Ask The Chef 2016

Monday, April 4 • 12:00 pm
Emma Rogers Room (10-340)

We invite you to bring your questions about menu planning, food preparation, cooking skills, equipment, etc. Tim is happy to answer them. This year Tim is adding a new element to his talk — a demonstration — “How to Roast Vegetables.” It features:

1) where to purchase them locally
2) how to cut them for roasting purposes
3) which kinds of oils, vinegars, and seasonings to use with them
4) how long to cook them and what temperatures

And the ultimate test — a taste of the final product!

Tim arrived at MIT in 2001 and has been dazzling diners ever since with the culinary treats prepared in his “lab.” His days in the Emma Rogers Room kitchen are spent like others doing research at MIT: experimenting (with recipes), demonstrating techniques while teaching and training (kitchen and wait staff), planning and executing (menus), and making presentations (plating and serving meals), etc.

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For the past two years Tim Healey, the chef for MIT’s Emma Rogers and Maclaurin Rooms has shared his knowledge of food and food preparation with an enthusiastic audience of food lovers at our “Ask the Chef” programs. We are delighted to announce that Chef Tim will return for a third lunchtime talk with us on Monday, April 4.

MIT Women’s Chorale
Spring Concert

Conducted by Kevin Galiè
Saturday, April 30 • 5:00 pm
Harvard-Epworth United Methodist Church

The MIT Women’s Chorale will present scenes from Jules Massenet’s opera, Cendrillon (Cinderella), and additional music of Massenet and other French composers — Gabriel Fauré and Lili Boulanger. Contrasted to these works will be a bit of Broadway’s take on Cinderella, plus a piece by the West-coast trio, the T Sisters, whose music embodies Americana in both modern and traditional aspects, and a song by British singer/songwriter Imogene Heap.

The Harvard-Epworth United Methodist Church is located at 1555 Massachusetts Avenue, Harvard Square, Cambridge. Admission is free and a reception will follow. See our website for directions, including directions for discounted Harvard parking, web.mit.edu/womensleague/womenschorale/.

As part of the MIT Open House “Celebrating 100 Years in Cambridge,” the Chorale will sing a preview of their concert on April 23 from 1:00–2:00 pm in the beautiful acoustics of the MIT Chapel. The Chapel (W15) can be found on the MIT Map at: whereis.mit.edu/?go=W15.

Rehearsals will begin for our Holiday concert in September 2016 and singers from throughout the MIT community are welcome to join us.
Arnold Arboretum Visit

Friday, April 29 • 10:00 am to 11:30 am
125 Arborway, Jamaica Plain

Our April outing takes us on a tour of the Arnold Arboretum of Harvard University, a research and educational institution. Occupying 281 acres of land in Jamaica Plain, its living collection consisted of approximately 14,760 accessioned plants as of last June.

Established in 1871 when the will of whaling merchant James Arnold set aside a portion of his estate to Harvard College, the deed of trust stated that the income of the legacy be used “for the establishment and support of an arboretum, to be known as the Arnold Arboretum, which shall contain, as far as practicable, all the trees [and] shrubs . . . either indigenous or exotic, which can be raised in the open air.”

Charles Sprague Sargent, the Arboretum’s first director, worked tirelessly and successfully on its behalf for 54 years, forging a creative thousand-year lease agreement with the City of Boston, whereby the Arboretum became part of the city park system. More specifically, it became part of the famous “Emerald Necklace,” the 7-mile-long network of parks and parkways laid out by Frederick Law Olmstead for the Boston Parks Department. The close collaboration between these two men left its mark on the Arboretum’s design, as Olmsted laid out the paths and roadways and assigned designated areas for specific plant groupings and Sprague arranged the plant collections in those areas using the Bentham and Hooker classification system.

Our guide Bart Kelso is an arborist and a great storyteller. Well-acquainted with the grounds, our tour with Bart promises to be a fascinating, a colorful, and a blossoming one. Fingers crossed that the Lilacs will be in bloom in anticipation of the daylong “Lilac Sunday” celebration on May 8!

The tour begins at 10:00 am. Please meet us at the bottom of the steps in front of the Hunnewell Visitor Center. To reserve your place on the tour please contact the League office at 617.253.3656 or wleague@mit.edu by April 22. Directions by subway, bus, and car can be found on the Arboretum’s website at arboretum.harvard.edu/visit/directions/. If you’d like to travel with a group from MIT that morning, please make that known when you place your reservation.
Christine Reif and the MIT Women’s League invite you to celebrate the season at a Springtime Tea at Gray House, the residence of MIT presidents since 1917.

President Richard Maclaurin, his wife Alice, and their sons were the first residents of the lovely Italianate house. Told to “plan a house as exactly to their taste as though they were to own it themselves,” they took the responsibility seriously, creating a residence where the “President’s family lives in it all, without any sense of echoing spaces; the guests, whether hundreds at a time or only a handful, are conscious of being in a home.” Exactly what the Maclaurins desired.

