

8b. Properties of Nuclides

DAVID T. GOLDMAN

National Bureau of Standards

Table 8b-1 lists the properties that serve to characterize stable and radioactive nuclides. They are shown in order of ascending atomic number. The stable isotopes which constitute the naturally occurring elements are distinguished by boldface type. The literature was reviewed through December, 1968. In the interests of legibility and conciseness, no specific references are given with the table. Detailed information about the nuclides can be found in the list of general references that immediately precedes the table. The numbers cited here have been rounded off to the last significant figure before the uncertainty.

The first three columns of the table give for each element the atomic number, accepted symbol, and name. For the isotopes within each element, columns 4 and 5 give A , mass number, and N , number of neutrons. The atomic number is Z , and $A = Z + N$.

Column 6 lists the mass excess, or the difference between the actual weight of the nuclide and A , in milliaatomic mass units (1 amu = 931.481 MeV). The scale is chosen such that the atomic mass of ^{12}C is exactly 12, and, hence, the mass excess of ^{12}C is identically zero. The values are taken mainly from the analysis of Mattauch, Thiele, and Wapstra [1], and from a later revision by Wapstra for $A \geq 212$ [2]. References 1 and 2 also contribute to column 12, the beta-decay Q values, the energy difference between the ground states of parent and daughter nuclei.

Two major sources of radioactive decay data are the products of the Nuclear Data Group at Oak Ridge National Laboratory [3] and the "Table of Isotopes" compiled at Lawrence Radiation Laboratory [4]. Except for more recently available data, these two references form the general source of most of the material given in columns 7, 8, 11, and 13. Other references to limited regions of the periodic table are the series prepared by Ajzenberg-Selove and Lauritsen [7] for $A \leq 20$ and Endt and Vander Leun [8] for $11 \leq Z \leq 21$.

The isotopic abundances of the naturally occurring isotopes are shown in boldface in column 8 and are those given by Fuller and Nier [5]. Columns 9 and 10 present the nuclear magnetic moments (in nuclear magnetons) and quadrupole moments (in barns), respectively. They are taken from an evaluation by Fuller and Cohen [6], which also provides data for the spins and parities of the nuclides (column 7).

Column 11 gives the decay particle, the most important decay energies in MeV and, in parentheses, the probability, in percent, of this decay energy in each transition. Column 13 gives similar information for the main gamma radiation.

Column 14 presents the 2,200-m/s (often called "thermal") neutron-absorption cross section. It is taken from the analysis of Goldman, et al. [9].

Much of the work presented here was initiated in the preparation of the "Chart of the Nuclides," the latest of which is the ninth edition [10].

References

1. Mattauch, J. H. E., W. Thiele, and A. H. Wapstra: 1964 Atomic Mass Table, *Nucl. Phys.* **67**, 1 (1965), as revised by N. B. Gove and A. H. Wapstra, to be published.
2. Wapstra, A. H.: 1967 Mass Table for $A = 212$, *Proc. 3d Intern. Conf. on Atomic Masses*, p. 153, R. C. Berber, ed., University of Manitoba Press, Winnipeg, 1967.
3. *Nuclear Data Sheets* published as sec. B of the journal *Nuclear Data*, K. Way, ed. This is a continuing series, with properties of the isotopes given in complete detail, which appears periodically. Before 1965 this series was published by the National Academy of Sciences.
4. Lederer, C. M., J. M. Hollander, and I. Perlman: "Table of the Isotopes," 6th ed., John Wiley & Sons, Inc., New York, 1967.
5. Fuller, G. H., and A. O. Nier: Appendix 2, "Relative Isotopic Abundances," *Nucl. Data Sheets*.
6. Fuller, G. H., and V. W. Cohen: *Nucl. Data* **A5**(5), 6 (1968).
7. Ajzenberg-Selove, F., and T. Lauritsen: Energy Levels of Light Nuclei $A = 11-12$, *Nucl. Phys.* **A114**, 1 (1968). Other references in this series are contained herein.
8. Endt, P. M., and C. Vander Leun: Energy Levels of $Z = 11-21$ Nuclei, *Nucl. Phys.* **A105**, 1 (1967).
9. Goldman, D. T., P. Aline, R. Sher, and J. R. Stehn: Twenty-two Hundred Meter per Second Neutron Absorption Cross Sections, submitted for publication.
10. Goldman, D. T., and J. R. Roesser: "Chart of the Nuclides," 9th ed., General Electric Co., 1966.

NUCLEAR PHYSICS

TABLE 8b-1. PROPERTIES OF NUCLIDES

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Symbol	Name	Mass number A	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (σ_c)	2,200-m/s neutron-absorption cross section, barns	
0	n	Neutron	1	1	8.6652	$\frac{1}{2}^+$	11 m	-1.9313	$\beta^- 0.78$	0.332	
1	H	Hydrogen	1	0	7.8252	$\frac{1}{2}^+$	99.985%	+2.79278	0.00052	
2	He	Helium	2	1	14.1022	$\frac{1}{2}^+$	0.015%	+0.83742	+0.0028	
3	Li	Lithium	3	1	16.0407	$\frac{1}{2}^+$	12.3 y	+2.9789	$\beta^- 0.0186$	
4	Be	Beryllium	4	2	16.0297	$\frac{1}{2}^+$	0.00011%	-2.1276	
5	B	Boron	5	1	2.603	0+	100%	
6	C	Carbon	6	1	18.89	0+	0.802 s	
7	N	Nitrogen	7	1	15.123	0+	0.122 s	
8	O	Oxygen	8	1	16.004	$\frac{3}{2}^-$	7.42%	+0.88202	-0.0008	
9	F	Fluorine	9	1	22.487	$\frac{2}{3}^+$	92.58%	+3.2564	-0.04	
10	Ne	Neon	10	1	26.80	$\frac{1}{2}^+$	0.85 s	+1.6332	
11	Na	Sodium	11	1	21.67	$(\frac{1}{2})^+$	0.172 s	
12	Mg	Magnesium	12	1	27.	0+	53.37 d	-1.1776	+0.05	
13	Al	Aluminum	13	1	12.183	$\frac{3}{2}^-$	100%	
14	Si	Silicon	14	1	13.534	0+	2.7 $\times 10^4$ y	
15	P	Phosphorus	15	1	24.609	(2^+)	13.6 s	
16	S	Sulfur	16	1	12.9315	$\frac{3}{2}^+$	19.78%	+1.8007	+0.08	
17	Cl	Chlorine	17	1	9.305	$\frac{3}{2}^-$	80.22%	+2.6835	+0.04	
18	Ar	Arsenic	18	1	14.354	1+	0.0204 s	± 1.002	
19	K	Potassium	19	1	17.78	0.019 s	
20	Ca	Calcium	20	1	31.04	0.0127 s	
21	Sc	Samarium	21	1	16.86	0+	19.4 s	
22	Ti	Titanium	22	1	11.432	$\frac{3}{2}^-$	20.4 m	± 1.03	± 0.031	
23	V	Vanadium	23	1	0.	0+	98.89%	
24	Cr	Chromium	24	1	
25	Mn	Manganese	25	1	
26	Fe	Iron	26	1	
27	Co	Cobalt	27	1	
28	Ni	Nickel	28	1	
29	Cu	Copper	29	1	
30	Zn	Zinc	30	1	
31	Ga	Gallium	31	1	
32	In	Indium	32	1	
33	Tl	Thallium	33	1	
34	Pb	Lead	34	1	
35	Bi	Bismuth	35	1	
36	Ra	Radium	36	1	
37	Fr	Francium	37	1	
38	Rn	Radon	38	1	
39	Po	Poison	39	1	
40	At	Astatine	40	1	
41	Rf	Rutherfordium	41	1	
42	Rh	Rhenium	42	1	
43	Ru	Ruthenium	43	1	
44	Rh	Rhenium	44	1	
45	Ru	Ruthenium	45	1	
46	Rh	Rhenium	46	1	
47	Ru	Ruthenium	47	1	
48	Rh	Rhenium	48	1	
49	Ru	Ruthenium	49	1	
50	Rh	Rhenium	50	1	
51	Ru	Ruthenium	51	1	
52	Rh	Rhenium	52	1	
53	Ru	Ruthenium	53	1	
54	Rh	Rhenium	54	1	
55	Ru	Ruthenium	55	1	
56	Rh	Rhenium	56	1	
57	Ru	Ruthenium	57	1	
58	Rh	Rhenium	58	1	
59	Ru	Ruthenium	59	1	
60	Rh	Rhenium	60	1	
61	Ru	Ruthenium	61	1	
62	Rh	Rhenium	62	1	
63	Ru	Ruthenium	63	1	
64	Rh	Rhenium	64	1	
65	Ru	Ruthenium	65	1	
66	Rh	Rhenium	66	1	
67	Ru	Ruthenium	67	1	
68	Rh	Rhenium	68	1	
69	Ru	Ruthenium	69	1	
70	Rh	Rhenium	70	1	
71	Ru	Ruthenium	71	1	
72	Rh	Rhenium	72	1	
73	Ru	Ruthenium	73	1	
74	Rh	Rhenium	74	1	
75	Ru	Ruthenium	75	1	
76	Rh	Rhenium	76	1	
77	Ru	Ruthenium	77	1	
78	Rh	Rhenium	78	1	
79	Ru	Ruthenium	79	1	
80	Rh	Rhenium	80	1	
81	Ru	Ruthenium	81	1	
82	Rh	Rhenium	82	1	
83	Ru	Ruthenium	83	1	
84	Rh	Rhenium	84	1	
85	Ru	Ruthenium	85	1	
86	Rh	Rhenium	86	1	
87	Ru	Ruthenium	87	1	
88	Rh	Rhenium	88	1	
89	Ru	Ruthenium	89	1	
90	Rh	Rhenium	90	1	
91	Ru	Ruthenium	91	1	
92	Rh	Rhenium	92	1	
93	Ru	Ruthenium	93	1	
94	Rh	Rhenium	94	1	
95	Ru	Ruthenium	95	1	
96	Rh	Rhenium	96	1	
97	Ru	Ruthenium	97	1	
98	Rh	Rhenium	98	1	
99	Ru	Ruthenium	99	1	
100	Rh	Rhenium	100	1	
101	Ru	Ruthenium	101	1	
102	Rh	Rhenium	102	1	
103	Ru	Ruthenium	103	1	
104	Rh	Rhenium	104	1	
105	Ru	Ruthenium	105	1	
106	Rh	Rhenium	106	1	
107	Ru	Ruthenium	107	1	
108	Rh	Rhenium	108	1	
109	Ru	Ruthenium	109	1	
110	Rh	Rhenium	110	1	
111	Ru	Ruthenium	111	1	
112	Rh	Rhenium	112	1	
113	Ru	Ruthenium	113	1	
114	Rh	Rhenium	114	1	
115	Ru	Ruthenium	115	1	
116	Rh	Rhenium	116	1	
117	Ru	Ruthenium	117	1									

