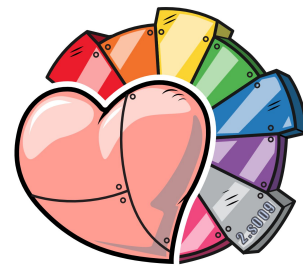




Kinsa WellTogether™



TRAINING MATERIAL





Initial Set-Up



Download the Kinsa App

You can download the Kinsa app on:

- the [App Store for iOS](#)
- or [Google Play for Android](#) phones



Kinsa 12+

Health & Symptoms Guide
[Transform Health Inc.](#)

#45 in Medical

★★★★★ 4.8, 10K Ratings

Free



Kinsa for Wireless Smart Thermometers

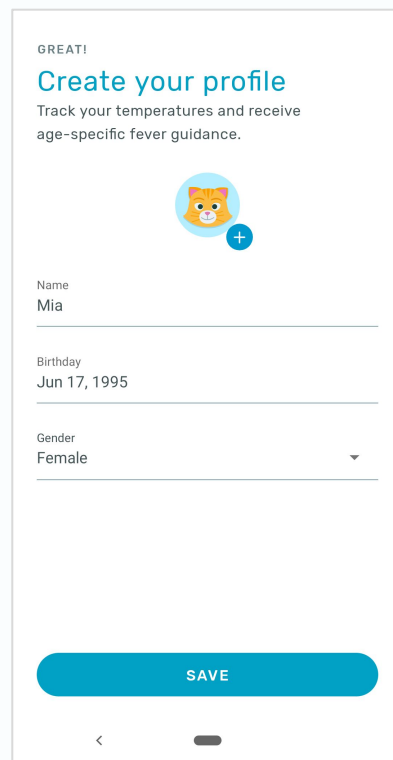
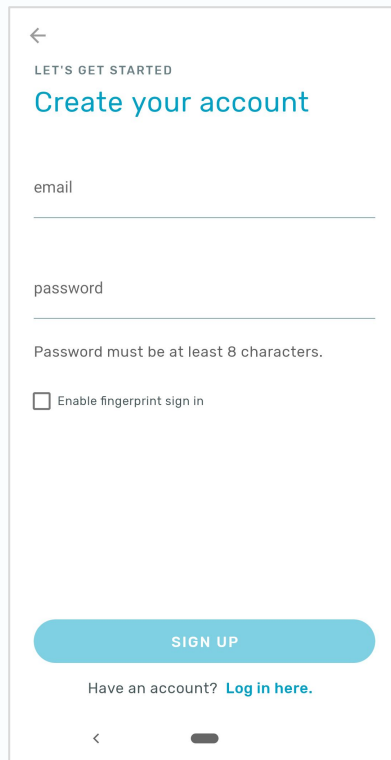
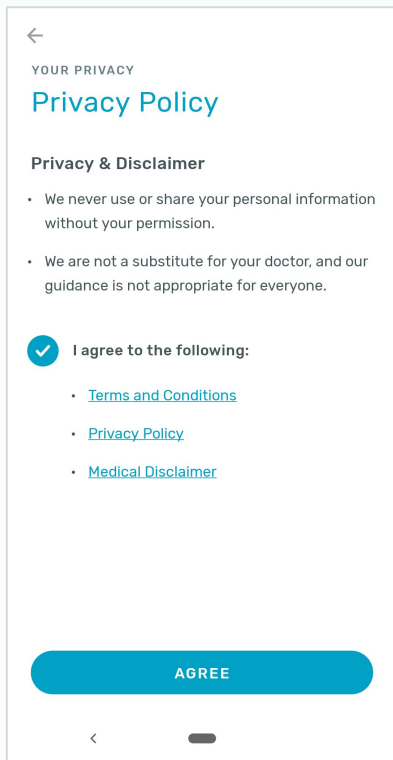
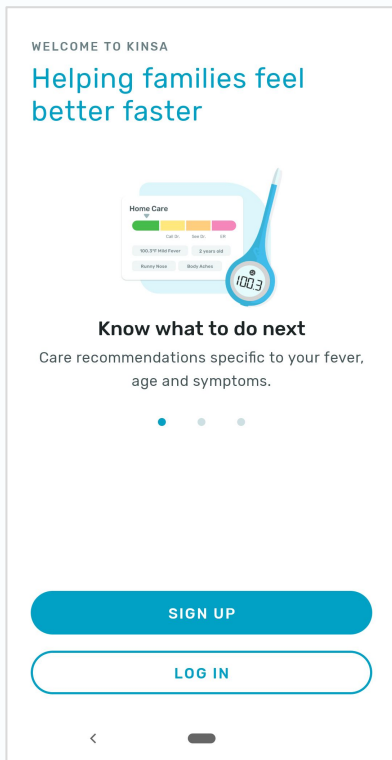
Kinsa Inc. Health & Fitness

E Everyone

i This app is compatible with your device.



