

MIT Masters Swimming Workout Schedule, October 2009

Date	6:15a-7:30a	12p-1:15p	7p-8:30p
Sun.October 4th	5 lanes for the 10:30 AM to 11:45 am workout		
Monday October 5	6	4	4
Tuesday October 6	5	none	4
Wednesday October 7	6	4	4
Thursday October 8th	5	none	4
Friday October 9	6	4	4
Saturday October 10th	none	none	none
Sun.October 11th	5 lanes for the 10:30 AM to 11:45 am workout		
Monday October 12	no workouts due to holiday		
Tuesday October 13	5	4	4
Wednesday October 14	6	4	4
Thursday October 15th	5	4	4
Friday October 16	6	none	none
Saturday October 17th	none	none	none
Sun.October 18th	5 lanes for the 10:30 AM to 11:45 am workout		

Date	6:15a-7:30a	12p-1:15p	7p-8:30p
Sun.October 18th	5 lanes for the 10:30 AM to 11:45 am workout		
Monday October 19	6	4	4
Tuesday October 20	5	none	4
Wednesday October 21	6	4	4
Thursday October 22	5	none	4
Friday October 23	6	4	4
Saturday October 24	none	none	none
Sun.October 25th	5 lanes for the 10:30 AM to 11:45 am workout		
Monday October 26	6	4	4
Tuesday October 27	5	none	4
Wednesday October 28	6	4	4
Thursday October 29th	5	none	4
Friday October 30	6	4	4
Saturday October 31st	none	none	none
Sun. November 1st	5 lanes for the 10:30 AM to 11:45 am workout		

Comments:

1. No workout on Monday October 12th due to MIT holiday
2. Since there is no workout on Friday October 16th due the Head of the Zeisger, there are additional noon workouts on Tuesday October 13th and Thursday October 15th
3. There is no workout on Friday October 16th due to varsity polo practise.