EHS Essentials for AOs
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Ergonomics
Is your computer making you sick?
EHS makes House Calls!
But first, you can…
- Take a web course!
- Take stretch breaks!
- Exercise regularly!
- Ensure proper positioning!
- Alternate work!

Air Quality
My office smells! My eyes itch by the end of the day – sound familiar? …what do I do?
Call EHS and we can…
- Help ID the causes
- Sample the air
- Lend you an air cleaner
- Meet with Facilities about your building ventilation

Shipping Hazardous Material
Shipping lithium batteries? Other hazardous materials? Mailing sensitive material?
We can help you ship something so that if it catches on fire, no one gets hurt, and no one on your staff gets a visit from the Feds…

Etcetera, Etcetera, and Etcetera
Are your emergency evacuation procedures up to date?
We can assist with Emergency and Business Continuity Plans.
Have an event coming up?
We can help review your safety plan.
Need to know how to handle slips trips and falls?
Give us a call!