

Advanced policy space methods

Managing the learning rate

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6.7920: Reinforcement Learning: Foundations and Methods

Readings

1. Alekh Agarwal Nan Jiang Sham M. Kakade Wen Sun.
Reinforcement Learning: Theory and Algorithms, 2021.
([Ch 11.1-11.2, Ch 12](#))

Outline

1. Recap: policy gradient and actor-critic
2. Conservative policy iteration (CPI)
 - a. Performance difference lemma
3. Natural policy gradient (NPG)
4. Trust region policy optimization (TRPO)
5. Proximal policy optimization (PPO)

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Policy Gradient as Policy Update

Approximate Policy Iteration

$$\pi_{\theta_{k+1}} = \arg \max_{\pi_{\theta}} Q^{\pi_{\theta}}(s, \pi_{\theta}(s))$$

Unstable (fast)

Policy Gradient

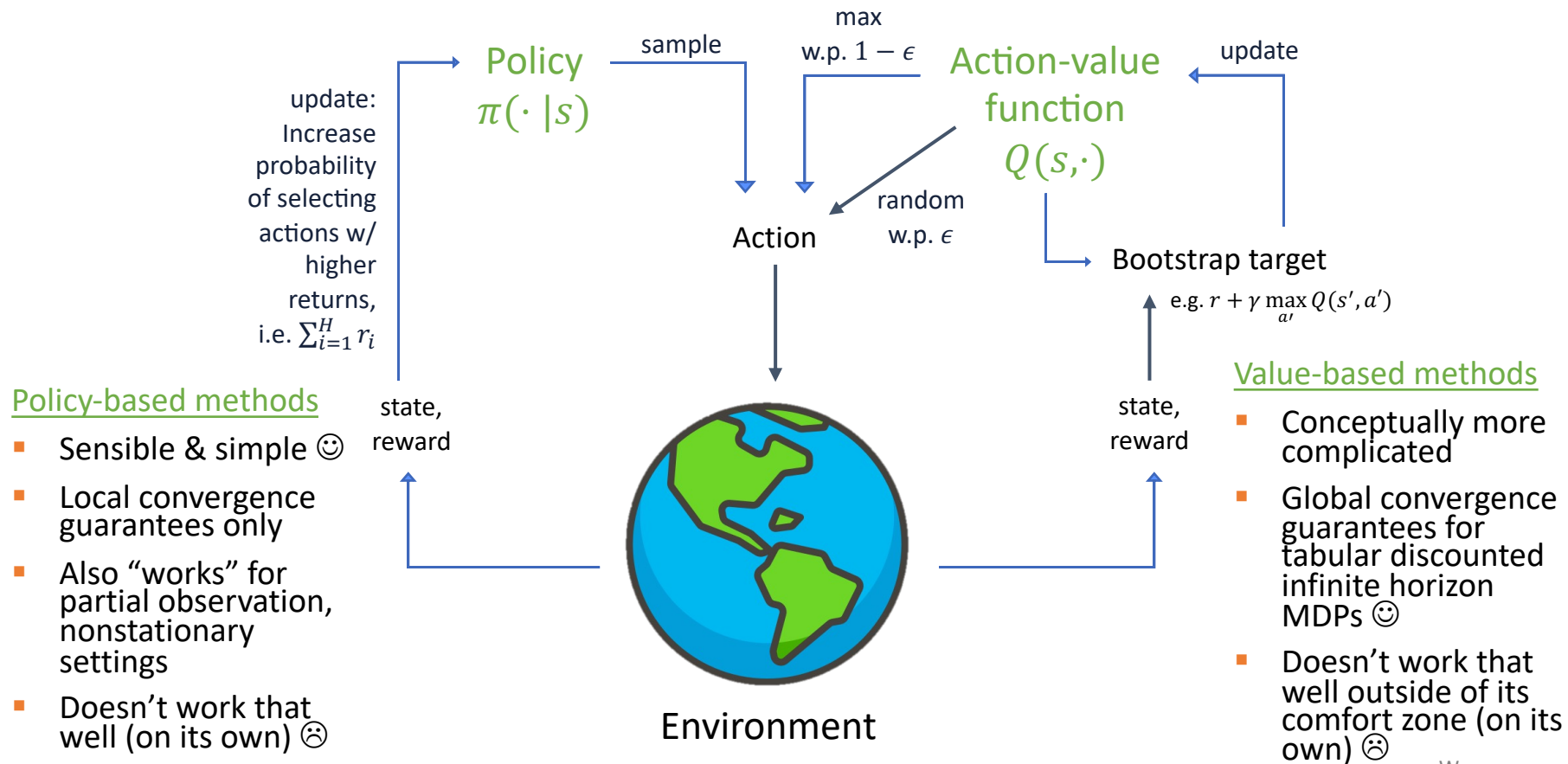
$$\theta_{k+1} = \theta_k + \alpha_k \nabla_{\theta} V(\theta_k)$$

Smooth, fine control (slow)

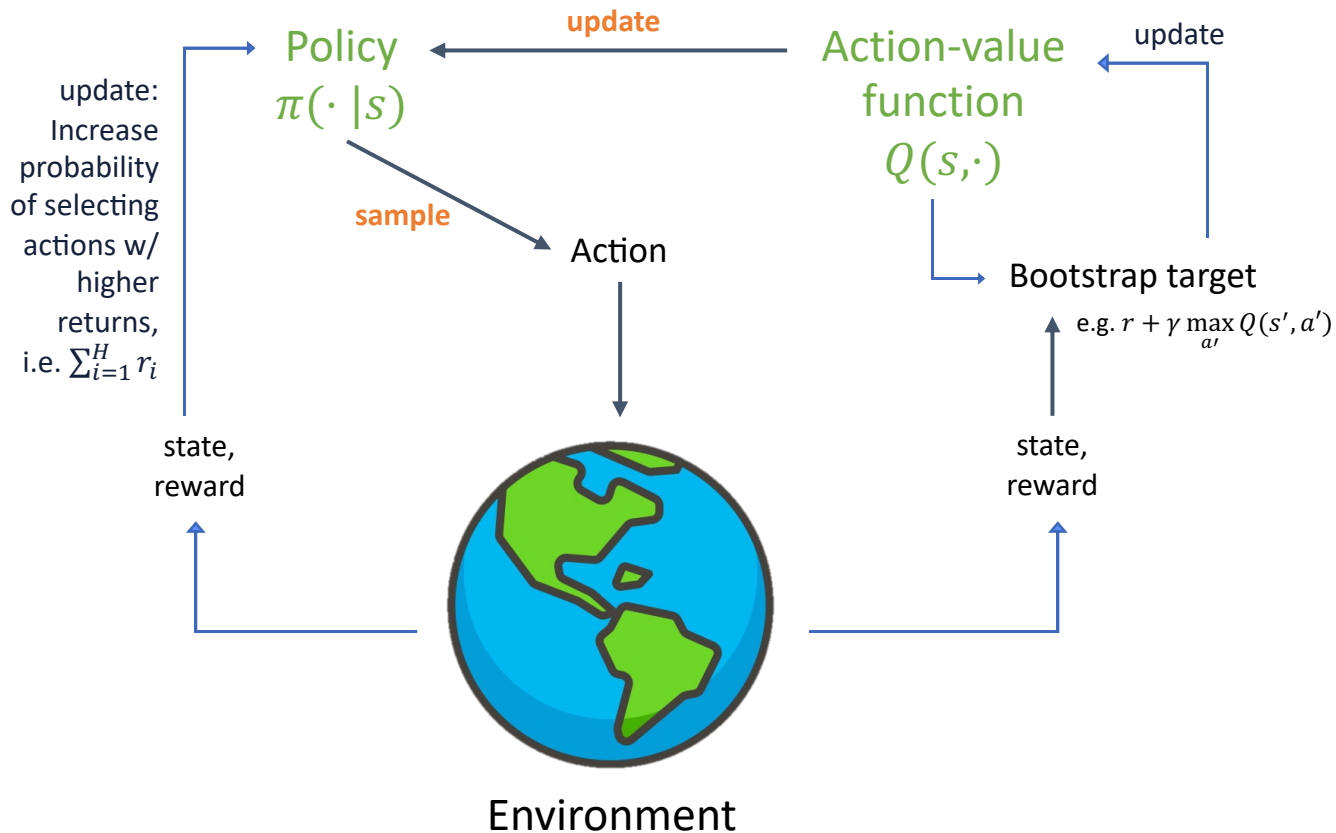
- 1. How do we compute $\nabla_{\theta} V(\theta)$?**
- 2. How quickly do we update (i.e. α_k)?**

A variety of approaches help to reduce variance:
temporal structure, baselines, actor-critic methods.

