

# Advanced policy space methods

Managing the learning rate

**Cathy Wu**

6.7920: Reinforcement Learning: Foundations and Methods

# Readings

1. Alekh Agarwal Nan Jiang Sham M. Kakade Wen Sun.  
Reinforcement Learning: Theory and Algorithms, 2021.  
([Ch 11.1-11.2](#), [Ch 12](#))

# Outline

1. Recap: policy gradient and actor-critic
2. Conservative policy iteration (CPI)
  - a. Performance difference lemma
3. Natural policy gradient (NPG)
4. Trust region policy optimization (TRPO)
5. Proximal policy optimization (PPO)

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# Policy Gradient as Policy Update

Approximate Policy Iteration

$$\pi_{\theta_{k+1}} = \arg \max_{\pi_\theta} Q^{\pi_\theta}(s, \pi_\theta(s))$$

Unstable (fast)

Policy Gradient

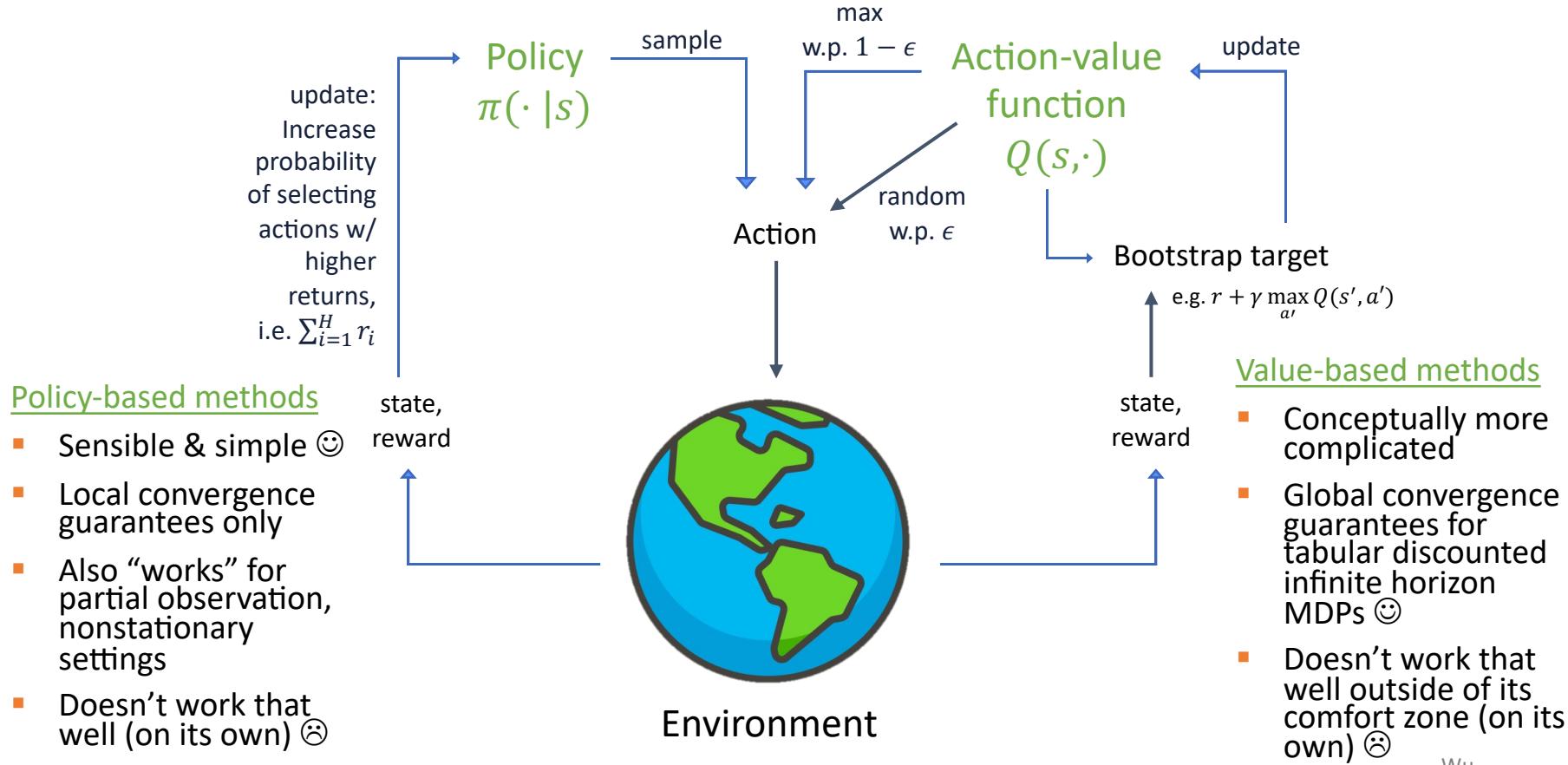
$$\theta_{k+1} = \theta_k + \alpha_k \nabla_\theta V(\theta_k)$$

Smooth, fine control (slow)

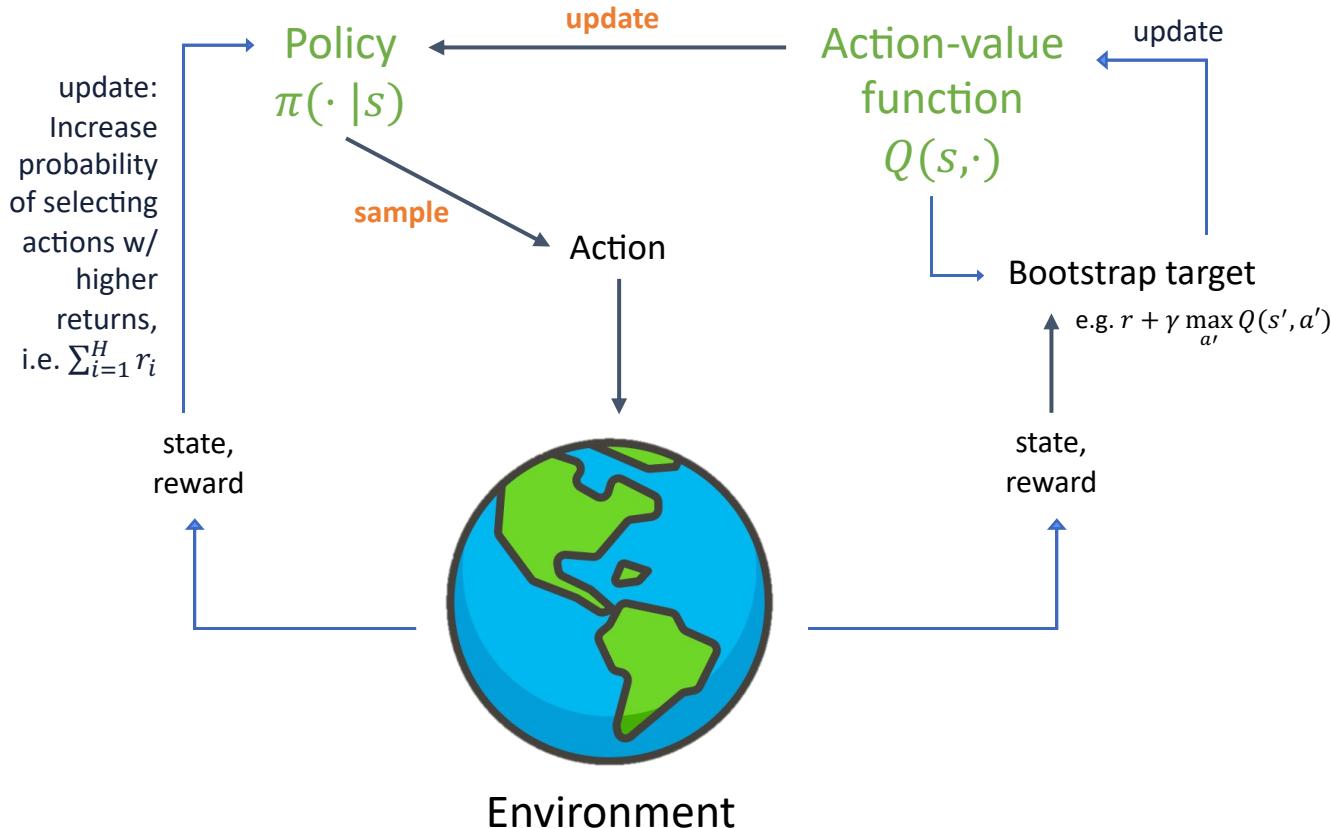
1. How do we compute  $\nabla_\theta V(\theta)$ ?
2. How quickly do we update (i.e.  $\alpha_k$ )?

