponding element in his associative matrix, *R* (the edge connecting nodes *c* and *d* in the network representation of *R*); and (3) randomly updates his preference for organic food (practice *d*, resulting in preference vector *V'*), which is the weaker preference of the pair {*c*,*d*} in his preference vector *V*. Because constraint satisfaction is reduced from .7221 to .7010, this preference update is rejected, and *B*'s preference vector *V* remains unchanged.

dislike for organic food, so as to make his preferences for vaccination and organic food more compatible. Such an update, however, would be at odds with his strong perceived association between organic food, biking, and hiking (practices *e* and *f*, respectively), and is therefore rejected; the structure of associations constrains *B*'s preferences. Whether or not *B* updates his preferences is not merely a product of the behaviors *A* exhibits. Rather, it is constrained by the overall set of perceived associations that *B* cumulatively inferred from his observational experiences.

### Measurement

We develop several measures to assess convergence and dissimilarity between agents. Drawing on our analytic framework, we distinguish between cognitive (relating to information only available to the agent) and behavioral (relating to information available to all agents) dimensions of convergence.

*Cognitive agreement.* Consistent with the distinction between interpretation and evaluation (Figure 1), we develop measures to evaluate the levels of interpretative and evaluative agreement between agents. We measure *interpretative agreement* between agents by comparing the similarity in their perceptions about which practices are

associated with one another. *Interpretative distance* between two agents is defined as the distance between their respective association matrices *R* and *R\**. This distance is calculated as the pairwise absolute difference between all corresponding cells in the two matrices:

$$\|R, R^*\| = \frac{1}{K^2} \sum_{k=1}^K \sum_{l=1}^K |\tilde{R}_{kl} - \tilde{R}_{kl}^*| \quad (3)$$

where  $\tilde{R} = \frac{R}{\max(R)}$ . Interpretative distance

at the group level is defined as the mean interpretative distance between all pairs of agents:

$$\langle \|R, R^*\| \rangle = \frac{1}{N^2} \sum_{i=1}^N \sum_{j=1}^N \|R_i, R_j\| \quad (4)$$

As  $\langle \|R, R^*\| \rangle$  decreases, the agents comprising the population increase their interpretative agreement; they perceive the world through the same associative lens.

*Evaluative agreement* relates to agents' preferences: agents who evaluate practices similarly also have similar preferences. We distinguish between preference similarity and congruence. *Preference similarity*, measured as the correlation between two agents' preference vectors, quantifies the extent to which two agents value the same practices. *Preference congruence*, in contrast, measures the extent to which agents' preferences follow the

same pattern. We measure preference congruence as the absolute correlation between two agents' preference vectors. This measure quantifies the extent to which two agents either have similar or opposing preferences, that is, whether they have equally strong (whether positive or negative) or neutral preferences for the same practices.

We define group-level preference similarity as the mean correlation between all pairs of agents' preference vectors:

$$\langle \rho(V, V^*) \rangle = \frac{2}{N(N-1)} \sum_{i=1}^N \sum_{j=i+1}^N \rho(V_i, V_j) \quad (5)$$

We define group-level preference congruence as the mean absolute correlation between all pairs of agents' preference vectors:

$$\langle |\rho(V, V^*)| \rangle = \frac{2}{N(N-1)} \sum_{i=1}^N \sum_{j=i+1}^N |\rho(V_i, V_j)| \quad (6)$$

*Behavioral agreement.* On the behavioral dimension, we use mutual information to measure convergence in agents' behaviors. The mutual information between two categorical variables  $X$  and  $Y$  measures the extent to which one variable predicts the other. It is calculated as follows:

$$I(X, Y) = \sum_{x \in X} \sum_{y \in Y} p(x, y) \log \frac{p(x, y)}{p(x)p(y)} \quad (7)$$

where  $p(x)$  is the marginal probability of category  $x$ , and  $p(x, y)$  is the joint probability of categories  $x$  and  $y$ . We apply mutual information to agents' behaviors such that  $X = b_1$  and  $Y = b_2$  (see the Appendix for more details).

This allows us to measure the extent to which observing a random agent performing one behavior provides information about what her other behavior is likely to be. We interpret behavioral predictability as an indication that behaviors are becoming more *meaningful*: it is enough to observe an agent enacting one practice to make a reliable inference about her preferences for other practices.

Imagine the agents are schoolboys. As mutual information increases, seeing a schoolboy smoke also indicates he is likely to wear platform shoes but unlikely to be

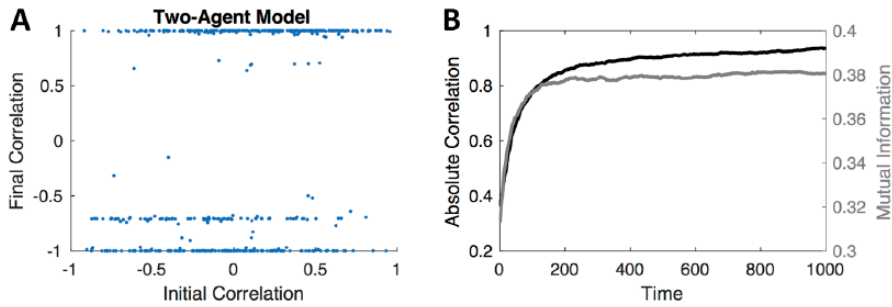
studious. His smoking behavior implies an emergent identity as a *lad*. Mutual information, in other words, measures the extent to which behaviors are mutually implicated. It evaluates the strength of relationships between behaviors that an observer can infer from others' behaviors. As mutual information increases, implicit boundaries between clusters of behaviors become crisper.

## RESULTS

To explore how associative diffusion leads to cultural differentiation, we use a bottom-up modeling strategy. We begin with a barebones two-agent model as a means to explore the dyadic effects of associative diffusion. We show that it leads to agents either converging or diverging in their preferences. Second, we move to a multi-agent model wherein multiple agents interact freely. We show that, in the aggregate, the dyadic dynamic of convergence or divergence leads to the emergence of cultural differentiation. Finally, we extend the multi-agent model to include additional assumptions to explore alternative explanations. In the first set of analyses, we introduce two alternative contagion mechanisms, biased and conformist contagion, and in the second set we explore diffusion under different network topologies.

### Two-Agent Model

We begin by restricting the model to two agents. These agents alternate between roles, such that at time  $t$  agent  $A$  is the performer and  $B$  the observer, and at time  $t + 1$  the agents swap roles. Our purpose at this stage is modest: to explore the dynamics of a dyadic interaction model in which two agents infer associations from each other's behaviors. Although unrealistic, the purpose of this setup is to understand the implications of our model at the interpersonal level, before aggregating to the group level. In particular, we seek to explore whether the mutual observation of behaviors leads the two agents to reach similar or opposing preferences. If associative diffusion leads to cultural differentiation, as



**Figure 4.** Two-Agent Model with  $K = 6$  and  $t = 1,000$

*Note:* (A) Final Pearson correlation between agents' preference vectors as a function of their initial correlation. (B) Absolute correlation between preference vectors (dark gray) and mutual information between the behaviors performed by each agent (light gray), as a function of time, averaged across all simulations.

we argue, then it should induce agents to adopt aligned or opposed preferences.