Policy-based vs value-based methods



Actor-critic methods



Policy Gradient as Policy Update

Approximate Policy Iteration

$$\pi_{\theta_{k+1}} = \arg \max_{\pi_{\theta}} Q^{\pi_{\theta}}(s, \pi_{\theta}(s))$$

Unstable (fast)

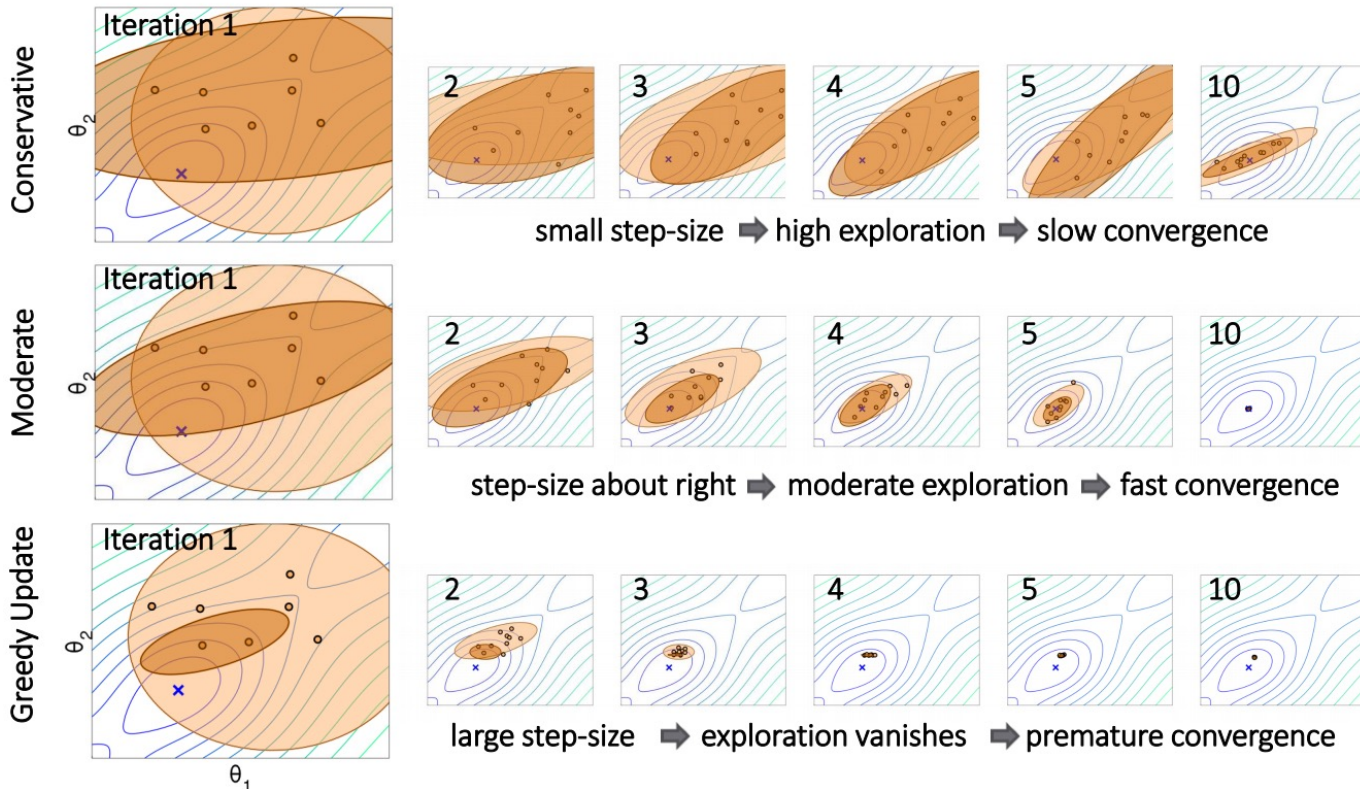
Policy Gradient

$$\theta_{k+1} = \theta_k + \alpha_k \nabla_{\theta} V(\theta_k)$$

Smooth, fine control (slow)

1. How do we compute $\nabla_{\theta} V(\theta)$?
2. **How quickly do we update (i.e. α_k)?**

Exploration-exploitation trade-off



Source: Policy Search: Methods and Applications, Peters and Neumann

Policy gradient

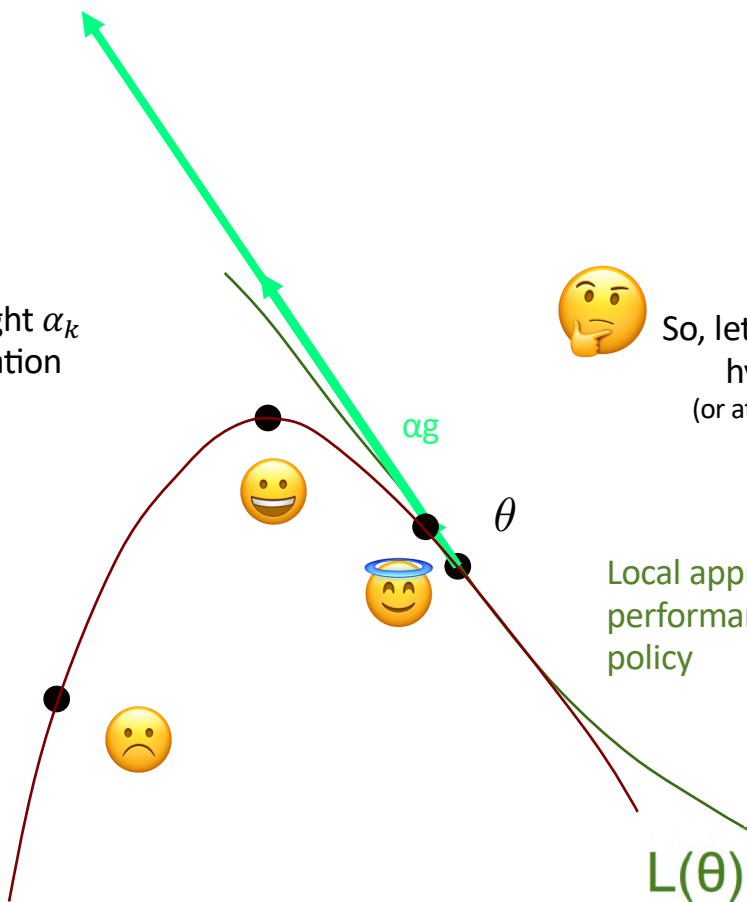
Difficult to pick the right α_k without more information