A variety of approaches help to reduce variance:  
temporal structure, baselines, actor-critic methods.

# Policy-based vs value-based methods



# Actor-critic methods



# Policy Gradient as Policy Update

Approximate Policy Iteration

$$\pi_{\theta_{k+1}} = \arg \max_{\pi_\theta} Q^{\pi_\theta}(s, \pi_\theta(s))$$

Unstable (fast)

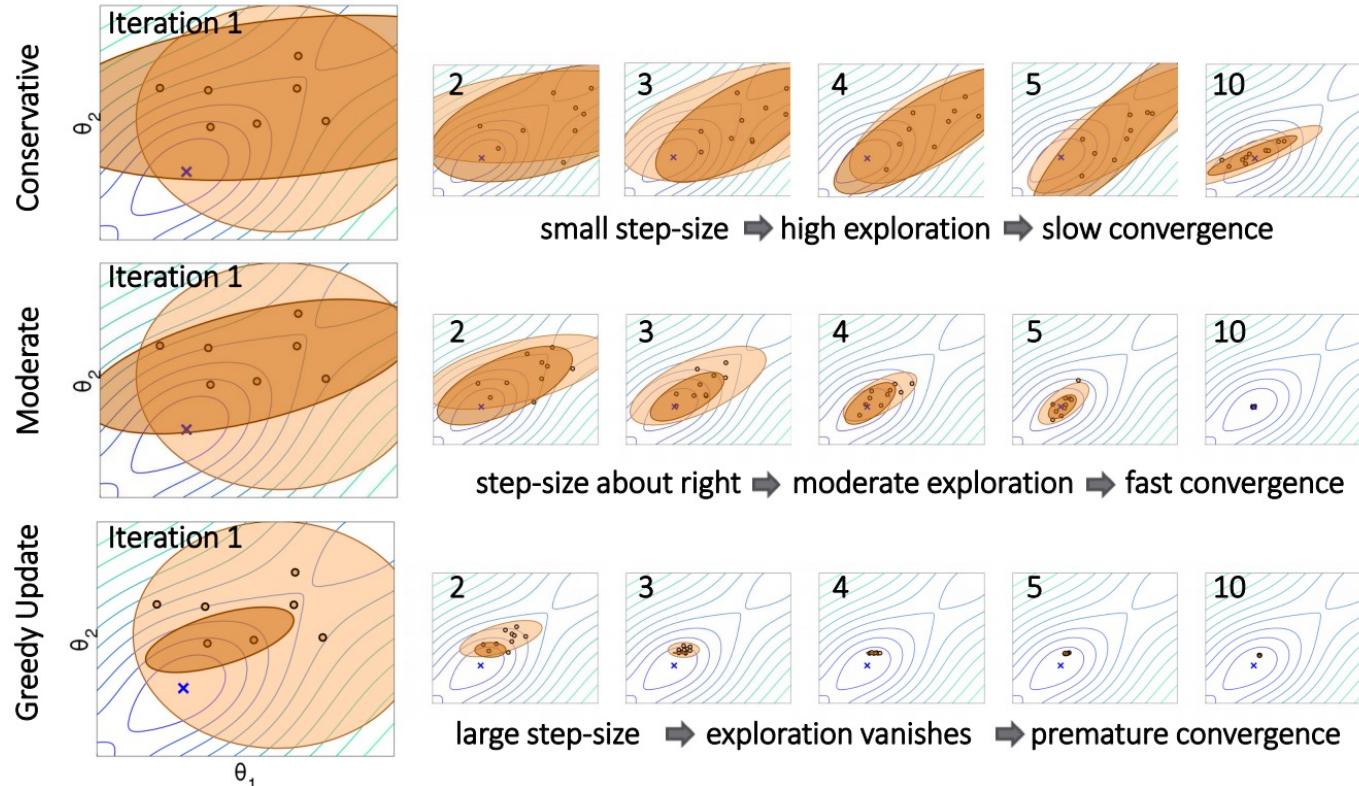
Policy Gradient

$$\theta_{k+1} = \theta_k + \alpha_k \nabla_\theta V(\theta_k)$$

Smooth, fine control (slow)

1. How do we compute  $\nabla_\theta V(\theta)$ ?
2. How quickly do we update (i.e.  $\alpha_k$ )?

# Exploration-exploitation trade-off



Source: Policy Search: Methods and Applications, Peters and Neumann

# Policy gradient

Difficult to pick the right  $\alpha_k$  without more information

True objective  
(the performance of  
the policy)

$$V(\theta)$$



So, let's avoid having this hyperparameter  
(or at least find an "easier" hyperparameter)

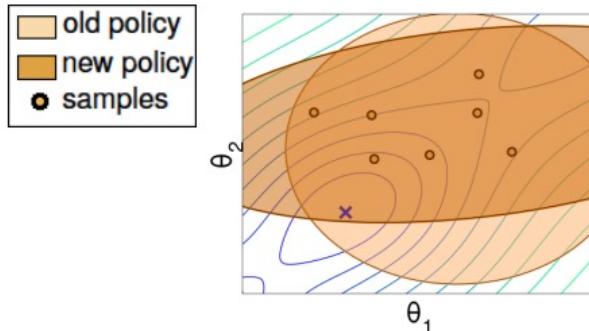
Local approximation to  
performance of the  
policy

$$L(\theta)$$

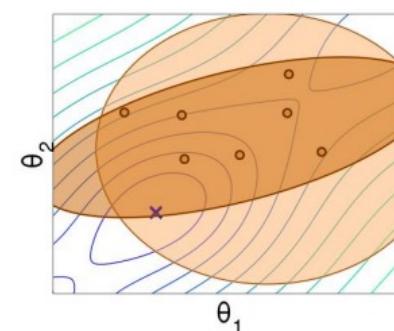
→ A slew of algorithms

# Desired Properties for the Policy Update

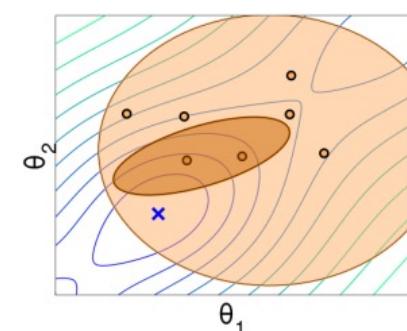
- Invariance to parameter or reward transformations
- Regularized policy update
  - Update is computed based on data  
⇒ stay close to data!
  - Smooth learning progress
- Controllable exploration-exploitation trade-off



Conservative Update  
Small “step size”



Moderate Update,  
Moderate “step size”



Greedy update  
Large “step size”

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# Relative Performance

## Issues:

- We would like to exploit past samples (collected by  $\pi$ )
- We do not know how much to trust them (since  $\pi' \neq \pi$ )
- Depends on distribution over trajectories induced by different policies.

