

## **LIABILITY RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE**

This is a legally binding liability release, waiver, discharge and covenant not to sue (the "Release"), made by me, the undersigned, to the American Jiu-Jitsu Club at MIT (the "Club"), to the instructors of the Club (the "Instructors"), and to the members of the Club (the "Members").

I, \_\_\_\_\_,  
fully recognize that there are dangers and risks to which I may be exposed by joining the Club and participating in jiu-jitsu, which is a martial art and involves strenuous physical activity and extensive physical contact with other people and a mat, including but not limited to joint locks, throws, chokes, strikes, ground fighting, and other similar activity.

With full understanding of the risks involved and despite this Release, I am voluntarily joining the Club and I am willing to participate in jiu-jitsu.

I therefore agree to assume and take upon myself all of the risks and responsibilities in any way associated with this activity. In consideration of and in return for services, facilities, and other assistance provided to me by the Club, the Instructors and the other Members in this activity, I release the Club, its agents, the Instructors and the Members from any and all liability, claims and actions that may arise from injury or harm to me, from my death or from damage to my property in connection with this activity. I understand that this Release covers liability, claims and actions caused entirely or in part by any acts or failures to act by the Club, its agents, the Instructors and the Members, including but not limited to negligence, mistake, or failure to supervise.

I recognize that this Release means I am giving up, among other things, rights to sue the Club, its agents, the Instructors and the Members for injuries, damages, or losses I may incur while participating in this activity. I also understand that this release binds my heirs, executors, administrators, and assigns, as well as myself.

I have read the entire Release, I fully understand it and I agree to be legally bound by it.

**THIS IS A RELEASE OF YOUR RIGHTS. READ CAREFULLY BEFORE SIGNING.**

\_\_\_\_\_  
Releaser's Signature

\_\_\_\_\_  
Parent's or Guardian's Signature, if a minor

\_\_\_\_\_  
MIT ID/Athletics Card Number (If available)

\_\_\_\_\_  
E-Mail Address

\_\_\_\_\_  
Date