So, let's avoid having this hyperparameter (or at least find an "easier" hyperparameter)

True objective (the performance of the policy)

$v(\theta)$



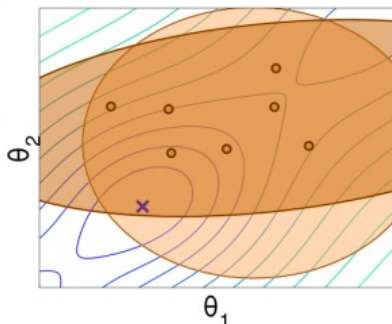
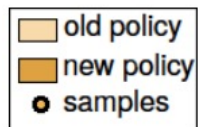
Local approximation to performance of the policy

$L(\theta)$

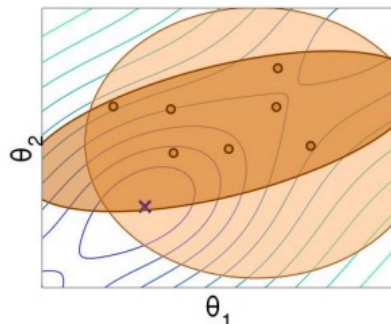
→ A slew of algorithms

Desired Properties for the Policy Update

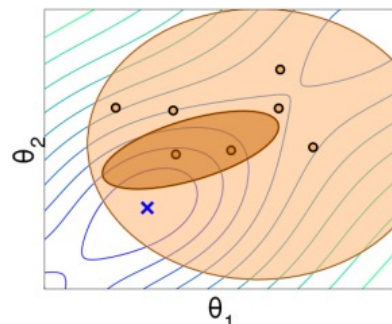
- **Invariance** to parameter or reward transformations
- **Regularized policy update**
 - Update is computed based on data
 \Rightarrow **stay close to data!**
 - Smooth learning progress
- **Controllable exploration-exploitation trade-off**



Conservative Update
Small "step size"



Moderate Update,
Moderate "step size"



Greedy update
Large "step size"

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Relative Performance

Issues:

- We would like to exploit past samples (collected by π)
- We do not know how much to trust them (since $\pi' \neq \pi$)
- Depends on distribution over trajectories induced by different policies.

Performance Difference Lemma

[\[Burnetas and Katehakis, 1997, Prop. 1\]](#), [\[Kakade and Langford, 2002, Lem. 6.1\]](#), [\[Cao, 2007\]](#)

For any policies $\pi, \pi' \in \Pi^{\text{SR}}$

$$\begin{aligned} V(\pi') - V(\pi) &= \sum_{s,a} d^{\pi'}(s,a) A^{\pi}(s,a) \\ &= \sum_s d^{\pi'}(s) \sum_a \pi'(s,a) A^{\pi}(s,a) \end{aligned}$$

Proof: See Recitation.

Optimization Step

Let π be current policy, π' be a candidate next policy.

$$\begin{aligned}\max_{\pi'} V(\pi') &= \max_{\pi'} V(\pi') - V(\pi) \\ &= \max_{\pi'} \mathbb{E}_{(s,a) \sim d^{\pi'}} [A^{\pi}(s, a)]\end{aligned}$$

👍: Can maintain an estimate of $A^{\pi}(s, a)$.

Issue: Still cannot be directly estimated using data collected from π .

Optimization Step

$$\begin{aligned}
 V(\pi') - V(\pi) &= \mathbb{E}_{s \sim d^\pi} \left[\sum_a \pi'(s, a) A^\pi(s, a) \right] + \sum_s \underbrace{\left(d^{\pi'}(s) - d^\pi(s) \right)}_{\text{see}^*} \sum_a \pi'(s, a) A^\pi(s, a) \\
 &\geq \mathbb{E}_{s \sim d^\pi} \left[\sum_a \pi'(s, a) A^\pi(s, a) - \frac{2\gamma\varepsilon}{1-\gamma} D_{TV}(\pi' || \pi)[s] \right]
 \end{aligned}$$

where $\varepsilon = \max_s |\mathbb{E}_{a \sim \pi'} [A^\pi(s, a)]|$ and

$$D_{TV}(\pi' || \pi)[s] = \sum_a |\pi'(s, a) - \pi(s, a)|$$

Surrogate Loss

$$L_{\pi}(\pi') = V(\pi) + \sum_s d^{\pi}(s) \sum_a \pi'(s, a) A^{\pi}(s, a) - \sum_s d^{\pi}(s) \frac{2\gamma\varepsilon}{1-\gamma} D_{TV}(\pi' || \pi)[s]$$

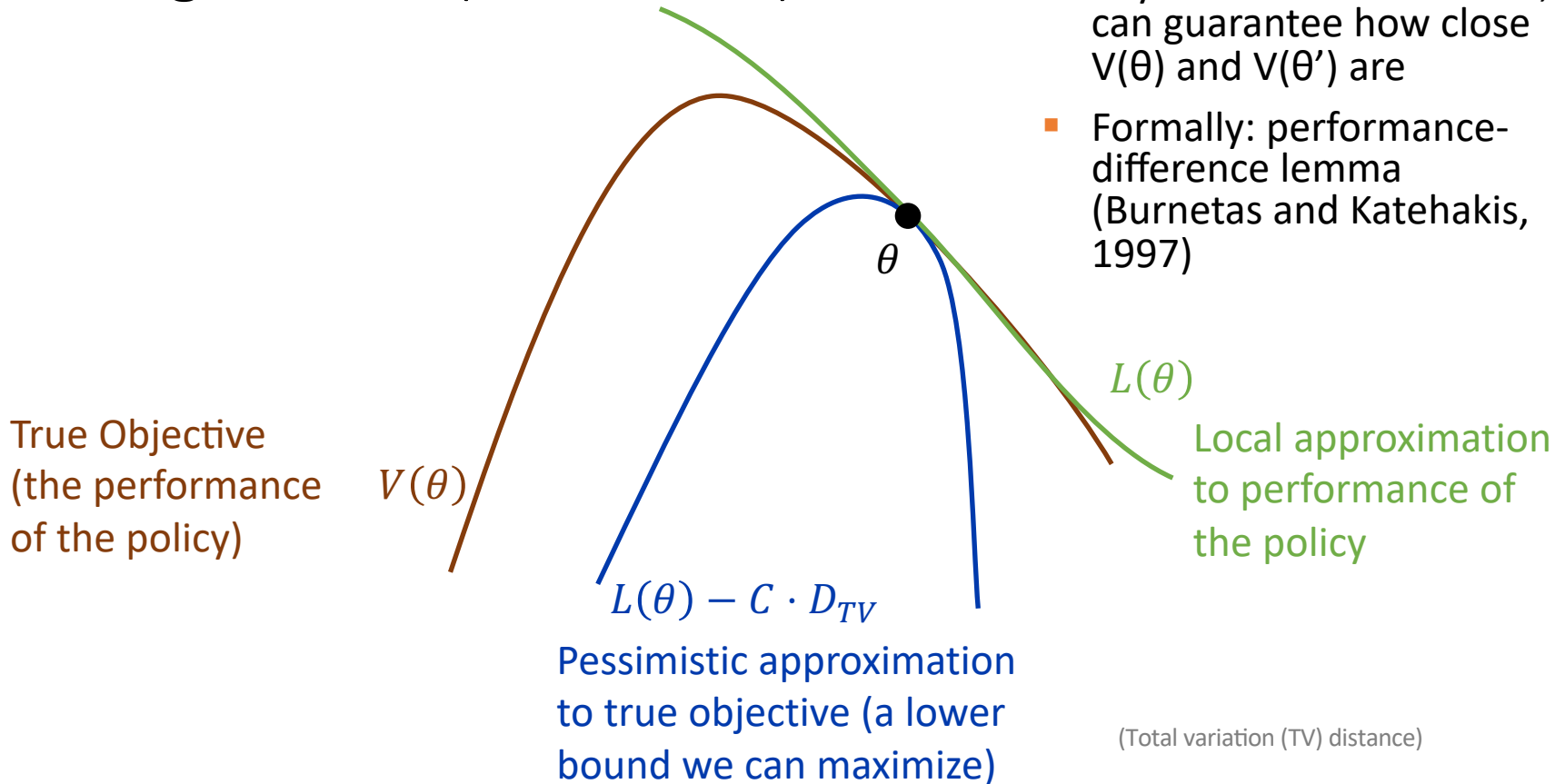
- $L_{\pi}(\pi) = V(\pi)$
- If parametric policies $\pi = \pi_{\theta}$, $\nabla_{\theta} L_{\pi_{\theta}}(\pi_{\theta}) = \nabla_{\theta} V(\pi_{\theta})$