								0.0009
7	N	Nitrogen	13	7	3.354	$\frac{1}{2}^-$	1.11%	
			14	8	3.2420	0+	5730 y	+ 0.7024
			15	9	10.600	1+	$\beta^+ 4.51(68), 9.82(32)$	0.1561
			16	10	14.70	0+	β^-, n	0.77
			12	5	13.62	1+	$\beta^+ 16.38, \dots, (100)$	5.299(61)
							$3.60(19)(3)$	8.0
							$\beta^+ 1.19(100)$	17.36
								4.43(2.4)
8	O	Oxygen	13	6	5.738	$\frac{1}{2}^-$	10.0 m	
			14	7	3.0744	1+	99.63%	+ 0.4036
			15	8	0.198	$\frac{1}{2}^-$	0.37%	- 0.2831
			16	9	6.101	2-	7.1 s	
			17	10	8.45	(1)-	4.16 s	
			18	11	14.25	(0.12)-	0.33 s	
9	F	Fluorine	13	5	24.81	$(\frac{3}{2})^-$	0.0087 s	
			14	6	8.597	0+	71.0 s	$\beta^+, p_0(80), 6.97(20)$
			15	7	3.070	2-	124 s	$\beta^+ 1.81(99.4), 4.12(1.6)$
			16	8	-5.0850	0+	99.759%	$\beta^+ 1.74(100)$
			17	9	-0.867	$\frac{5}{2}^+$	0.037%	
			18	10	-0.8400	0+	0.204%	
			19	11	3.578	$\frac{5}{2}^+$	27 s	
			20	12	4.08	0-	11 s	
			17	8	2.096	$\frac{5}{2}^+$	66 s	$\beta^+ 1.74(100)$
			18	9	0.937	1+	169.7 m	$\beta^+ 0.63(97), \epsilon(3)$
			19	10	-1.595	$\frac{1}{2}^+$	100 %	
			20	11	-0.017	2+	11.4 s	$\beta^+ 5.42(100)$
			21	12	-0.040	$\frac{5}{2}^+$	4.4 s	$\beta^+ 5.4(67), 4.0(13)$
			22	13	3.04	(3+)	4.0 s	$\beta^+ 11$
			17	7	17.7	(1-)	0.10 s	$\beta^+ p_0.59, 3.80, 5.08,$
								6.95, ...
								$\beta^+ 3.42(93), \dots$
								$\beta^+ 2.22(100)$
10	Ne	Neon	18	8	5.711	0+	1.5 s	
			19	9	1.881	$\frac{1}{2}^+$	17.4 s	- 1.887
			20	10	-7.560	0+	90.92%	
			21	11	-6.153	$\frac{3}{2}^+$	0.257%	- 0.0618
			22	12	-8.615	0+	6.82 %	+ 0.09
			23	13	-5.529	($\frac{1}{2}$ +) \dots	37.6 s	- 1.08
			24	14	-6.39	0+	3.38 m	

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

Atomic number <i>Z</i>	Symbol	Name	Mass number <i>A</i>	Number of neutrons <i>N</i>	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
					Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half-life	Magnetic moment, nuclear magnetons	Quadrupole moment, harns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, harns					
11	Na	Sodium	20	9	7.4	0.402 s	$\beta^* 11.25, 5.5, \dots$	13.91	1.63, ...	0.534	40,000				
			21	10	-2.35	$\frac{3}{2}^+$	22.8 s	+2.386	$\alpha 2.14, \dots$	3.54	0.35(2.2)						
			22	11	-5.563	3^+	2.602 y	+1.746	$\beta^* 2.52(98), 2.17(2)$	2.813	1.27(19).5						
			23	12	-10.229	$\frac{3}{2}^+$	100%	+2.2175	+0.14	$\beta^* 0.541(90), 1.82(0.05), 4(9.5)$								
			24	13	-9.036	4^+	14.98 h	+1.690	$\beta^* 3.8(65), 3.3(30), 2.2(5)$	3.83	0.98(15), 0.39(14), 0.58(14), 1.61(6)						
			25	14	-10.05	$5-2+$	60 s	$\beta^* 6.7(100), \dots$	8.5	1.81(100)						
12	Mg	Magnesium	20	8	-8.1	2 or $3+$	1.04 s	$\beta^* 3.4, 4.0, 4.3, 4.8,$	13.1							
			21	9	11.71	19.	0.6 s	$\beta^* 3.16(50), 3.23(36), 1.88(5)$	4.80	0.073(59), 0.563(100), 1.28(5)						
			22	10	-0.41	0+	4.00 s	$\beta^* 3.04(91), 2.60(9)$	4.056	0.439(9)						
			23	11	-5.875	$\frac{1}{2}^+$	12.0 s	$\beta^* 1.75(69), 1.59(31)$	2.61	0.81(70), 1.03(0), 0.18(1)						
			24	12	-14.956	0^+	78.70%	$\beta^* 0.46(100)$	1.835	0.032(96), 1.35(70), 0.40(31), 0.65(29)						
			25	13	-14.161	$\frac{5}{2}^+$	10.13%	-0.8551	+0.22	0.05					
			26	14	-17.407	0^+	11.17%	$\beta^* 13.3(4.4), 11.9(1.9), 8.74(8), 6.8(3)$	14.32	170.439(93), 1.369(1.9)						
			27	15	-15.657	$\frac{1}{2}^+$	9.49 m	$\beta^* 3.40(48), 4.12(41), 3.24(100)$	13.88	1.37(40), 2.73(32), 4.22(15), 7.1(7), 5.4(6)						
			28	16	-16.121	0^+	21.3 h	$\beta^* 3.21(100)$	4.26	4.232						
13	Al	Aluminum	24m	1+	0.13 s	$\beta^* 1.16(85), \epsilon(15)$	4.003	1.81(100), 1.2(2), ...						
			24	11	0.5	4+	2.09 s	0.18					
			25	12	-9.568	$\frac{5}{2}^+$	7.23 s	0.030						
			26m	13	-13.106	0^+	6.38 s						
			26	13	-13.106	5^+	7.4×10^5 y						

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Num- ber of neutrons N	Mass excess, amu $\times 10^{-3}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
17	Cl	Chlorine	34m	...	3+	32.2 n	1.57 s 75.53 %	+0.82133 +1.285	-0.079 -0.017	$\beta^{+} 2.5(28), 1.3(27), \dots$ $\beta^{+} 4.5(100)$ $\beta^{-} 0.71(98.3),$ $\epsilon(1.7), \beta^{+} 0.2(0.002)$	5.63 5.48 0.712 1.14	IT0.146(4), 2.13(41), 3.30(14), 4.12(0.4)	...
			34	17	-26.250	0+	31.146	2+	44
			35	18	-31.146	2+	-31.693	2+	3.07 $\times 10^8$ y	0.43
			36	19	-31.693	2+	-34.097	3+	24.47%	+0.68111	-0.062
			37	20	-34.097	3+	-32.00	2-	0.74 s
			38m	21	-32.00	2-	-37.2 n	-	37.2 n
			38	21	-32.00	2-	-31.90	3+	55.5 m
			39	22	-31.90	3+	-29.6	(2-)	1.42 m
			40	23	-29.6	(2-)	(2+)	0.18 s
18	Ar	Argon	33	15	-10.	(2+)	-	-	-
			34	16	-10.7	0+	-21.75	3+	0.9 s	+0.63
			35	17	-21.75	3+	-32.453	0+	1.80 s
			36	18	-32.453	0+	-33.223	3+	0.337%
			37	19	-33.223	3+	-37.267	0+	31.8 d	+0.95	(100)
			38	20	-37.267	0+	-35.683	2-	0.063 %
			39	21	-35.683	2-	-37.616	0+	269 y	-1.3
			40	22	-37.616	0+	-35.50	2-	99.60 %
			41	23	-35.50	2-	-36.95	0+	1.83 h
			42	24	-36.95	0+	-	-	33 y
			43	25	-	-	-	-	6 m
			44	26	-	-	-	-	14 m
			45	27	-	-	-	-	14 m
19	K	Potassium	36	17	-18.6	...	-	-	0.27 s
			37	18	-26.64	2+	-	-	1.23 s	+0.204
			38m	19	-	-	-	-	0.95 s

PROPERTIES OF NUCLIDES

38	19	-30.00	3+		+1.374	$\beta^* 2.7(99.3), \dots$	5.93	2.17(99.8), 3.94(0.2)
39	20	-36.20	3+		+0.3914	+0.055	1.314	2.2
40	21	-36.000	4-		-1.298	-0.07	1.505	1.3
						$\beta^* 1.3(98.4),$		70
						$\beta^* (10.6), \beta^* (0.001)$		
41	22	-38.173	3+		+0.2149	+0.067	3.52	1.52(18), \dots
42	23	-37.59	2-		-1.141			
43	24	-39.27	3+		± 0.163			
						$\beta^* 3.5(87), 2.00(18),$		
						$\beta^* 0.32(83), 0.46(10),$		
						1.24(3), 1.82(1.3)		
						$\beta^* 5.2(35), 2(30), 4(9),$		
						1.16(65), \dots		
44	25	-38.44	(2-)		22.0 m			
45	26	-39.3	2+		20 m			
46	27	-38.0	2(-)		115 s			
						$\beta^* 2.1(70), 1.1(20), 4(10)$		
						$\beta^* 6.3(50), \dots$		
						4.19	0.75, 1.7, \dots	
						7.72	1.347(100), 3.70(31),	
							3.02(10), 2.27(9),	
							1.78(9), \dots	
							2.0, 2.6	
47	28	-38.3	1+		17.5 s			
37	17	-14.2			0.173 s			
38	18	-23.74	0+		0.5 s			
39	19	-29.29	2+		0.88 s			
40	20	-37.408	0+		96.97%			
41	21	-37.721	2-		7.7 $\times 10^4$ y	-1.535		
42	22	-41.372	0+		0.64%			
43	23	-41.223	2-		0.141%	-1.317		
44	24	-44.510	0+		2.05%			
45	25	-43.807	(2)-		162.1 d			
46	26	-46.31	0+		0.0013%			
47	27	-45.46	2-		4.561			
						$\beta^* 0.256(100), \dots$		
						0.256	0.0124(0.002)	
						$\beta^* 0.67(83), 1.98(17)$	1.98	0.7
						0.489(7), \dots		
						1.1	1.1	
						$\beta^* 2.1(89), 1.0(10), \dots$	5.26	3.1(89), 4.46(10), 4.7(0.3),
						$\beta^* 3.1$	4.97	0.257, 0.072, 1.52, 1.59
						$\beta^* 5.7(51), 9.58(20),$	14.33	3.74(100), 0.73(46),
						8.8(15), 7.5(15)		1.88(23), 2.05(23),
								3.17(13), 1.13(12), \dots
						$\beta^* 5.5(100)$	6.5	