Designed by William Wells Bosworth ’89, architect of the 1916 campus, the house was built as a gift for the MIT President by Charles A. Stone ’88 and Edwin S. Webster ’88. Landscape architect Mabel Keyes Babcock ’08 designed the walled garden at the back of the house.

This beautiful spot on the MIT campus, both indoor and out, is the perfect setting for a spring gathering of League friends. Join us and experience the sensibility the Maclaurins created there that has passed down through time.

Last year the weather obliged and guests gathered in the house, on the terrace, and in the garden. This year we hope the weather will again cooperate and May flowers will be in bloom so we can explore the garden.

Don’t hesitate to embrace the spirit of the occasion and wear your favorite hat — pillbox, turban, fedora, cocktail, or fascinator!

Kindly reply to the League office if you plan to attend by April 25: 617.253.3656 or wleague@mit.edu.
Swan Lake, which premiered in Russia in 1877, is one of the best loved of all the classical story ballets ever created. When our own Boston Ballet’s Artistic Director, Mikko Nissinen introduced us to his fresh take on this quintessential ballet debuted in 2014, it was hailed as “luminous” by The Wall Street Journal. Back by popular demand this spring, Swan Lake features Tchaikovsky’s glorious music conducted by the incomparable Jonathan McPhee, utterly stunning sets and costumes by Robert Perdziola and dancing that will thrill and inspire you.

Take a behind-the-scenes peek at the making of this ballet: bostonballet.org/makingof-swanlake/.

We have purchased 15 tickets @ $72 pp. (This represents a 10% discount per ticket in Section B of the Orchestra.)

**Seating:** Located in a block of 15 seats on the main floor, in rows H (4 seats), I (6 seats), and J (5 seats). As you face the stage they are just to the left of center orchestra. They are excellent and will be offered to you on a first come, first served basis. Sis will have the tickets in the League office as well as the seating plan for the Opera House so you will know exactly where your seat is located. All of our seats are the same price.

**Payment in Full,** at the time of pickup, is expected for your ticket(s), either in cash or by check, payable to Kate Baty. Pick up your ticket(s) directly from Sis in her office (Rm 10-342) before 5:00 pm on **Friday, May 6.** If tickets remain after the 6th, the price and procedure will remain the same.

**Traveling as a group from MIT to the Opera House:** Meet us on the inbound platform of the **Kendall T station** at 11:45 am on Saturday, May 14 so we can travel together.

**Traveling independently:** Meet us directly in the Lobby at the Opera House, opposite the Box Office, by 12:30 pm.

We do hope you can join us for this very special afternoon of ballet together. Whether you are new to ballet or are a longtime follower of the dance, we are sure you will enjoy this outing with us.
Message from the Chair

Dear MIT Women’s League Supporters and Friends,

Without a doubt Spring has sprung! My crocuses are blooming — what a welcome sight. Reflections of our past winter are thank you to “Mother Nature” for her kind winter in the New England region. We embrace our new season, birds chirping, gardens waking up, and vacations on the horizon!

A Note of Gratitude
On behalf of the Women’s League I wish to express my sincere gratitude for your generosity in response to our annual appeal. In the event you have not contributed, there is still time to do so.

WL Programs and Interest Groups
My heartfelt thanks go out to all who contributed to the Women’s League with time commitments, energy, and financial support. These commitments play a vital role in the Women’s League’s ongoing mission to strive to connect to MIT Women and to MIT as a whole!

A Personal Thank You
I am successfully recuperating from a knee replacement. Words cannot capture my gratitude to League Members for their outreach to me with their meaningful cards, emails, phone calls, and visits. Their kindness is second to none, and reverberates to me how fortunate MIT is to have such a vital organization as the Women’s League, 100 years plus!

Happy Spring,
Ellen Stordy, Chair

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Annual Meeting

Thursday, May 19 • 12:00 pm
Emma Rogers Room, 10-340

The Women's League holds its annual meeting in May, at which time a summary of the activities and business over the past academic year is given, returning Board Officers are introduced, and new officers for the election slate are presented. It’s also an occasion to hear from a guest speaker. We will advise you by email as soon as we receive final confirmation from our speaker.

To reserve your place at the annual meeting and lunch, contact the League office at 617.253.3656 or wleague@mit. edu. The cost of the luncheon is $15.00. Seating is limited.

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Slate of Officers

Vote at Annual Meeting May 19

The Nominating Committee is pleased to announce the following candidates for elective officers for the Women’s League Board for 2016–2018:

For two (2) years:
- Deborah Liverman, Vice Chair for Service Projects
- Diana Strange, Treasurer
- Cheryl Vossmer, Nominating Chair

Continuing their unexpired terms for one (1) more year are Ellen Stordy, Chair; Kim Watson, Vice Chair for Programs; and Srirupa Mitra, Vice Chair for Social Activities.

Additional nominations for the above positions may be made by endorsement in writing by twenty-five (25) active members and filed with the Women’s League office ten (10) days before the Annual Meeting on May 19.

New names may be added to the appointed Board and a complete list of all Board members will appear in the 2016 Annual Report presented at the Annual Meeting. For further information, please contact Women’s League Staff Associate Sis de Bordenave in the League office at 617.253.3656 or wleague@mit.edu.