also with this

! In an interval close to π , L_{π} is a good surrogate for V

⇒ Conservative Policy Iteration [\[Kakade and Langford, 2002\]](#)

Surrogate Loss (Continued)



Conservative Policy Iteration

- New policy improvement schema
 - Given current policy π_k solve:

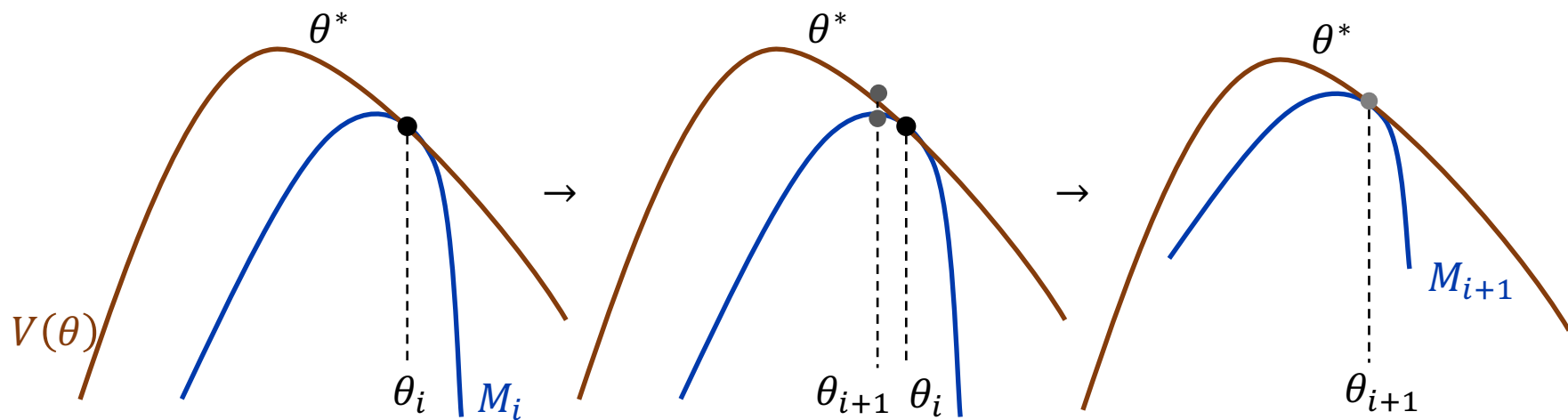
$$V(\pi') - V(\pi_k) \geq \max_{\pi'} \{L_{\pi_k}(\pi') - C \mathbb{E}_{s \sim d^{\pi_k}} [D_{TV}(\pi' || \pi_k)[s]]\} \geq \mathbf{0}$$

⇒ Monotonic performance improvement

Several approaches have been proposed, e.g.

- Kakade and Langford, 2002
- Perkins and Precup, 2002
- Gabillon et al., 2011
- Wagner, 2011, 2013
- Pirotta et al., 2013b,
- Scherrer et al., 2015
- Schulman et al., 2015

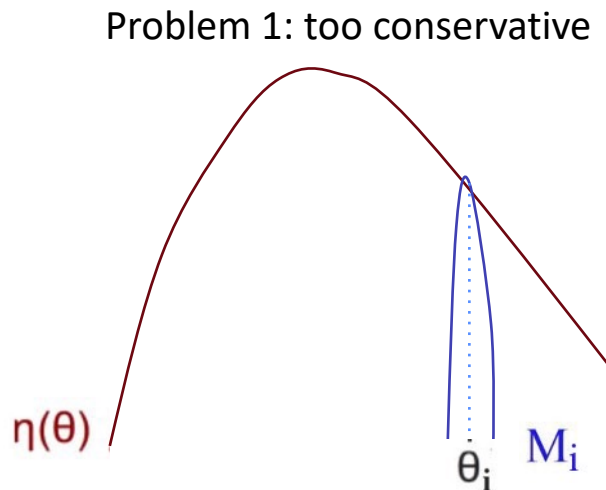
Idea



$V(\theta) = \mathbb{E}[\sum_{t=0}^{\infty} r_t | \pi_{\theta}]$ and M is the lower bound.

Source: [Jonathan Hui: RL-The Math behind TRPO & PPO](#)

Idea: Conservative policy iteration



Problem 2: total variance (TV)
distance is hard to optimize

→ Kullback–Leibler (KL) divergence
a.k.a. relative entropy

Kullback-Leibler divergence (relative entropy)

- Optimizing the total variation $D_{TV}(\pi' || \pi)$ may be **difficult**
- Relax the problem using **Pinsker's inequality** [[Csiszar and Körner, 2011](#)]

$$D_{TV}(\pi' || \pi) \leq \sqrt{2D_{KL}(\pi' || \pi)}$$

Given two probability distributions P and Q

$$D_{KL}(P||Q) = \sum_x P(x) \log \frac{P(x)}{Q(x)}$$

Properties:

- $D_{KL}(P||Q) \geq 0$
- $D_{KL}(Q||Q) = 0$
- $D_{KL}(P||Q) \neq D_{KL}(Q||P)$ (non-symmetric)
- No triangle inequality

Toward Practical Algorithm

- C provided by theory is quite high (**too conservative**)
- Replace regularization with constraint (**trust region**) (e.g. REPS [\[Peters et al., 2010\]](#))

$$\begin{aligned}\pi_{k+1} &= \arg \max_{\pi'} L_{\pi}(\pi') \\ \text{s.t. } &\mathbb{E}_{s \sim d^{\pi}} [D_{KL}(\pi' || \pi)] \leq \delta\end{aligned}$$

Also: not a gradient method anymore?



