

	Dist	Turn		Road	Exit	Time	Total Dist
		Start	at	Monument Sq		00:00:00	0.00 mi
		Go straight (NNW)	on	Monument Sq		00:00:00	0.00 mi
	in 0.03 mi	Bear left (NW)	on to	Lowell Rd		00:00:05	0.03 mi
	in 1.22 mi	Turn left (W)	on to	Barretts Mill Rd		00:02:41	1.25 mi
	in 0.72 mi	Turn right (NW)	on to	Strawberry Hill Rd		00:04:24	1.97 mi
	in 1.97 mi	Turn right (NE)	on to	Pope Rd		00:09:06	3.94 mi
	in 1.30 mi	Bear left (NNW)	on to	West St		00:12:11	5.23 mi
	in 0.12 mi	Bear right (ENE)	on to	South St		00:12:27	5.35 mi
	in 1.34 mi	Turn left (NNE)	on to	Concord St		00:15:39	6.69 mi
	in 0.11 mi	Turn right (E)	on to	Russell St		00:15:50	6.80 mi
	in 0.06 mi	Turn right (ESE)	on	Russell St		00:15:58	6.86 mi
	in 0.69 mi	Bear left (NNE)	on to	School St		00:17:37	7.55 mi
	in 0.70 mi	Turn right (SSE)	on to	Baldwin Rd		00:19:17	8.25 mi
	in 0.48 mi	Turn left (E)	on to	Stearns St		00:20:26	8.74 mi
	in 0.27 mi	Turn left (NNE)	on	Stearns St		00:21:05	9.01 mi
	in 0.58 mi	Turn right (ESE)	on to	SR 225 (Bedford Rd)		00:22:27	9.59 mi
	in 0.24 mi	Turn left (NE)	on to	Brook St		00:22:51	9.83 mi
	in 1.16 mi	Bear left (N)	on to	Maple St		00:26:13	10.99 mi
	in 0.08 mi	Turn right (NE)	on	Maple St		00:26:26	11.07 mi
	in 0.33 mi	Bear right (NNE)	on to	Treble Cove Rd		00:27:19	11.40 mi
	in 0.66 mi	Turn right (SSE)	on to	SR 4 (Nashua Rd)		00:29:07	12.06 mi
	in 1.45 mi	Turn left (ENE)	on to	Dudley Rd		00:33:03	13.51 mi
	in 0.50 mi	Turn right (S)	on to	Concord Rd		00:35:03	14.01 mi
	in 0.26 mi	Turn left (S)	on to	Springs Rd		00:36:05	14.27 mi
	in 3.10 mi	Go straight (S)	on to	South Rd		00:48:24	17.37 mi
	in 0.42 mi	Turn left (E)	on to	Railroad Ave		00:50:03	17.79 mi
	in 0.00 mi	Turn right (S)	on to	South Rd		00:50:04	17.79 mi
	in 0.03 mi	Finish	at	Minuteman Commuter Bikeway		00:50:11	17.82 mi

Total Time: 00:50:11 Total Distance: 17.82 mi