Track your Stress
(and help pay your cell phone bill at the same time)

Join a group of everyday people who will try out surveys on cell phones. These surveys may ask about stress, ups and downs, and daily experiences. The results could be valuable to health researchers – and you!

We want to make sure these surveys are easy, helpful, and even fun. If you can make a phone call with your cell phone, you have all the expertise you need.

Get paid to cover your basic use of the phone + up to $60 for each session at MIT. You must be 18 years or older.

To learn more, please contact Jennifer at phonestudy@mit.edu or call 617-452-5677.