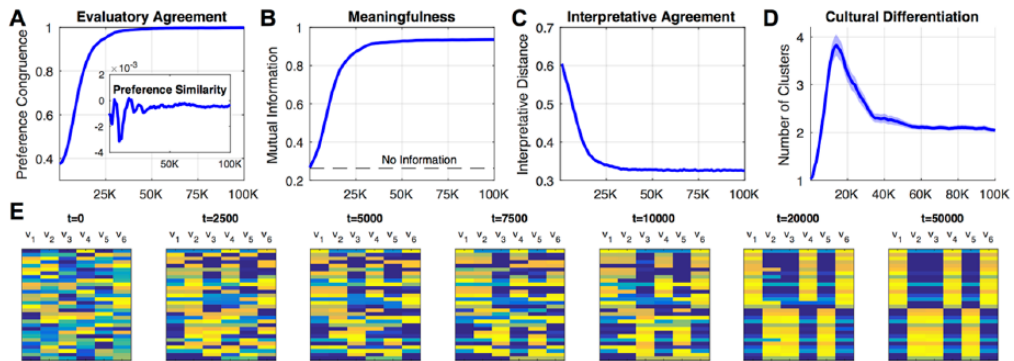
We generate 1,000 simulations between two agents with  $K = 6$ . Results are plotted in Figure 4. Panel A plots the final correlation between the two agents' preference vectors,  $V_A$  and  $V_B$ , as a function of their initial correlation, for 1,000 simulation runs. As the panel shows, the two agents' preferences either gradually converge or diverge. In other words, as the two agents interact they adopt either the same or opposite preferences.

This tipping toward either convergence or divergence is reflected in the gradual increase in the absolute correlation between the two agents' preference vectors, as plotted in Panel B. Whether the two agents are in agreement or opposition, their preferences become increasingly congruent. By observing each other's behaviors and updating their association matrices accordingly, the two agents gradually coordinate which behaviors are compatible with one another. Importantly, whether the agents adopt identical or opposing preferences, their behaviors become increasingly predictable: as Panel B illustrates, mutual information gradually increases. As time progresses, by observing an agent's discrete behavior we can increasingly predict which other practices she is likely, or unlikely, to enact. Thus behaviors become increasingly meaningful.

Why does interaction lead two agents toward agreement or opposition? As the agents

gradually coordinate their associative matrices, their preferences become subject to the same constraints. This does not mean the two agents necessarily adopt identical preferences. But because preferences are scaled along a single dimension ranging from negative to positive valence, constraint satisfaction imposes symmetry in preferences.<sup>16</sup> Imagine two agents who agree that hiking and eating organic food are strongly associated with one another. If they are constraint satisfying, their preferences for both practices should be either equally positive or equally negative. Indeed, the two hypothetical agents labeled *a* and *d* in Panel 3 of Figure 2 exhibit equally high levels of constraint satisfaction, but their preferences are negatively correlated. Constrained by the same associative matrix, their preferences adhere to the same pattern, even if in opposite directions.

Importantly, as Panel A in Figure 4 illustrates, the initial correlation between the agents' preferences is not predictive of the final correlation between them, except at the extremes (when agents are randomly initialized to have a strong positive or strong negative correlation). The two-agent simulation does not intensify randomly assigned initial similarities or differences between agents. Rather, interpretative coordination and constraint satisfaction together lead agents toward either preference convergence or divergence. As we explore in more detail in Part A of the online supplement, whether agents converge



**Figure 5.** Multi-agent Models with 30 Agents

*Note:* (A) Mean preference congruence between agents (measured as absolute correlation between agents' preference vectors), preference similarity (measured as mean correlation between agents' preference vectors) is in the inset. (B) Mutual information between agents' behaviors. (C) Mean distance between all agents' associative matrices. (D) Number of agent clusters estimated by the gap statistic, based on agents' preferences (with shaded confidence intervals). (E) Snapshots of preference vectors for one simulation run (each heat map represents the preferences of 30 agents for six practices, ranging from strong negative in dark gray [blue in the online version] to strong positive in light gray [yellow online]).

or diverge is path-dependent, relating to stochastic decisions the agents make (i.e., preference update magnitude and direction).

### Multi-agent Model

If two interacting agents' preferences either converge or diverge, what would the dynamics be when more than two agents are interacting? We expect these mutually reinforcing and negating tendencies to lead to the emergence of a steady equilibrium of cultural differentiation. If, as we saw with the two-agent model, associative diffusion leads interacting agents toward agreement or opposition with equal probability, we expect a group of interacting agents to gradually sort into different cultural groups. To test this prediction, we conducted additional agent-based simulations with groups comprising  $N = 30$  agents. We assumed no a priori or emergent network structure constraining interaction between agents. At each modeling iteration, two agents are randomly sampled from the group with equal probability, and they are randomly assigned to either the performer or observer role.

Figure 5 summarizes the results of 1,000 such simulations, with  $t = 100,000$ . The three measures plotted in Panels A, B, and C—preference congruence, interpretative distance, and mutual

information—indicate that the dynamics we saw at the interpersonal level aggregate into a group-level equilibrium. Two patterns are particularly informative. First, preference similarity between agents remains steadily at 0 (Panel A, inset), indicating agents do not adopt the same preferences. At the same time, their preferences become perfectly congruent: they gradually diverge toward opposing preferences, as indicated by the increase in the absolute correlation between their preferences. This patterned divergence leads to practices becoming more meaningful, as manifested in the gradual increase in mutual information (Panel B). As the agents interact, observing them perform one behavior provides increasing information about the subset of other behaviors they are likely to enact.

Second, interpretative distance between agents declines: they gradually come to perceive cultural order through similar associative lenses (Panel C). Although the agents do not adopt the same preferences, they reach an *interpretative consensus*. They agree which practices go with one another, not which ones are preferable. Such interpretative agreement and evaluative disagreement can result in a steady equilibrium only if agents' perceived associations cluster practices into densely associated subsets, and if different agents adopt different clusters of practices.

To see why this is the case, consider Figure 2 again. Imagine two agents who share identical associations, as represented in the network illustrated in Panel 2, but who have different preference vectors (e.g., those labeled *a* and *d* in Panel 3). The clustered structure of the associative network is what allows both agents to adopt different behaviors, but still be at identical levels of constraint satisfaction. In fact, it is precisely this clustering that makes the practices meaningful: if all pairs of practices were equally associated with one another, constraint satisfying agents would have an equal likelihood of performing either practice. Such a pattern of co-occurrence would have zero information value compared to randomly chosen behaviors. In contrast, the clustered associative pattern effectively partitions the set of practices into different implicit categories, each adopted by a different agent. We should therefore expect the group as a whole to gradually partition into subgroups of agents whose preferences correspond to the emergent clusters of practices. If the agents gradually converging on the associative structure depicted in Figure 2 were Hammertown Boys School pupils, then the clustering of various practices—smoking and “having a laff,” uniform wearing and studiousness—would implicitly designate different student as *lads* and *ear’oles*. As the increase in mutual information (Panel B) indicates, these emergent clusters of practices become increasingly more crisply differentiated.

We evaluate the extent to which agents are clustered into subgroups of similar preferences. To do so, we use the *K*-means algorithm to partition agents’ preference vectors into clusters of similar preferences. We use the gap statistic (Tibshirani, Walther, and Hastie 2001) to evaluate the optimal number of agent clusters (see the Appendix for more details). One advantage of using the gap statistic is that the method can tell us when an optimal partition does not exist (namely, when the number of clusters equals one). We plot the mean number of clusters estimated by this procedure in Figure 5, Panel D.