Suzanne Collins, Nominating Chair

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Connections

April 14 • May 12

Our informal open house, Connections, meets on the second Thursday of each month during the academic year in the Emma Rogers Room (10-340) from 4 to 6 pm. We invite you to join us for refreshments and conversation. So much can be learned, discussed, and laughed about when thoughts and information are exchanged while sharing a cup of coffee or tea.

Feel free to bring a newcomer or colleague with you. Come when you can and stay for as long as you wish!
A collaborative project of MIT’s Medical Department, Age Lab and Women’s League, the 2016 Catherine N. Stratton Aging Successfully Lecture brings together a panel of three experienced clinicians from the fields of medicine and social work currently supporting patients and their families facing end-of-life issues, planning and care.

This program will explore the kinds of assistance that would help us deal with aging and declining health in a caring and supportive way: having the “Conversation” with our families, proxies and clinicians; creating advance directives about palliative care; and the consequences of leaving these decisions to others.

Panelists
John R. Anderson, MD, Moderator, is Chief of Geriatric Medicine and Director of the Quimby Center for Geriatric Care at Mt. Auburn Hospital, as well as Assistant Professor of Medicine at Harvard Medical School. He will offer a brief cultural narrative on the rise of patient autonomy in the 20th century and the concept of advance directives for medical care.

Sarah E. Slater, MD, is a practicing hematologist/oncologist and palliative medicine physician at Mt. Auburn Hospital where she directs its Palliative Care Ambulatory Clinic. Using a case history approach, she will illustrate the power of advance directives for patient care.

Meredith Hobson, LICSW, practices clinical social work at Mt. Auburn Hospital’s Division of Oncology where she provides psychosocial support to patients and families in both its inpatient and outpatient settings. She will underscore the significant impact that advance directives can have on both patients near the end of life and their surviving loved ones.

After the presentations and a short discussion among the panelists, Dr. Anderson will serve as moderator for a question and answer period with the audience.

Printed information on resources will be provided at the lecture.

Writing Your Own Last Chapter: Matching Medical Care with Goals of Care continues the Catherine N. Stratton Lectures on Aging Successfully to honor Kay Stratton whose energy, grace and intelligence enriched the MIT community for more than seventy-five years. These lectures are designed to encourage attendees to become well-informed health advocates for themselves and their families.

Contact
Sis de Bordenave
617.253.3656
wleague@mit.edu
web.mit.edu/womensleague
CityDays: MIT2016

Working for the betterment of human-kind is at the core of MIT’s mission, and the MIT 2016 celebrations will highlight research and innovations that improve lives around the world. We also believe that being good neighbors in our local communities is a vital part of that mission. So, on **April 19th**, the Priscilla King Gray Public Service Center is hosting a special CityDays volunteer event as part of the Century in Cambridge celebrations, connecting up to 500 members of the MIT community with volunteer opportunities in our local neighborhoods.

Taking part in **CityDays: MIT2016** is a great way for living groups, athletic teams, colleagues, and friends to strengthen bonds by serving together. We also welcome individual volunteers who want to help a local service agency while getting to know new members of the MIT community.

### Opportunities for Women’s League members to get involved

1) **Help the PKG Center to coordinate the event.**

We’re connecting hundreds of MIT members with about 50 community agencies, so there’s plenty to do! Our greatest need is for staff to help on April 19th with:

- Logistical support — welcoming volunteers and helping them collect their T-passes and placement information, find their buses, find their teammates, and more
- On-site support — accompanying a group of volunteers to a service placement, taking attendance, and guiding some reflection about the service. Morning and afternoon shifts are available. Coordinators will attend a brief training session in April.

If you want to help make this a great event for MIT and our neighborhood service agencies email Sarah Bouchard at sarahbou@mit.edu.

2) **Volunteer with a community agency**

You can volunteer individually or organize a group to volunteer together. Volunteer shifts are typically 2-3 hours, and we’ll have morning and afternoon shifts.

To volunteer with a local community organization ([registration deadline April 5](#)) go to [mit2016.mit.edu/together-service/citydays](http://mit2016.mit.edu/together-service/citydays). The registration link above takes you to an Eventbrite event info page. Click the green “register” button, then click the green “checkout” button on the next page. This will take you to the registration form.

**CityDays: MIT2016** is part of the Together in Service initiative. Check out additional ways to get involved in service during the Century in Cambridge celebrations at: [mit2016.mit.edu/together-service](http://mit2016.mit.edu/together-service).

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### General Information

The MIT Women’s League newsletter is published four times during the academic year. The deadline for the September–October 2015 issue is August 1. All items should be sent to the Women’s League office.

Please call the League office for a hard copy of the newsletter and for answers to questions you may have. The office can also arrange for your membership.

**Staff Associate**
Sis de Bordenave

**League Chair**
Ellen Stordy

**Honorary Chair**
Christine Reif

**Design**
Tim Blackburn Design

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**Email update**

If your email address has changed, please advise the League office at wleague@mit.edu.