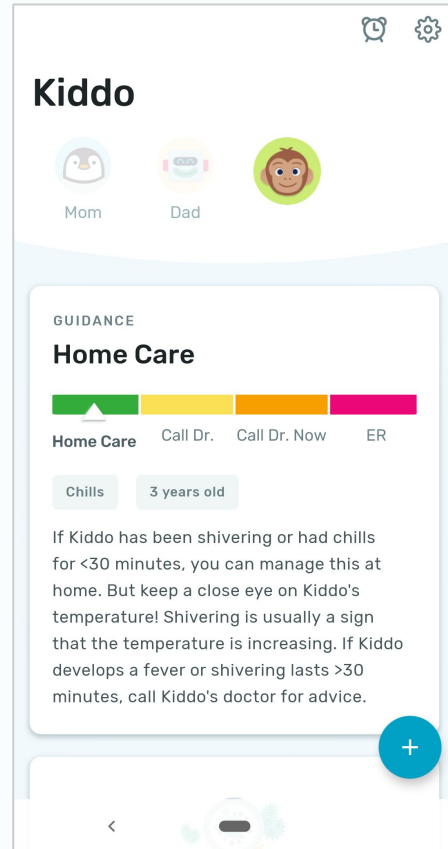
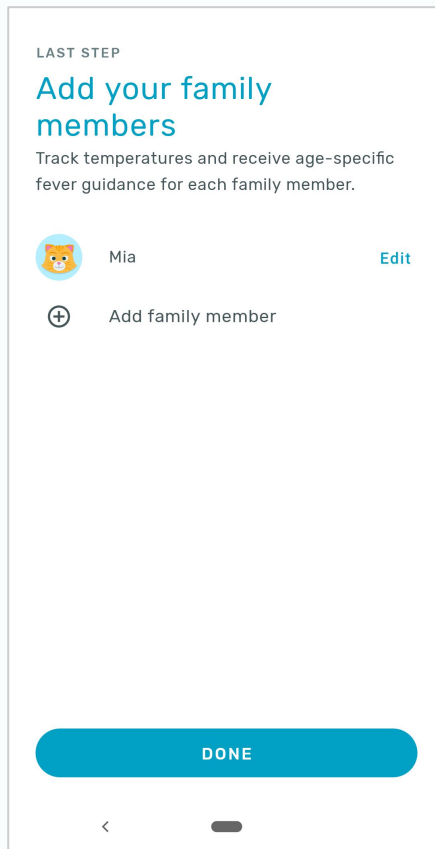
Create your Account on the Kinsa App





Add your Family Members (Optional)

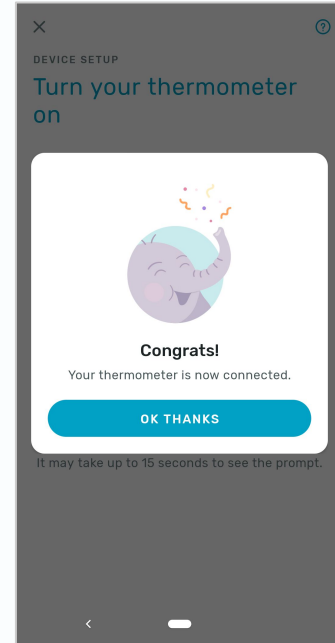
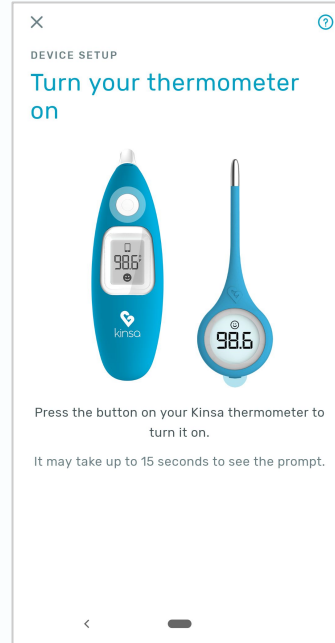
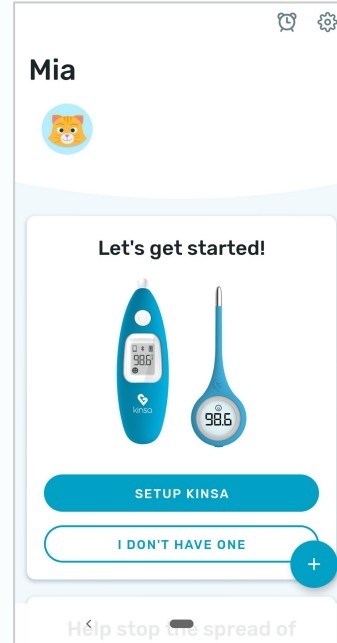
- You have the option to add your family members when creating your account.
- Your family members won't be enrolled in 2.s009's WellTogether™ program, but can still use all of the benefits of the thermometer and app. By adding them to the Kinsa app, you can track their temperatures and symptoms when they fall ill, and receive age-specific guidance to help them get better faster!
- You can always add, edit, or remove family members profiles in Settings (Gear icon on the top right of the home screen).





