

Resources for transsexual, transgender, and gender questioning people and allies at MIT

## TRANS@MIT ALLIES TOOLKIT

# Recommended Reading List

The following list is not an exhaustive collection of titles on trans topics, but it includes some interesting books to get your started. For a very basic primer of transgender terms and issues, check out the other materials in the Allies Toolkit, including the “What is Transgender” brochure and “Action Tips for Allies of Trans People.”

Boenke, Mary, ed. *TransForming Families: Real Stories of Transgendered Loved Ones*. Walter Trook Publishing, 1999.

Bornstein, Kate. *Gender Outlaw: On Men, Women and the Rest of Us*. Routledge, 1994.

Boyd, Helen. *My Husband Betty: Love, Sex, and Life with a Crossdresser*. Thunder's Mouth Press, 2004.

Boylan, Jennifer Finney. *She's Not There: A Life in Two Genders*. Doubleday/Broadway, 2003.

Brown, Mildred and Rounsley, Chloe Ann. *True Selves: Understanding Transsexualism for Family, Friends, Coworkers and Helping Professionals*. Jossey-Bass, 1996.

Cameron, Loren. *Body Alchemy: Transsexual Portraits*. Cleis Press, 1996.

Fausto-Sterling, Anne. *Sexing the Body: Gender Politics and the Construction of Sexuality*. Basic Books, 2000.

Feinberg, Leslie. *Stone Butch Blues*. Alyson, 2003.

Feinberg, Leslie. *Transgender Warriors: Making History from Joan of Arc to Dennis Rodman*. Beacon Press, 1997.

Green, Jamison. *Becoming a Visible Man*. Vanderbilt University Press, 2004.

Kailey, Matt. *Just Add Hormones: An Insider's Guide to the Transsexual Experience*. Beacon Press, 2005.

Lev, Arelene Istar. *Transgender Emergence: Therapeutic Guidelines for Working With Gender-Variant People and Their Families*. Haworth Press, 2004.

(This book is recommended specifically for mental health practitioners and clinicians.)

Meyerowitz, Joanne. *How Sex Changed: A History of Transsexuality in the United States*. Harvard University Press, 2002.

Nestle, Joan, Wilchins, Riki, and Howell, Clare, eds. *GenderQueer: Voices From Beyond the Sexual Binary*. Alyson, 2002.

Roughgarden, Joan. *Evolution's Rainbow: Diversity, Gender, and Sexuality in Nature and People*. University of California Press, 2004.

Rudacille, Deborah. *The Riddle of Gender*. Pantheon, 2005.

Scholinski, Daphne. *The Last Time I Wore a Dress*. Riverhead Books, 1998.

### WHERE TO LEARN MORE AT MIT

Go the Trans@MIT web site (<http://web.mit.edu/trans>), download the resources in our Allies Toolkit, and/or sign up for one of our trans awareness workshops:

**Helping your Living Group or Student Group to be More Trans Friendly**

**Supporting Transgender People at MIT:  
A Workshop for Staff, Administrators, and Faculty**

**Learning about Transition:**

**When a student or colleague makes a change in their gender designation or presentation**