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

CONTINUATION OF TABLES												(14)	
Nucleides (Continued)												2,200-m/s neutron- absorption cross section, barns	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Mass excess, amu	Number of neutrons N	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	
21	Sc	Scandium	42m	...	7+	61 s	$\beta^+ 2.9(100)$...	6.96	0.438(100), 1.23(100), 1.52(100)	
			42	21	-34.47	0+	0.68 s	$\beta^+ 5.39(100)$	6.43		
			43	22	-38.84	2-	3.94 h	+4.62	-0.26	$\beta^+ 1.20(78), 0.32(22)$	2.22	0.374(22)	
			44m	6+	59 h	+3.88	-0.19	4(1.3)	...	IT0.271(99), 1.02(1.3), 1.12(1.3), 1.16(1.3)	
			44	23	-40.594	2+	3.92 h	+2.56	+0.10	$\beta^+ 1.467(95), \epsilon(5)$	3.647	1.156(100), 1.50(8), 2.70(1)	
			45m	3+	0.30 s	IT0.0124(10)	...	IT0.143	
			45	24	-44.083	2-	100%	+4.7564	-0.22	0.889(100), 1.20(100)	8
			46m	7(+)	19 s	
			46	25	-44.829	4+	83.80 d	+3.03	+0.12	$\beta^- 0.357(100)$, 1.48(0.004), $\beta^+(1.6 \times 10^{-1})$	2.367	0.889(100), 1.20(100)	
			47	26	-47.589	2-	3.35 d	+5.34	-0.22	$\beta^- 0.44(73), 0.60(27)$	1.38		
			48	27	-47.78	6+	1.82 d	$\beta^- 3.33(68), 3.51(12)$	0.600	0.159(73)	
			49	28	-49.97	(2)-	57.5 m	3.98	1.311(100), 6.983(100), 1.037(98), 0.175(9)	
			50m	(2+)	0.35 s	1.212(3)		
			50	29	-47.82	(5+)	1.73 m	1.78(0.03)	IT0.258	
			51	30	-46.40	(2-)	12 s	$\beta^- 3.6, \dots$	0.89	1.12(100), 1.36(100), 0.52(90)	
			41	19	0.088 s	$\beta^- 0.04(55), 4.32(45)$	6.52	1.45(55), 2.1(45)	
			43	21	-31.48	2-	0.49 s	$\beta^- 4.81, 3^{14}, 3.80, 1.58, 4.27, 2.32, \dots$	13		
			44	22	-40.43	0+	48 y	$\beta^- 5.8(100)$	6.8		
			45	23	-41.87	2-	3.09 h	$\epsilon(100)$	0.16	0.0784(100), 0.0678(100)	
			46	24	-47.368	0+	7.93%	± 0.095	≈ ± 0.02	$\beta^- 1.04(85), \dots, \epsilon(15)$	2.06	0.719(0.4), ...	

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number Z	(2) Symbol	(3) Name	(4) Mass number A	(5) Number of neu- trons N	(6) Mass excess, amu $\times 10^{-4}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magnets	(10) Quadrupole moment, barms	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay Q values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2.200-m/ μ neutron- absorption cross section, barns
25	Mn	Manganese	56	31	-61.093	3+	2.576 h	+3.218	β -2.85(53), 1.04(30), 0.75(16), ..	3.70	0.847(100), 1.81(30), 2.12(15), ..	
26	Fe	Iron	57	32	-61.9	($\frac{5}{2}$ -)	1.7 m	β -2.55(62), 1.1(18)	2.7	0.117, 0.134, ..	
			58	33	-60.2	1.1 m	β -	~6.1	0.36, 0.41, 0.52, 0.57, 0.82, 1.0, 1.25, 1.4, 1.6, 2.2, 2.8	
			52	26	-51.88	0+	8.2 h	$\beta^* 0.8(56)$, <44>	2.37	0.165(100)	
			53	27	-54.69	($\frac{3}{2}$)-	8.5 m	$\beta^* 2.8(50)$, 2.4(38), ..	3.98	0.38(39)	
			54	28	-60.38	0+	5.82%	<2>	
			55	29	-61.705	$\frac{3}{2}$ -	2.6 y	
			56	30	-65.065	0+	91.66%	<100>	0.232	2.8
			57	31	-64.609	$\frac{1}{2}$ -	2.19%	+0.0002	
			58	32	-66.723	0+	0.38%	
			59	33	-65.131	$\frac{3}{2}$ -	45.1 d	
			60	34	-66.95	0+	3×10^5 y	β -0.407(54), 0.273(18),	1.566	1.10(56), 1.39(44), 0.192(3), ..	
			61	34	-63.4	($\frac{3}{2}$ -)	6.07 m	β -0.135(100)	0.194	0.059(100)	
			54m	(6.7+)	1.43 m	β -2.62(39), 2.50(26), 2.78(18), ..	3.80	1.20(43), 1.025(43), 0.297(21), ..	
			54	27	-51.53	(0+)	0.194 s	$\beta^* 4.5(100)$	0.41(100), 1.4(100), 1.4(100)	
			55	28	-57.99	($\frac{7}{2}$ -)	18.2 h	$\beta^*(100)$	8.25	2.89(16), 1.77(15),	
			56	29	-60.15	4+	77 d	$\beta^* 1.50(50)$, 1.03(30), 0.3(2), .., <25>	3.46	0.93(80), 1.4(13), 0.48(12), ..	
			57	30	-63.711	$\frac{7}{2}$ -	270 d	<40>, $\beta^* 1.46(19)$, 1.14(1)	4.57	0.845(100), 1.24(70), 2.038(14), 2.04(8), ..	
			58m	5+	9.1 h	<100>	0.837	0.122(89), 0.0144(89), 0.136(11), ..	140,000

28	Ni	Nickel	58	-64.248	2^+	71.3 d	+4.03	2.306	0.8105(000), . . .
			59	-66.811	$\frac{7}{2}^-$	10.47 m	+4.62	+0.4	37.2
60			60m	...	2+	β-1.55(02),	IT0.058(99.8), 1.33(2),	
			60	-66.189	5+	6.26 y	+3.78	58	
61			61	34	-67.56	$\frac{7}{2}-$	99 m	β-0.315(99.7), 0.67(02),	1.33(100), 1.17(99.9)	
			62	35	-66.05	(1+, 2+)	1.55 m	1.49(0.1)	2.0	
62			62	-66.05	(4+, 5+)	13.3 m	β-1.22(100)	β-2.88(75), 0.88(25)	
			63	36	-66.41	($\frac{5}{2}^-, \frac{7}{2}-$)	52 t	5.22	
64			64m	...	4+	28 t	1.170(100), 1.163(82),		
			64	37	-64.5	(1+)	<23 s	2.47(20), 1.74(20),		
56			56	28	-57.88	0+	6.10 d	2.03(7)	2.03(7)	
			57	29	-60.23	$\frac{3}{2}-$	36.0 h	β-3.6(100)	3.7	
58			58	30	-64.664	0+	67.48%	0.088(100)	IT0.005(100)	
			59	31	-65.660	$\frac{3}{2}-$	7.5 × 10 ⁴ y	β-	~7.0	
60			60	32	-69.220	0+	26.33 %	β-100)	2.11	
			61	33	-68.050	$\frac{3}{2}-$	1.19 %	0.163(99), 0.812(84),	
62			62	34	-71.660	0+	3.66 %	0.72(0), . . .	0.72(0), . . .	
			63	35	-70.339	$\frac{1}{2}-$	92 y	0.755(51), 0.276(34),	
64			64	36	-72.04	0+	1.01 %	0.472(34), . . .	
			65	37	-69.93	$\frac{5}{2}-$	2.54 h	1.37(86), 0.127(14),	
66			66	38	-70.92	0+	55 h	1.89(14), . . .	
			67	39	-67.8	(-)	50 s	
29	Cu	Copper	58	29	-55.46	$\frac{3}{2}-$	3.20 s	4.7	
			59	30	-60.50	$\frac{3}{2}-$	82 s	
60			60	31	-62.64	2+	23 m	+1.22	
			61	32	-66.54	$\frac{3}{2}-$	3.32 h	+2.13	0.0659(100)	
62			62	33	-67.43	1+	9.8 m	-0.38	0.065(16),	
			63	34	-67.43	1+	0.066(5), . . .		
64			64	35	-67.43	1+	0.066(5), . . .		
			65	36	-67.43	1+	0.066(5), . . .		
66			66	37	-67.43	1+	0.066(5), . . .		
			67	38	-67.43	1+	0.066(5), . . .		
68			68	39	-67.43	1+	0.066(5), . . .		
			69	40	-67.43	1+	0.066(5), . . .		
70			70	41	-67.43	1+	0.066(5), . . .		
			71	42	-67.43	1+	0.066(5), . . .		
72			72	43	-67.43	1+	0.066(5), . . .		
			73	44	-67.43	1+	0.066(5), . . .		
74			74	45	-67.43	1+	0.066(5), . . .		
			75	46	-67.43	1+	0.066(5), . . .		
76			76	47	-67.43	1+	0.066(5), . . .		
			77	48	-67.43	1+	0.066(5), . . .		
78			78	49	-67.43	1+	0.066(5), . . .		
			79	50	-67.43	1+	0.066(5), . . .		
80			80	51	-67.43	1+	0.066(5), . . .		
			81	52	-67.43	1+	0.066(5), . . .		
82			82	53	-67.43	1+	0.066(5), . . .		
			83	54	-67.43	1+	0.066(5), . . .		
84			84	55	-67.43	1+	0.066(5), . . .		
			85	56	-67.43	1+	0.066(5), . . .		
86			86	57	-67.43	1+	0.066(5), . . .		
			87	58	-67.43	1+	0.066(5), . . .		
88			88	59	-67.43	1+	0.066(5), . . .		
			89	60	-67.43	1+	0.066(5), . . .		
90			90	61	-67.43	1+	0.066(5), . . .		
			91	62	-67.43	1+	0.066(5), . . .		
92			92	63	-67.43	1+	0.066(5), . . .		
			93	64	-67.43	1+	0.066(5), . . .		
94			94	65	-67.43	1+	0.066(5), . . .		
			95	66	-67.43	1+	0.066(5), . . .		
96			96	67	-67.43	1+	0.066(5), . . .		
			97	68	-67.43	1+	0.066(5), . . .		
98			98	69	-67.43	1+	0.066(5), . . .		
			99	70	-67.43	1+	0.066(5), . . .		
100			100	71	-67.43	1+	0.066(5), . . .		
			101	72	-67.43	1+	0.066(5), . . .		
102			102	73	-67.43	1+	0.066(5), . . .		
			103	74	-67.43	1+	0.066(5), . . .		
104			104	75	-67.43	1+	0.066(5), . . .		
			105	76	-67.43	1+	0.066(5), . . .		
106			106	77	-67.43	1+	0.066(5), . . .		
			107	78	-67.43	1+	0.066(5), . . .		
108			108	79	-67.43	1+	0.066(5), . . .		
			109	80	-67.43	1+	0.066(5), . . .		
110			110	81	-67.43	1+	0.066(5), . . .		
			111	82	-67.43	1+	0.066(5), . . .		
112			112	83	-67.43	1+	0.066(5), . . .		
			113	84	-67.43	1+	0.066(5), . . .		
114			114	85	-67.43	1+	0.066(5), . . .		
			115	86	-67.43	1+	0.066(5), . . .		
116			116	87	-67.43	1+	0.066(5), . . .		
			117	88	-67.43	1+	0.066(5), . . .		
118			118	89	-67.43	1+	0.066(5), . . .		
			119	90	-67.43	1+	0.066(5), . . .		
120			120	91	-67.43	1+	0.066(5), . . .		
			121	92	-67.43	1+	0.066(5), . . .		
122			122	93	-67.43	1+	0.066(5), . . .		
			123	94	-67.43	1+	0.066(5), . . .		
124			124	95	-67.43	1+	0.066(5), . . .		
			125	96	-67.43	1+	0.066(5), . . .		
126			126	97	-67.43	1+	0.066(5), . . .		
			127	98	-67.43	1+	0.066(5), . . .		
128			128	99	-67.43	1+	0.066(5), . . .		
			129	100	-67.43	1+	0.066(5), . . .		
130			130	101	-67.43	1+	0.066(5), . . .		
			131	102	-67.43	1+	0.066(5), . . .		
132			132	103	-67.43	1+	0.066(5), . . .		
			133	104	-67.43	1+	0.066(5), . . .		
134			134	105	-67.43	1+	0.066(5), . . .		
			135	106	-67.43	1+	0.066(5), . . .		
136			136	107	-67.43	1+	0.066(5), . . .		
			137	108	-67.43	1+	0.066(5), . . .		
138			138	109	-67.43	1+	0.066(5), . . .		
			139	110	-67.43	1+	0.066(5), . . .		
140			140	111	-67.43	1+	0.066(5), . . .		
			141	112	-67.43	1+	0.066(5), . . .		
142			142	113	-67.43	1+	0.066(5), . . .		
			143	114	-67.43	1+	0.066(5), . . .		
144			144	115	-67.43	1+	0.066(5), . . .		
			145	116	-67.43	1+	0.066(5), . . .		
146			146	117	-67.43	1+	0.066(5), . . .		
			147	118	-67.43	1+	0.066(5), . . .		
148			148	119	-67.43	1+	0.066(5), . . .		
			149	120	-67.43	1+	0.066(5), . . .		
150			150	121	-67.43	1+	0.066(5), . . .		

