

National College Health Assessment

The following questions ask about various aspects of your health. This survey is completely voluntary. You may choose not to participate or not to answer any specific questions. You may skip any question you are not comfortable answering. The survey is confidential. E-mail contact information is destroyed before data are compiled to protect confidentiality. Composite data will then be shared with your campus for use in health promotion activities.

-NTRY
CHAPAINITEO NAVIGATE WITH THE MOUSE OR PRESS THE TAB KEY AFTER EACH ENTRY DO NOT USE THE ENTER KEY

Health, Health Education, and Safety

- 1) How would you describe your general health?
 - O Excellent
 - O Very good
 - O Good
 - O Fair
 - O Poor
 - O Don't know
- 2A) Have you received information on the following topics from your college or university? (Please mark the appropriate column for each row)

· · · · · · · · · · · · · · · · · · ·		
	No	Yes
Alcohol and other drug use	0	0
Cold/Flu/Sore throat	0	0
Depression/Anxiety	0	0
Eating disorders	0	0
Grief and loss	0	0
How to help others in distress	0	0
Injury prevention	0	0
Nutrition	0	0
Physical activity	0	0
Pregnancy prevention	0	O

2B) Have you received information on the following topics from your college or university? (Please mark the appropriate column for each row)

	No	Yes
Problem use of Internet/computer games	O	O
Relationship difficulties	O	O
Sexual assault/Relationship violence prevention	O	O
Sexually transmitted disease/infection (STD/I) prevention	O	O
Sleep difficulties	O	O
Stress reduction	O	O
Suicide prevention	O	O
Tobacco use	O	O
Violence prevention	O	O

pics from your or each row) 3A) Are you interested in receiving information on the following topics from your college or university? (Please mark the appropriate column for each row)

	No	Yes
Alcohol and other drug use	O	0
Cold/Flu/Sore throat	O	0
Depression/Anxiety	0	0
Eating disorders	0	0
Grief and loss	O	Ó
How to help others in distress	0	0
Injury prevention	O	0
Nutrition	O	0
Physical activity	O	O
Pregnancy prevention	O	0

3B) Are you interested in receiving information on the following topics from your college or university? (Please mark the appropriate column for each row)

	No	Yes
Problem use of Internet/computer games	0	O
Relationship difficulties	0	O
Sexual assault/Relationship violence prevention	0	O
Sexually transmitted disease/infection (STD/I) prevention	O	O
Sleep difficulties	0	O
Stress reduction	0	O
Suicide prevention	0	O
Tobacco use	O	O
Violence prevention	O	O

4) Within the last 12 months, how often did you: (Please mark the appropriate column for each row)

	N/A, did not do this activity within the last 12 months	Never	Rarely	Sometimes	Most of the time	,
Wear a seatbelt when you rode in a car?	0	0	0	0	O	O
Wear a helmet when you rode a bicycle?	0	0	0	0	O	O
Wear a helmet when you rode a motorcycle?	•	0	0	0	O	0
Wear a helmet when you were inline skating?	0	0	0	0	O	0

5) Within the last 12 months: (Please mark the appropriate column for each row)

	No	Yes
Were you in a physical fight?	0	O
Were you physically assaulted (do not include sexual assault)?	O	O
Were you verbally threatened?	0	O
Were you sexually touched without your consent?	0	O
Was sexual penetration attempted (vaginal, anal, oral) without your consent?	0	O
Were you sexually penetrated (vaginal, anal, oral) without your consent?	0	O
Were you a victim of stalking (e.g., waiting for you outside your classroom, residence, or office; repeated emails/phone calls)?	O	C

6) Within the last 12 months, have you been in an intimate (coupled/partnered) relationship that was: (Please mark the appropriate column for each row)

	No	Yes
Emotionally abusive? (e.g., called derogatory names, yelled at, ridiculed)	0	0
Physically abusive? (e.g., kicked, slapped, punched)	0	0
Sexually abusive? (e.g., forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)	O	0

7) How safe do you feel: (Please mark the appropriate column for each row)

	Not safe at all	Somewhat unsafe	Somewhat safe	Very safe
On this campus (daytime)?	O	O	•	O
On this campus (nighttime)?	O	O	•	O
In the community surrounding this school (daytime)?	0	•	•	O
In the community surrounding this school (nighttime)?	O	•	•	O