Two patterns are immediately apparent. First, as the agents reach a stable interpretative consensus (when the curves in Panels A, B, and C of Figure 5 plateau) they cluster into roughly two stable preference groups. The two-agent dynamic, which results in either convergence or divergence, aggregates into a group dynamic of differentiation. The second is that this period of stability is preceded by a period of turbulence and interpretative ambiguity, whereby the mean number of clusters rises from no clustering to a peak of four. We observe a high variance in the peak number of clusters across simulations during this turbulent period, reaching upward of 10 at the extremes. This dynamic corresponds to a social process whereby a set of tenuous preference clusters is gradually subsumed by an emergent division into two subsets of preferences.

An example of this gradual convergence is illustrated in part E of Figure 5, which plots a few snapshots from one random simulation run. Each panel in part E depicts the agents’ preference vectors at a different time. Columns correspond to the six practices, and rows correspond to individual agents. Preferences are color coded, ranging from strong negative (dark gray [blue in the online version]) to strong positive (light gray [yellow online]). As these snapshots illustrate, the group as a whole slowly partitions into two crisply bounded subgroups.

Why does associative diffusion lead agents to partition into two groups? The mutually reinforcing dynamics of our two-stage transmission model indirectly impose structural balance on agents’ associative matrices. In a structurally balanced network, cycles with one negative edge do not exist (i.e., if hiking and biking are positively associated with organic food consumption, then they cannot be negatively associated with one another). Our implementation of associative cognition does not explicitly include negative associations, nor are there any restrictions on the cognitive associations agents can have. But the constraint function (Equation 2) effectively treats the absence of an association between two practices as a negative

relationship between them; it induces agents to have different preferences for dissociated practices to the same extent that it induces them to have equal preferences for strongly associated practices. This symmetry in constraint generates structural balance through interpersonal transmission (for more details, see Part B of the online supplement).

Consider the observer (labeled *B*) in Figure 3. His lack of perceived association between fast food and biking constrains him to like the former and dislike the latter to the same extent that his strong perceived association between biking and hiking constrains him to dislike both. Other agents observing his behaviors are unlikely to see him both eating fast food and biking. This leads them to gradually weaken their perceived association between the two practices. This mutually reinforcing process induces agents to structurally balance their associative matrices into triadic closure, where fast food is in one emergent cluster and biking is in the other.

As early work has demonstrated, structural balance leads networks toward a partition into two positively intraconnected and negatively interconnected cliques (Cartwright and Harary 1956). A similar dynamic unfolds in our setting, wherein agents' cognitively represented associations between practices gradually partition into two emergent clusters. As we saw in the two-agent simulations, associative diffusion leads agents toward either agreement or opposition in preferences. Once two clusters begin to crystallize, this pushes agents into a separating equilibrium of two different groups.

### Alternative Explanations

The dyadic and multi-agent simulations demonstrate that as individuals coordinate their interpretations, they also gradually divide into groups with opposing preferences. Earlier we proposed that conventional social contagion models cannot explain the emergence of this kind of cultural differentiation unless they assume a segregated social structure preventing groups from fully interacting with one another. We test this proposition by

considering two sets of alternatives to associative diffusion.

In the first set, we explore alternative contagion mechanisms in which agents imitate their interlocutors with bias, either toward their prior preferences or toward the prevalent behaviors in the population. We show that neither leads to differentiation. In the second, we consider what happens when contagion is conditional on homophily between performer and observer. We explore several network topologies and show that cultural variation emerges only when the network of interactions is segregated. In investigating both sets of alternatives, we also explore their integration with our model of associative diffusion. We show that associative diffusion leads to cultural differentiation when agents are sensitive to practices' popularities and under different network configurations.

*Contagion.* Social contagion models generally assume that when two agents interact, one agent adopts the other's preference. Let the two agents be, once again, *A* (performer) and *B* (observer), and let the preference in question be *i*. An overwhelming majority of contagion models assume the following adoption process:

$$V_{Bi}(t+1) = f(V_{Ai}(t)) \quad (8)$$

where  $f(\cdot)$  is a function of actor *A*'s preference. In fact, most contagion models assume *naive contagion*, where *B* simply adopts *A*'s preference (i.e.,  $f(\cdot)$  in Equation 8 is the identity function). Such a simple contagion process obviously cannot produce cultural differentiation on its own. If agents simply imitate one another, and if there are no constraints on who they observe, they should gradually converge toward the same preferences. We therefore consider two additional contagion mechanisms that previous research suggests are prevalent and can plausibly lead to cultural clustering. These contagion mechanisms extend Equation 8 to include parameters in addition to  $V_{Ai}(t)$ .

The first, which we refer to as *biased contagion*, relies on evidence from social

psychology that people are motivated to adopt information that confirms, and to reject information that disconfirms, their prior beliefs (Kunda 1990).<sup>17</sup> Experimental work shows that this process pushes individuals toward extreme opinions, gradually leading to polarization (Lord, Ross, and Lepper 1979).

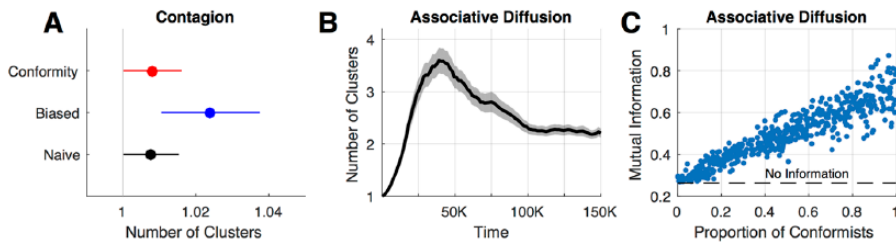
We follow Dandekar and colleagues (2013) and operationalize biased contagion as a function of a bias parameter  $\beta$  such that  $f \sim V_{Bi}^\beta \cdot V_{Ai}(t)$  in Equation 8. In other words,  $B$ 's likelihood of adopting  $A$ 's preference is moderated by her own preference for practice  $i$ . As long as  $\beta > 1$ , adoption is positively biased such that  $B$  becomes more likely to adopt  $A$ 's preference as her prior preference for  $i$  increases (for more details, see Part C of the online supplement). Intuitively, biased contagion should lead agents to be differentially influenced by their peers as a function of their prior preferences. Minor initial differences between agents might gradually compound toward polar differences. Biased contagion is therefore a plausible candidate for a contagion process that leads to cultural differentiation.

A second mechanism that might lead to cultural differentiation is *conformist contagion*. By conformity, we mean the tendency to preferentially adopt practices that are prevalent in a population. Research demonstrates that people are universally disposed toward conformist behavior (Cialdini and Goldstein 2004) and that conformist learning is adaptive (Henrich and Boyd 1998). However, studies also find that individuals derive psychological utility from uniqueness (Chan, Berger, and Van Boven 2012; Snyder and Fromkin 1980). Most people resolve this tension by conforming to group norms, but some are more likely than others to adopt counter-normative behaviors. Different people thus have different tastes for popularity (Lieberman 2000; Zuckerman 2012). The existence of nonconformists might lead to cultural differentiation when, for example, early adopters have different preferences than mainstream consumers (Moore 2006), or when avant-garde audiences exhibit unorthodox cultural tastes (Bourdieu 1993).<sup>18</sup>

We define an agent's level of conformity,  $\omega \in [0, 1]$ , as her degree of preference for popular practices; agents with  $\omega = 1$  are conformists, and those with  $\omega = 0$  are nonconformists. We assume that agents update their perceptions of practice popularities by observing how much others perform them. A practice's perceived uniqueness, which we label  $\psi_i$ , is the inverse of this popularity (for details, see Part C of the online supplement). When agent  $B$  observes agent  $A$  performing practice  $i$ ,  $B$ 's likelihood of updating her own preference is dependent on her perception of the practice's uniqueness and its congruence with her degree of conformism.

