



MASSACHUSETTS INSTITUTE OF TECHNOLOGY  
triathlon club



## **Who are we?**

The Massachusetts Institute of Technology Triathlon club is a dedicated group of students with an interest in multisport activities. We participate in triathlons in order to stay healthy and lead balanced lives, while maintaining the high level of academic excellence for which MIT is famous. The club formed in 2001, and, since shortly thereafter, has been officially recognized by MIT. After a successful 2005 season, we are keen to grow and are encouraging more people from the MIT community to join us.

MIT triathlon club members are a diverse group of people. Experience levels range from beginners who are considering doing their first triathlon, to seasoned athletes who have completed half-, full-, or even multiple-Ironman distances. Membership is open to undergraduates, graduate students, faculty, staff, and alumni of the Institute. As a team we motivate each other in training, celebrate fellow athletes' achievements, and act as a resource to those new to the sport. With additional help, we can improve the club to allow it to flourish into a friendly outlet for students, while also providing support for those hoping to make a serious impact in the sport.

Currently, the club comprises about 20-25 members who are looking to race in the 2006 season. Some members hope to complete their first triathlon. Others want to improve on their debut times from last year. Yet others are set on having the best triathlon season of their careers to date.

## **What have we accomplished?**

2005 witnessed the return of the triathlon club from near-dormancy to training and racing as a team. We chose five events throughout the summer and early fall, and we trained for and traveled to these events together.

The following tables are a list of participation and results for the 2005 season. This list does not include club member's personal ventures, which range from local road races to the Boston Marathon, to even the Quintuple Ironman World Championship.

**Mooseman Half Ironman**  
**1.2 mi Swim, 56 mi Bike, 13.1 mi Run**

Name	Overall	Age Group	Time
Krzysztof Fidkowski	21/372	2/11	4:48:20
Peter Mayer	128/372	14/33	5:22:51
Christina Fidkowski	190/372	8/26	5:41:18
Jennifer Dobson	218/372	10/26	5:52:02

**Mooseman Quarter Ironman**  
**0.6 mi Swim, 28 mi Bike, 6.2 mi Run**

Name	Overall	Age Group	Time
Anthony Schrauth	84/441	8/18	2:26:57
Geoffrey Huntington	93/441	15/43	2:28:07
Katharine Ruhl	169/441	5/30	2:38:26

**Holliston Lions Triathlon**  
**0.5 mi Swim, 14 mi Bike, 5 mi Run**

Name	Overall	Age Group	Time
Krzysztof Fidkowski	6/226	2/12	1:21:32
Peter Mayer	24/226	4/14	1:29:46
Anthony Schrauth	41/226	6/12	1:33:10
Jennifer Dobson	6/11	2/2	1:40:18
Kathleen Dobson			(Relay)

**Witch City Triathlon**  
**0.5 mi Swim, 13 mi Bike, 3.5 mi Run**

Name	Overall	Age Group	Time
Krzysztof Fidkowski	2/195	1/6	1:03:55
Hrishikesh Deo	100/195	12/14	1:32:14
Jessica Edmonds	149/195	8/14	1:44:15

**Boston Triathlon**  
**0.5 mi Swim, 12.4 mi Bike, 3.1 mi Run**

Name	Overall	Age Group	Time
Krzysztof Fidkowski	8/695	4/43	1:00:51
Peter Mayer	65/695	16/73	1:06:43
Christina Fidkowski	143/695	4/55	1:11:41
Jennifer Dobson	266/695	12/55	1:17:04
Hrishikesh Deo	355/695	46/73	1:20:56
Jessica Edmonds	492/695	30/55	1:28:31

**Firmman Half Ironman**  
**1.2 mi Swim, 56 mi Bike, 13.1 mi Run**

<b>Name</b>	<b>Overall</b>	<b>Age Group</b>	<b>Time</b>
Krzysztof Fidkowski	13/508	1/17	4:35:13
Peter Mayer	60/508	8/32	4:51:31
Jennifer Dobson	296/508	10/18	5:38:28
Sebastian Neumayer Anthony Schrauth Adam Sharp	7/62	6/19	4:32:02 (Relay)

**Plan for 2006**

The upcoming season promises to be exciting for new and veteran members alike. We will again provide support for a local circuit of sprint distance triathlons. One of the early sprint races, the *Hyannis Sprint I*, will be the first goal for our new triathletes. Several more races throughout the summer will allow newcomers to gain more experience and veterans to tune their skills. Then, as a target goal, we hope to race the 2006 New England Collegiate Triathlon Championship. Last season, this race occurred in late September, at the Hammerfest Triathlon in Branford, CT.

**Preliminary Race Schedule**

<b>Date</b>	<b>Race</b>	<b>Distance</b>	<b>Size</b>
06/03	Mooseman	½ and ¼	600 each
06/10	Hyannis Sprint I	Sprint	700
07/09	Holliston Lions	Sprint	250
08/20	Massachusetts Tri	Sprint	600
09/24	Hammerfest	Sprint	350

In addition to these races we plan to hold several triathlon clinics to focus on each sport individually. Last season, we held swimming clinics to work on stroke technique, drafting, etc., and a running clinic to discuss injury prevention and appropriate workouts. Finally, we again plan to host a practice triathlon at MIT in late Spring. In this non-competitive event, new members have the chance to practice all aspects of a real race without the pressure. The practice is also great for veterans rusty from the off-season.

## Sponsorship

In order to make these events possible, the club relies on funding from membership dues and from the support of the MIT Club Sports Council. However, this funding only partially covers the costs, and the rest is paid out-of-pocket by the members. These expenditures leave many members hesitant or unable to make equipment or attire purchases, such as wetsuits, quality bikes and tools, accessories, etc.

As triathlon is an expensive sport, any support in the form of *club discounts or otherwise arranged deals* would be greatly appreciated. In return, as a sponsor, you will receive the following benefits:

- Advertising of logo and link on our official website: <http://web.mit.edu/triathlon/www/>.
- Depending on the amount of support (arranged on a case by case basis), having your logo displayed on our MIT Triathlon team jerseys.
- Opportunity of having your name associated with a team of high-caliber athletes at a high-profile school.
- Making a difference for and impacting the lives of a talented group of students.

We would like to thank you for your consideration of sponsorship. We look forward to hearing from you and we hope that you are pleased with the experience you have with us. Thank you.

For more information, please visit our website:

<http://web.mit.edu/triathlon/www/>

or contact:

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