Alcohol, Tobacco, and Drugs

8A) Within the last 30 days, on how many days did you use: (Please mark the appropriate column for each row)

	Never	Have used, but	1-2	3-5	6-9	10-19	20-29	Used
	used	not in last 30	days	days	days	days	days	daily
		days						
Cigarettes	0	0	O	0	0	O	O	O
Tobacco from a water pipe (hookah)	0	0	O	•	O	O	O	O
Cigars, little cigars, clove cigarettes	0	0	O	•	O	O	O	O
Smokeless tobacco	Q	0	O	C	O	C	O	O
Alcohol (beer, wine, liquor)	0	0	O	O	O	O	O	O
Marijuana (pot, weed, hashish, hash oil)	0	0	0	0	0	0	O	O
Cocaine (crack, rock, freebase)	0	0	0	0	0	0	0	O
Methamphetamine (crystal meth, ice, crank)	O	0	0	0	0	O	O	O
Other amphetamines (diet pills, bennies)	O	•	0	0	0	O	O	0

8B) Within the last 30 days, on how many days did you use: (Please mark the appropriate column for each row)

	Never used	Have used, but not in last 30	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	Used daily
		days						
Sedatives (downers, ludes)	O	0	O	O	O	0	O	O
Hallucinogens (LSD, PCP)	O	O	0	0	0	O	O	O
Anabolic steroids (Testosterone)	O	0	•	•	0	O	O	O
Opiates (heroin, smack)	O	0	O	O	0	0	O	O
Inhalants (glue, solvents, gas)	O	0	•	•	0	0	0	0
MDMA (Ecstasy)	O	0	O	O	0	0	O	O
Other club drugs (GHB, Ketamine, Rohypnol)	O	•	0	O	0	0	O	O
Other illegal drugs	O	O	O	O	O	0	O	O

9A) Within the last 30 days, how often do you think the typical student at your school used: (State your best estimate; Please mark the appropriate column for each row)

	Never	Have used, but	1-2	3-5	6-9	10-19	20-29	Used
	used	not in last 30	days	days	days	days	days	daily
		days						
Cigarettes	O	O	O	•	O	C	O	0
Tobacco from a water pipe (hookah)	0	0	0	O	0	0	0	0
Cigars, little cigars, clove cigarettes	0	0	0	O	0	0	0	0
Smokeless tobacco	0	0	0	O	0	0	0	O
Alcohol (beer, wine, liquor)	O	O	O	O	O	O	O	O
Marijuana (pot, weed, hashish, hash oil)	O	0	0	O	0	0	O	0
Cocaine (crack, rock, freebase)	0	0	0	O	0	0	0	0
Methamphetamine (crystal meth, ice, crank)	0	0	0	O	0	O	O	0
Other amphetamines (diet pills, bennies)	O	0	0	O	0	O	O	O

9B) Within the last 30 days, how often do you think the typical student at your school used: (State your best estimate; Please mark the appropriate column for each row)

	Never used	Have used, but not in last 30 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	Used daily
Sedatives (downers, ludes)	O	O	O	O	O	O	O	O
Hallucinogens (LSD, PCP)	O	O	C	O	O	O	O	O
Anabolic steroids (Testosterone)	O	0	•	•	0	O	O	O
Opiates (heroin, smack)	C	0	O	O	0	O	O	O
Inhalants (glue, solvents, gas)	0	0	•	•	0	0	0	0
MDMA (Ecstasy)	O	O	O	O	0	0	O	O
Other club drugs (GHB, Ketamine, Rohypnol)	0	0	•	•	0	0	0	0
Other illegal drugs	O	0	O	O	0	0	C	O

One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

10) The last time you "partied"/socialized how many drinks (If you did not drink alcohol, please enter 0)	of alcohol did you have?
	Drinks
11) The last time you "partied"/socialized, over how many lalcohol? (If you did not drink alcohol, please enter 0)	nours did you drink
	Hours
12) How many drinks of alcohol do you think the typical stu the last time he/she "partied"/socialized? (If you think the school does not drink alcohol, please enter 0)	-
	Drinks

13) Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting?

