

# January \* 2009

New Year's Resolution:

Purchase and use a planner to track your life goals,  
your daily engagements and your to do list.

OR

Support fellow MIT researchers by installing **LIST.IT**  
to your Firefox browser. This will help keep track of  
your daily reminders, without wasting paper or  
overflowing your desk with a handful of Post-Its.

Go to <https://listit.nrcc.noklab.com/index.html> for more information.



*"Raise your sights and the sights of your prospect. Don't just plan for today's needs; look down the road five years and plan for tomorrow."*