New hyperparameter



Further Steps Towards Practical Algorithms

- Importance weighting

$$\mathbb{E}_{s \sim d^\pi} \mathbb{E}_{a \sim \pi'} [A^\pi(s, a)] = \mathbb{E}_{s \sim d^\pi} \mathbb{E}_{a \sim \pi} \left[\frac{\pi'(s, a)}{\pi(s, a)} A^\pi(s, a) \right]$$

⇒ Natural Policy Gradient (NPG) [[Kakade, 2002](#)]

⇒ Trust-Region Policy Optimization (TRPO) [[Schulman et al., 2015](#)]

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Parameter space vs distribution space

Steepest descent direction of a function $h(\theta) \rightarrow -\nabla h(\theta)$

- It yields the **most reduction** in h per unit of change in θ (**parameter space**)
- Change is measured using the standard **Euclidean norm** $\|\cdot\|$

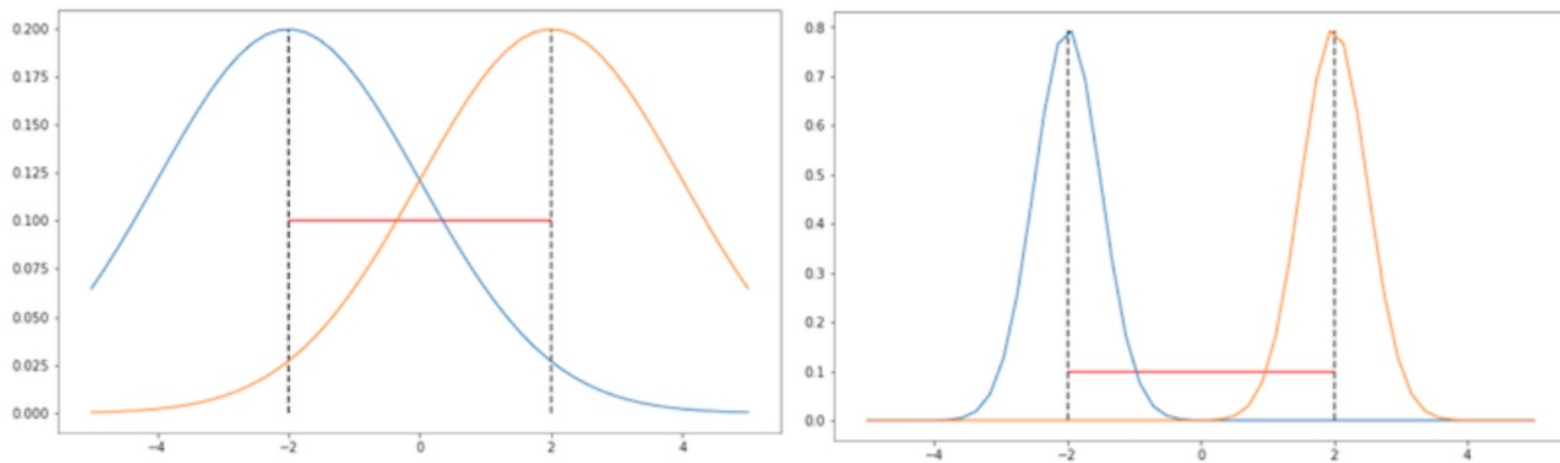
$$\frac{-\nabla h}{\|\nabla h\|} = \lim_{\epsilon \rightarrow 0} \frac{1}{\epsilon} \arg \min_{d: \|d\| \leq \epsilon} \{h(\theta + d)\}$$

Is the Euclidean norm the best metric?

- Recall: θ induces stochastic policy
- \rightarrow we are interested in optimizing in **distribution space**.

Example

Consider a Gaussian parameterized by only its mean and keep the variance fixed to 2 and 0.5 for the first and second image respectively



The distance of those Gaussians are the same, i.e. 4, according to Euclidean metric (red line)

<https://wiseodd.github.io/techblog/2018/03/14/natural-gradient/>

Natural gradient

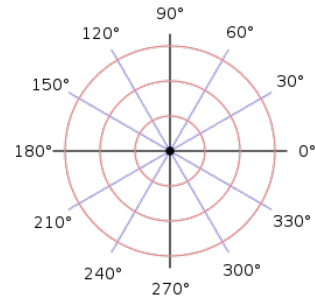
- Can we use an alternative definition of (**local**) distance?
- As suggested by [\[Amari, 1998\]](#) it is better to **define a metric** based not on the choice of the coordinates but rather **on the manifold these coordinates parametrize!** Distribution space!
- Choose: **KL divergence** as the “metric”

Natural gradient

- A **Riemannian space** generalizes Euclidean space to curved spaces. In Riemannian space, the distance is defined as

$$d^2(v, v + \delta v) = \delta v^T G(v) \delta v$$

where G is the **metric tensor**



Example: consider the Euclidean space (\mathbb{R}^2)

- Cartesian coordinate, the metric tensor is the identity
- Polar coordinate

$$x = r \cos \theta \implies \delta x = \delta r \cos \theta - r \delta \theta \sin \theta$$

$$y = r \sin \theta \implies \delta y = \delta r \sin \theta + r \delta \theta \cos \theta$$

$$d^2(v, v + \delta v) = \delta x^2 + \delta y^2$$

$$= \delta r^2 + r^2 \delta \theta^2$$

$$= (\delta r, \delta \theta)^T \text{diag}(1, r^2) (\delta r, \delta \theta)$$

$$(\delta x \ \delta y) \underbrace{\begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}}_G \begin{pmatrix} \delta x \\ \delta y \end{pmatrix}$$

$$(\delta r \ \delta \theta) \underbrace{\begin{pmatrix} 1 & 0 \\ 0 & r \end{pmatrix}}_G \begin{pmatrix} \delta r \\ \delta \theta \end{pmatrix}$$

Natural Gradient

- In Riemannian space, the distance is defined as
$$d^2(v, v + \delta v) = \delta v^T G(v) \delta v^T$$
where G is the **metric tensor**

Natural Gradient [\[Amari, 1998\]](#)

The steepest descent in a Riemannian space is given by

$$\tilde{\nabla} h(\theta) = G(\theta)^{-1} \nabla h(\theta)$$

- What is the metric tensor? Known for many objectives!
- Example: KL divergence (metric) \rightarrow Fisher information (metric tensor)

KL Divergences and the Fisher Information Matrix

- The Kullback Leibler divergence can be **approximated** by the Fisher information matrix (2nd order Taylor approximation)

$$D_{KL}(p(x|\theta) || p(x|\theta + \Delta\theta)) = \Delta\theta^T F(\theta) \Delta\theta + O(\Delta\theta^3)$$

where $F(\theta)$ is the **Fisher Information Matrix (FIM)**

$$F(\theta) = \mathbb{E}_{x \sim p(\cdot|\theta)} [\nabla \log p(x|\theta) \nabla \log p(x|\theta)^T]$$

- Captures information on **how a parameter influences the distribution**

Natural Policy Gradient

$$\pi_{k+1} = \arg \max_{\pi'} \underbrace{\mathbb{E}_{s \sim d^\pi} \mathbb{E}_{a \sim \pi} \left[\frac{\pi'(s, a)}{\pi(s, a)} Q^\pi(s, a) \right]}_{:= \mathcal{L}_{\pi_k}(\pi')}$$

$$\text{s.t. } \underbrace{\mathbb{E}_{s \sim d^\pi} [D_{KL}(\pi' \parallel \pi)]}_{:= \bar{D}_{KL}(\pi' \parallel \pi)} \leq \delta$$

How to solve it? Do it approximately:

$$\mathcal{L}_{\theta_k}(\theta) \approx \mathcal{L}_{\theta_k}(\theta_k) + g^T(\theta - \theta_k)$$

$$\bar{D}_{KL}(\theta \parallel \theta_k) \approx \frac{1}{2}(\theta - \theta_k)^T F(\theta)(\theta - \theta_k)$$

where $g = \nabla_{\theta} \mathcal{L}_{\theta_k}(\theta)$ and $F(\theta) := \nabla_{\theta}^2 \bar{D}_{KL}(\theta \parallel \theta_k)$ is the FIM.