O N/A, don't drink
O None
O 1 time
O 2 times
O 3 times
O 4 times
→ 5 times
O 6 times
O 7 times
O 8 times
O 9 times
O 10 or more times

14) Within the last 30 days, did you: (Please mark the appropriate column for each row)

	N/A, don't	drive	N/A,	don't	drink	Νø	Yes
Drive after drinking any alcohol at all	9			O		0	O
Drive after drinking five or more drinks of alcohol	0			O		0	O

15) During the last 12 months, when you "partied"/socialized, how often did you: (Please mark the appropriate column for each row)

Cox	N/A, don't drink	Never	Rarely	Sometimes	Most of the time	Always
Alternate non-alcoholic with alcoholic beverages	0	•	0	O	O	•
Avoid drinking games	0	0	0	O	O	O
Choose not to drink alcohol	0	0	0	O	0	O
Determine, in advance, not to exceed a set number of drinks	0	0	0	O	0	•
Eat before and/or during drinking	0	0	0	O	0	O
Have a friend let you know when you have had enough	0	0	0	O	0	•
Keep track of how many drinks you were having	0	0	0	O	•	O
Pace your drinks to 1 or fewer per hour	0	0	0	0	•	0
Stay with the same group of friends the entire time you were drinking	O	O	0	O	O	•
Stick with only one kind of alcohol when drinking	0	0	0	0	•	0
Use a designated driver	O	O	O	O	O	O

16) Within the last 12 months, have you experienced any of the following when drinking alcohol? (Please mark the appropriate column for each row)

	N/A, don't drink	No	Yes
Did something you later regretted	O	0	O
Forgot where you were or what you did	O	0	O
Got in trouble with the police	O	0	O
Someone had sex with me without my consent	O	0	O
Had sex with someone without their consent	O	0	0
Had unprotected sex	0	0	0
Physically injured yourself	O	0	0
Physically injured another person	O	0	0
Seriously considered suicide	O	0	0

17A) Within the last 30 days, what percent of students at your sch	ool used
cigarettes? State your best estimate.	
	Percent
17B) Within the last 30 days, what percent of students at your sch	ool used alcohol?
State your best estimate.	
-\(\frac{1}{2}\)	Percent
17C) Within the last 30 days, what percent of students at your sch	ool used
marijuana? State your best estimate.	
CO6, 410.	Percent

18) In the last 12 months, have you taken any of the following prescriptions drugs that were not prescribed to you? (Please mark the appropriate column for each row)

464	No	Yes
Antidepressants (e.g., Celexa, Lexapro, Prozac, Wellbutrin, Zoloft)	\mathbf{C}	0
Erectile dysfunction drugs (e.g., Viagra, Cialis, Levitra)	O	0
Pain killers (e.g., OxyContin, Vicodin, Codeine)	O	O
Sedatives (e.g., Xanax, Valium)	O	O
Stimulants (e.g., Ritalin, Adderall)	O	O

Sex Behavior and Contraception

vaginal interd	e last 12 mont course, or anal ns, please ente	intercou						in the
						Nur	nber of P	artners
•	st 12 months, o	-	•	tner(s) wh	o were: (P	lease m	ark
Female O Male O Transgender O	0							
21) Within th each row)	e last 30 days,	did you l	nave: (Please i	mark	the ap	ppropriate	column	for
	No, have new this sexual a		No, have done past but n				he `	Yes
Oral sex?	0	A			$\overline{}$			<u>O</u>
Vaginal intercourse?	O	11/1	-17)			O
Anal intercourse?	000	7	410,)			O
22) Within th	e last 30 days, ive barrier (e.g the appropriat	., male c	ondom, female n for each row)	e cond	lom, c	lam, glove	e) during	j:
	N/A, never did this sexual activity	sexual ac	not done this tivity during the t 30 days		Rarely	Sometimes	Most of the time	
Oral sex?	O		<u> </u>	O	O	O	O	0
Vaginal intercourse?	•		•	O	O	O	•	O
Anal intercourse?	O		O	0	O	O	•	O

