MIT Retiree Resource Guide

Arts at MIT

The arts are widely practiced, performed and celebrated at MIT. Between 60 and 70 percent of incoming MIT freshmen have strong interests and involvement in the arts. Hundreds of exhibitions, performances and readings enliven the campus annually. For information on arts-related events, venues, programs and activities, the arts@mit web site, arts.mit.edu is the best place to start; it is overseen by the Office of the Arts.

Association of MIT Retirees

The Association of MIT Retirees is a membership organization open to all Institute retirees, surviving spouses, and pensioners. The Association publishes a membership directory and arranges or sponsors social and educational activities, including one-day and longer trips, seminars, regional lunches, an annual lunch, and other social gatherings. The Association offers opportunities for retirees to get together, to have fun, and to stay in touch with each other and with the Institute. There is an annual fee of $20 to be a member of the Association.

Athletics

The Zesiger Sports and Fitness Center provides an extensive facility for swimming, tennis, squash, ice skating, jogging, weight training, sailing, rowing, etc. available to everyone in the community. MIT Athletic Cards are $700 for MIT affiliates and $1250 for family and are good for a year from the date of purchase. The center also offers six-month memberships - $455 for individual and $830 for family. The card includes sailing and rowing, but a swim test is required to use those facilities. An MIT ID Card is required to access the Zesiger facilities because of the card swipe access system. Physical education classes (e.g. aerobic exercise and dance), are also open to non-students on a space-available basis.

Community Services Office

The MIT Community Services Office (CSO) supports a variety of services designed to enhance MIT employees’ quality of life. The CSO administers the MITAC (MIT Activities Committee) office and events; plans events that recognize career milestones such as the QCC induction ceremony and the annual MIT employees’ Retirement Dinner; and provides logistical support for the Association of MIT Retirees. Additionally, the CSO conducts the annual Community Giving at MIT campaign and administers the William R. Dickson Fund for retired QCC members. Retirees are welcome to drop by the CSO office, during office hours Monday through Friday, 9am-5pm.

Community Wellness at MIT Medical

Community Wellness at MIT Medical provides resources and designs programs to help all members of the MIT community learn about making healthy choices that will allow you to get the most out of your time at MIT. For more information about provided services, contact the office by phone, or browse their website below.

Computing Help Desk

People consult the IS&T Help Desk in many ways: telephone, electronically, or by visiting their E17 location. They have the collective expertise of both professional and student staff to help you with your computing needs. They
can also help to find the correct services area when other computing expertise is necessary. For assistance with your computing needs, from desktops, to laptops, to printers, to mobile devices, stop by the office in Building E19 Monday to Friday, 9:15am - 5:00pm, or contact the help desk using the information below.
(http://ist.mit.edu/support/servicedesk/; 617-253-1101; helpdesk@mit.edu)

Foreign Languages and Literatures
The Foreign Languages and Literatures Section at MIT retains an extensive collection of audio, video and computer materials in those languages taught at the Institute - Chinese, English as a Second Language, French, German, Japanese, and Spanish. FLL also has an extensive collection of self-study materials in a variety of other languages (Korean, Italian, Arabic, etc.) for personal use. These materials can be accessed with the help of a staff member. If you are interested in these materials or other opportunities for language skill development, visit their website at http://web.mit.edu/fll/www/, or contact the FLL office during normal business hours.
(Rm. 14N-305; 617-253-4771)

Furniture Exchange
Volunteers from the MIT Women's League operate the Furniture Exchange (FX), with proceeds benefiting MIT scholarship funds. It sells used furniture and household accessories at low prices to students and others who are in the area for a short time and don't want to spend lots of money on furnishings. It accepts tax-deductible donations and buys used furniture and estates in good condition. The FX is always in need of volunteers for a couple of hours each weekend. It is located at 350 Brookline St., Cambridge where parking is available. Its regular hours are Tuesday and Thursday, 10am-4pm and the first Saturday of each month, 10am-1pm. The manager is Judy Halloran.
(http://web.mit.edu/womensleague/fx/; Bldg. WW15; 617-253-4293; fx@mit.edu)

Hobby Shop
The Hobby Shop is a large, well-equipped metal and woodworking facility open to the community. The fee for retirees is $60/term or $150/year (any three consecutive terms). Safety orientation is required of new members and director Ken Stone offers both hands-on instruction and design advice. Their hours are Monday - Friday, 10 a.m. to 6 p.m. They are closed on Saturday and Sunday.
(http://hobbyshop.mit.edu/; Rm. W31-031; 617-253-4343)