If  $A$  is smoking, for example, and  $B$ —who, let us assume, has a strong taste for popularity—rarely sees others smoke, then we would want  $B$  to be unlikely to adopt  $A$ 's preference for smoking. To meet this criterion, we moderate  $B$ 's likelihood of adopting  $A$ 's preference by the distance between her degree of conformity and her perception of the practice's uniqueness. Formally, we define  $f \sim |\omega_B - \psi_i| \cdot V_{Ai}(t)$  in Equation 8. The greater the distance between  $\omega$  and  $\psi_i$ —such as when agent  $B$  is nonconformist ( $\omega_B \rightarrow 0$ ) and perceives a practice to be unique ( $\psi_i \rightarrow 1$ )—the greater the probability of adopting the practice performed by  $A$  (for more details on how conformist contagion is implemented, see Part C of the online supplement). We assume conformism is more prevalent in a population than nonconformism.

We test whether either of these contagion mechanisms can lead, on its own, to the emergence of cultural differentiation. We ran a set of simulations, again with  $N = 30$  agents,  $K = 6$  practices, and  $t = 100,000$  iterations, where agents randomly interact with one another. Figure 6 summarizes the results. Panel A plots the mean number of clusters at the end of the simulation, with its 95 percent confidence interval. Neither biased contagion nor conformist contagion lead to the emergence of a greater number of clusters than would be expected when agents naively imitate one another. In all cases, the number of clusters effectively converges on 1, as all agents adopt



**Figure 6.** Alternative Contagion Models

*Note:* (A) Number of clusters at end for contagion models with different transmission mechanisms. (B) Number of clusters for associative diffusion model with conformity. (C) Mutual information between behaviors at end for associative diffusion model with conformity and with varying proportions of conformists.

the same preferences.<sup>19</sup> In other words, cultural differentiation does not emerge even when agents are biased toward their existing preferences or when the population includes a mix of conformists and nonconformists, as long as agents are allowed to interact freely with one another.

That biased and conformist contagion do not, by themselves, lead to cultural differentiation does not mean they are inconsistent with the two-stage transmission mechanism of associative diffusion. To show that, we modify the associative diffusion model to account for variation in agents' conformity. In this version, an agent's probability of performing a practice is a function of a combination of two parameters: (1) the agent's preference for that practice, which is determined by constraint satisfaction as previously, and (2) the distance between the agent's conformity and perceived uniqueness of this practice, as is the case in conformist contagion.

We extend Equation 1 such that the probability to enact a practice is given by:

$$P(i) = \frac{e^{v_i|\omega - \psi_i|}}{\sum_{j=1}^K e^{v_j|\omega - \psi_j|}} \quad (9)$$

In other words, agents continue to collectively produce the cultural order by updating their preferences in a manner that satisfies the constraint they observe, but they also differ in the extent to which they are likely to perform popular or rare practices.

Results from 1,000 multi-agent simulations with  $t = 150,000$  and variation in agents' tastes for popularity are plotted in Panel B of

Figure 6. Although the conformity model takes longer to converge than the baseline multi-agent model (wherein agents are insensitive to the prevalence of cultural practices, see Figure 5), we once again see a by-now familiar pattern: a period of interpretative ambiguity in which the number of cultural clusters peaks at four followed by convergence toward two stable preference groups. As agents sort into two cultural clusters, practices become more meaningful.

This is the case even when nonconformists outnumber conformists. Panel C plots meaningfulness—as measured by mutual information—as a function of the proportion of nonconformists in the population (for details on how this proportion is determined, see Part C of the online supplement). Meaningfulness declines as the proportion of conformists declines, but practices remain meaningful as long as the proportion of nonconformists is less than 80 percent. As long as nonconformists do not constitute an overwhelming majority, cultural order evolves along the pattern we saw earlier, whereby a period of interpretative ambiguity characterized by a steep increase in the number of clusters is followed by a gradual decrease toward interpretative consensus and cultural meaningfulness. Only when a vast majority of agents seek to maximize their uniqueness by performing rare behaviors does interpretative consensus fail to emerge.

*Homophily.* A second alternative to associative diffusion relies on the mechanism of homophily, or the susceptibility to influence by others who are perceived to be socially

similar. Previous work shows that homophilous contagion leads to preference divergence especially when agents are negatively influenced by others who are socially different (Mäs and Flache 2013). But these dynamics are often explored in conjunction with a segmented social network (e.g., Flache and Macy 2011). It is therefore not obvious whether differentiation emerges due to homophily or due to a preexisting clustered social network.

To evaluate whether homophily leads to cultural differentiation irrespective of network clustering, we specify three network topologies: (1) a *fully connected network*, wherein each agent has an equal likelihood of interacting with any other agent; (2) a *scale-free network*, wherein network in-degree follows a power law distribution such that a minority of agents have many incoming ties and the majority have few incoming ties; and (3) a *small-world network*, in which agents are clustered into fully connected cliques with a handful of ties crosscutting clusters, and where the distribution of node in-degree is uniform (this particular implementation of a small-world network is often referred to as the “connected caveman” topology). We assume agents only observe others whom they have directed ties with, and that they are equally likely to interact with tied alters.

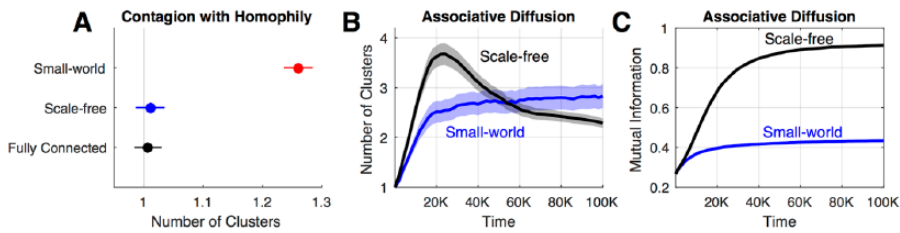
Fully connected networks represent our default setting, where agents have no restrictions on whom they can interact with. Scale-free and small-world networks have both been demonstrated to be common in a variety of settings. However, they generally correspond to different types of social relationships. Scale-free networks are characteristic of superficial and impersonal interaction structures, such as follower relationships on Twitter or academic paper citation networks. Small-world networks, especially as we implement them here, characterize stronger and more durable relationships, such as ties that connect friends, family members, and co-workers. For more details on how we generate these networks, see Part C of the online supplement.

Let  $A$  and  $B$  be, once again, the actor and observer, respectively. To allow for homophily, and to generate equivalence with the

associative diffusion model, we assume  $A$  performs two behaviors at a time, labeled  $i$  and  $j$ . Unlike models assuming agents are aware of each others’ set of preferences, we assume, in accordance with our argument about the cultural conductivity of superficial ties, that others’ preferences are only partially available to observers. We therefore allow agents to observe only one additional behavior.<sup>20</sup>  $B$  updates her preference for  $i$  as a function of her perceived social similarity with agent  $A$ , which she infers from the distance between her and  $A$ ’s preference for  $j$ . We label this similarity  $\eta_{ABj}$ . To allow for homophilous contagion, we define  $f \sim \eta_{ABj} \cdot V_{Ai}(t)$  in Equation 8. Following DellaPosta and colleagues (2015), we assume negative influence occurs but is less likely than positive influence (for further details on how homophilous contagion is implemented, see Part C of the online supplement).