Performance Difference Lemma

[Burnetas and Katehakis, 1997, Prop. 1], [Kakade and Langford, 2002, Lem. 6.1], [Cao, 2007]

For any policies  $\pi, \pi' \in \Pi^{\text{SR}}$

$$\begin{aligned} V(\pi') - V(\pi) &= \sum_{s,a} d^{\pi'}(s,a) A^\pi(s,a) \\ &= \sum_s d^{\pi'}(s) \sum_a \pi'(s,a) A^\pi(s,a) \end{aligned}$$

Proof: See Recitation.

# Optimization Step

Let  $\pi$  be current policy,  $\pi'$  be a candidate next policy.

$$\begin{aligned}\max_{\pi'} V(\pi') &= \max_{\pi'} V(\pi') - V(\pi) \\ &= \max_{\pi'} \mathbb{E}_{(s,a) \sim d^{\pi'}} [A^\pi(s, a)]\end{aligned}$$

👍: Can maintain an estimate of  $A^\pi(s, a)$ .

**Issue:** Still cannot be directly estimated using data collected from  $\pi$ .

# Optimization Step

$$\begin{aligned}
 V(\pi') - V(\pi) &= \mathbb{E}_{s \sim d^\pi} \left[ \sum_a \pi'(s, a) A^\pi(s, a) \right] + \sum_s \underbrace{\left( d^{\pi'}(s) - d^\pi(s) \right)}_{\text{see } *} \sum_a \pi'(s, a) A^\pi(s, a) \\
 &\geq \mathbb{E}_{s \sim d^\pi} \left[ \sum_a \pi'(s, a) A^\pi(s, a) - \frac{2\gamma\varepsilon}{1-\gamma} D_{TV}(\pi' || \pi)[s] \right]
 \end{aligned}$$

where  $\varepsilon = \max_s |\mathbb{E}_{a \sim \pi'} [A^\pi(s, a)]|$  and

$$D_{TV}(\pi' || \pi)[s] = \sum_a |\pi'(s, a) - \pi(s, a)|$$

# Surrogate Loss

$$L_\pi(\pi') = V(\pi) + \sum_s d^{\pi}(s) \sum_a \pi'(s, a) A^\pi(s, a) - \sum_s d^\pi(s) \frac{2\gamma\varepsilon}{1-\gamma} D_{TV}(\pi' || \pi)[s]$$

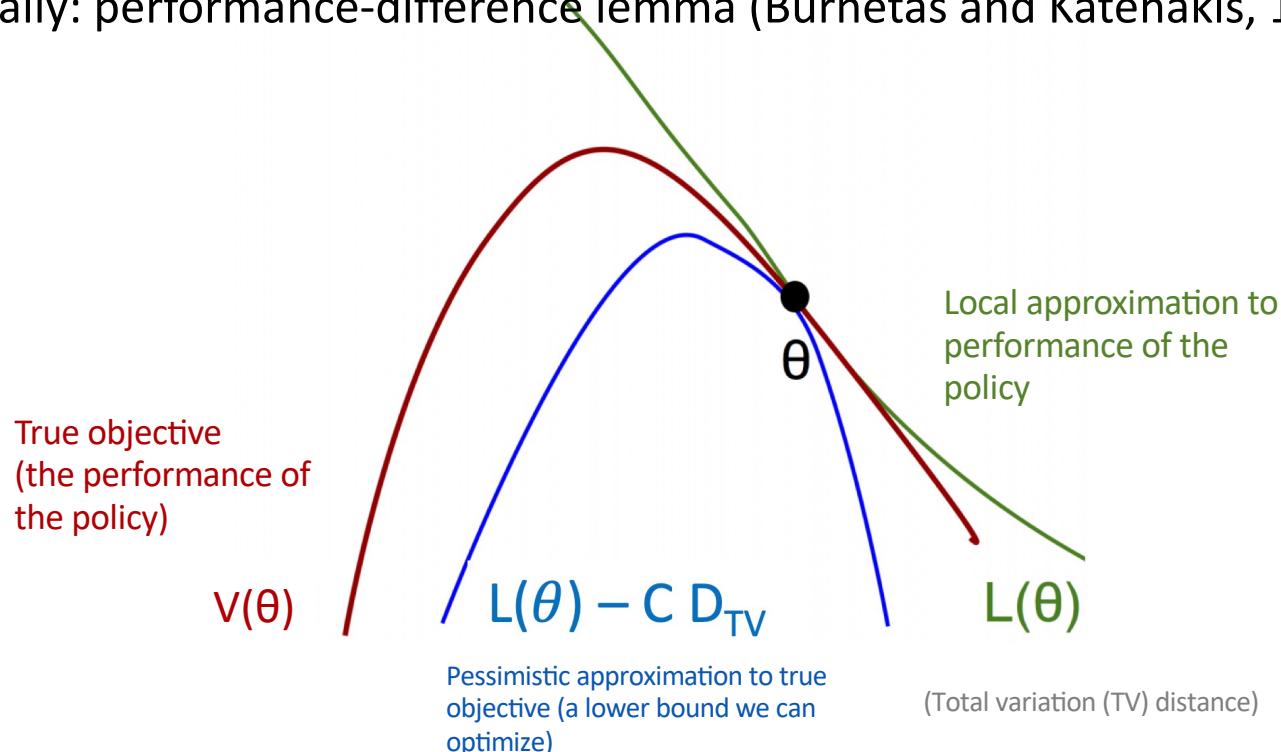
- $L_\pi(\pi) = V(\pi)$
  - If parametric policies  $\pi = \pi_\theta$ ,  $\nabla_\theta L_{\pi_\theta}(\pi_\theta) = \nabla_\theta V(\pi_\theta)$
- also with this
- 

**! In an interval close to  $\pi$ ,  $L_\pi$  is a good surrogate for  $V$**

⇒ Conservative Policy Iteration [\[Kakade and Langford, 2002\]](#)

# Surrogate Loss (Continued)

- Key idea: if  $\theta$  and  $\theta'$  close, can guarantee how close  $V(\theta)$  and  $V(\theta')$  are
- Formally: performance-difference lemma (Burnetas and Katehakis, 1997)



# Conservative Policy Iteration

- New policy improvement schema
  - Given current policy  $\pi_k$  solve:

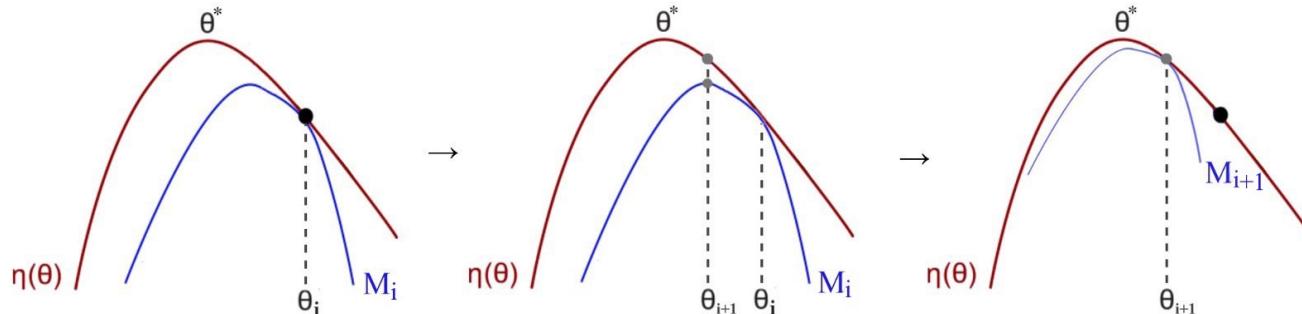
$$V(\boldsymbol{\pi}') - V(\boldsymbol{\pi}) \geq \max_{\boldsymbol{\pi}'} \left\{ L_{\pi_k}(\boldsymbol{\pi}') - \textcolor{red}{C} \mathbb{E}_{s \sim d^{\pi_k}} [D_{TV}(\boldsymbol{\pi}' || \boldsymbol{\pi}_k)[s]] \right\} \geq 0$$

⇒ Monotonic performance improvement

Several approaches have been proposed, e.g.

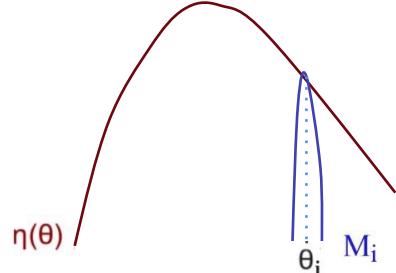
- Kakade and Langford, 2002
- Perkins and Precup, 2002
- Gabillon et al., 2011
- Wagner, 2011, 2013
- Pirotta et al., 2013b,
- Scherrer et al., 2015
- Schulman et al., 2015

# Idea: Conservative policy iteration



$\eta(\theta) = \mathbb{E}[\sum_{t=0}^{\infty} r_t | \pi_\theta]$  (true objective) and  $M_i$  is the lower bound.

Problem 1: too conservative



Problem 2: total variance (TV)  
distance is hard to optimize

→ Kullback–Leibler (KL) divergence  
a.k.a. relative entropy

# Kullback-Leibler divergence (relative entropy)

- Relax the problem using [Pinsker's inequality \[Csiszar and Körner, 2011\]](#)

$$D_{TV}(\pi' \parallel \pi) \leq \sqrt{2D_{KL}(\pi' \parallel \pi)}$$

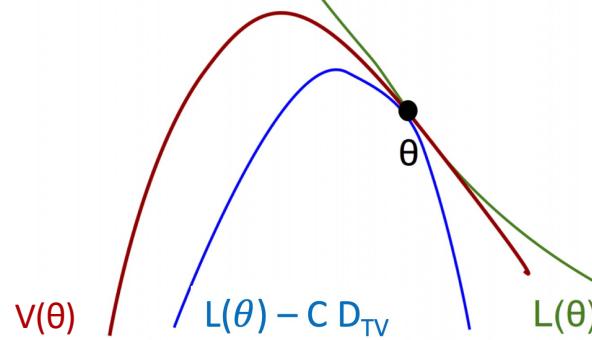
Given two probability distributions  $P$  and  $Q$

$$D_{KL}(P \parallel Q) = \sum_x P(x) \log \frac{P(x)}{Q(x)}$$

*Properties:*

- $D_{KL}(P \parallel Q) \geq 0$
- $D_{KL}(Q \parallel Q) = 0$
- $D_{KL}(P \parallel Q) \neq D_{KL}(Q \parallel P)$  (non-symmetric)
- No triangle inequality

# Trust region



Pessimistic approximation to true objective (a lower bound we can optimize)



s.t.

$$\max_{\theta'} V_\theta(\theta')$$

$$\mathbb{E}_{s \sim d^\pi} [D_{KL}(\theta' || \theta)] \leq \delta$$

Trust region

Still hard to optimize

Also: not a gradient method anymore?



New hyperparameter



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# Parameter space vs distribution space

Steepest descent direction of a function  $h(\theta) \rightarrow -\nabla h(\theta)$

- It yields the most reduction in  $h$  per unit of change in  $\theta$  (parameter space)
- Change is measured using the standard Euclidean norm  $\|\cdot\|$

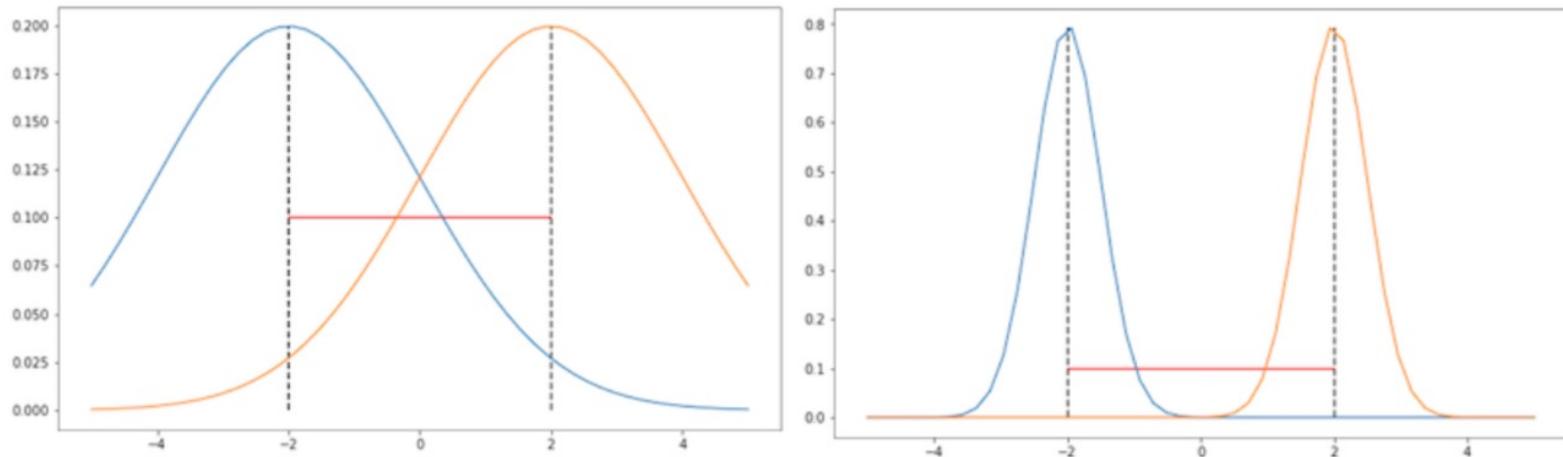
$$\frac{-\nabla h}{\|\nabla h\|} = \lim_{\epsilon \rightarrow 0} \frac{1}{\epsilon} \arg \min_{d: \|d\| \leq \epsilon} \{h(\theta + d)\}$$

Is the Euclidean norm the best metric?