TABLE 8b-1. PROPERTIES OF NUCLIDES (*Continued*)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Symbol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-6}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
29	Cu	Copper	63	34	-70.410	$\frac{3}{2}^-$	69.09 %	+2.223	-0.180	$\epsilon(41), \beta^+ 0.654(19), \beta^- 0.573(40)$	1.677 0.573	1.348(0.6)	4.5 <6,000
			64	35	-70.243	$\frac{1}{2}^+$	12.82 h	-0.216
			65	36	-72.21	$\frac{3}{2}^-$	30.91 %	+2.382	-0.195	$\beta^- 2.32(91), 1.6(9), \beta^- 0.395(51), 0.484(28), \beta^- 0.557(20)$	2.63 0.576	1.039(9) 0.185(45), 0.0933(35), 0.0913(6), $\beta^- 3.4(75), 2.3(10), 2.7(4), \beta^- 2.4(79), \dots$	2.3 130
			66	37	-71.13	$\frac{1}{2}^+$	5.1 m	± 0.283
			67	38	-72.24	$(\frac{3}{2}^-)$	62 h
			68	39	-70.23	$(1.1)^+$	31 s
			69	40	-70.8	$(\frac{3}{2})^-$	3.0 m
30	Zn	Zinc	60	30	-58.18	0^+	2.3 m	ϵ, β^+	0.531(3), 0.649(1), $\beta^+(99), \epsilon(1)$	5.91 0.04(36), 0.597(20), 0.506(13), 0.670(11), 0.962(8), 0.111(51), 0.47(11), 1.64(6), 0.97(3), 0.69(2)	0.91 1.26(15), 2.6 0.09(97), 1.26(15), 1.007(10), 0.834(6), 0.531(3), 0.649(1), 0.47(11), 1.64(6), 0.97(3), 0.69(2)
			61	31	-60.8	$\frac{1}{2}^-$	1.48 m
			62	32	-65.62	0^+	9.15 h	$\epsilon(87), \beta^+ 0.66(13)$	1.68	0.04(36), 0.597(20), 0.506(13), 0.670(11), 0.962(8), 0.111(51), 0.47(11), 1.64(6), 0.97(3), 0.69(2)	0.91 1.26(15), 2.6 0.09(97), 1.26(15), 1.007(10), 0.834(6), 0.531(3), 0.649(1), 0.47(11), 1.64(6), 0.97(3), 0.69(2)
			63	33	-66.79	$\frac{3}{2}^-$	38.4 m	-0.282	+0.31	$\beta^+ 2.34(76), 1.69(10), \beta^+ 0.325(2)$	3.36 1.353	0.670(11), 0.962(8), 1.111(51), 0.47(11), 1.64(6), 0.97(3), 0.69(2)	0.91 1.26(15), 2.6 0.09(97), 1.26(15), 1.007(10), 0.834(6), 0.531(3), 0.649(1), 0.47(11), 1.64(6), 0.97(3), 0.69(2)
			64	34	-70.860	0^+	10.89 %	0.80
			65	35	-70.77	$\frac{5}{2}^-$	144 d	+0.769	-0.026	$\epsilon(98), \beta^+ 0.325(2)$
			66	36	-73.960	0^+	37.49 %	0.9
			67	37	-72.868	$\frac{5}{2}^-$	4.11 %	6
			68	38	-75.152	0^+	18.57 %	1.08
			69m	39	3.9 h	IT0.139(100)
			69	39	-73.46	$\frac{1}{2}^-$	38 m	0.02	0.387(94), 0.488(70), 0.620(65), 0.090	0.090
			70	40	-74.67	0^+	0.62 %
			71m	41	3.92 h

PROPERTIES OF NUCLIDES

8-19

TABLE 8-1. PROPERTIES OF NUCLIDES (*Continued*)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Number of nucl trans N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
32	Ge	Germanium	72	40	-77.918	0^+ $(\frac{1}{2}-)$	27.43 % 0.53 s						0.98
			73m								
			73	41	-76.536	$\frac{1}{2}^+$	7.76 % 0.48 s	-0.8792	-0.28			T0.0533(99), 0.0670(1), 0.0135(99)	
			74	42	-78.821	0^+ $(\frac{1}{2}+)$	36.54 % 46 s						14
			75m								0.45
			75	43	-77.112	$\frac{1}{2}^-(\frac{1}{2}-)$	83 m	± 0.51				T0.138(100)	
			76	44	-78.595	0^+ $(\frac{1}{2})-$	7.76 % 53 s					0.2646(11), 0.199(1), ...	
			77m								
			77	45	-76.39	$(\frac{7}{2}^+)$	11.3 h					T0.159(26), 0.215(22), 0.263(50), 0.210(32), 0.215(28), 0.417(25), 0.558(18), ...	
			78	46	-77.0	0^+	1.5 h					2.76	
			79	47	74.5	...	50 s						
			68	35	~7 m						
			69	36	-67.77	...	15 m						
			70	37	-69.07	$4(+)$	52 m						
			71	38	-72.80	$(\frac{5}{2})^-$	64 h						
			72	39	-73.24	2^-	26 h						
			73	40	-76.17	$(\frac{3}{2}-)$	76 d						
			74m		(5)	8 s					

PROPERTIES OF NUCLIDES

8-21

74	41	-76.069	2-	17.74					
75	42	-78.460	$\frac{3}{2}(-)$	100%					
76	43	-77.602	$\frac{2}{2}-$	26.4 h	+1.439	+0.29	1.51(4), $\beta^+1.36(19),$ 0.72(16)	2.56	0.596(58), 0.635(16), . . .
77	44	-79.25	$\frac{3}{2}-$	38.8 h	-0.405	± 7	$\beta^-2.97(52), 2.41(29),$ 1.76(10), . . .	2.072	0.5593(41), 0.657(6), 1.216(5), . . .
78	45	-78.1	$\frac{2}{2}-$	1.5 h			$\beta^-0.636(17), \dots$	0.686	0.239(2), . . .
79	46	-79.1	$\frac{3}{2}-$	9.0 n			$\beta^-4.1(25), 1.4(25), \dots$	4.1	0.641(56), 0.635(21), 1.310(14), . . .
80	47	-77.0	1+	15 s			$\beta^-2.14(95), 1.70(2),$ 1.80(1.5), 1.25(1.5),	2.24	0.36(2), 0.34(2), . . .
81	48	-77.9	$\frac{3}{2}-$	32 s			$\beta^-6.0(56), \dots$	6.0	0.666(42), 1.64(2), 1.22(2), . . .
82	49			15 s			$\beta^-3.8(100)$	3.8	
83	50			14 s			β^-	0.655, 0.817	
84	51			6 s			β^-		
85	52			2.1 s			β^-, n		
70	36		0+	39 m			β^+		
71	37	-68.	$\frac{3}{2}, \frac{5}{2}-$	4.5 n			$\beta^+3.4$	4.4	0.021, 0.032, 0.050, 0.113, 0.203, 0.427, . . .
72	38	-73.	$\frac{1}{2}+$	8.5 d			ϵ^-	~0.6	0.15, 0.83, 0.87, 1.10, . . .
73	39	-73.23	$\frac{3}{2}+$	42 m			$\beta^+1.71, 1.13(85), \epsilon(15)$	~0.6	0.046
74	40	-77.32	0+	7.1 h			$\beta^+1.32(70), \dots, \epsilon(29)$	0.084, 0.224, 0.394, 0.402, 0.578, 1.08, . . .	
75	41	-77.471	$\frac{5}{2}(+)$	0.87%			$\beta^+1.32(70), \dots, \epsilon(29)$	2.74	0.360(99), 0.3609(65), . . .
76	42	-80.788	0+	120 d	+1.0	$\epsilon(100)$	0.0757(50), . . .	0.865	0.294(59), 0.136(67), 0.279(25), 0.121(17), . . .
77	43	-80.467	$\frac{1}{2}-$	9.02%					
78	44	-82.691	$\frac{1}{2}+$	7.58%					
79	45	-81.316	$\frac{1}{2}+$	23.52%					
80	46	-83.475	$\frac{1}{2}+$	3.9 n					
81m				6.5 $\times 10^{-4}$					
				49.82%					
				49.82%					
				57 m					