Panel A of Figure 7 reports results from 1,500 simulations of homophilous contagion, with three different network topologies. The coefficients represent the estimated number of clusters, and its 95 percent confidence interval, after 100,000 rounds. As is clearly apparent, homophilous contagion with a fully connected or scale-free network topology does not lead to cultural clustering. Consistent with our main proposition, cultural differentiation emerges only when agents are constrained to interact within densely intra-connected and sparsely interconnected cliques. The existence of a small-world network topology does not always lead to the emergence of cultural differentiation (the average number of clusters is 1.26), but it often does. In contrast, fully connected or scale-free networks almost never facilitate such cultural clustering. Homophilous contagion, in other words, does not on its own lead to the emergence of different cultural groups. It is the network structure that determines whether cultural clustering will emerge.

How does network topology affect the process of associative diffusion? Our previous results, as reported in Figure 5, illustrate the dynamics of associative diffusion under a fully connected network topology. Panel B of



**Figure 7.** Different Network Topologies

*Note:* (A) Number of clusters at end for contagion models with homophily and different network topologies. (B) Number of clusters for associative diffusion model with scale-free or small-world networks. (C) Mutual information between behaviors for associative diffusion model with scale-free or small-world networks.

Figure 7 reports the number of cultural clusters, as a function of time, when we simulate associative diffusion with scale-free or small-world network topologies. Both network topologies lead to the emergence of cultural differentiation. But this sorting into cultural groups evolves along different trajectories. Scale-free networks exhibit the same pattern we saw when there were no limits on interaction: an initial increase in the number of clusters is followed by a gradual decline. Small-world networks, in contrast, exhibit a very different pattern of steady increase in the number of clusters, beyond a dichotomous division into two groups.

Panel C in Figure 7 plots the mutual information between practices under the two network topologies. As the two lines clearly indicate, practices become significantly more meaningful when agents' interaction patterns follow a scale-free structure than when agents are embedded in a small-world network. When agents are assumed to learn associations from each other, rather than merely imitating one another, cultural differentiation emerges irrespective of network topology. But the cultural boundaries between clusters of practices are crisper when culture diffuses through scale-free networks than when the population is divided into tightly-knit cliques. Network structure has an impact on the nature of cultural differentiation and the process through which it unfolds.

To summarize, our exploration of the effects of different network topologies leads to two important conclusions. First, our results indicate that contagion with homophily does not necessarily lead to cultural differentiation.

Only when the network is already segmented into different cliques does homophily produce cultural differentiation. Second, network topology also matters for associative diffusion. Scale-free networks support the emergence of crisp cultural differentiation, whereas small-world networks seem to make this process more subtle and fragmented.

Unlike small-world networks, scale-free networks facilitate informational diffusion, thereby leading to broad interpretative consensus. But when agents are embedded in weakly connected clusters, information does not freely travel between cliques, and agents reach a weaker interpretative consensus. In the real world, individuals occupy multiplex network positions that embody both scale-free and small-world network properties. Our results suggest that crisp and unidimensional cultural differentiation is more likely to emerge when cultural information is interpersonally transmitted along scale-free patterns of interaction. When this process is undergirded by small-world networks, a more complex and interpretatively heterogeneous cultural order emerges.

## DISCUSSION

If culture is contagious, then how does cultural variation come about? Existing work typically assumes that cultural heterogeneity is the result of preexisting or emergent structural boundaries to diffusion. Cultural variation therefore merely mirrors an underlying segmented network structure. But as Barth (1969) pointed out half a century ago, the

view that cultural difference is produced through social disconnection is simplistic and incomplete; cultural boundaries persist despite the constant flow of people across them.

We proposed a cognitively-informed diffusion model that overcomes this impasse. Our agent-based simulations demonstrate that associative diffusion leads to the emergence and endurance of patterned cultural variation even when people freely crisscross emergent cultural boundaries in their interactions. Conventional diffusion models, in contrast, cannot explain cultural differentiation unless they assume a preexistent or emergent archipelago of near-isolated cliques.

### *When Does Culture Diffuse Associatively?*

Contagion models require structural complexity to explain cultural variation because they conceptualize interpersonal transmission as a simple epidemiological process. Of course, network scholars do not interpret the contagion metaphor literally, as if culture spreads through mere exposure. They rely on this theoretical simplification, however, because they implicitly assume that culture is only transmitted through strong and homophilous relationships, and the deep and trustful interactions these relationships afford. Such an assumption implies that network topology is primarily consequential for diffusion when information is complex or costly.

But cultural information need not be complex nor costly; its diffusion therefore does not necessitate a strong network tie. Consider the diffusion of cycling. I do not need to know the man riding down the street on a bicycle to notice that he is wearing a suit. Nor do I need to observe his other social attributes—his occupation, culinary preferences, or political ideology—to be influenced by his behavior. Such a cursory encounter would not allow me to reliably calculate my distance from this bicycle rider in a euclidean socio-cultural space, which is how contagion models conventionally operationalize network tie valence (e.g., Baldassarri and Bearman 2007; DellaPosta et al. 2015).

The mere observation of a stranger I know nothing about and who is riding a bike down a city street would be unlikely to catalyze me into doing the same. Nevertheless, through my knowledge of the symbolic significance of wearing a suit, I can infer what riding a bike means. Future encounters with bicycle riders would either reinforce or undermine this inference. Cultural symbols, in other words, are effective by virtue of being easily transmittable. Their complexity is a function of the intricate semantic webs into which they are interwoven. These webs are represented in the minds of those observing and enacting symbolic action.<sup>21</sup>

This does not mean social networks are inconsequential for diffusion. In fact, as Figure 7 illustrates, different network topologies lead to different cultural diffusion dynamics. Like conventional contagion models, the model of associative diffusion assumes people learn culture from network alters with whom they interact. This model is distinctive not in what networks do, but in what agents do with the information they receive through their network ties. Different types of information and different types of network relationships, we contend, afford different types of cultural diffusion dynamics and result in different forms of shared interpretation.

Strong and trustful relationships facilitate the exchange of complex and costly cultural knowledge, such as the cultural education that occurs when parents socialize their children. In contrast, superficial interactions, whether through ephemeral or durable network ties, can catalyze associative diffusion when two conditions hold. First, behaviors need to be observable, either because they cannot be done in private or because people choose to perform them in public. Second, there needs to be some uncertainty about the functional utility of adoption. When this functional utility is easily discoverable independently—for example, when information about a job opportunity diffuses—then an individual exposed to new information does not need to rely on others to interpret it; under such conditions, simple contagion is likely to occur.

But when interpretative ambiguity exists—such as in the case of the toxicity of vaccines—people look at others to make sense of the information they received.

An important form of functional utility derives from coordination with others. Standing in line, for example, is beneficial only if others follow the same behavior. The utility of a practice for coordination is not self-evident, however; it can only be ascertained by observing others' behaviors. We conjecture that norms—by which we mean practices followed by all members of a social group—emerge when they facilitate interpersonal coordination that relies on widespread compliance. Under such conditions, individuals feel legitimized to enforce desirable behaviors by the approval and sanctioning of others, leading to behavioral convergence. But when this coordinative utility is either nonexistent or not readily apparent—for example, when people make health, consumption, or political choices—observable behaviors acquire symbolic value. This, we suspect, is when associative diffusion processes are most likely to kick in.