- Recall:  $\theta$  induces stochastic policy
- → we are interested in optimizing in distribution space.

# Example

Consider a Gaussian parameterized by only its mean and keep the variance fixed to 2 and 0.5 for the first and second image respectively



The distance of those Gaussians are the same, i.e. 4, according to Euclidean metric (red line)

<https://wiseodd.github.io/techblog/2018/03/14/natural-gradient/>

# Natural gradient

- Can we use an alternative definition of (local) distance?
- As suggested by [\[Amari, 1998\]](#) it is better to define a metric based not on the choice of the coordinates but rather on the manifold these coordinates parametrize! Distribution space!
- Choose: **KL divergence** as the “metric”

# Natural gradient

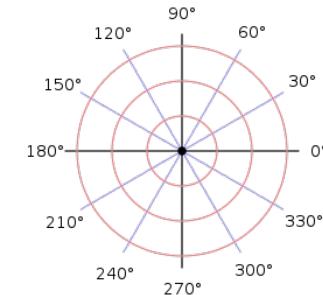
- A **Riemannian space** generalizes Euclidean space to curved spaces. In Riemannian space, the distance is defined as

$$d^2(v, v + \delta v) = \delta v^T G(v) \delta v$$

where  $G$  is the **metric tensor**

*Example:* consider the Euclidean space ( $\mathbb{R}^2$ )

- Cartesian coordinate, the metric tensor is the identity
- Polar coordinate



$$x = r \cos \theta \implies \delta x = \delta r \cos \theta - r \delta \theta \sin \theta$$

$$y = r \sin \theta \implies \delta y = \delta r \sin \theta + r \delta \theta \cos \theta$$

$$d^2(v, v + \delta v) = \delta x^2 + \delta y^2$$

$$= \delta r^2 + r^2 \delta \theta^2$$

$$= (\delta r, \delta \theta)^T \text{diag}(1, r^2)(\delta r, \delta \theta)$$

$$(\delta x \quad \delta y) \underbrace{\begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}}_G \begin{pmatrix} \delta x \\ \delta y \end{pmatrix}$$

$$(\delta r \quad \delta \theta) \underbrace{\begin{pmatrix} 1 & 0 \\ 0 & r \end{pmatrix}}_G \begin{pmatrix} \delta r \\ \delta \theta \end{pmatrix}$$

# Natural Gradient

- In Riemannian space, the distance is defined as
$$d^2(\nu, \nu + \delta\nu) = \delta\nu^T G(\nu) \delta\nu^T$$
where  $G$  is the metric tensor

## Natural Gradient [Amari, 1998]

The steepest descent in a Riemannian space is given by

$$\tilde{\nabla} h(\theta) = G(\theta)^{-1} \nabla h(\theta)$$

- What is the metric tensor? Known for many objectives!
- Example: KL divergence (metric) → Fisher information (metric tensor)

# KL Divergences and the Fisher Information Matrix

- The Kullback Leibler divergence can be approximated by the Fisher information matrix (2<sup>nd</sup> order Taylor approximation)

$$D_{KL}(p(x|\theta) \| p(x|\theta + \Delta\theta)) = \Delta\theta^T F(\theta)\Delta\theta + O(\Delta\theta^3)$$

where  $F(\theta)$  is the **Fisher Information Matrix (FIM)**

$$F(\theta) = \mathbb{E}_{x \sim p(\cdot|\theta)} [\nabla \log p(x|\theta) \nabla \log p(x|\theta)^T]$$

- Captures information on how a parameter influences the distribution

# Natural Policy Gradient

$$\pi_{k+1} = \arg \max_{\pi'} \mathbb{E}_{s \sim d^\pi} \mathbb{E}_{a \sim \pi} \left[ \underbrace{\frac{\pi'(s, a)}{\pi(s, a)} Q^\pi(s, a)}_{:= \mathcal{L}_{\pi_k}(\pi')} \right]$$

s.t.  $\underbrace{\mathbb{E}_{s \sim d^\pi} [D_{KL}(\pi' \| \pi)]}_{:= \bar{D}_{KL}(\pi' \| \pi)} \leq \delta$

How to solve it? Do it approximately:

$$\begin{aligned}\mathcal{L}_{\theta_k}(\theta) &\approx \mathcal{L}_{\theta_k}(\theta_k) + g^T(\theta - \theta_k) \\ \bar{D}_{KL}(\theta \| \theta_k) &\approx \frac{1}{2} (\theta - \theta_k)^T F(\theta) (\theta - \theta_k)\end{aligned}$$

where  $g = \nabla_\theta \mathcal{L}_{\theta_k}(\theta)$  and  $F(\theta) := \nabla_\theta^2 \bar{D}_{KL}(\theta \| \theta_k)$  is the FIM.

# Natural Policy Gradient

The approximate problem is thus:

$$\begin{aligned}\theta_{k+1} &= \arg \max_{\theta} g^T(\theta - \theta_k) \\ \text{s.t. } &\frac{1}{2}(\theta - \theta_k)^T F(\theta - \theta_k) \leq \delta\end{aligned}$$

whose solution is given by:

$$\theta_{k+1} = \theta_k + \sqrt{\frac{2\delta}{g^T F^{-1} g}} \underbrace{F^{-1} g}_{\text{Natural gradient}}$$

Step size

Algorithms [\[Kakade, 2002; Peters and Schaal, 2008a\]](#)

# Natural policy gradient

$$\begin{aligned} & \max_{\theta'} V_\theta(\theta') \\ \text{s.t. } & \boxed{\mathbb{E}_{s \sim d^\pi} [D_{KL}(\theta' || \theta)] \leq \delta} \\ & \text{Still hard to optimize} \end{aligned}$$

Also: not a gradient method  
anymore?



Can approximate KL with Fisher information matrix

$$F(\theta) = \mathbb{E}_{x \sim p(\cdot | \theta)} [\nabla \log p(x | \theta) \nabla \log p(x | \theta)^T]$$

$$\theta_{k+1} = \theta_k + \underbrace{\sqrt{\frac{2\delta}{g^T F^{-1} g}}}_{\text{step size}} \underbrace{F^{-1} g}_{\text{natural gradient}}$$

Captures how much a parameter influences the distribution

How much policy changes

vs vanilla policy gradient:  
Ignores how much parameters influence the distribution

How much parameters change

# Natural Policy Gradient

---

Initialize policy parameter  $\theta_0$

**for**  $k = 1, 2, \dots$  **do**

    Collect trajectories  $\mathcal{D}_k$  using policy  $\pi_k = \pi(\theta_k)$

    Estimate advantage function using any algorithm

    Compute

- Policy gradient  $\hat{g}_k$  (using advantage estimate)
- KL-divergence Hessian / Fisher information matrix  $\hat{F}_k$