ID Cards
To use MIT facilities, retirees need an MIT picture ID card that is available from the Card Office. ID cards are required to borrow materials from the MIT Libraries, to use the Athletics Facilities, and to access buildings that are locked after hours. To obtain an MIT Retiree ID Card, your name needs to appear in the Human Resources records as a retiree. To obtain your status, please contact Human Resources at 617-253-4251. Afterwards, please visit the MIT Card Office with one form of photo ID (driver's license, passport, etc.). The Card Office is open from 8:30am to 4:30pm, Monday through Friday.
(http://web.mit.edu/semo/card/index.html; Rm. W20-021; 617-253-3475; mitcard@mit.edu)

Information Center
The veteran staff in the Events and Information Center knows answers to almost any question about MIT and provides campus maps and other publications to visitors and the MIT community. Campus tours with student guides leave from the Center Monday through Friday (except on legal holidays) at 11am and 3pm. Groups of 15 or more need to make tour arrangements by calling the Center in advance.
(http://web.mit.edu/institute-events/events/; Rm. 7-121; 617-253-4795)

Information Systems Training
IS&T Training Services offers dozens of free and fee-bearing short courses each term, ranging from basics to sophisticated programs for both Macintosh and Windows users. (When classes are full, active employees have priority.)
Libraries
Retirees with IDs continue to have borrowing privileges in the Libraries. The MIT Library system consists of five large libraries: Rotch (architecture and planning, Rm. 7-304); Barker (engineering, Rm. 10-500); Humanities and Science (Bldg. 14), and Dewey (social sciences and management, Rm. E53-100), and several branches serving the needs of specific departments. Access to the Libraries' electronic services and resources are also available on the web at http://libraries.mit.edu/. Guides to the Libraries and schedules are available at all locations.

MIT Activities Committee (MITAC)
The MIT Activities Committee serves the MIT Community by offering discounted tickets to local cultural and recreational events and sponsors excursions and special activities throughout the year (sporting events, theatre, music, family/children's events, exhibitions, day and weekend trips & more). It emails a monthly flyer and event listing. MITAC is open Tuesday-Friday, 11:00am to 4:00pm at the Stata Center on Campus and Thursday and Friday, 11:00am to 4:00pm at Lincoln Lab A-109 (please note an active Lincoln Lab ID is needed to enter the facility). An MIT ID is required for all purchases. (http://web.mit.edu/mitac/; 617-253-7990, Lincoln: 781-981-6130)

MIT AgeLab
The AgeLab was created in 1999 to invent new ideas and creatively translate technologies into practical solutions that improve people's health and enable them to "do things" throughout their lifespan. Equal to the need for new ideas and new technologies is the belief that the innovations in how products are designed, services are delivered, or policies are implemented are of critical importance to our quality of life tomorrow. For more information about MIT AgeLab, or to get involved, visit their website or contact their offices using the information below. (http://agelab.mit.edu/about-agelab; Rm. E40-279; 617-324-9004; agelabinfo@mit.edu)

MIT Alumni Travel Program
Open to all alumni of the Institute. (alum.mit.edu/travel; 617-253-8248 or 800-992-6749; compass@mit.edu)

MIT Events Calendar
A list of official goings-on at MIT can be found at: events.mit.edu.

MIT Federal Credit Union
Retirees have worked hard to build the nest egg that will help them enjoy life for many years to come, and they want to keep that nest egg safely earning money. The last thing they want is to pay excessive bank expenses. At the MIT Federal Credit Union, funds are federally insured up to $250,000. The Credit Union offers Savings accounts, Share Plus (Money Market) accounts, Share Certificates, Share Draft (checking) accounts, ATM and Debit Cards, Visa Credit Cards as well as First Mortgages, Home Equity Loans/Lines, Personal loans and Automobile loans at favorable rates. Electronic services such as e-Branch (home banking), e-Statements, Bill Payment, Loan Express, MIT Touch Tone Teller, ACH and Direct Deposit are offered to make financial business transactions more convenient.

MIT retirees and their family/household members are eligible to enjoy the benefits of membership. Employees who were not members at the time of retirement are also eligible to join.