23A) Did you or your partner use a method of birth control to prevent pregnancy the last time you had vaginal intercourse?
 Yes N/A, have not had vaginal intercourse No, have not had vaginal intercourse that could result in a pregnancy No, did not want to prevent pregnancy No, did not use any birth control method Don't know
23B) Please indicate whether or not you or your partner used each of the following methods of birth control to prevent pregnancy the last time you had vaginal intercourse. (Please mark the appropriate column for each row)
Birth control pills (monthly or extended cycle) Birth control shots Dirth control implants
Birth control patch Vaginal ring Intrauterine device (IUD) Male condom
Female condom Diaphragm or cervical cap Contraceptive sponge Spermicide (e.g., foam, jelly, cream) Fertility awareness (e.g., calendar, mucous, basal body temperature) O O O O O O O O O O O O O
Withdrawal Sterilization (e.g., hysterectomy, tubes tied, or vasectomy) Other method Other method
24) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill")?
 N/A, have not had vaginal intercourse in the last 12 months No Yes Don't know
25) Within the last 12 months, have you or your partner(s) become pregnant?
 N/A, have not had vaginal intercourse in the last 12 months No Yes, unintentionally Yes, intentionally Don't know

Weight, Nutrition, and Exercise

26) How do you describe your weight?								
 Very underweight Slightly underweight About the right weight Slightly overweight Very overweight 								
27) Are you trying to do any of the following about	ut yo	our v	veigh	nt?				
 I am not trying to do anything about my v Stay the same weight Lose weight Gain weight 28) How many servings of fruits and vegetables	do yo	ou u:						6
serving = 1 medium piece of fruit; ½ cup fresh, 1 3/4 cup fruit/vegetable juice; 1 cup salad greens;						/veg	etabl	es;
 0 servings per day 1-2 servings per day 3-4 servings per day 5 or more servings per day 	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	21	(C	N				
29) On how many of the past 7 days did you: (Plefor each row)	ease	mar	k the	арр	ropria	ate c	olum	n
100,0	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
Do moderate-intensity cardio or aerobic exercise (caused a noticeable increase in heart rate, such as a brisk walk) for at least 30 minutes ?	O	0	O	O	O	O	O	0
Do vigorous-intensity cardio or aerobic exercise (caused large increases in breathing or heart rate, such as jogging) for at least 20 minutes ?	O	O	O	O	O	O	O	O
Do 8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each?	O	O	•	O	O	•	0	O

Mental Health

30) Have you ever: (Please mark the appropriate column for each row)

	No, never	No, not in the last 12 months	Yes. in the last 2 weeks	Yes, in the last 30 days	Yes, in the last 12 months
Felt things were hopeless	O	0	0	•	O
Felt overwhelmed by all you had to do	O	0	0	O	O
Felt exhausted (not from physical activity)	0	0	0	O	O
Felt very lonely	O	O	0	•	O
Felt very sad	O	0	0	•	O
Felt so depressed that it was difficult to function	O	0	•	O	0
Felt overwhelming anxiety	O	O	0	0	0
Felt overwhelming anger	O	0	0	0	
Intentionally cut, burned, bruised, or otherwise injured yourself	O	0		O	0
Seriously considered suicide	0	0	0	0	C
Attempted suicide	O 🦠	0	011	0	C

31A) Within the last 12 months, have you been diagnosed or treated by a professional for any of the following? (Please mark the appropriate column for each row)

06	No	Yes, diagnosed but not treated	Yes, treated with medication	Yes, treated with psychotherapy	Yes, treated with medication and psychotherapy	Yes, other treatment
Anorexia	0	O	O	0	O	•
Anxiety	O	O	O	O	O	0
Attention Deficit and Hyperactivity Disorder (ADHD)	•	•	•	•	•	•
Bipolar Disorder	0	O	O	0	0	0
Bulimia	O	O	O	O	O	O
Depression	O	O	O	O	O	O
Insomnia	O	O	O	O	O	O
Other sleep disorder	0	O	0	•	•	O

31B) Within the last 12 months, have you been diagnosed or treated by a professional for any of the following? (Please mark the appropriate column for each row)