    Compute new policy using natural gradient

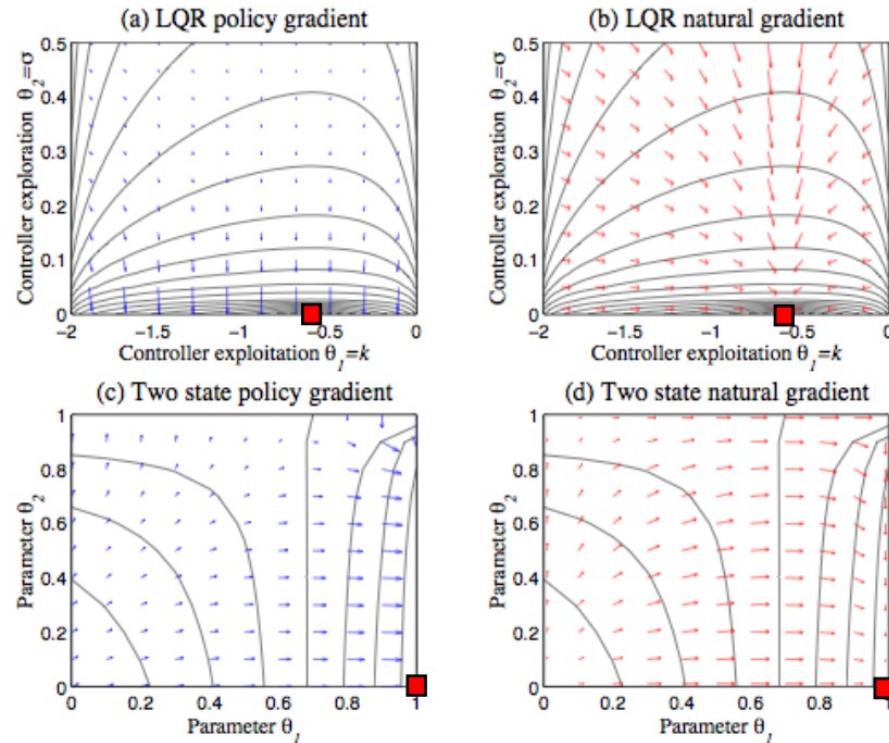
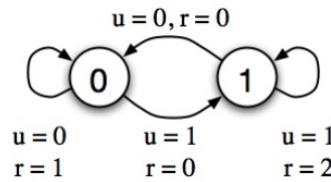
$$\theta_{k+1} = \theta_k + \sqrt{\frac{2\delta}{\hat{g}_k^T \hat{F}_k^{-1} \hat{g}_k}} \hat{F}_k^{-1} \hat{g}_k$$

**end**

## Linear Quadratic Regulation

$$\begin{aligned}x_{t+1} &= Ax_t + Bu_t \\ u_t &\sim \pi(u|x_t) = \mathcal{N}(u|kx_t, \sigma) \\ r_t &= -x_t^T Q x_t - u_t^T R u_t\end{aligned}$$

### Two-State Problem



[Peters et al. 2003, 2005]

The standard gradient reduces the exploration too quickly!

Source: Policy Search: Methods and Applications, Peters and Neumann

# Natural actor-critic (2008)

- NPG + refinements + compatible function approximation + imitation learning initialization

Real-time online learning for robot control

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# What's the problem now?

$$\theta_{k+1} = \theta_k + \underbrace{\sqrt{\frac{2\delta}{g^T F^{-1} g}}}_{\text{step size}} \underbrace{F^{-1} g}_{\text{natural gradient}}$$

Problem:  
Matrix inversion is  $\mathcal{O}(d^3)$

Use **iterative solution approach**  
(conjugate gradient method)

Called **truncated natural policy gradient (TNPG)**

Pascanu, Razvan, and Yoshua Bengio. "Revisiting natural gradient for deep networks." ICLR, 2014.

Problem: Might not improve  $V(\theta)$  due to KL approximation (of TV distance)

Problem: Due to approximation, KL-constraint might be violated

**Solution:** enforce KL constraint using an *adaptive step size*

i.e. Try several step sizes and pick one that gives improvement & not too far

- Can always select a smaller step size to get improvement
- Don't want to update too slowly

How much to  
change?

How to control how  
much of a change?

Called **trust region policy optimization (TRPO)**

Schulman, John, et al. "Trust region policy optimization." ICML, 2015.

# Trust Region Policy Optimization

*How?*

Backtracking line search with exponential decay (decay coeff.  $\alpha \in (0,1)$ , budget  $L$ )

---

Compute NPG step  $\Delta_k$

**for**  $j = 0, \dots, L$  **do**

    Compute update  $\theta = \theta_k + \alpha^j \Delta_k$

**if**  $\mathcal{L}_{\theta_k}(\theta) > 0$  and  $\bar{D}_{KL}(\theta \| \theta_k) \leq \delta$  **then**

        Accept update and  $\theta_{k+1} = \theta_k + \alpha^j \Delta_k$

**break**

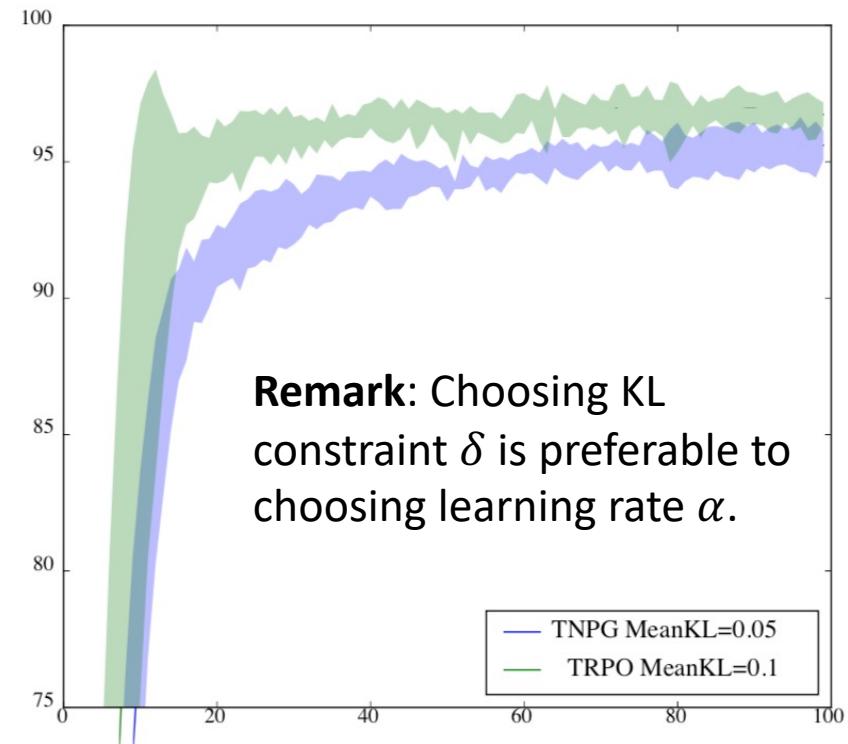
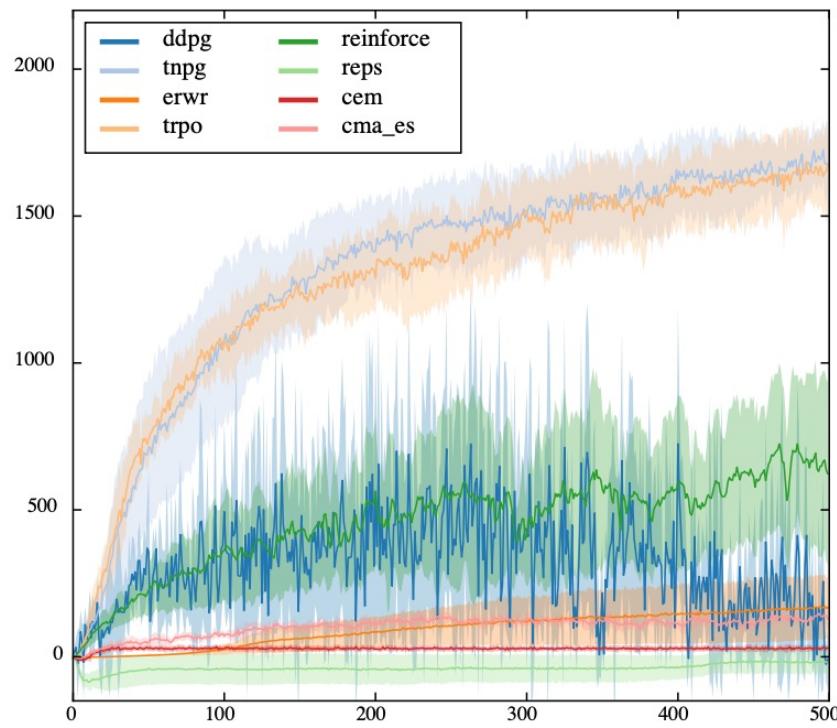
**end**