Natural Policy Gradient

The approximate problem is thus:

$$\begin{aligned} \theta_{k+1} &= \arg \max_{\theta} g^T (\theta - \theta_k) \\ \text{s.t. } &\frac{1}{2} (\theta - \theta_k)^T F (\theta - \theta_k) \leq \delta \end{aligned}$$

whose solution is given by:

$$\theta_{k+1} = \theta_k + \underbrace{\sqrt{\frac{2\delta}{g^T F^{-1} g}}}_{\text{Step size}} \underbrace{F^{-1} g}_{\text{Natural gradient}}$$

Algorithms [\[Kakade, 2002; Peters and Schaal, 2008a\]](#)

Natural policy gradient

$$\begin{aligned} & \max_{\theta'} V_{\theta}(\theta') \\ \text{s.t.} & \mathbb{E}_{s \sim d^{\pi}} [D_{KL}(\theta' || \theta)] \leq \delta \end{aligned}$$

Still hard to optimize

Also: not a gradient method anymore?



Can approximate KL with Fisher information matrix

$$F(\theta) = \mathbb{E}_{x \sim p(\cdot | \theta)} \left[\nabla \log p(x | \theta) \nabla \log p(x | \theta)^{\top} \right]$$

Captures how much a parameter influences the distribution

How much policy changes

$$\theta_{k+1} = \theta_k + \underbrace{\sqrt{\frac{2\delta}{g^{\top} F^{-1} g}}}_{\text{step size}} \underbrace{F^{-1} g}_{\text{natural gradient}}$$

vs vanilla policy gradient:
Ignores how much parameters influence the distribution

How much parameters change

Natural Policy Gradient

Initialize policy parameter θ_0

for $k = 1, 2, \dots$ **do**

Collect trajectories \mathcal{D}_k using policy $\pi_k = \pi(\theta_k)$

Estimate advantage function using any algorithm

Compute

- Policy gradient \hat{g}_k (using advantage estimate)
- KL-divergence Hessian / Fisher information matrix \hat{F}_k

Compute new policy using natural gradient

$$\theta_{k+1} = \theta_k + \sqrt{\frac{2\delta}{\hat{g}_k^T \hat{F}_k^{-1} \hat{g}_k}} \hat{F}_k^{-1} \hat{g}_k$$

end

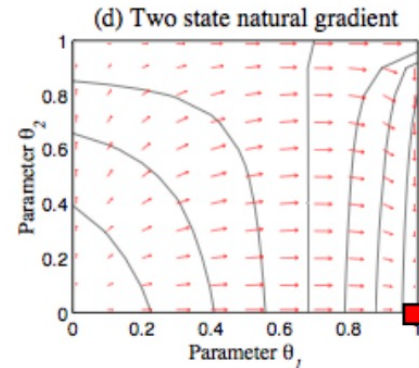
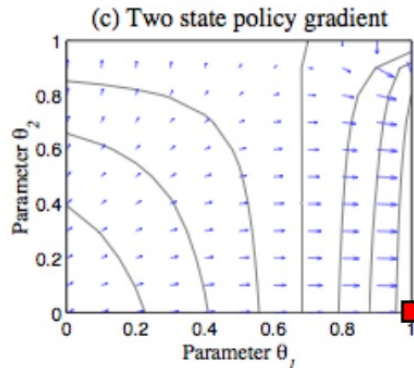
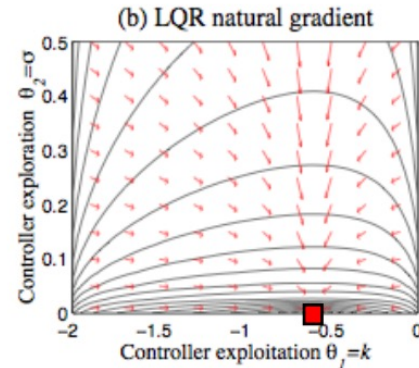
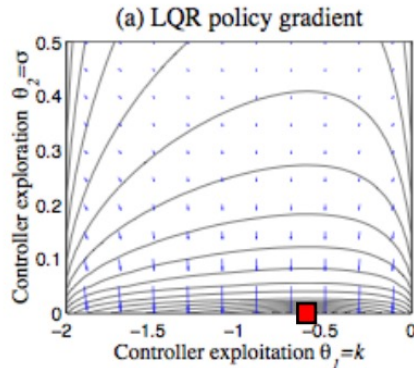
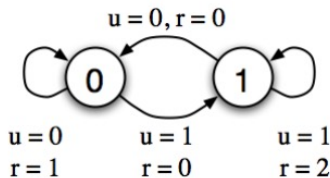
Linear Quadratic Regulation

$$x_{t+1} = Ax_t + Bu_t$$

$$u_t \sim \pi(u|x_t) = \mathcal{N}(u|kx_t, \sigma)$$

$$r_t = -x_t^T Q x_t - u_t^T R u_t$$

Two-State Problem



[Peters et al. 2003, 2005]

The standard gradient reduces the exploration too quickly!

Source: Policy Search: Methods and Applications, Peters and Neumann

Natural actor-critic (2008)

- NPG + refinements + compatible function approximation + imitation learning initialization

[Real-time online learning for robot control](#)

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What's the problem now?

d could be in the millions

$$\theta_{k+1} = \theta_k + \underbrace{\sqrt{\frac{2\delta}{g^\top F^{-1}g}}}_{\text{step size}} \underbrace{F^{-1}g}_{\text{natural gradient}}$$

Problem:

Matrix inversion is $\mathcal{O}(d^3)$

Use **iterative solution approach**
(conjugate gradient method)

Called **truncated natural policy gradient (TNPG)**

Pascanu, Razvan, and Yoshua Bengio. "Revisiting natural gradient for deep networks." ICLR, 2014.

Problem: Might not improve $V(\theta)$ due to KL approximation (of TV distance)

Problem: Due to approximation, KL-constraint might be violated

Solution: enforce KL constraint using an *adaptive step size*

i.e. Try several step sizes and pick one that gives improvement & not too far

- Can always select a smaller step size to get improvement
- Don't want to update too slowly

Called **trust region policy optimization (TRPO)**

Schulman, John, et al. "Trust region policy optimization." ICML, 2015.

How much to
change?

How to control how
much of a change?

Trust Region Policy Optimization

How?

Backtracking line search with exponential decay (decay coeff. $\alpha \in (0,1)$, budget L)

Compute NPG step Δ_k

for $j = 0, \dots, L$ **do**

 Compute update $\theta = \theta_k + \alpha^j \Delta_k$

if $\mathcal{L}_{\theta_k}(\theta) > 0$ and $\bar{D}_{KL}(\theta \parallel \theta_k) \leq \delta$ **then**