	No	Yes, diagnosed but not treated	Yes, treated with medication	Yes, treated with psychotherapy	Yes, treated with medication and psychotherapy	Yes, other treatment
Obsessive Compulsive Disorder (OCD)	0	0	0	•	0	O
Panic attacks	O	O	O	O	O	•
Phobia	0	0	0	0	0	•
Schizophrenia	0	•	0	0	0	0
Substance abuse or addiction (alcohol or other drugs)	0	0	0	•	0	0
Other addiction (e.g., gambling, internet, sexual)	0	•	•	C	0	C
Other mental health condition	O	O	0	O	No	O

diagnosed	with	depression?
	diagnosed	diagnosed with

0	No	
_		

33) Within the last 12 months, have any of the following been traumatic or very difficult for you to handle? (Please mark the appropriate column for each row)

	No	Yes
Academics	0	0
Career-related issue	0	0
Death of a family member or friend	0	0
Family problems	0	0
Intimate relationships	0	0
Other social relationships	0	0
Finances	0	0
Health problem of a family member or partner	0	0
Personal appearance	0	0
Personal health issue	0	0
Sleep difficulties	0	0
Other	O	O

34) Have you ever received psychological or mental health services from any of th
following? (Please mark the appropriate column for each row)

	No	Yes
Counselor/Therapist/Psychologist	0	0
Psychiatrist	0	0
Other medical provider (e.g., physician, nurse practitioner)	O	0
Minister/Priest/Rabbi/Other clergy	O	O

35) Have you ever received psychological or mental health services from your currer
college/university's Counseling or Health Service?

\mathbf{O}	No
--------------	----

O Yes

36) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	No	0
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O Yes

37) Within the last 12 months, how would you rate the overall level of stress you have experienced?

- O No stress
- O Less than average stress
- Average stress
- O More than average stress
- O Tremendous stress

Physical Health

38) Within the last 30 days, did you do any of the following? (Please mark the appropriate column for each row)

	No	Yes
Exercise to lose weight	0	0
Diet to lose weight	0	0
Vomit or take laxatives to lose weight	0	0
Take diet pills to lose weight	0	0

39) Have you: (Please mark the appropriate column for each row)

	No	Yes	Don't know
Had a dental exam and cleaning in the last 12 months?	0	0	O
(Males) Performed a testicular self exam in the last 30 days?	0	0	O
(Females) Performed a breast self exam in the last 30 days?	0	0	O
(Females) Had a routine gynecological exam in the last 12 months?	0	0	O
Used sunscreen regularly with sun exposure?	O	O	O
Ever been tested for Human Immunodeficiency Virus (HIV) infection?	0	0	0

40) Have you received the following vaccinations (shots)? (Please mark the appropriate column for each row)

	No	Yes	Don't know
Hepatitis B	0	0	O
Human Papillomavirus/HPV (cervical cancer vaccine)	O	0	O
Influenza (the flu) in the last 12 months (shot or nasal mist)	Ó	0	0
Measles, Mumps, Rubella	Ó	0	0
Meningococcal disease (meningococcal meningitis)	9	0	O
Varicella (chicken pox)	C	C	0

41A) Within the last 12 months, have you been diagnosed or treated by a professional for any of the following? (Please mark the appropriate column for each row)

0 1,10	No	Yes
Allergies	0	0
Asthma	0	0
Back pain	0	0
Broken bone/Fracture/Sprain	0	0
Bronchitis	0	0
Chlamydia	0	0
Diabetes	0	0
Ear infection	0	0
Endometriosis	0	0
Genital herpes	0	0
Genital warts/Human Papillomavirus (HPV)	0	0
Gonorrhea	0	O
Hepatitis B or C	O	O

41B) Within the last 12 months, have you been diagnosed or treated by a
professional for any of the following? (Please mark the appropriate column for each
row)

	No	Yes
High blood pressure	O	O
High cholesterol	O	0
Human Immunodeficiency Virus (HIV)	O	0
Irritable Bowel Syndrome (IBS)	O	0
Migraine headache	O	0
Mononucleosis	O	O
Pelvic Inflammatory Disease (PID)	O	0
Repetitive stress injury (e.g., carpal tunnel syndrome)	O	0
Sinus infection	O	0
Strep throat	O	0
Tuberculosis	O	O
Urinary tract infection	O	O

en you woke up in	the morning?
○ 0 days	VA. :101.
○ 1 day	
○ 2 days	
→ 3 days	1411 ATU
O 4 days	
→ 5 days	
○ 6 days	$\sim N_{\odot} \sim \sim N_{\odot}$
O 7 days	AU) AAU'