**endfor**

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In practice, TRPO is implemented as (T)NPG plus line search.

# Example: Continuous control [Duan et al., 2016]



Wu

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One more method:

# proximal policy optimization [\[Schulman et al., 2017\]](#)

$$\theta_{k+1} = \theta_k + \underbrace{\sqrt{\frac{2\delta}{g^\top F^{-1}g}}}_{\text{step size}} \underbrace{F^{-1}g}_{\text{natural gradient}}$$

+ iterative approach to computing  $F^{-1}g$   
+ adaptive step sizes

Still pretty expensive to compute  
Involves computing a Hessian  $O(n^2)$



[Adaptive step sizes](#) worked well. Let's lean into it. [Avoid natural gradient.](#)

Regularize on KL term  
Use adaptive step sizes to stay within  $\delta$

# proximal policy optimization [Schulman et al., 2017]

Problem: Too many approximations going on. **Still have high variance issues.**

Key idea: Extra safety measure. **Modify objective to ignore big changes.**

Surrogate objective

$$L_{\pi}^{IS}(\pi') = \mathbb{E}_{s \sim d^{\pi}} \mathbb{E}_{a \sim \pi} \left[ \frac{\pi'(s, a)}{\pi(s, a)} A^{\pi}(s, a) \right] = \mathbb{E}_{s \sim d^{\pi}} \mathbb{E}_{a \sim \pi} [r_{sa}(\pi') A^{\pi}(s, a)]$$

Importance weighting

Note:  $r$  is ratio, not reward

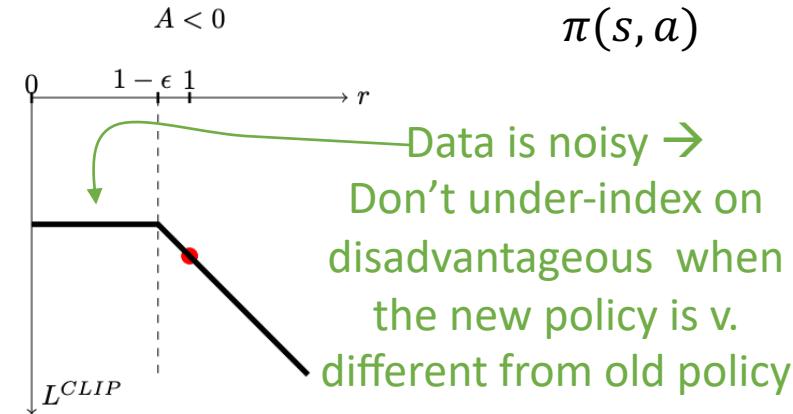
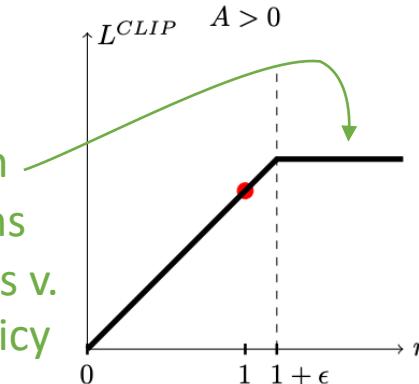
What's a big change?

$$\pi'(s, a) \neq \pi(s, a)$$

One way: look at

$$\frac{\pi'(s, a)}{\pi(s, a)}$$

Data is noisy →  
Don't over-index on  
advantageous actions  
when the new policy is v.  
different from old policy



Data is noisy →  
Don't under-index on  
disadvantageous when  
the new policy is v.  
different from old policy

$$\text{Clipped objective: } L_{\pi}^{CLIP}(\pi') = \mathbb{E}_{s \sim d^{\pi}} \mathbb{E}_{a \sim \pi} [\min \{r_{sa}(\pi') A^{\pi}(s, a), \text{clip}(r_{sa}(\pi'), 1 - \epsilon, 1 + \epsilon) A^{\pi}(s, a)\}]$$

$$\pi_{k+1} = \arg \max_{\pi} L_{\pi_k}^{CLIP}(\pi)$$

# PPO with Clipping

---

Input: policy  $\theta_0$ , clipping  $\epsilon$

**for**  $k = 1, \dots$  **do**

    Collect trajectories  $\mathcal{D}_k$  using policy  $\pi_k = \pi(\theta_k)$

    Estimate advantage or Q-function using any algorithm

    Compute:

$$\theta_{k+1} = \arg \max_{\theta} L_{\theta_k}^{CLIP}(\theta)$$

    where:

$$L_{\pi}^{CLIP}(\pi') = \mathbb{E}_{\tau \sim \pi_k} \left[ \sum_{t=1}^T \min\{r_t(\theta) \hat{A}_t^{\pi_k}, \text{clip}(r_t(\theta), 1 - \epsilon, 1 + \epsilon) \hat{A}_t^{\pi_k}\} \right]$$

**end**

---

# PPO with Adaptive KL Penalty

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Input: policy  $\theta_0$ , KL penalty  $\beta_0$ , KL-divergence  $\delta$

**for**  $k = 1, \dots$  **do**

    Collect trajectories  $\mathcal{D}_k$  using policy  $\pi_k = \pi(\theta_k)$

    Estimate advantage or q-function using any algorithm

    Compute by gradient descent:

$$\theta_{k+1} = \arg \max_{\theta} \mathcal{L}_{\theta_k}(\theta) - \beta_k \bar{D}_{KL}(\theta \| \theta_k)$$