Pair your Thermometer to the Kinsa App

- After creating your account, you will see this “Let’s get started!” card on the top of your feed.
- Tap “SET UP KINSA” and turn your thermometer on.
- Your thermometer will be connected to the Kinsa app via Bluetooth: make sure that your Bluetooth is turned on as well.
- Note that you can also pair your thermometer in Settings (gear icon on the top right of the main screen).



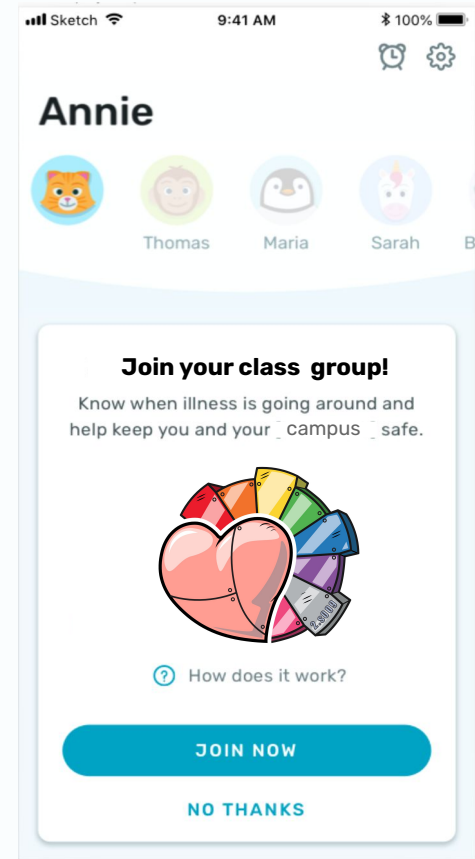


App Onboarding



Step 1: Intro Card

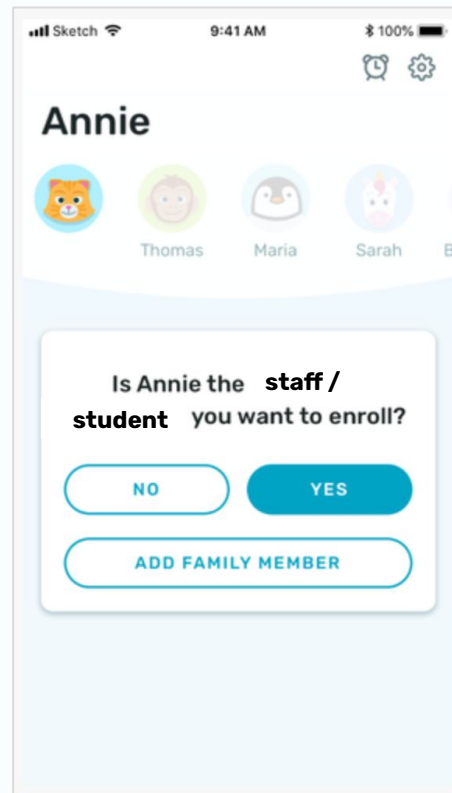
- Connecting your thermometer to the Kinsa app will trigger your class's onboarding flow.
- This intro card will show on all your family profiles.
- You can learn more about the WellTogether™ program by tapping on "How does it work?" above the "JOIN NOW" button.
- Tap "JOIN NOW" to enroll a profile; tap "NO THANKS" to dismiss this whole flow.
 - This will take you out of your class's onboarding flow. You will still be able to create a non-class profile.