 Accept update and $\theta_{k+1} = \theta_k + \alpha^j \Delta_k$

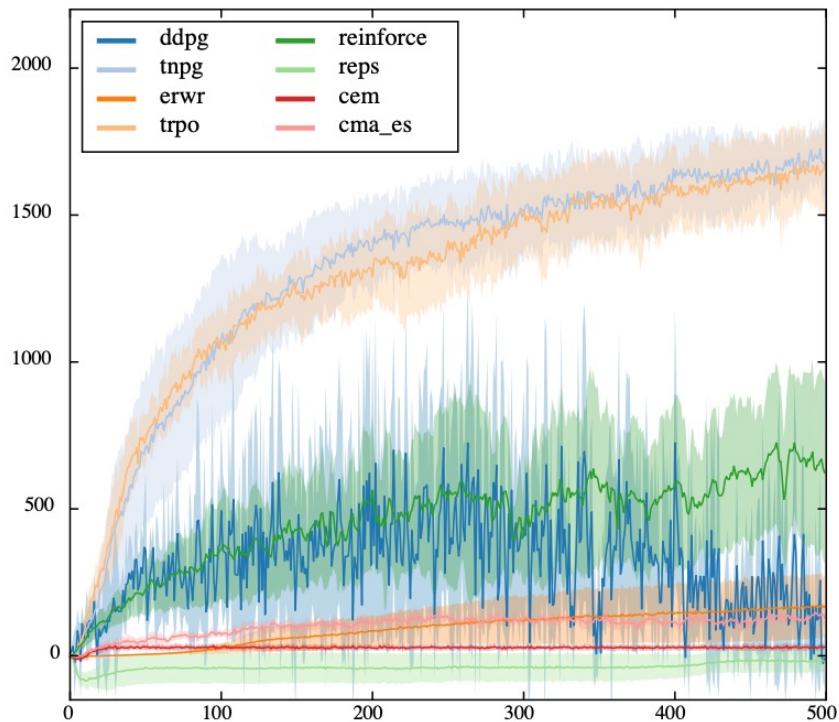
break

end

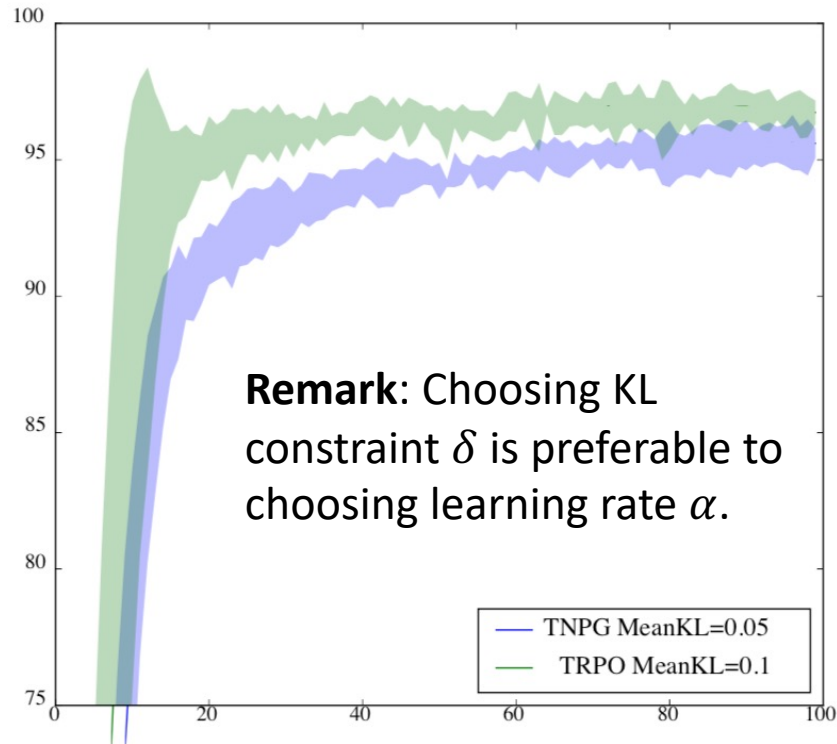
endfor

In practice, TRPO is implemented as (T)NPG plus line search.

Example: Continuous control [\[Duan et al., 2016\]](#)



Walker-2D



Swimmer

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One more method:

proximal policy optimization [\[Schulman et al., 2017\]](#)

$$\theta_{k+1} = \theta_k + \underbrace{\sqrt{\frac{2\delta}{g^\top F^{-1}g}}}_{\text{step size}} \underbrace{F^{-1}g}_{\text{natural gradient}}$$

+ iterative approach to computing $F^{-1}g$

+ adaptive step sizes

Still pretty expensive to compute
Involves computing a Hessian $O(n^2)$



Adaptive step sizes worked well. Let's lean into it. Avoid natural gradient.

Regularize on KL term

Use adaptive step sizes to stay within δ

proximal policy optimization [\[Schulman et al., 2017\]](#)

Problem: Too many approximations going on. **Still have high variance issues.**

Key idea: Extra safety measure. **Modify objective to ignore big changes.**

What's a big change?

$$\pi'(s, a) \neq \pi(s, a)$$

Surrogate objective **Importance weighting**

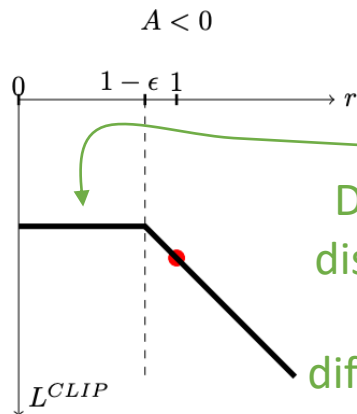
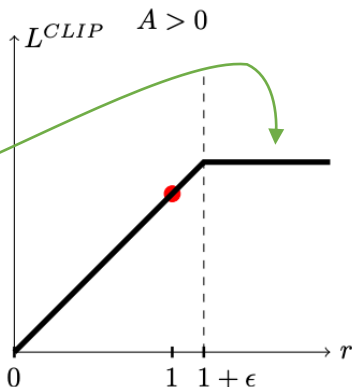
Note: r is ratio, not reward

One way: look at

$$L_{\pi}^{IS}(\pi') = \mathbb{E}_{s \sim d^{\pi}} \mathbb{E}_{a \sim \pi} \left[\frac{\pi'(s, a)}{\pi(s, a)} A^{\pi}(s, a) \right] = \mathbb{E}_{s \sim d^{\pi}} \mathbb{E}_{a \sim \pi} [r_{sa}(\pi') A^{\pi}(s, a)]$$

$$\frac{\pi'(s, a)}{\pi(s, a)}$$

Data is noisy \rightarrow
Don't over-index on
advantageous actions
when the new policy is v.
different from old policy



Data is noisy \rightarrow
Don't under-index on
disadvantageous when
the new policy is v.
different from old policy

Clipped objective: $L_{\pi}^{CLIP}(\pi') = \mathbb{E}_{s \sim d^{\pi}} \mathbb{E}_{a \sim \pi} [\min \{r_{sa}(\pi') A^{\pi}(s, a), \text{clip}(r_{sa}(\pi'), 1 - \epsilon, 1 + \epsilon) A^{\pi}(s, a)\}]$

$$\pi_{k+1} = \arg \max_{\pi} L_{\pi_k}^{CLIP}(\pi)$$

PPO with Clipping

Input: policy θ_0 , clipping ϵ

for $k = 1, \dots$ **do**

Collect trajectories \mathcal{D}_k using policy $\pi_k = \pi(\theta_k)$

Estimate advantage or Q-function using any algorithm

Compute:

$$\theta_{k+1} = \arg \max_{\theta} L_{\theta_k}^{CLIP}(\theta)$$

where:

$$L_{\pi}^{CLIP}(\pi') = \mathbb{E}_{\tau \sim \pi_k} \left[\sum_{t=1}^T \min\{r_t(\theta) \hat{A}_t^{\pi_k}, \text{clip}(r_t(\theta), 1 - \epsilon, 1 + \epsilon) \hat{A}_t^{\pi_k}\} \right]$$

end

PPO with Adaptive KL Penalty

Input: policy θ_0 , KL penalty β_0 , KL-divergence δ

for $k = 1, \dots$ **do**

Collect trajectories \mathcal{D}_k using policy $\pi_k = \pi(\theta_k)$

Estimate advantage or q-function using any algorithm

Compute by gradient descent:

$$\theta_{k+1} = \arg \max_{\theta} \mathcal{L}_{\theta_k}(\theta) - \beta_k \bar{D}_{KL}(\theta \parallel \theta_k)$$

if $\bar{D}_{KL}(\theta_{k+1} \parallel \theta_k) \geq 1.5\delta$ **then**

$$\quad \beta_{k+1} = 2\beta_k$$

end

if $\bar{D}_{KL}(\theta_{k+1} \parallel \theta_k) \leq \frac{\delta}{1.5}$ **then**

$$\quad \beta_{k+1} = \frac{\beta_k}{2}$$

end

end

Initial β_0 not important. Some iteration may violate KL constraint, mostly not!

