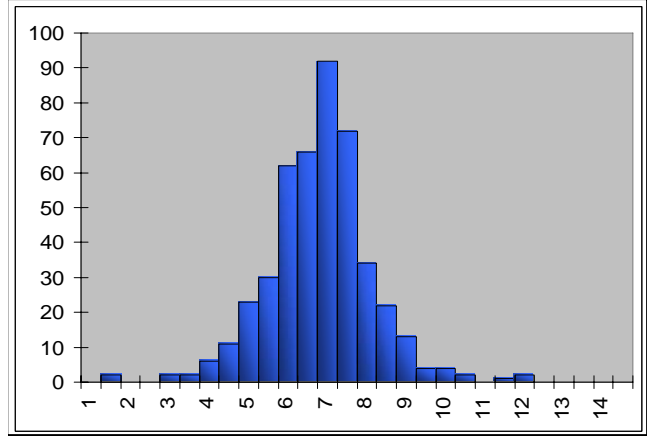


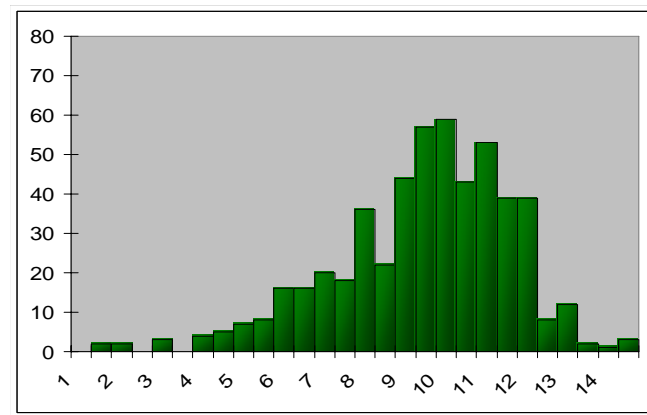
Schooldays

	<i>Bedtime</i>	<i>Wakeup</i>	<i>Hours</i>
Mean	1.891067	8.586511	6.695444
Median	1.75	8.25	6.75
Mode	1	8	7
St dev	1.266561	1.101924	1.299845
SEM	0.059773	0.052003	0.061343
95 CI	1.773912	8.484585	6.575211
	2.008221	8.688437	6.815678