Step 2: Staff/Student Confirmation

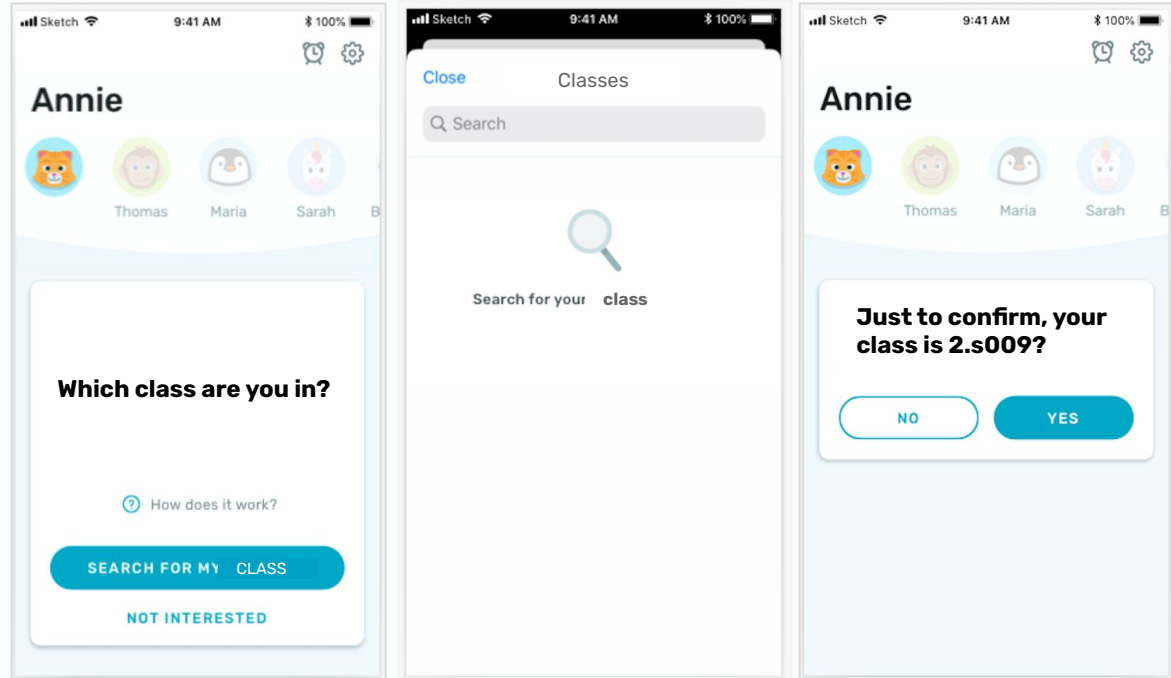
- We will ask you to confirm that the profile you are on is the correct person to enroll into the WellTogether™ Program.
- If you have made a mistake, you can tap “NO”: this will dismiss the entire WellTogether™ flow for this profile,





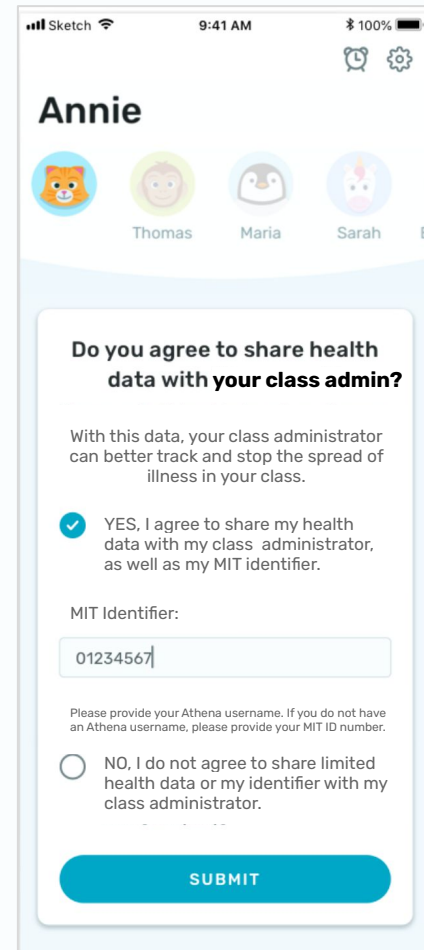
Step 3: Search for your Building (Optional)

- Next, you will be asked to select the class you are in
- Selecting your class is very helpful to your organization, as it will allow your class administrator to put measures in place to keep you and your team safe!
- Note that this step is optional - you can skip this by tapping on "NOT INTERESTED."