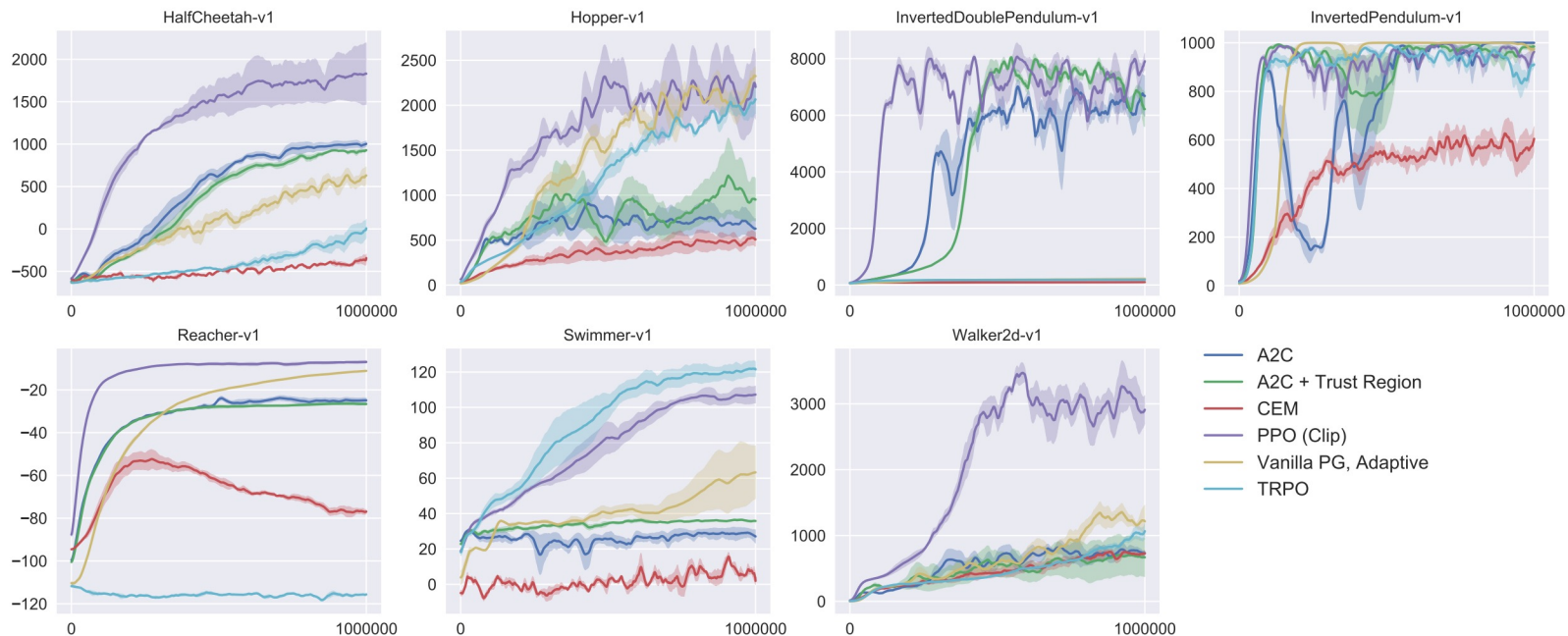


Figure 3: Comparison of several algorithms on several MuJoCo environments, training for one million timesteps.

Solving a Rubik's cube with robot hand

Policy and value networks: 13 million parameters

Action space: 20 actuated joints (discretized with 11 bins) $\rightarrow |A| = 11^{20}$

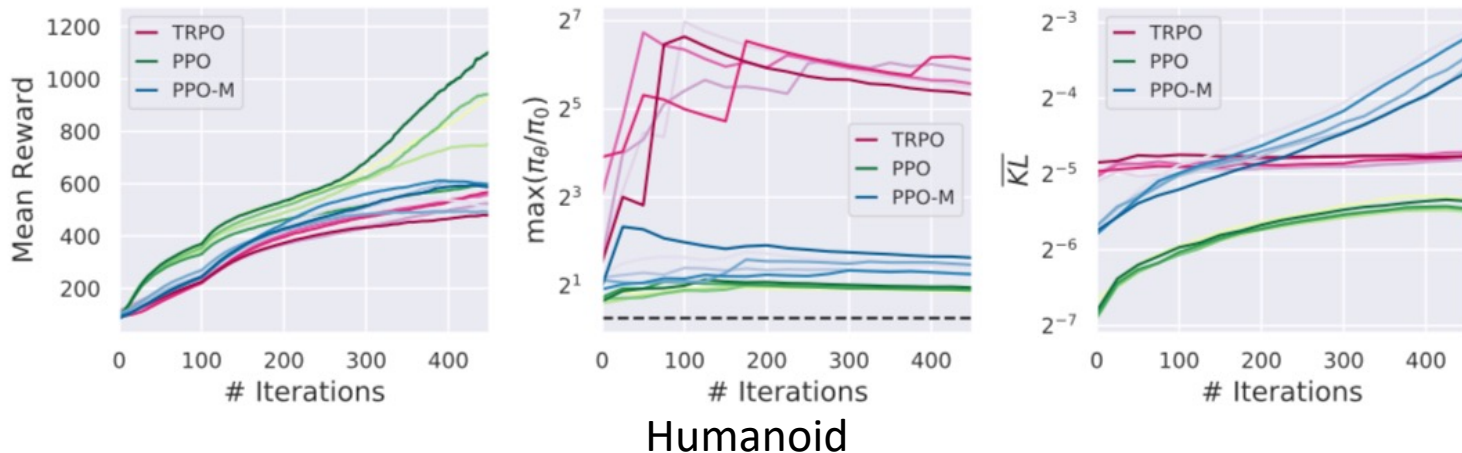


PPO + automatic domain randomization

Implementation matters. What really makes PPO work?

See careful empirical studies:

- Engstrom, Logan, et al. "Implementation matters in deep policy gradients: A case study on PPO and TRPO." [arXiv preprint arXiv:2005.12729](https://arxiv.org/abs/2005.12729) (2020).
- Andrychowicz, Marcin, et al. "What matters in on-policy reinforcement learning? a large-scale empirical study." [arXiv preprint arXiv:2006.05990](https://arxiv.org/abs/2006.05990) (2020).



PPO vs PPO-M: value function clipping, reward scaling, orthogonal initialization & layer scaling, Adam learning rate annealing

Summary

- **Policy gradient methods** are an alternative and powerful class of reinforcement learning methods, based on **directly optimizing the policy**, rather than the value function.
- Due to the on-policy nature, data from $\pi(\theta)$ only says something about $\pi(\theta')$ if θ and θ' are close (**performance difference lemma**) \rightarrow Need to **be careful about the learning rate**.
- A series of techniques to alleviate the burden of learning rate selection: **relaxation to KL divergence, trust regions, natural gradients, iterative matrix inversion, adaptive step sizes, advantage clipping**.
- Core practical policy gradient methods: **REINFORCE, TRPO, PPO, SAC**.
- Ultimately, **computational efficiency** is important when handling millions (or billions) of parameters.

References

1. Matteo Pirotta. FAIR. Reinforcement Learning. 2019, Lecture 5.
2. Matteo Pirotta. Reinforcement Learning Summer School, 2019. Policy Search: Actor-Critic Methods.