**if**  $\bar{D}_{KL}(\theta_{k+1} \| \theta_k) \geq 1.5\delta$  **then**

$$\beta_{k+1} = 2\beta_k$$

**end**

**if**  $\bar{D}_{KL}(\theta_{k+1} \| \theta_k) \leq \frac{\delta}{1.5}$  **then**

$$\beta_{k+1} = \frac{\beta_k}{2}$$

**end**

**end**

**Initial**  $\beta_0$  not important. Some iteration may violate KL constraint, mostly not!

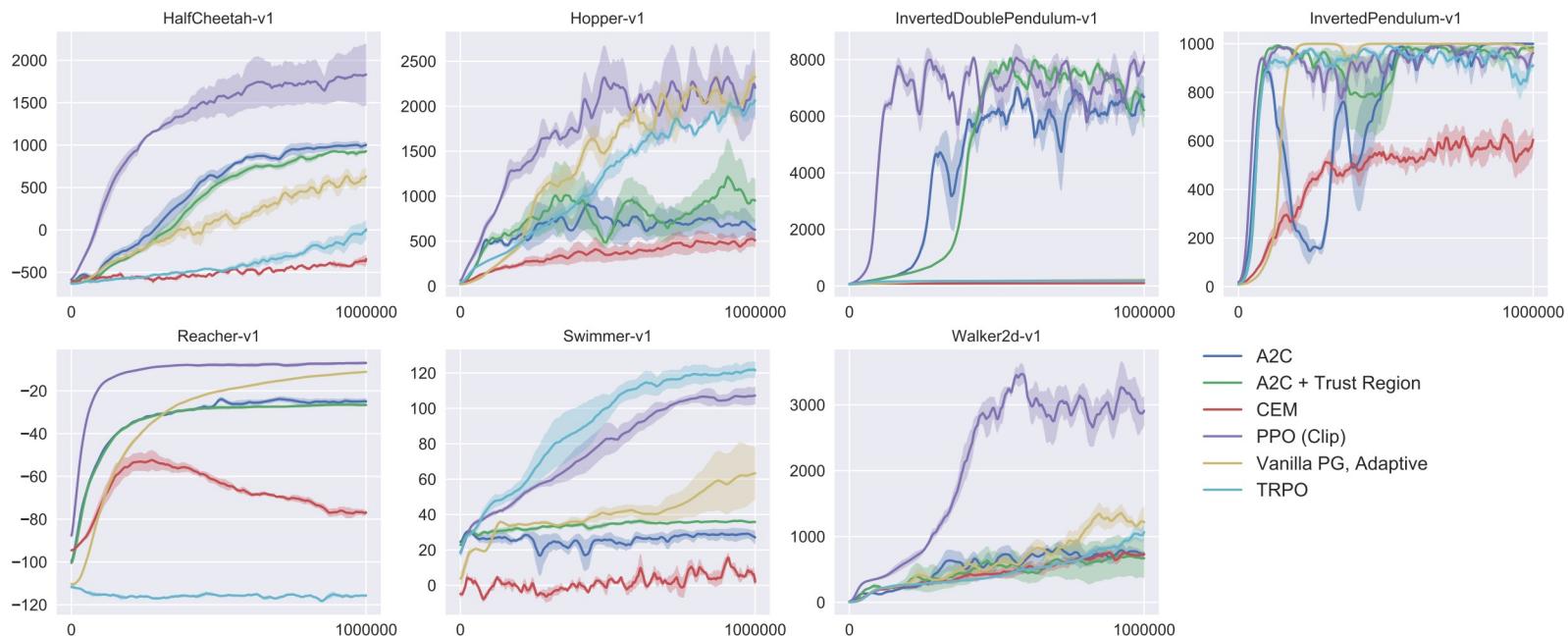


Figure 3: Comparison of several algorithms on several MuJoCo environments, training for one million timesteps.

# Solving a Rubik's cube with robot hand

Policy and value networks: 13 million parameters

Action space: 20 actuated joints (discretized with 11 bins)  $\rightarrow |A| = 11^{20}$

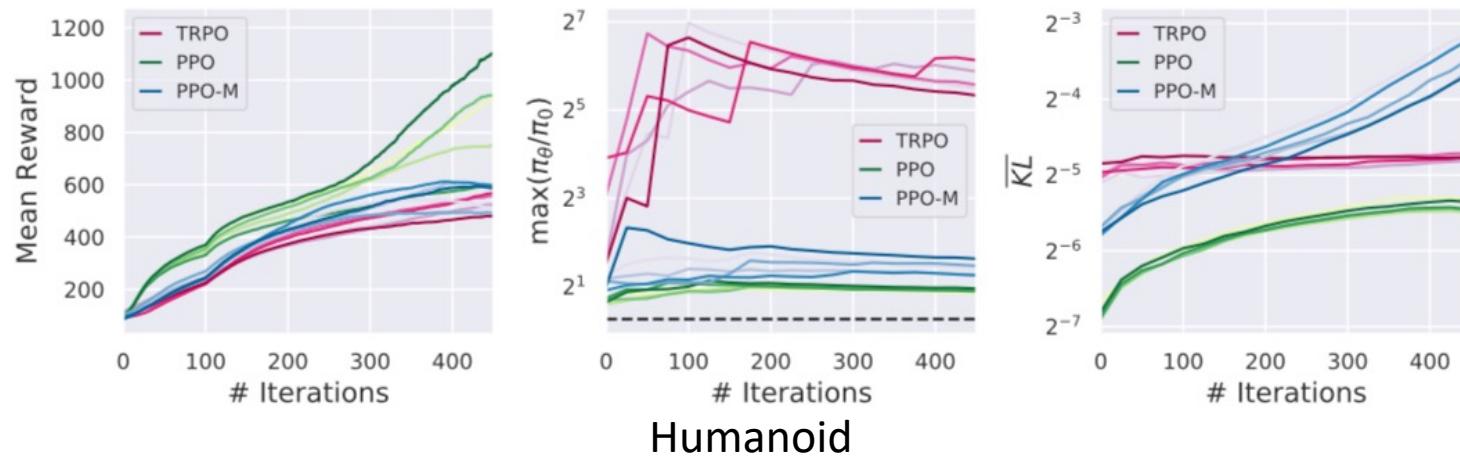


PPO + automatic domain randomization

# Implementation matters. What really makes PPO work?

See careful empirical studies:

- Engstrom, Logan, et al. "Implementation matters in deep policy gradients: A case study on PPO and TRPO." [arXiv preprint arXiv:2005.12729](https://arxiv.org/abs/2005.12729) (2020).
- Andrychowicz, Marcin, et al. "What matters in on-policy reinforcement learning? a large-scale empirical study." [arXiv preprint arXiv:2006.05990](https://arxiv.org/abs/2006.05990) (2020).



**PPO vs PPO-M:** value function clipping, reward scaling, orthogonal initialization & layer scaling, Adam learning rate annealing

# Summary

- Policy gradient methods are an alternative and powerful class of reinforcement learning methods, based on directly optimizing the policy, rather than the value function.
- Due to the on-policy nature, data from  $\pi(\theta)$  only says something about  $\pi(\theta')$  if  $\theta$  and  $\theta'$  are close (performance difference lemma) → Need to be careful about the learning rate.
- A series of techniques to alleviate the burden of learning rate selection: relaxation to KL divergence, trust regions, natural gradients, iterative matrix inversion, adaptive step sizes, advantage clipping.
- Core practical policy gradient methods: REINFORCE, TRPO, PPO, SAC.
- Ultimately, computational efficiency is important when handling millions (or billions) of parameters.

# References

1. Matteo Pirotta. FAIR. Reinforcement Learning. 2019, Lecture 5.
2. Matteo Pirotta. Reinforcement Learning Summer School, 2019. Policy Search: Actor-Critic Methods.