Step 4: Data Sharing Opt-In & Identifier

- This opt-in asks you to confirm that you are ok with sharing some of your health data with your class administrator. Specifically, the class administrator will be able to see if you received a green light or a red light for the day.
- This data will help your administrator keep your class safe and healthy.
- The opt-in is optional; your data will only be shared if you consent.



The screenshot shows a mobile app interface for a class health data opt-in. At the top, the status bar shows "Sketch", "9:41 AM", and "100%". Below the status bar, the name "Annie" is displayed. There are four circular avatars: a cat, a person, a penguin, and a unicorn, labeled "Thomas", "Maria", and "Sarah". Below the avatars, a large blue button with the text "SUBMIT" is visible. The main content area contains a form with the following text:

Do you agree to share health data with your class admin?

With this data, your class administrator can better track and stop the spread of illness in your class.

YES, I agree to share my health data with my class administrator, as well as my MIT identifier.

MIT Identifier:

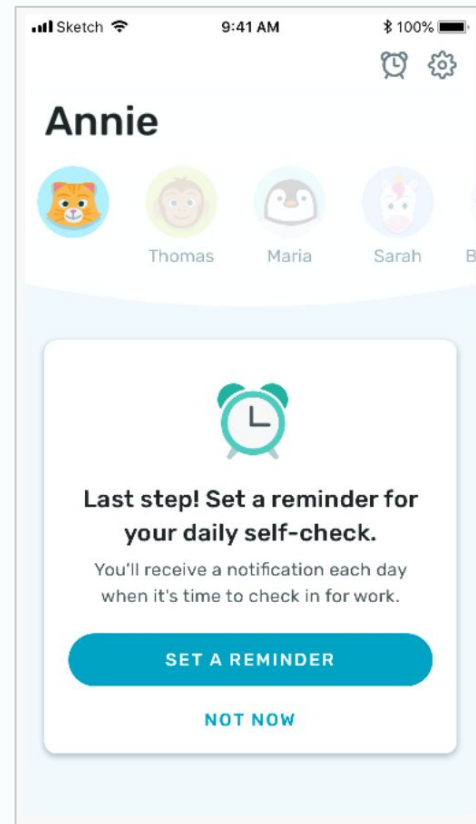
Please provide your Athena username. If you do not have an Athena username, please provide your MIT ID number.

NO, I do not agree to share limited health data or my identifier with my class administrator.



Step 5: Set a Reminder (Optional)

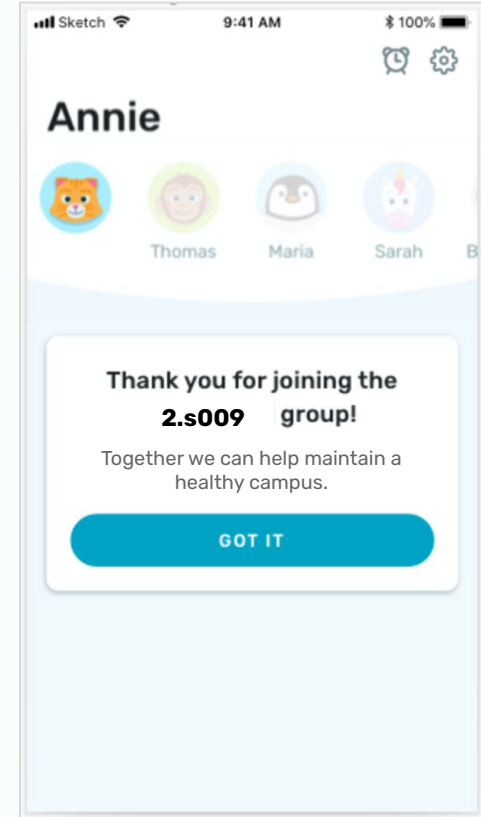
- You can choose to set up a reminder on the Kinsa app, to notify you each day to complete your daily self-check before you leave home.
- This step is optional - you can skip it by tapping on “NOT NOW.”





Step 6: All Set!

- You are now all set!
- By tapping on “GOT IT”, you will officially be onboarded to the WellTogether™ Program!