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

PROPERTIES OF NUCLIDES

82	47	-83.20	5-	35.4	± 1.626	± 0.70	$\beta^{-0.44(98), \dots}$	3.088	0.7768(63) 0.5543(70).
83	48	-84.83	($\frac{3}{2}$)-	2.40 h	$\beta^{-0.925(92), 0.395(1)}$	0.967	0.6191(43), ... 0.0321(100) 0.0931(100), 0.521(1)
84	6.0 m	$\beta^{+1.9(72), 0.8(20), \dots}$	0.88(75), 1.46(75), 0.44(68), 1.59(16)
84	49	-83.45	31.8 m	$\beta^{+4.7(33), 0.8(19), \dots}$	4.7	0.588(48), 1.9(10), 2.47(7), 1.016(6), ...
85	50	-84.5	($\frac{3}{2}$)-	3.0 m	$\beta^{+2.5}$	2.8	1.56, 1.36, 2.75, 5.44, ...
86	51	-81.5	54 s	$\beta^{+7.4(15), 5.6(15), \dots}$	7.4	1.44, 2.98, 2.56, 4.2, ...
87	52	-80.	55 s	$\beta^{+2.6(70), \dots, n}$	6.5	...
88	53	16 s	β^+, n	0.76
89	54	4.5 s	β^-, n
90	55	1.6 s	β^-, n
94	38	-67.	0+	16 m	$\beta^{+3.1}$	4.1	...
75	39	-69.	5.5 m	β^+, ϵ	~5	...
76	40	-74.	0+	14.8 h	$\beta^{+1.85(40), 1.70(35), \dots}$	~1.0	0.316, 0.267, ...
77	41	-75.5	2+	1.2 h	$\beta^{+1.85(40), 1.70(35), \dots}$	2.99	0.130(87), 0.146(42), 0.106(10) ...
78	42	-79.599	C+	0.35%	4.7	...
79	43	-79.53	($\frac{5}{2}$)+	55 s	IT0.127(100)	IT0.127(100)	...
80	44	-83.62	0+	2.27%	IT0.130(100)	IT0.130(100)	...
81	45	-83.4	($\frac{1}{2}$)-	13 s	IT0.130(100)	IT0.130(100)	...
82	46	-86.518	($\frac{3}{2}$)+	2.1 $\times 10^5$ y	IT0.130(100)	IT0.130(100)	...
K $_2^m$	11.56%	IT0.132(100), 0.6(3.100)	IT0.132(100), 0.6(3.100)	...
83	47	-85.469	($\frac{3}{2}$)+	1.9 h	IT0.132(100)	IT0.132(100)	...
84	48	-83.405	0+	11.55%	-0.970	+0.26	IT0.132(100)	IT0.132(100)	...
85 $_m$	56.90%	IT0.132(100)	IT0.132(100)	...
85	49	-87.463	($\frac{1}{2}$)-	4.4 h	IT0.1405(77), IT0.305(23)	IT0.1405(77), IT0.305(23)	...
86	50	-89.384	($\frac{3}{2}$)+	10.76 y	± 1.005	+0.43	0.514(0.4)	0.514(0.4)	...
87	51	-86.64	($\frac{5}{2}$)+	17.37 c	0.403(56), 1.57(14), 1.3(14), 31(8), 1.5(6)	0.403(56), 1.57(14), 1.3(14), 31(8), 1.5(6)	...
88	52	-85.6	0+	76 m	0.845(8), 2.01(3), 0.674(3), ...	0.845(8), 2.01(3), 0.674(3),
				2.80 h	$\beta^{+0.52(68), 2.8(20), \dots}$	2.8	2.40(35), 0.19(35), 0.9(12), ...

TABLE 8h-1. PROPERTIES OF NUCLIDES (*Continued*)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns	
36	Kr	Krypton	89	53	-82.19	3.2 m	β^+ 1.0, 4.6, 3.8, . . .	5.2	0.221(25), 0.548(21), 1.533(11), 0.398(11), 1.472(10), 0.394(7), . . .		
			90	54	-80.3	0+	33 s	β^+ 1.80(47), . . .	4.56	0.120(65), 0.536(48), 1.11(48), . . .		
			91	55	-77.	0+	9 s	β^- ~3.6	6.5	0.308(65), 0.369(25) 0.14(50), . . .		
			92	56	0+	2.0 s	β^-				
			93	57	1.2 s	β^-				
			94	58	1.4 s	β^-				
			95	59	Short				
			78	41	6.5 m		0.455, 0.664, 1.110, 1.943, 1.148, . . .		
			79	42	-78.1	23 m	β^+	3.5	0.688, 0.183, 0.147, 0.143, 0.130, 0.622, . . .		
			80	43	-77.	1+	34 s	β^+ 4.1(60), . . .	5.8	0.016(40) ITD.085(50)		
			81 m	44	-91.0	2+	32 m	β^+ 1.4(50)		2.26 0.190(65), 0.44(22)		
			81	44	3-	4.7 h	+2.05	* β^+ 1.05(30), 0.75(2)		0.457(3), 0.53(2), . . .		
			82 m	5-	6.4 h	+1.643	β^+ 0.8(100)		0.7708(83), 0.554(370), 0.619(41), 0.668(35), 1.044(31), 1.37(25), . . .		
			82	45	-81.8	1+	1.3 m	β^+ 3.15(83), . . .	4.17	0.7769(13), 1.386(1), . . .		
			83	46	-85.	5-	83 d	+1.4	* β^+ (10)	1.0	0.521(46), 0.530(30), . . .		
			84 m	6+	20 m	? * β^+ 0.80(11), 1.6(10)		IT0.464(52), 0.716(49), 0.250(48)		
			84	47	-85.619	2-	33.0 d	-1.32		2.680	0.883(73), . . .		
									β^- 0.36(3)	0.886			

PROPERTIES OF NUCLIDES

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NUCLEAR PHYSICS

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Symbol	(3) Name	(4) Mass number <i>A</i>	(5) Number of neutrons <i>N</i>	(6) Mass excess, amu $\times 10^{-6}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magnets	(10) Quadrupole moment, horns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay ζ values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, bars
38	Sr	Strontium	92 93	54 55	-89.0 -85.8	0+	2.71 h 8 m	$\beta^+ 0.55(90), 1.3(10)$ $\beta^+ 0.9(65), 2.6(55),$ 3.3(14), . . .	1.9 4.3	1.37(90), 0.44(4), 0.23(3) 0.80, 1.2, . . .	
			94 95 96 97	56 57 58 59	-84.6 -81.	0+	1.3 m 26 s 4.0 s	$\beta^- 1.1$ β^- β^-	3.5 ~5.7	1.42(100)		
39	Y	Yttrium	82 83 84 85m	43 44 45 78. 79.11 41 m 2.8 h		
			85 86 87m	46 47 48 49	-83.56 -85.05 -89.09	(2+) 5- 4- (2-)	4.9 h 48 m 14.6 h 14 h	$\beta^+ 1.54(50), 1.1, \dots$ *(45) $\beta^+ 2.24(55), 2.1(10),$ 1.1(4), . . . (30)	0.92(9), 0.503, 0.70, 0.77 0.77(8), . . . IT0.102(100), 0.238(100)	0.23(13), 2.16(9), 0.77(8), . . . IT0.102(100), 0.238(100)		
			90m	50	-94.133	2- (7+)	100%	5.27	1.077(82), 0.63(37), 1.16(35), 0.77(21), . . .	
			91m	51	-92.84	2- 2+ 2- 2-	64.2 h 50 m 58.8 d 2-	-0.1373	$\beta^-(4)$ $\beta^-(0.4)$	IT0.381(99) *(99.7), $\beta^+ 0.7(0.3)$ *(99.8), $\beta^+ 0.7(0.2)$ IT0.91(100)	1.9 3.621 3.621	0.483, 0.398 1.886(100), 0.868(91)	
			92	52	-92.71 -91.07 -90.45	2- 2- (1-)	3.1 h 10.2 h 10.2 h	-1.63 $\beta^- 2.27(99.8), \dots$	IT0.202(99.6), 0.483 (99.6)	2.27	1.75(0.2)	
			93	53 54	-91.07 -90.45	2- 2-	3.53 h 10.2 h 10.2 h $\beta^- 1.545(99.7), \dots$ $\beta^- 3.53(86), \dots$ $\beta^- 2.39(90), \dots$	IT0.551(100)	1.545 3.63 2.89	1.21(0.3) 0.934(14), 1.40(5), . . . 0.287(6), 0.94(2), . . .	
			94	55	-88.3	20.3 m $\beta^+ 5.0(50), \dots$	1.4 0.902, . . .	5.0	0.92(43), 0.56(6), . . .	