### *Contribution to the Sociology of Networks and Diffusion*

Conventional diffusion models are predicated on contagion as the mechanism of interpersonal transmission. Consequently, they assume that networks affect diffusion exclusively through the number, or proportion, of adopters that a focal agent has among her neighbors (DiMaggio and Garip 2012). But when culture diffuses associatively through two-stage transmission, this assumption does not necessarily hold. This has several implications for the study of networks and diffusion.

First, our associative model shifts focus from the diffusion of practices to the diffusion of interpretation. Whereas in conventional models of cultural diffusion agents emulate others' discrete behaviors, in our model they learn which behaviors are compatible with one another. Thus, the diffusion of a practice depends not only on its first adopter's network position (Banerjee et al. 2013), its

inherent appeal (Berger and Milkman 2012), or its functional utility (Kolodny, Creanza, and Feldman 2015). Rather, it also depends on the distribution of other practices in the population. This implies that understanding the rise or decline of a cultural practice requires paying attention to other seemingly unrelated practices and their prevalence in the population. The diffusion of bicycles in Victorian England, for example, was inherently related to the modes of dress they afforded (Bijker 1995).

Second, as Strang and Meyer (1993) point out, traditional network models cannot explain why interaction sometimes leads to solidarity and other times begets conflict. Associative diffusion, in contrast, shows how interaction between members of different “thought communities” (Zerubavel 1999) can, counter-intuitively, serve to entrench cultural boundaries and intensify preference polarization. The two-stage diffusion model analytically distinguishes between interpretation and evaluation. Consequently, agents reach interpretative agreement—as reflected in the declining distance between their association matrices (Figure 5)—but adopt opposing preferences. Interaction leads individuals to coordinate their perceptions about the cultural order, not their preferences.

Interlocutors might learn from each other's behaviors, for example, that individuals who support same-sex marriage also favor gun control, or that people who consume organic food also tend to object to childhood vaccinations. But the same information can lead to divergent preference updating. An exchange between two parents on the merits of immunizations might therefore strengthen their disagreement, rather than foster consensus. Existing network models cannot account for this phenomenon unless they assume the pre-existence of negative network ties (e.g., Flache and Macy 2011).

Network structure plays a surprising role in associative diffusion. Contra conventional network theory wisdom, Figure 7 illustrates that a small-world segmented network topology inhibits, rather than facilitates, the

emergence of crisp differentiation along clearly defined cultural boundaries. Although the number of cultural clusters slowly and gradually increases under a small-world architecture, the mutual information between behaviors remains significantly lower than when culture associatively diffuses over scale-free or fully connected networks. The demarcation of a cultural boundary, in other words, requires unconstrained interaction between members of the groups it separates (Fischer 1995). When such interaction is stymied, cultural differentiation emerges along fuzzier symbolic boundaries.

These results also suggest that differentiation into two clearly demarcated and opposing groups is likely to occur when culture diffuses along fully connected or scale-free networks. Divisions into opposing subcultures are common in a variety of domains, from political polarization (Gauchat 2012) to consumer mainstream and countercultures (Carroll and Swaminathan 2000). Associative diffusion is conducive to such bipolar differentiation. In small settings, such as schools, members' full visibility to one another can lead to the emergence of divisions between the *cool* and *uncool*, of the kind depicted in Willis's (1977) ethnography. In other contexts, such as politics, associative diffusion can beget cultural bifurcation when it spreads along the scale-free structures of exposure that are facilitated by mass media and social media, the "central bulletin boards on which the looks of social types get posted" (Gitlin 2000:248).<sup>22</sup>

Overall, these results point to a potential synthesis between network-centric approaches assuming naive contagion and network-blind associative diffusion. On their own, both approaches propose a process resulting in cultural differentiation along a singular and crisply demarcated dimension of interpretative consensus. But recent work in cultural sociology demonstrates that individuals differ not only in their beliefs and preferences but also in the dimensions of meaning along which these beliefs and preferences are distributed (Baldassarri and Goldberg 2014; Goldberg 2011).

Fused together, associative diffusion and network theory appear to explain the emergence of such a schematically heterogeneous world. When culture associatively diffuses over a small-world network, people differentiate into multiple clusters structured along a multiplicity of cultural axes. The boundaries separating these different groups are not as pronounced as when interaction is free. In reality, people chronically intersect small-world networks of intense cultural transmission and more ephemeral scale-free networks that facilitate the associative diffusion of easily transmittable cultural information. We imagine this multiplexity of ties, and the different diffusions they afford, is what enables the emergence of interpretative heterogeneity. We leave this exploration for future work.

### *Contribution to the Sociology of Culture*

Our findings also inform sociological theories of culture. A variety of recent studies build on the symbolic interactionist notion that meaning arises through social exchange (e.g., Hunzaker 2016). These models explain how cultural order is interactionally reproduced, but not where it comes from to begin with. In Schröder and colleagues' (2016) elegant Bayesian model of affect control theory, for example, agents' identities are situationally produced through people's motivation to reduce inconsistencies between behaviors being enacted and the meanings these behaviors connote.

A fundamental assumption in affect control theory, however, is that all agents associate the same meanings with the same identities.<sup>23</sup> Although agents' identities are fluid and constructed through interaction, they ultimately reproduce a predetermined cultural order. Our model, in contrast, makes no such assumption. Rather, we demonstrate how meaning arises through the process of associative diffusion. Agents' sensitivity to associations between practices, as well as their adherence to constraint satisfaction, leads them to partition practices into different clusters. These clusters effectively constitute different categories, the

enactment of which divides the population into different emergent groups.

Few sociological works similarly consider how meaning emerges through the process of diffusion. A prominent exception is Strang and Meyer's (1993:492) theory of institutional diffusion, which points to *theorization*—"the self-conscious development and specification of abstract categories and the formulation of patterned relationships"—as a central catalyst for the emergence and diffusion of cultural meanings. But theorization requires the intentional actions of theorists. In our model, in contrast, no agents have such intentionality or the institutional authority to theorize. Rather, categories implicitly emerge through the gradual clustering of practices. As clusters cohere, behaviors' information content—namely, their cultural meaningfulness—increases.

Our model of associative diffusion stops here. But in reality agents go beyond mere cognitive association. Clusters of practices become reified when agents use labels—such as *lads*, *ear'oles*, or *anti-vaxxers*—to clearly denote these emergent and hitherto unnamed categories. As these categories are attributed to people, and internalized by those to whom they are applied, they are essentialized as identities. Our rudimentary associative diffusion model does not explicitly assume identities or higher-level categorizations. Relying on basic socio-cognitive building blocks, it nevertheless demonstrates how such identities can emerge through interaction. We leave the investigation of the effects of labeling and identity formation on cultural diffusion for future work.

The associative diffusion model explains how cultural meanings emerge, but it does not account for cultural change once these meanings become solidified. In fact, we demonstrate that the emergence of cultural differentiation is robust to the behaviors of nonconformists—who are often assumed to be agents of change—as long as at least a handful of conformist individuals exist (Figure 6). The vast majority of conventional contagion models assume that all agents are perfectly conformist. When they do not, they find that nonconformist agents are conducive

to dramatic—but rare—behavioral cascades, such as when risky collective action takes off or when costly and widely held conventions suddenly dissipate (Mackie 1996).

But a significant portion of cultural change happens via gradual and cyclic endogenous evolution (Lieberson 2000). When extended to account for variation in conformity, our model explains how culture is both durable and constantly evolving (Hays 1994). Cultural durability stems from emergent interrelationships between practices, keeping their categorical meanings stable. But the presence of nonconformists catalyzes cycles of popularity whereby different practices ebb and flow in their pervasiveness. Thus, fundamental social identities, such as liberal and conservative or high- and low-brow, are historically durable, even if their behavioral manifestations—for example, parents' inclination to vaccinate their children—slowly evolve.