Monday-Friday
700 Tech Square Tech Sq. Office Hours 8:30am - 4:00pm
84 Mass Ave, Student Center Student Ctr. Office Hours 9:00am - 4:30pm
Phone: 617-253-2845 (Thursday 9:00am - 5:30pm)
Website: www.mitfcu.org Touch Tone Teller 1-800-648-4411
Loan Express 1-866-464-8328 Email: mitfcu@mit.edu
MIT Medical
MIT Medical ((Cambridge Bldg. E23; 617-253-4481 voice/TTY); Lexington Bldg. V-110; 781-981-7080 (voice), 781-981-6600 (TTY)) is a multi-specialty group practice and a licensed, accredited hospital. It offers regular appointments in Cambridge and Lexington weekdays 8:30am-5pm, and many services in Cambridge also offer evening appointments on certain days until 7pm. Urgent medical and mental health care (617-253-1311) is available at all times. For more information about services, please visit http://medweb.mit.edu/.

MIT Museum
The MIT Museum invites you to explore invention, ideas, and innovation. Through interactive exhibitions, public programs, experimental projects and its renown collections, the MIT Museum showcases the fascinating world of MIT, and inspires people of all ages about the possibilities and opportunities offered by science and technology. For more information on visiting the MIT Museum, visit their website or contact their offices using the information below. (http://web.mit.edu/museum/; Bldg. N51, 265 Mass. Ave.; 617-253-5927; museuminfo@mit.edu)

MIT Spouses and Partners
MIT Spouses & Partners is a social and professional network. MIT staff and volunteers provide support and resources to the significant others of MIT students, staff, and faculty. For more information, visit their website or contact the Spouses & Partners office using the info below. (http://spouses.mit.edu/; Rm. E23-441; 617-253-1614; spousesandpartners@mit.edu)

MIT Work-Life Center
Offering a broad range of services to assist with child-care arrangements and other family and work/life concerns, the Work-Life Center is available to grandparents as well as parents and other family members. It maintains a lending library and databases of child-care and child-rearing resources and can assist in directing volunteers who would like to work with children and families. The Center also sponsors many seminars on work/family and work/life related issues. See their web site at http://hrweb.mit.edu/worklife/. (Rm. E19-611; 617-253-1592; worklife@mit.edu)

On-line Directory
Listings for faculty, staff, students and organizations are available on the web at http://web.mit.edu/search.html.

Public Service Center
The MIT Public Service Center runs several community service outreach programs and events. It also maintains listings of volunteer opportunities ranging from one-time-only projects to ongoing commitments at more than 100 local service agencies. (http://mit.edu/mitpsc/; Rm. 4-104; 617-253-0742)

Quarter Century Club (QCC)
Open to staff and faculty having completed 25 years of service with the Institute, the MIT Quarter Century Club is chartered with furthering the well being of its membership through cultural and social events. With over 3,600 members, the QCC sponsors several annual events, including a summer picnic and holiday gathering. The QCC also administers the William R. Dickson Fund, which provides grants for educational and wellness pursuits to retired members of the QCC. (http://web.mit.edu/qcc/; Rm. E38-234; 617-253-7914; qcc-reply@mit.edu)
**Student Art Association**

Despite its name, the facilities of the Student Art Association are open to all members of the community. Students take precedence in the classes SAA offers (usually in the evenings) in areas of drawing, painting, printmaking, photography and ceramics. Classes have varying fees. Use of studio space is also available at varying fees, and users must assist in studio maintenance. ([http://arts.mit.edu/saa/about/](http://arts.mit.edu/saa/about/); Rm. W20-429; 617-253-7019)

**Tech Talk**

Tech Talk has ceased publishing in printed form, but it can still be read online at [http://web.mit.edu/newsoffice/](http://web.mit.edu/newsoffice/). Retirees may submit classified ads to Tech Talk, via e-mail to ttads@mit.edu. Ads should include the retiree’s MIT ID number and note that the advertiser is a retiree. Ads are not accepted by telephone or fax.

**William R. Dickson Education Fund**

The Dickson Fund awards retired QCC members with grants of up to $1,000 for study at accredited programs. The maximum cumulative grant award is $1,000 per individual for one or more courses and can only be used for tuition costs at accredited programs. ([http://web.mit.edu/qcc/dickson.html](http://web.mit.edu/qcc/dickson.html))

**Women's League**

All women in the MIT community are invited to become members of the MIT Women’s League and to participate in the League's activities. These include social events, lectures and seminars on timely world and health issues, the Furniture Exchange (see listing above), and interest groups (needlework, cooking, bridge, investing, etc.) that meet regularly during the academic year. ([http://web.mit.edu/womensleague/](http://web.mit.edu/womensleague/); Rm. 10-342; 617-253-3656; wleague@mit.edu)

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