\bigcirc	Λ	day	/C
$\mathbf{\mathcal{I}}$	υ	ua	15

- O 1 day
- 2 days
- O 3 days
- O 4 days
- O 5 days
- O 6 days
- O 7 days

43) People sometimes feel sleepy during the daytime. In the past 7 days, how much of a problem have you had with sleepiness (feeling sleepy, struggling to stay awake) during your daytime activities?

- O No problem at all
- O A little problem
- O More than a little problem
- A big problem
- O A very big problem

44) In the past 7 days, how often have you: (Please mark the appropriate column for each row)

	0	1	2	3	4	5	6	7
	days	day	days	days	days	days	days	days
Awakened too early in the morning and couldn't get back to sleep?	•	0	•	0	•	0	•	0
Felt tired, dragged out, or sleepy during the day?	0	0	O	0	0	0	0	0
Gone to bed because you just could not stay awake any longer?	0	0	•	0	0	0	0	•
Had an extremely hard time falling asleep?	0	0	O	0	0	0	0	O

Impediments to Academic Performance

45A) Within the last 12 months, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	1					1
	This did not		Received a	Received	Received an	
	happen to	experienced	lower grade		incomplete	disruption in
	me/not	this issue but	on an exam		or dropped	thesis,
	applicable	my academics	•	the course	the course	dissertation,
		have not been	project			research, or
		affected				practicum work
Alcohol use	•	O	•	O	0	O
Allergies	•	0	•	O	•	O
Anxiety	O	O	•	O	0	O
Assault	0	0	0	\sim	0	
(physical)	O	•	0	•	0	•
Assault (sexual)	O	O	O	O	0	0
Attention						
Deficit and						
Hyperactivity	O	•	0	O	0	0
Disorder						
(ADHD)					1011	
Cold/Flu/Sore	O	0		0		O
throat						,
Concern for a						
troubled friend	O		0.4	0	•	O
or family				•	•	
member						
		4.10				
		AU				
	10					
	10	7				
	(0)	duc				
08	T					
	-					

45B) Within the last 12 months, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	This did not happen to me/not applicable	I have experienced this issue but my academics have not been affected	or	a lower	Received an incomplete or dropped the course	Significant disruption in thesis, dissertation, research, or practicum work
Chronic health problem or serious illness (e.g., diabetes, asthma, cancer)	O	•	O	•	O	0
Chronic pain	O	O	O	O	O	O
Death of a friend or family member	0	•	O	0	0	0
Depression	O	0	0	O	0	9
Discrimination (e.g., homophobia, racism, sexism)	0	0	0	0	0	o
Drug use	O	0	0	0	O	O
Eating disorder/problem	•	0	0	O	0	•
Finances	O	0	0	0	O	O
Eating disorder/problem Finances	100	UCU	O,			

45C) Within the last 12 months, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	This did not happen to me/not applicable	I have experienced this issue but my academics have not been affected	Received a lower grade on an exam or important project	a lower	Received an incomplete or dropped the course	Significant disruption in thesis, dissertation, research, or practicum work
Gambling	O	O	O	O	O	O O
Homesickness	0	0	0	0	0	0
Injury (fracture, sprain, strain, cut)	0	0	0	0	•	0
Internet use/computer games	0	•	•	0	0	0
Learning disability	O	0	0	0	0	0
Participation in extracurricular activities (e.g., campus clubs, organizations, athletics)	0	•	of P	C	0	ite
Pregnancy (yours or your partner's)	O	o O	0	0	0	O
Relationship difficulties	0	0	o	O	•	O
difficulties		duct				