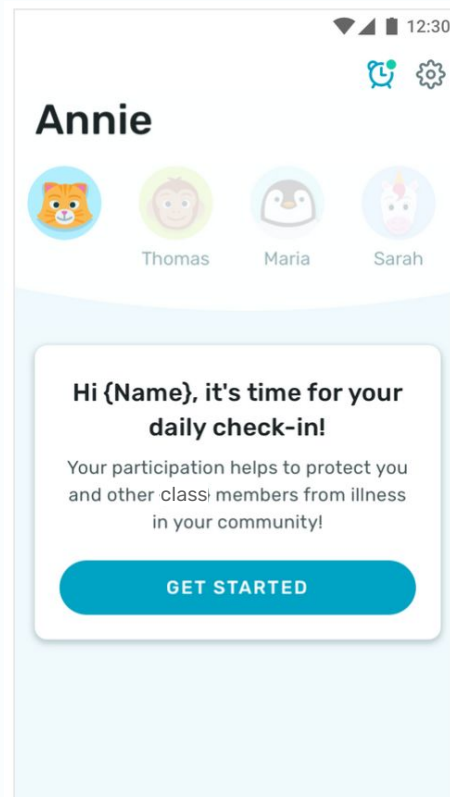


Daily Self-Check



Daily Self-Check

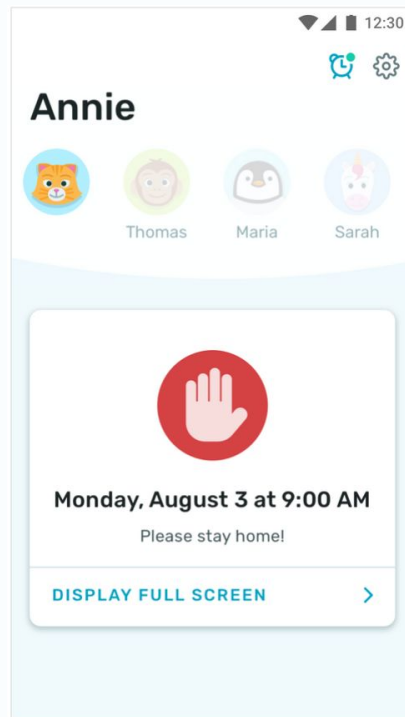
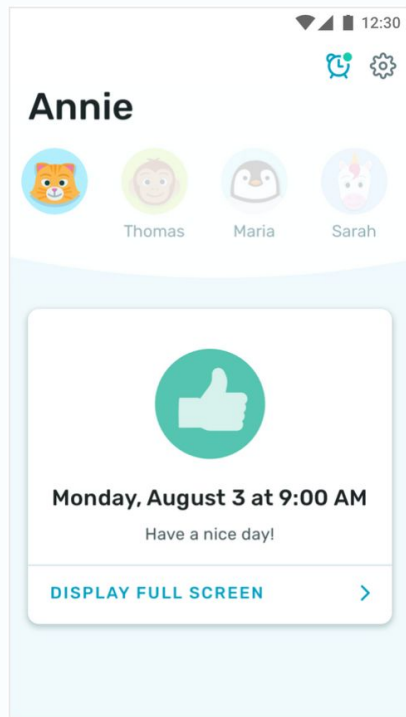
- You will be prompted to complete a self-check each day.
- As part of the daily self-check, you will be asked to:
 - Take your temperature, using your Kinsa thermometer
 - Answer a question around COVID-19 exposure (*"Have you or a close contact tested positive for COVID-19 in the past 2 weeks?"*)
 - Select any symptoms you may have (if any)
- Upon completion of this self-check, you will receive a green or red light. You will be asked to stay home from if you receive a red light.





Green Light & Red Light Rules

- The green/red light will reset at the end of each calendar day.
- If you first receive a green light, but later in the day add a fever, symptom, or diagnosis on the app, a red light will be triggered for the remaining of the day - please go home.
- When sick, you will also receive age-specific guidance on the app to get better faster!





Need Help?



Getting Support from Kinsa

We know that if you or a loved one is ill, the last thing you want to stress about is an issue with your thermometer or app.

We make support easy, should a user ever encounter issues.

1. Get immediate answers right through the app by going to Settings > Customer Support
2. Access help articles and best practices through [Kinsa's Help Center](#)
3. Reach out to Customer Happiness directly by emailing welltogether@kinsahealth.com



Thank you for participating in
WellTogether™ !