## CONCLUSION: ASSOCIATIVE DIFFUSION AS SOCIAL CONSTRUCTION

Sociologists agree that culture is a system of shared understandings. But students of cultural diffusion have overwhelmingly left meaning out of their epidemiologically-inspired models, modeling interpersonal transmission as a simple contagion process. Consequently, they attribute population-level variation in cultural preferences and beliefs to an underlying clustered network structure.

We propose an alternative model of associative diffusion in which arbitrary cultural meanings emerge and become consensually accepted through social interaction. Sociologists often refer to this process as *social construction* (Berger and Luckmann 1967). We demonstrate that this process leads to differential adoption of practices even when there are no constraints on interaction. Moreover, we show that small-world clustered networks impede, rather than facilitate, the emergence of clear-cut cultural differentiation.

Contagion models ordinarily treat cultural practices as discrete meme-like entities, but

there are a few exceptions. A handful of recent studies—mostly outside of sociology—have proposed, as we do, that cultural practices are interdependent (e.g., Enquist, Ghirlanda, and Eriksson 2011; Kolodny et al. 2015). These models nevertheless assume that such interdependencies are a function of these practices' inherent functional or logical attributes. Cultural order, in other words, is given a priori by natural constraints.

But culture is, by definition, anything but natural. The interpretation of vaccines as healthy or unnatural is historically and socially contingent. Our model of associative diffusion explains how such shared interpretations emerge organically through interaction, and why continued unobstructed interaction between individuals with different opinions only serves to deepen cultural cleavages. Thus, once opposition to vaccinations becomes associated with other practices, such as organic food consumption, social interaction between anti-vaxxers and parents who vaccinate their children only entrenches, rather than defuses, the cultural boundary that separates them.

Although the imagery of social contagion dominates the sociological imagination, cultural evolution is not analogous to epidemiological diffusion. From lifestyle choices such as musical or aesthetic taste (Bourdieu 1986) to political and religious ideology (Baldassarri and Gelman 2008), societies exhibit persistent cultural differentiation. The associative diffusion model shows that these divisions need not depend on the preexistence of a segregated social structure or primordial social groups. Rather, clustered cultural variation can emerge as a consequence of the connectionist nature of human cognition.

## APPENDIX: MEASUREMENT

### *Calculating Mutual Information*

We use mutual information to measure agents' behavioral convergence, and we interpret it as an indicator of the meaningfulness of practices. We calculate mutual information at the population level as the mutual information between two behaviors performed by an agent randomly drawn from the population.

The expected behavioral probabilities can be analytically derived. To calculate the mutual information between the two practices that agents enact, we need to calculate the marginal probabilities of choosing each practice as the first and second practice respectively, as well as the joint probability of choosing both practices in sequence (see Equation 7). Because agents are constrained to choose two different practices, these probabilities are not independent.

Let  $b_1$  and  $b_2$  denote the first and second practices enacted by a random agent. For a random agent  $i$ ,  $P_i(b_1 = x)$  denotes the probability that the first practice she exhibits is practice  $x$ . This probability equals the agent's baseline probability of choosing  $x$ ,  $P_i(x)$ , and is given by the agent's preference for that practice (as defined by Equation 1 or Equation 9, depending on whether agent conformity is taken into account).

The probability that agent  $i$  chooses  $y$  as the second practice to exhibit,  $P_i(b_2 = y)$ , is conditional on the practice chosen as  $b_1$ . This probability is given by:

$$P_i(b_2 = y) = \sum_{x \in K, x \neq y} P_i(b_1 = x, b_2 = y) \quad (\text{A1})$$

The joint probability of agent  $i$  choosing practices  $x$  and  $y$  in sequence is given by:

$$P_i(b_1 = x, b_2 = y) = P_i(b_1 = x)P_i(b_2 = y | b_1 = x) \quad (\text{A2})$$

where  $P_i(b_2 = y | b_1 = x) = \frac{P_i(y)}{1 - P_i(x)}$ . Because

the model restricts agents to choose two different practices at each iteration,  $P_i(b_1 = x, b_2 = x) = 0$ .

Agents are drawn uniformly at random from the population. Consequently, the probability that a random agent will enact a practice is equal to the mean probability over all agents. For example, the probability that a random agent chooses practice  $y$  as the second practice is  $P(b_2 = y) = \frac{1}{N} \sum_{i \in N} P_i(b_2 = y)$ , and the joint probability that a random agent enacts the sequence  $x, y$  is  $P(b_1 = x, b_2 = y) = \frac{1}{N} \sum_{i \in N} P_i(b_1 = x, b_2 = y)$ .

These aggregate probabilities represent the probabilities experienced by an observer randomly observing agents in the population. Overall, the mutual information between the behaviors of the agents comprising the population are given by the following:

$$I(b_1, b_2) = \sum_{x \in b_1} \sum_{y \in b_2} P(b_1 = x, b_2 = y) \log \frac{P(b_1 = x, b_2 = y)}{P(b_1 = x)P(b_2 = y)} \quad (A3)$$

We define “no information” as the mutual information between behaviors if agents randomly perform behaviors irrespective of their preferences (subject to the restriction that they perform two behaviors consecutively). Under such conditions, the marginal probability of choosing a practice either as the first or second choice is  $P(b_1 = x) = P(b_2 = y) = \frac{1}{K}$ , and the joint probability is  $P(b_1 = x, b_2 = y) = \frac{1}{K(K-1)}$ . The mutual information is therefore  $I(b_1, b_2)_{\text{no information}} = \log \frac{K}{K-1}$ .

### Estimating Number of Agent Clusters

As the computational simulations unfold, we seek to partition the population of agents into an optimal number of clusters such that preference pattern similarities between agents are maximized within cluster and minimized between clusters. For each pair of agents  $A$  and  $B$ , we use  $1 - \rho(V_A, V_B)$ , where  $\rho(\cdot, \cdot)$  is the Pearson correlation coefficient, as the distance metric between agents. The closer the correlation between agents' preference vectors is to 1, the closer their distance is to 0.

Estimating the optimal number of clusters in a population is computationally difficult (formally, it is an NP-hard problem). We use a common partitioning method,  $K$ -means, to find these clusters. Given a number of clusters,  $k$ , the  $K$ -means algorithm initializes  $k$  cluster centroids and iteratively adjusts cluster

membership by assigning observations to the cluster whose centroid they are closest to (for more details, see Leskovec, Rajaraman, and Ullman 2014). The algorithm is efficient but non-deterministic.

Estimating the correct number of clusters is not a trivial task. Unless observations in a dataset are identical, increasing the number of clusters by 1 monotonically reduces within-cluster distance even if the data are randomly distributed. The “true” number of clusters is the maximal number that reduces within-cluster distance more than would be monotonically gained merely by increasing the number of clusters. We use the gap statistic (Tibshirani et al. 2001) to estimate this number. Using  $K$ -means we produce partitions with number of clusters ranging from 1 to  $2K$  (twice the number of practices), and we use the gap statistic to estimate the optimal partition.