45D) Within the last 12 months, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	This did not happen to me/not applicable	experienced this issue but my	Received a lower grade on an exam or important	Received a lower grade in the course	Received an incomplete or dropped the course	Significant disruption in thesis, dissertation, research, or practicum
		been affected	project			work
Roommate difficulties	O	O	O	O	0	•
Sexually transmitted disease/infection (STD/I)	O	0	O	O	O	•
Sinus infection/Ear infection/Bronchitis/Strep throat	0	•	0	0	0	0
Sleep difficulties	O	O	O	0	0	0
Stress	O	0	O	0	0	
Work	O	0	O	0	0	0
Other (please specify in "Additional Comments" box below)	0	0	0	0	0	0

box below)						
Demogra	aphic Cha	racteris	tics	7	Mo.	
46) How ol	d are you?	41/	ctic),,		
	40	20,	,			_Years
	-101					
47) What is	your gende	er?				
0	Female					
0	Male					
O	Transgender					
48) What is	s your sexua	l orientati	ion?			
0	Heterosexua	I				
O	Gay/Lesbian					
O	Bisexual					
\circ	Hngure					

The next two questions ask about your height. For example if your height is 5 foot, 7 inches, please indicate "5" in question 49A and "7" in question 49B.

PA) Wha	at is your height in feet?	
	F	eet
3) and	I inches?	
	I	inches
What	t is your weight in pounds?	
	F	Pounds
Vhat	t is your year in school?	
	O 1st year undergraduate	
	O 2nd year undergraduate	40
	O 3rd year undergraduate	
	O 4th year undergraduate	
	O 5th year or more undergraduate	
	O Graduate or professional	
	O Not seeking a degree	
	O Other	
Vhat	t is your enrollment status?	
	O Full-time	
	O Part-time	
	O Other	
lave	e you transferred to this college or university within the last 12 mo	nths?
R	O No O Yes	
How	do you usually describe yourself? (Mark all that apply)	
	□ White	
	□ Black	
	☐ Hispanic or Latino/a	
	☐ Asian or Pacific Islander	
	☐ American Indian, Alaskan Native, or Native Hawaiian	
	☐ Biracial or Multiracial	
	□ Other	
re y	you an international student?	
	O No	
	O Yes	

56) What	t is your relationship status?	
	O Not in a relationship	
	O In a relationship but not living together	
	O In a relationship and living together	
57) What	t is your marital status?	
	○ Single	
	O Married/Partnered	
	O Separated	
	O Divorced	
	O Other	
58) Whe	re do you currently live?	
	O Campus residence hall	
	O Fraternity or sorority house	
	O Other college/university housing	
	O Parent/guardian's home	
	O Other off-campus housing	
	O Other	
59) Are you a member of a social fraternity or sorority? (e.g., National Interfraternity Conference, National Pan-Hellenic Council, National Association of Latino Fraternal Organizations)		
	O No O Yes	
60) How many hours a week do you work for pay?		
	O 0 hours	
	O 1-9 hours	
	O 10-19 hours	
	O 20-29 hours	
	O 30-39 hours	
	O 40 hours	
	O More than 40 hours	
61) How	many hours a week do you volunteer?	
	O 0 hours	
	O 1-9 hours	
	O 10-19 hours	
	O 20-29 hours	
	O 30-39 hours	
	O 40 hours	
	O More than 40 hours	

62) What is your primary source of health insurance?			
 My college/university sponsored plan My parents' plan Another plan I don't have health insurance I am not sure if I have health insurance 			
63) What is your approximate cumulative grade average?			
O A O B O C O D/F O N/A			
64) Within the last 12 months, have your participated in organized college athletics at any of the following levels? (Please mark the appropriate column for each row)			
NoYes Varsity O O Club sports O O Intramurals O O	cohibited		
65) Do you have any of the following? (Please mark the row)			
Attention Deficit and Hyperactivity Disorder (ADHD)	NoYes O O		
	00		
Deafness/Hearing loss	00		
Learning disability	00		
Mobility/Dexterity disability	00		
Partial sightedness/Blindness	00		
Psychiatric condition	00		
Speech or language disorder	00		
Other disability	00		
66) Are you currently or have you been a member of the United States Armed Services (Active Duty, Reserve, or National Guard)?			

Thank you for taking the time and thought to complete this survey. We appreciate your participation!

Yes and I have deployed to an area of hazardous duty
Yes and I have not deployed to an area of hazardous duty

ON C