

Jewelry exceptions The club uniform does not permit wearing jewelry, but we make some exceptions for members who feel strongly that they do not want to remove certain items such as wedding bands and symbols of religious devotion (see the Etiquette sheet for a detailed description of the uniform). If you feel strongly about wearing an item of jewelry during training, please list it here and show it to the Head or Assistant Instructor when you turn in this form (or for continuing members, when you next see one of them). We can make exceptions only for items that do not protrude and thus endanger other students.

New Member Checklist (for use by Head/Assistant Instructor)

- form is completely filled out
- Rules and Terminology quiz
- check for “newcomer package” collected \$_____ check signed made out correctly “newcomer package” in memo
- medical conditions reviewed
- jewelry exceptions approved
- equipment distributed (*NOTE: try-on sizes are in the old blue duffel*):
 - Etiquette sheet
 - uniform (size: _____) remind student: **remove labels**—there’s a seamripper in the equipment locker
 - patch remind student: **place on left side**
 - mouthguard
 - mouthguard case
 - shinstep pads
 - forearm pads
 - punches
 - gear bag
 - groin protector (males)

Instructor’s initials: _____

(1) Put the check (or a note if waiver granted) in the “To the Treasurer” envelope in the club bag.

(2) Put this form in the “Completed Member Forms” slot in the club bag.