PROPERTIES OF NUCLIDES

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NUCLEAR PHYSICS

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

TABLE 80-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic symbol <i>Z</i>	Name	Mass number <i>A</i>	Mass excess, amu $\times 10^{-1}$	Number of neu- trons <i>N</i>	Mass excess, amu $\times 10^{-1}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay <i>Q</i> values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2.200-m/s neutron- absorption cross section, barns
41	Nb	Niobium	92	51	-92.79	(7+)	>350 y					IT0.0304(100)	
			93 ^m	52	-93.620	$\frac{1}{2}^-$	13.6 y					IT0.0407(99+),	1.0
			94 ^m	$\frac{1}{2}^+$	100 %	+6.167	-0.22			0.871(0.2)	11
						3+	6.3 m			β 1.2(0.2), ...			
			94	53	-92.70	6+	2.0×10^6 y			β 0.5(100)	2.06	0.702(100), 0.871(100)	
			95 ^m	54	-93.170	$(\frac{1}{2}-)$	90 h			β 0.160(99), ...		IT0.253(100)	
			96	55	-91.90	$(\frac{3}{2}+)$	35.1 d			β 0.748(95), 0.50(5)	0.925	0.775(99) ,	<7
							23.4 h				3.19	0.778(97), 0.36(59),	
			97 ^m	56	-91.90	$(\frac{1}{2}-)$	1.0 m					1.092(49), 0.45(28),	
			98 ^m	52	-89.6	$(\frac{5}{2}+)$	72 m			β 1.27(98), ...	1.93	0.851(22), 1.200(21),	
			98	53	-89.	2.8 \pm	2.8 \pm			β 1.3		IT0.747(100)	
					51 m			β 2.32(38), 1.94(29),			
			99 ^m					1.42(25), 3.11(1)	4.6	0.780(100), 0.720(75),	
			99	53	-89.		10 \pm					1.34(10), 1.68(10),	
			100		2.4 m					1.93(8), 0.33(8)	
							3.0 m			β 3.2, ...	-3	0.100(1), 0.260(1)	
			100	54	-86.		11 m			β 4.2(10)		0.53(100), 0.38(55),	
												0.45(40), 0.10(10), ...	
			101	...	-85.		1.0 m			β 3.5(45), 3.1(45),	-3	0.53(100), 0.62(60),	
42	Mo	Molybdenum	88	46	-77.	0+	27 m			4.2(10)		1.04(10), 1.15(10),	
			89	47	-81.		7 m					1.47(5)	
			90	48	-86.1	0+	5.7 h			β^-			
										$\beta^{+2.5}$			
										$\beta^{+4.9}, 4.0$			
										* β (75), $\beta^+ 1.09(25)$	~1.49	0.257(85), 0.112(71),	
											~1.49	0.942(10), 0.445(9),	
											2.69	1.223(8), ...	

NUCLEAR PHYSICS

TABLE 8b-1. PROPERTIES OF NUCLEI (Continued)

PROPERTIES OF NUCLIDES

109	63	-94.046	5+	13.47 h	11.81%	1.115	0.088(89),
110	64	-94.84	0+	5.5 h	β-(25)	IT0.17(75), 0.07	
111m	65	-92.33	22 m	β-2.2(100)	2.2	
111	66	-92.61	0+	21 h	β-0.28(100)	0.38 0.58, ...	
112	67	-81.7	1.4 m	β-	0.0185(20)	
113	68	-84.	2.4 m	β-		
114	69	-84.	40 s	β- ~4.5(73), ~4.4(27)		
115	71	-84.	5 s	β-		
117	72	-84.	0+	3 1 s	β-	1.04(45), 1.70(40),	
118	72	-84.	2.8 m	β' 3.32(53), 1.7(24),	1.53(32), ...	
99	52	-87.0	9 m	2.45(23)	0.728	
100	53	-84.	11 m	β+ 5.8		
101	54	-87.0	+4	β+ 2.73(44), 2.18(23),	4.4	
102m	2	7.7 m	1.56(17), ... , * ^e	0.26 1.16, 1.65, 0.67, 0.58,	
102	...	-88.4	5	4 m	β+ 3.4, 4.06, 3.07, * ^e (13)	... , * ^e	
102	55	-88.4	5	13 m	β+ 2.4(40), 2.9, 3.3, 3.6	0.86, 0.73, 1.60, 0.558,	
103m	{1-}	5.7 s	β+ 2.26(37), 1.90(13),	0.55, 0.78, 1.27, 2.06	
103	56	-91.0	2+	66 m	1.50(3), ... , * ^e (45)	5.56	
104m	...	-91.58	2+	44.4	ε(50), β+1.7, 1.3	0.553(85), 1.727(65),	
104	57	-91.58	5+	30 m	β+ 2.7(60), * ^e (10)	1.80(42), 2.07(20), ...	
105	48	-93.48	1-	67 m	ε, β+0.99	IT0.138	
106m	2+	+3.7	...		
106	49	-93.32	1+	+4.0	...		
107m	60	-94.969	2-	40 d	±0.101	0.27(34), 0.12(26),	
108m	2+	40 d	...	0.15(23), 0.24(10),	
108	61	-94.047	1+	8.4 d	...	1.16(9), ...	
109	6+	IT0.02(30), 0.558(70)	
106	49	-93.32	1+	24 7 m	4.10	0.558(84), 0.784(48),	
107	60	-94.969	2-	44 3 s	...	0.354(30), 1.34(8),	
108m	{6+}	>5 y	1.62(8), ...		
108	61	-94.047	1+	2.42 m	...	0.344(42), 0.280(32),	
				+2.80	1.34	0.004(10), 0.443(10),	
				...	0.644(10), 1.088(4), ...		
				...	0.115(55), 0.061(15),		
				...	0.153(9), 0.752(7), ...		
				...	IT0.03(100)		
				...	IT0.03(9), 0.08(9),		
				(90)	1.64	0.722(90), 0.614(90)	
				...	1.92	0.632(2)	
				...	1.92	0.344(45)	

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Sym- bol	(3) Name	(4) Mass number <i>A</i>	(5) Num- ber of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-4}$	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
47	Ak	Silver	^{109m} 109 ^{110m} 110	62 ... 6+	-95.244 ... 253 d	$\frac{7}{2}^+$ $\frac{5}{2}^-$ $\frac{3}{2}^+$	39.8 ^t 48.18% +3.604	± 4.3 -0.1305 +3.604	β -decay energy, and intensity, MeV (%)	β -decay Q values, MeV (%)	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron- absorption cross section, barns	
110											IT0.088(100)	93	
111 ^m											0.658(96), 0.885(71), 0.937(32), 0.764(23), 1.384(21), ...	82	
111			64	-94.70	... $\frac{7}{2}^+$ $\frac{5}{2}^-$	74. ^s 7.5 d	-0.135 ... -0.145	β -2.88(96), 2.2(4), 0.3(3) ...	2.88 0.87	β -0.087(67), 0.53(31), 0.088(100)		
112			65	-92.04	2-	3.2 h	± 0.054	β -1.05(93), 0.71(6), 0.80(1), ...	1.05	IT0.085(100)	IT0.116(1), ...		
113 ^m			66	-93.44	$\frac{1}{2}^-$	1.2 m 5.3 h	± 0.159	β -<2 β -	2.88 0.87	0.627(41), 1.04(5), 1.95(10), ...	3.96		
114			67	-91.	...	5. ^s	β 4.0	β -~3.2 1.0, ...	4.6	1.63(3), 2.1(3), 2.35(2),		
115 ^m			68	-91.1	$\frac{1}{2}-$	49. ^s	β -~3.2 21 m	β -~3.2 1.0, ...	2.00	0.14, 0.30, 0.56, 0.70 0.30(100), 0.47(17) 0.12(10), 0.87(5),		
116			69	-89.	...	2.5 m	β -1.0, ...	β -1.0, ...	4.6	1.63(3), 2.1(3), 2.35(2),		
117			70	1.1 m	β -1.0, ...	β -1.0, ...	2.00	0.22(46), 0.28(13), 2.12(13), 0.14(12), 1.48(11), 0.36(11),		
118			71	5.3 s	β -	β -	3.2	0.22(46), 0.28(13), 2.12(13), 0.14(12), 1.48(11), 0.36(11),		
101	Cd	Cadmium	53	-81.0	...	1.2 m	β -	β -	~6.3	0.32(10), 0.70(2)	...		
102			54	-85.	0+	5.5 m	β +	β +	5.5	~4.4	0.118, 0.481, ...		
103			55	-86.	...	10 m	β +	β +	~4.4	0.22, 0.63, 0.85	...		
104			56	-90.	0+	57 m	β +(100)	β +(100)	~1.2	0.081	...		

PROPERTIES OF NUCLIDES

TABLE 8b-1. PROPERTIES OF NUCLIDES (*Continued*)

TABLE III. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Symbol	Name	Main number A	Number of neutrons N	Mass excess, amu $\times 10^{-3}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (σ_0)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2.200-m/s neutron-absorption cross section, barns
49	In	Indium	110m	...	7(+)	4.9 h	4.9 h	+10.4 or -10.7	-0.21 or +0.22	ϵ, β^+	0.66, 0.91	0.66, 0.91	0.66, 0.91
			110	...	-92.77	2+	.67 m	+4.36	+0.36	$\beta^+ 2.20(71), \dots$	0.658(99), ...	0.658(99), ...	0.658(99), ...
			111m	...	-94.93	9	7.3 m	+5.53	+0.85	$\epsilon(100)$	IT0.539	IT0.539	IT0.539
			111	...	-94.93	2+	2.81 d	0.247(94), 0.173(80), ...	0.83	0.83	0.247(94), 0.173(80), ...
			112m	...	-94.16	4+	20.7 m	IT0.156(100)	IT0.156(100)	IT0.156(100)	IT0.156(100)
			112	63	-94.16	1+	14 m	+2.81	+0.089	$\beta^- 0.66(44)$	0.66	0.66	0.66
			113m	...	-95.91	1-	100 m	-0.210	...	$\epsilon(34), \beta^+ 1.58(21)$	2.59	2.59	2.59
			113	64	-95.91	2+	4.28%	+5.523	+0.82	IT0.393(100)	IT0.393(100)	IT0.393(100)	IT0.393(100)
			114m	...	-95.91	5+	50.0 d	+4.7	...	$\epsilon(<0.02)$
			114	65	-95.10	1+	72 s	$\beta^- 1.086(98), \dots$	0.724(3.5), 0.556(3.5)	0.724(3.5), 0.556(3.5)	0.724(3.5), 0.556(3.5)
			115m	...	-96.13	1-	4.50 h	-0.244	...	$\epsilon(2), \beta^+ 0.4(0.004)$	1.986	1.986	1.986
			115	66	-96.13	2+	$6 \times 10^{14} \text{ y}$	5.534	...	$\beta^- 0.83(5)$	1.44	1.44	1.44
			116m ₂	...	-	95.72%	IT0.335(9)	IT0.335(9)	IT0.335(9)	IT0.335(9)
			116m	...	-	2.16 s	IT0.164(10)	IT0.164(10)	IT0.164(10)	IT0.164(10)
			116	67	-94.74	1+	14 s	0.60(11), ...	1.293(80), 1.00(53), 0.417(36), 2.111(20), 0.919(17), 1.308(11), 1.293(1), ...	1.293(80), 1.00(53), 0.417(36), 2.111(20), 0.919(17), 1.308(11), 1.293(1), ...	1.293(80), 1.00(53), 0.417(36), 2.111(20), 0.919(17), 1.308(11), 1.293(1), ...
			117m	...	-95.47	1-	1.93 h	-0.2515	...	$\beta^- 3.36(99), \dots$	3.27	3.27	3.27
			117	68	-95.47	2+	46 m	$\beta^- 1.77(37), 1.62(16)$	IT0.314(47), 0.158(16)	IT0.314(47), 0.158(16)	IT0.314(47), 0.158(16)
			118m ₂	...	-	8.5 s	1.47	1.47	1.47	1.47
			118m	...	-	(4.5+)	4.4 m	...	$\beta^- 0.74(100)$	IT0.138(9)	IT0.138(9)	IT0.138(9)	IT0.138(9)
			118	69	-93.9	1+	5 s	$\beta^- 1.8(1)$	1.23(97), 1.35(80), 0.69(41), ...	1.23(97), 1.35(80), 0.69(41), ...	1.23(97), 1.35(80), 0.69(41), ...
			119m	...	-	(1/2-)	18 m	+4.3	...	$\beta^- 1.3(53), 2.0(32), \dots$	IT0.27(10), IT0.30(10)	IT0.27(10), IT0.30(10)	IT0.27(10), IT0.30(10)
			119	70	-	-	$\beta^- 4.2(80), 3.0(16), \dots$	4.2	4.2	4.2
			120	71	-	-	8-2.7,	IT0.22(10), IT0.25(10)	IT0.22(10), IT0.25(10)	IT0.22(10), IT0.25(10)	IT0.22(10), IT0.25(10)