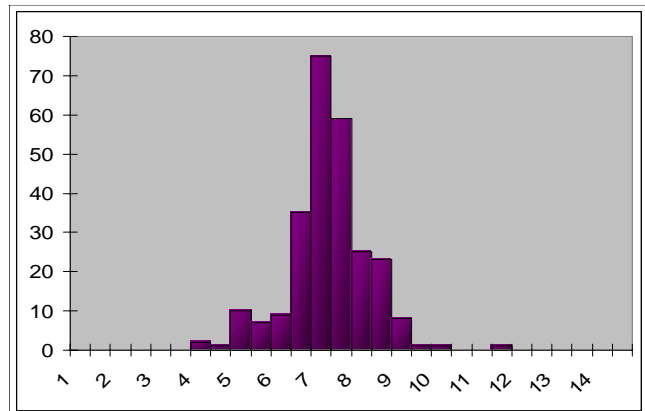
Not Schooldays

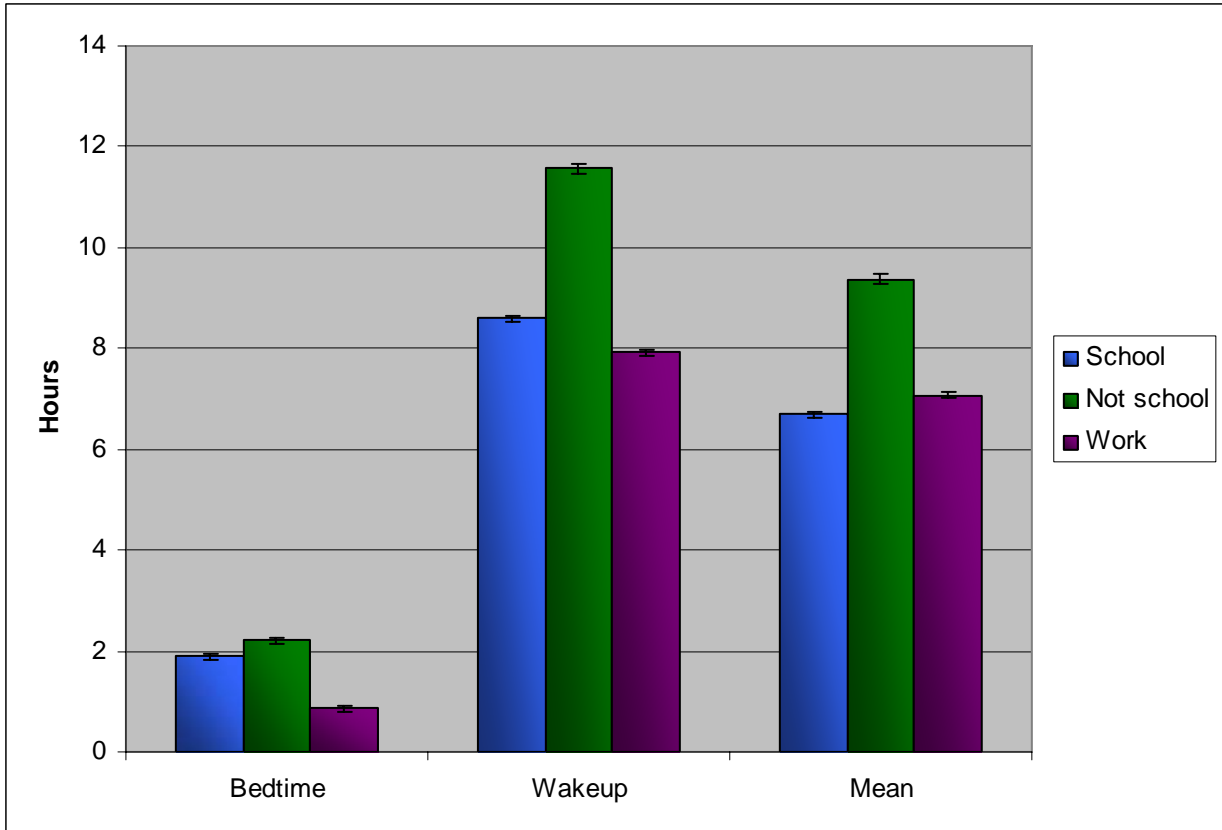
	<i>Bedtime</i>	<i>Wakeup</i>	<i>Hours</i>
Mean	2.205395	11.5731	9.367707
Median	2	11.5	9.5
Mode	2	11	10
St dev	1.568457	2.307629	2.187256
SEM	0.068914	0.101391	0.096103
95 CI	2.070323	11.37438	9.179346
	2.340467	11.77183	9.556068



Workdays

	<i>Bedtime</i>	<i>Wakeup</i>	<i>Hours</i>
Mean	0.863813	7.926848	7.063035
Median	0.75	7.75	7
Mode	0.75	7.75	7.25
St dev	0.953219	0.996042	0.958069
SEM	0.059576	0.062253	0.059879
95 CI	0.747044	7.804833	6.945672
	0.980583	8.048863	7.180399





I get more sleep on non-school days than on schooldays, and an intermediate amount on workdays.

Note: A “schoolday” is defined as a day on which my primary purpose for getting out of bed is to attend class. A “workday” is defined as a day on which my primary purpose for getting out of bed is to go to the lab; by definition, there is no school on a workday, but the day may or may not be a weekday or holiday. A “non-schoolday” is a day, such as a weekend or vacation, which does not fall into either of the other two categories.

Bedtime

	Overall	Freshman	Sophomore	Junior	Senior
Count	450	87	137	121	105
Mean	1.891067	3.100345	2.430657	1.241736	0.933333
Median	1.75	3	2.5	1	1
Mode	1	3.5	3	1	1
St dev	1.266561	1.318879	1.23871	0.643828	0.602745
SEM	0.059773	0.143053	0.106611	0.058773	0.005796
95 CI	1.773912	2.819962	2.221699	1.12654	0.921974
	2.008221	3.380728	2.639615	1.356931	0.944693

Wakeup

	Overall	Freshman	Sophomore	Junior	Senior
Mean	8.586511	9.268046	8.708832	8.150826	8.364286
Median	8.25	9	8.75	8	8.25
Mode	8	9	8	8	8.25
St dev	1.101924	1.549373	0.93764	0.679675	0.946291
SEM	0.052003	0.168053	0.080699	0.062046	0.009099
95 CI	8.484585	8.938662	8.550662	8.029217	8.346452
	8.688437	9.59743	8.867003	8.272436	8.38212

Total Sleep

	Overall	Freshman	Sophomore	Junior	Senior
Mean	6.695444	6.167701	6.278175	6.909091	7.430952
Median	6.75	6	6.25	7	7.25
Mode	7	6	6.75	7	7.25
St dev	1.299845	1.478066	1.248235	0.98054	1.131124
SEM	0.061343	0.160319	0.107431	0.089511	0.010876
95 CI	6.575211	5.853476	6.06761	6.73365	7.409635
	6.815678	6.481926	6.48874	7.084532	7.45227