MIT Samskritam & Samskrita Bharati

Invite you to

A Talk in English on

Ashtanga Yoga

by

Dr. M.A. Jayashree & Prof. M. A. Narasimhan

Where?
MIT, Room 5-233
77 Mass Ave, Cambridge, MA - 02139

When?
Monday, 15th October 2012  6:30 to 7:30 pm
Followed by Q&A

Vidya Ramanathan  (617) 899 9122  Jaichander Swaminathan  (617) 800 7190
Giri Bharathan  (978) 761 1142  Sharada Varadarajan  (214) 223 6786

Dr. M.A. Jayashree, Professor of Sanskrit, Mysore, Karnataka, India, has been teaching all aspects of Sanskrit for the last 40 years. She is a science graduate and a Masters in Sanskrit with specialization on Darshana (philosophy). She holds a doctorate in Sanskrit from Bangalore University on the topic, "The Concept of Mind in Indian Philosophy". At present she is the Director of Anantha Research Foundation, Mysore.

She has authored many books in the fields of Sanskrit, Ancient Sciences, Indian history, Indian Culture and Music. She has presented papers on Sanskrit, Indian knowledge systems and culture in many national and international fora. She has also conducted a number of workshops in India and abroad. Her workshops are generally in the fields of Sanskrit language and the Yoga Sutras of Patanjali, Bhagavad Gita and classical Karnatic music.

M. A. Narasimhan, Director, Itihasa Bharati, Mysore, is a science graduate holding Masters in Education with specialization in advanced psychology and research methodology, and also in Sanskrit. He has specialized in the Indian philosophical systems and the various practices of yoga, and is a disciple of His Holiness Maharishi Mahesh Yogi. He is a teacher of Transcendental Meditation, and has taught the TM technique to more than 20,000 people and trained more than 1,000 teachers of Transcendental Meditation. He is the vice president of Anantha Research Foundation.

Anantha Research Foundation is a non-profit research organization dedicated to the translation and preservation of Sanskrit texts, ancient Indian sciences as well as furthering of Sanskrit culture.

Check out MIT Samskritam (http://web.mit.edu/samskritam/www) for :
Upcoming 2-day Spoken Samskritam workshop – November 3rd and 4th
Weekly Classes on Tuesdays, starting November 6th
email: samskritam-exec@mit.edu