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Symbol	(3) Name	(4) Mass number <i>A</i>	(5) Number of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-4}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magneton	(10) Quadrupole moment, barns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay <i>Q</i> values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns
50	Sa	Tin	127	77	-90.	0+	2.1 h	β^- 1.5	0.44, 0.49, 0.82, 1.10, 2.00, 2.32, . . .	
			128	78	-89.5	0+	59 m	β^- 0.08, 0.7	1.3	0.50(61), 0.57(22), 0.072(19), 0.044(7)	
			129m	79	2 m	β^-	1.15, . . .	
			129	79	9 m	β^-		
			130	78	0+	2.6 m	β^-		
			131	79	1.3 m	β^-		
			132	80	2.2 m	β^+, ϵ		
			112	61	-87.87	0.9 m	β^+, ϵ		
51	Sb	Antimony	113	62	-90.63	6.7 m	β^+, ϵ	6.8	1.27	
			114	63	-91.12	3.3 m	β^+, ϵ	3.90	0.32, 0.6-0.9, 1.03, 1.2	
			115	64	-93.40	5(+)	32 m	+3.40	-0.27	β^+, ϵ	5.7	0.9, 1.30	
			116m	(8-)	60 m	β^+, ϵ	3.03	0.499(100), 0.98(5), 1.24(5), 2.22(1)	
			116	65	-93.42	3(+)	16 m	β^+, ϵ	1.293(100), 0.96(75), 0.545(68), 0.406(36), 0.099(30), 0.140(30)	
			117	66	-95.16	5+	2.7 h	+2.67	-0.4	β^+, ϵ	4.5	2.23(14)	
			118m	(8)-	5.0 h	β^+, ϵ	1.75	0.158(87)	
			118	67	-94.43	1+	3.5 m	± 2.5	1.049(100), 1.230(100), 0.254(93), 0.041(29)	
			119	68	-96.07	(2+)	38.3 h	+3.45	-0.30	β^+, ϵ	3.7	1.23(3), . . .	
			120	(8-)	5.8 d	β^+, ϵ	0.58	0.024	
			120	69	-94.92	1+	16.5 m	± 2.3	1.171(100), .03(69), 0.200(88), 0.090(81)	
			121	70	-96.188	5+	57.25 %	+3.359	-0.29	β^+, ϵ	2.68	1.17(1)	
			122m	(8-)	4.2 m	1/T(100), 0.041, 0.075, 6.2	

122	71	-94.820	2-	2.8 d	-1.90	+0.69	$\beta^+ 1.41(63), 1.97(30)$, $\epsilon(3)$	1.972	0.584(66), 0.686(3), 1.26(1), 1.4(1)
123	72	-95.780	2+	42.75%	+2.547	-0.37	$\beta^- 1.10(20)$	1.61	3.4
124m ₂	21 m	IT0.025(100)	...	IT0.01(86), 0.505(20)
124m ₁	93 s	0.644(20), 0.603(20)	...	0.644(20), 0.603(20)
124	73	-94.067	3-	60.2 d	$\beta^- 62(55), 2.31(22)$, 0.24(11), 1.60(5), ...	2.916	6.5
125	74	-94.75	2+	2.75 y	± 2.6	...	$\beta^+ 0.29(43), 0.126(28)$, 0.615(13), ...	0.76	0.427(31), 0.60(24), 0.631(11), 0.463(10), 0.176(6), ...
126m	75	-92.7	...	19.1 m	...	$\beta^- 1.9$...	0.41, 0.67,
126	75	-92.7	...	12.5 d	...	$\beta^- 1.9$...	0.29, 0.41, 0.58, 0.69, 0.85, 0.90,
127	76	-93.07	($\frac{3}{2}+$)	92 h	$\beta^- 0.00(35), 1.12(24)$, 0.81(17), ...	1.60	0.685(35), 0.473(22), 0.784(13), 0.253(9), 0.604(5), 0.543(3), ...
128	77	-90.9	...	9 h	...	$\beta^- 1$...	0.314, 0.53, 0.64, 0.75	...
128	77	-90.9	...	10 m	...	$\beta^- 2.6$...	0.75(200), 0.32(83), 1.07(4)	4.3
129	78	-90.81	...	4.3 h	$\beta^- 0.54(32), 1.55(22)$, 1.82(12), 1.06(9), ...	2.4	0.916, 1.03, 0.683, 1.73,
130	7 m	...	β^-
130	79	-88.	...	36 m	...	β^-	...	0.20, 0.32, 1.03, 1.16	~5
131	90	-88.	...	23 m	...	β^-	...	0.19, 0.33, 1.32, 0.94	~3
132	91	-85.	...	2.1 m	...	β^-	...	0.95(48), 0.84(37)	~6
133	92	-85.	...	4.2 m	...	β^-	~4
134	83	11 s	...	β^-, n	~10
135	84	2 s	...	β^-	~3.28
107	55	-64.	...	2.2 s	$\alpha 3.1, \beta^+, p^2.6, 3.4, 3.7$	~7	...
108	56	-70.	0+	5.3 s	β^+, p	~9	...
109	57	-72.	...	4.2 s	$\beta^+, p^2.46, 2.67, 2.82$	~3	...
110 or 111	58 or 59	19 s	β^+	~3	...
114	62	-88.	...	17 m	IT0.275	4.5	0.72(34), 1.28(32), 1.38(32), 1.08(24), 0.96(6), 1.58(6)
115m	63	-88.5	...	0.1 s
115	63	-88.5	...	6.0 m
52	Te	Tellurium							

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TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number <i>Z</i>	Symbol	Name	Mass number <i>A</i>	Number of neu- trons <i>N</i>	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnets	Quadrupole moment, barns	Mod of decay, energy, and intensity, MeV (%)	β -decay <i>Q</i> values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron- absorption cross section, barns
62	Te	Tellurium	116 117 117m 118 119m	64 65 -91.40 -94. ...	-91.7	0+ 1+ 0+ 2+-	2.50 h 1.9 h 61 m 6.0 d 4.7 d	$\epsilon, \beta^+ 0.44?$ $\beta^+(1.7)$	1.6	0.094(100)	
119	37	-93.60	1+	15.9 h	± 0.25	IT0.03, 0.27	3.50	0.72(65), 1.78(9), 0.93(6)	
120	68	-95.98	0+	0.069 % 154 d	IT0.03(100)	~0.3	1.212(67), 1.153(62), 0.270(25), 1.137(7), 2.09(4),	
121	69	-95.	1+	17 d	IT0.08(80), 0.2122(90), 1.10(3)	2.294	0.644(85), 0.70(1), 1.73(1),	
122	70	-96.941	0+	2.46 % 117 d	IT0.08(80), 0.508(18),	~1.	0.573(80), 0.508(18),	
123	71	-95.718	1+	~1.2 $\times 10^{13}$ y	-0.7359	IT0.098(100), 0.159(100)	0.06	0.06	
124	72	-97.170	0+	0.87 %	ITD.1094(100), 0.0355(100)	ITD.1094(100), 0.0355(100)	
125	73	-95.574	1+	4.01 % 56 d	ITD.1094(100), 0.0355(100)	ITD.1094(100), 0.0355(100)	
126	74	-96.638	0+	6.99 % 10.11 % ($J_2^1, -$)	ITD.1094(100), 0.0355(100)	ITD.1094(100), 0.0355(100)	
127	75	-94.79	($J_2^1, -$)	109 d	ITD.1094(100), 0.0355(100)	ITD.1094(100), 0.0355(100)	
128	76	-95.532	0+	9.3 h	ITD.1094(100), 0.0355(100)	ITD.1094(100), 0.0355(100)	
129	77	-93.40	2 +	69 m	ITD.1094(100), 0.0355(100)	ITD.1094(100), 0.0355(100)	
130	78	-93.768	0 +	34.48 %	ITD.1094(100), 0.0355(100)	ITD.1094(100), 0.0355(100)	