The gap statistic computes partition compactness,  $W_k$ , for a partition into  $k$  clusters, which equals the normalized sum of distances between observations in each class. Formally:

$$W_k = \sum_{r=1}^k \frac{1}{2N_r} D_r \quad (A4)$$

where  $k$  is the number of classes,  $N_r$  is the size of class  $r$ , and  $D_r$  is the sum of pairwise distances between observations in  $r$ . We use  $1 - \rho(V_A, V_B)$  as the distance between two agents,  $A$  and  $B$ . The gap statistic method compares the observed compactness to that obtained from a null reference distribution:

$$Gap_N(k) = E_N^* \{\log W_k\} - \log W_k \quad (A5)$$

where  $E_N^*$  denotes expectation under a sample size  $N$ . The optimal number of clusters is the smallest  $k$  that satisfies:

$$Gap_N(k) \geq Gap_N(k+1) - s_{k+1} \quad (A6)$$

where  $s_{k+1}$  is the standard error of compactness over the reference distribution. To obtain the null reference distribution, we generate 100 reference datasets where agent preferences are generated from a uniform distribution over a box aligned with the principal

component of the data. For details on how this box is constructed, see Tibshirani and colleagues (2001).

## Acknowledgments

We thank Rembrand M. Koning, Daniel A. McFarland, Paul DiMaggio, Sarah Soule, John-Paul Ferguson, Jesper Sørensen, Glenn Carroll, Sameer B. Srivastava, Jerker Denrell, Robert Gibbons, and participants of the MIT conference on Categories and Shared Mental Models for helpful comments and suggestions. The usual disclaimer applies.

## Notes

1. Following Strang and Soule (1998), we use the term “practice” to denote, in a very general sense, a cultural element such as a belief, attitude, or behavioral preference that can be transmitted between individuals. In the model we develop, we formally distinguish between a preference, which represents the proclivity toward a cultural practice, and the behavior such a practice entails.
2. During the 2016 presidential election, for example, skepticism about vaccines was voiced by conservative candidates such as Donald Trump and Carly Fiorina, as well as liberal candidates such as Jill Stein, the Green Party’s presidential nominee.
3. Beliefs on vaccination are a prime example of what sociologists often refer to as the social construction of rationality. Despite mounting and consistent evidence that vaccines are safe and are not associated with developmental disorders, and despite the undeniable potential lethality of childhood diseases such as measles, parents’ choice not to vaccinate their children is commonly couched in rationalized calculations of risk (Reich 2016). Popular accounts often trace the rise of the anti-vaccination movement to a scientific study published by Andrew Wakefield in 1998, which argued for a causal relationship between the MMR vaccine and autism. Wakefield’s study was later denounced as “the most damaging medical hoax of the last 100 years” (Flaherty 2011:1302). As Conis (2014, 2015) cogently argues, however, this study was the product of brewing skepticism toward immunizations, rather than its catalyst. What is so striking about the anti-vaccination movement is that college-educated individuals, who are otherwise most receptive to scientific evidence, continue to draw on this study, which has since been retracted, while rejecting the dozens of other studies refuting its conclusions.
4. Objection to vaccines is not new. Vaccines were met with fierce resistance when they were first introduced in the nineteenth century. By the second half of the twentieth century, however, this resistance had mostly been subdued.
5. Although the distinction between tie formation and tie strength is analytically important, it is often inconsequential for diffusion models. What these two constructs affect is the likelihood of social transmission between individuals. Thus the distinction between opportunity for or susceptibility to social influence is often semantic rather than substantive, unless negative influence is assumed (e.g., Flache and Macy 2011; Mark 2003).
6. DellaPosta and colleagues (2015), for example, assume that ego networks are limited in size by Dunbar’s number, which is presumably the upper limit on the number of durable social relationships that humans can cognitively maintain.
7. Although Carley never uses the imagery of contagion, her model assumes that once interaction occurs, cultural knowledge is invariably exchanged. In that respect “constructural” models are no different from other contagion models.
8. As Strang and Soule (1998) point out, there is much ambiguity in diffusion research about what is being observed. By observability we mean the opportunity to be exposed to symbolic information, whether verbal or nonverbal.
9. In some models, preferences are modeled as continuous values, and social influence is operationalized as one agent adopting another agent’s preference (e.g., Friedkin and Johnsen 1990). These models do not treat adoption as a binary outcome, but they nevertheless assume that the receiving agent observes the transmitting agent’s preference and adopts it.
10. Figure 1 illustrates a simple contagion. When contagion is complex, adoption necessitates exposure to more than one individual.
11. As others have noted (e.g., Sperber 1996), this assumption is often incorrect, as public representations are symbolic simplifications of more elaborately represented cognitive concepts. Thus, culture can evolve through the process of diffusion if interpersonal transmission is imperfect. We leave this implication outside the scope of our model.
12. We recognize that interpretation and evaluation are causally intertwined, and that how one evaluates a behavior often affects how that behavior is construed, rather than the other way around. Yet as analytic moments, these are two distinct phases in the process of assessing a cultural practice.
13. We acknowledge that our operationalization of cognition is simplified. It is an analytic abstraction of an underlying complex neurophysiology, the details of which are beyond the scope of this study.
14. It is important to point out that even if the constraint is psychological, it may be subjectively experienced as ontological. Prentice and Miller (2006), for example, demonstrate that people essentialize observed behavioral regularities as natural. This reification is cognitively important and therefore consequential for social processes, but it is beyond the scope of our study.

15. If instead of randomly updating the weaker preference, we set  $\Delta v$  to be in a direction that reduces cognitive dissonance, the simulations reported here naturally converge significantly faster. Nevertheless, we allow for the possibility that other cognitive mechanisms may be inconsistent with constraint satisfaction. To do so, we assume our agents are random updaters. This ensures our results are not driven by the assumption that agents are perfect constraint maximizers.
16. The assumption of preference unidimensionality is common in models of cultural diffusion, and it is consistent with psychological research that predominantly conceptualizes preferences as unitary constructs (Howe and Krosnick 2017). We leave the exploration of preference multidimensionality, and its effects on associative diffusion, outside the scope of our analysis.
17. This tendency is often referred to in the literature as biased assimilation, and it is assumed to be facilitated by motivated reasoning, a cognitive bias that leads people to process information in a way that serves their interests and preserves their self-image.
18. We thank anonymous Reviewer 4 for pointing out early adopters as an alternative to associative diffusion.
19. Roughly 1 percent of simulations in the naive and conformist conditions, and 2 percent of cases in the biased condition, converge on more than one cluster. We introduce stochasticity into the naive model such that agents do not perfectly observe their interlocutors' preferences, but rather infer them on the basis of having observed their corresponding behaviors being performed. Otherwise, all agents would converge on the exact same preferences and the number of clusters would invariably be 1 (for more details, see Part C of the online supplement).
20. This assumption does not affect the results we report in this section.
21. The bicycle sharing system launched in New York City in 2013 provides an interesting case in point. Initially enthusiastically endorsed by social activists and environmentalists, the program became the target of culture jammers' ridicule and criticism once it was announced that it would be sponsored by Citi Bank and correspondingly named *CitiBike*. Nothing about the program had changed; its cultural meaning, however, was transformed dramatically by virtue of its association with a major U.S. bank. People's propensity to adopt the program was shaped by its emergent cultural meaning, not by their awareness of its existence.
22. Associative diffusion over mass media may be a contributing factor to what Layman and Carsey (2002) call "conflict extension": the increased bundling of issues into a polarized political debate.
23. These associations ("fundamental sentiments" in affect control theory parlance) are given by empirically derived "affective dictionaries" that presumably represent a fundamentally shared cultural grammar. Although BayesACT can, in theory, be

extended to account for change in fundamental sentiments, this has so far not been implemented.

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