

VISHNU



**Aum Narayanaye Vidmahe
Vasudevaye Dhi-Mahi
Tanno Vishnu Prachodayat**

**Shanta Karam Bhujaga Shayanam
Padmanabham Suresham
Vishvadharam Gagana Sadrsham
Megha Varnam Shubhangam
Lakshmi Kantam Kamala Nayanam
Yogibhir Dhyana Gamyam
Vande Vishnum Bhava Bhaya Haram
Sarva Lokaiaka Natham**

*I adore Vishnu, the embodiment of Peace, who sleeps on the serpent,
Whose naval is the lotus of the Universe
Who is the Lord of the Gods, who is the support of the Universe, Who is in the
form of Space (the Omnipresent)
Whose color resembles that of clouds, Whose body is auspicious
Who is the Lord of Lakshmi, whose eyes are like lotuses
Who is attainable by Yogis through meditation
Who is the destroyer of the fear of birth and death
And who is the One Lord of all the Worlds*