PROPERTIES OF NUCLIDES

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131m	I	Iodine	$J_{\frac{1}{2}}^+$	30 h	$\beta^{-}0.42(43), 0.57(31),$ $0.22(1), 2.46(1), \dots$	IT0.182(18), 0.74(60), 0.85(31), 1.127(3), 1.206(11), 0.336(9), 1.35(15), \dots
			79	-91.45	$\frac{3}{2}+$	2.28 0.150(68), 0.453(10), 1.147(6), 0.493(5), 0.603(4), \dots
			80	-91.46	$\frac{9}{2}+$	$\beta^{-}0.22(100)$ 0.50 0.220(100), 0.050(16), 0.110(2), 0.112(2)
			81	-89.0	$(\frac{1}{2}^-)$	$\beta^{-}1.3, 2.4(87)$ 0.915(18), \dots
			82	-89.	$(\frac{3}{2}^+)$	$\beta^{-}2.54(35), 2.65(20),$ 3.0 1.63(14), 1.24(9), 1.40(6), \dots
			83	-83.	12.5 m	$\beta^{-}0.40(70), 0.407(31),$ 1.333(11), 0.720(3), 0.647(33), 0.864(78), 0.915(18), \dots
			84	-83.	20 s	$\beta^{-}0.17(16), 0.08(13),$ 0.6
			85	-83.	~33 s	$\beta^{-}0.10(1)$ 0.104
			86	-83.	1.3 m	$\beta^{+}0.274, 0.325, 0.559, \dots$
			87	-81.	<0.5 m	$\beta^{+}0.603(100), 0.600(44),$ 0.612(19), IT0.104
			88	-86.8	2.7 m	$\beta^{+}5.5(51), \dots, \epsilon(46)$ 0.605(100), 1.15(3), \dots
			89	-88.	3 m	$\epsilon(46)$ 0.258, 0.644, \dots
			90	-90.2	9.3 m	$\beta^{+}12.22(57), 2.16(5),$ 3.2 1.84(2), $\epsilon(38)$
			91	-90.	30 m	$\epsilon(95), \beta^{+}3.8, 3.1$ 0.56(100), 0.60(100), 0.61(31), \dots
			92	-90.	1.3 h	$\epsilon(53), \beta^{+}4.0, 2.1(6)$ 5.4 0.58, 1.53, 2.46, 2.57, 0.61,
			93	-93.	$\frac{5}{2}^+$	$\epsilon(91), \beta^{+}1.2(9)$ $\beta^{+}3.12(90), 2.3(10), \dots$ 2.36 0.212(90), 0.32(6), 0.27(3)
			94	-92.49	$\frac{1}{2}^+$	$\epsilon(10)$ 4.14 0.561(10), 0.690(1), 0.78(1)
			95	-94.4	$\frac{5}{2}^+$	$\epsilon(75), \beta^{+}1.53(14),$ 3.17 0.159(97), 0.53(2), \dots
			96	-93.78	2^-	$2.14(11)$ 1.2 0.605(67), 0.73(14), 1.51(4), \dots
			97	-95.415	$\frac{9}{2}^+$	$\epsilon(100)$ 0.149 0.035(7)
			98	-94.38	2^-	$\epsilon(55), \beta^{+}1.13(1),$ 2.50 3.667(33), 0.75(3), \dots
			99	-	$\beta^{+}0.85(30), 1.25(3),$ 0.38(5) 1.251 0.386(34), 0.49(4), \dots	

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TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Symbol	(3) Name	(4) Mass number <i>A</i>	(5) Number of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-3}$	(7) Spin and parity	(8) % abundance or half-life	(9) Magnetic moment, nuclear magnetons	(10) Quadrupole moment, barns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay <i>Q</i> values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns
53	I	Iodine	127	...	-95.526	$\frac{5}{2}^+$	100%	+2.808	-0.79	$\beta^{-} 2.12(79), 1.67(13),$ 1.13(2)	2.12	0.44(14), 0.52(1.4), . . .	6.2
			128	...	-94.19	$\frac{1}{2}^+$	25.0 m	$\epsilon(6), \beta^{+}$	1.27	...	
			129	76	-95.013	$\frac{7}{2}^+$	1.7×10^7 y	+2.617	-0.55	$\beta^{-} 1.50(100)$	0.190	0.040(0)	28
			130m	9.0 m	$\beta^{-} 2.5(13), 1.9(2)$...	$\gamma(785)$	
			130	77	-93.28	5(-)	12.3 h	$\beta^{-} 1.04(52), 0.62(48),$ 1.7(0.4)	2.99	0.66(100), 0.53(69)	18
			131	78	-93.873	$\frac{1}{2}^+$	8.07 d	+2.74	-0.40	$\beta^{-} 0.600(90), 0.33(7),$ 0.25(2), . . .	0.970	0.73(87), 0.41(35), 1.15(12)	~0.7
			132	79	-92.00	4+	2.3 h	+3.08	±0.08	$\beta^{-} 1.20(20), 2.16(18),$ 1.00(18), 0.80(15), 2.16(9), . . .	3.66	0.67(144), 0.773(89), 0.955(22), 0.52(20), 1.40(14), 1.14(6), . . .	
			133	80	-92.17	$\frac{7}{2}^+$	20.9 h	+2.84	-0.26	$\beta^{-} 1.77(85), 0.89(3), . . .$	1.80	0.529(90), 0.375(8), 1.30, . . .	
			134	81	-90.15	(4.5+)	52 m	$\beta^{-} 2.43(25), 1.2(23),$ 1.4(1.5), 2.2(12), . . .	4.2	0.85(95), 0.86(65), 0.6(18), 0.55(8), 0.41(8), 1.39(5), . . .	
			135	82	-89.94	$\frac{1}{2}^+$	6.7 h	$\beta^{-} 1.0, 0.5, 1.4$	2.73	1.14(37), 1.28(34), 1.72(19), 1.46(12), 0.80(11), 1.80(1), . . .	
			136	83	-85.3	(2-)	83 s	$\beta^{-} 4.3(23), 5.6(15),$ 2.7(8), 7.0(5), . . .	7.0	1.32(95), 2.3(19), 0.39(19), 0.27(18), 0.29(12), 2.03(10), . . .	
			137	84	-82.	$\beta^{-}, \pi 0.5$	~5	0.29(5), . . .	
			138	85	21 s	β^{-}, π	~7.5		
			139	86	5.9 s	β^{-}, π	~4.5	0.104	
			140	87	2 s	β^{-}, π			
			115	61	-75.	...	1.5 s	β^{-}			
			116	62	-79.	...	19 s	ϵ, β^{+}			
							55 s	0+	...				

PROPERTIES OF NUCLIDES

117	63	-80.	1.1 m	ϵ, β^+	~3.0	0.117, 0.222, 0.295, . . .
118	64	-84.	0 +	6 m	β^*	~3	0.05, . . .
119	65	-84.8	6 m	β^*	5.0	0.10, . . .
120	66	-88.	0 +	41 m	ϵ	~2	0.055, 0.073, 0.176, 0.76,
121	67	-88.5	39 m	$\beta^{+1.8}$	3.3	0.060, 0.090, 0.110, 0.158,
122	68	-91.	0 +	20 h	$\epsilon(100)$	~1	0.180, 0.345
123	69	-91.6	2.1 h	$\epsilon, \beta^{+1.51}$	2.7	0.149, 0.090, 0.10, 0.178,
124	70	-93.9	0 +	0.096 %	$\epsilon(39), \beta^{+1}(1)$	1.7	0.329, 0.68, 110, . . .
125 ^m	71	-93.5	($\frac{1}{2}^+_1$) ($\frac{1}{2}^-_2$)	55 s 17 h	β^*	...	IT(2)0.075, 0.111
126	72	-95.71	0 +	0.090 %	$\epsilon(100)$	0.66	0.188, 0.243, 0.365, 0.454,
127 ^m	73	-94.8	($\frac{1}{2}^+_1$) ($\frac{1}{2}^+_2$)	70 s 36 4 d	β^*
128	74	-96.468	0 +	1.92 %	$\epsilon(100)$	0.66	IT0.175, 0.125
129 ^m	75	-95.216	($\frac{1}{2}^+_1$) 2 +	8.0 d	$\epsilon(100)$	0.66	0.203(65), 0.172(22),
130	76	-96.491	0 +	26.44 %	β^*	...	0.375(20), 0.115(4), . . .
131 ^m	77	-94.915	2 +	4.08 %	$\epsilon(100)$	0.66	<8
132	78	-95.843	0 +	4.08 %	β^*	...	IT0.197, 0.040
133 ^m	79	-94.19	($\frac{1}{2}^+_1$) ($\frac{3}{2}^+_2$)	21.18 % 2.26 d	β^*
134	80	-94.602	0 +	5.27 d	β^*
135 ^m	81	-92.86	($\frac{1}{2}^+_1$) ($\frac{3}{2}^+_2$)	10.44 % 15.6 m	β^*	1.16	0.250(97), 0.608(3), . . .
136	82	-92.779	0 +	9.2 h	β^*	0.455(33)	2.64
137	83	-88.26	8.87 %	$\beta^{-1.1(67), 3.6(3)}$	4.1	0.250(97), 0.608(3), . . .
138	84	-86.	0 +	3.9 m	$\beta^{+1.4}$	2.8	0.26, 1.76, 2.02, 0.42,
139	85	-81.6	14 m	$\beta^{+1.6(31), 4.5(28)}$	4.8	0.16, 0.51
140	86	-79.	0 +	40 s	$\epsilon(20)$, . . .	4.8	0.219(77), 0.125(29),
141	87	$\beta^{+4.7}$	0.297(24), 0.290(10),	0.297(24), 0.290(10),
142	88	β^*	0.394(6), . . .	0.394(6), . . .
					β^*	0.805, 1.413, 0.522, 1.315,	0.805, 1.413, 0.522, 1.315,
					β^*	1.309, . . .	1.309, . . .
					β^*	1.325, 0.572, 0.157, 0.204,	1.325, 0.572, 0.157, 0.204,
					β^*	0.645, 0.416, . . .	0.645, 0.416, . . .

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Sym- bol	(3) Name	(4) Mass number <i>A</i>	(5) Num- ber of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-6}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magnets	(10) Quadrupole moment, harn	(11) Mode of decay*, energy, and intensity, MeV (%)	(12) β -decay Q values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns			
54	Xe	Xenon	143	89	0.96	β^+			
55	Cs	Cesium	144	90	8.8	β^+			
			119	64	33	β^+			
			120	65	61	β^+			
			121	66	61	β^+			
			122?	67	2 m	β^+			
			123	68	-87	...	0.3	$\beta^+ 2.6(50), 2.5(20), \sim 30$	~4	0.1	0.098			
			125	70	-90.3	1	5.6 m	...	+1.41	$\beta^+ 2.05(49)$	3.07	0.112	...			
			126	71	-90.4	1+	45 n	$\beta^+ 3.8(54), \dots, (E)$	4.8	0.385(38)	...			
			127	72	-92.5	1+	1.6 m	$\beta^+ 1.07(1), \dots$	2.1	0.406(72), 0.125(10),	...			
							6.2 h	+1.46	...	$\beta^+ 0.677(1), \dots$	0.462,			
			128	73	-92.27	1+	3.8 m	$\beta^+ 2.9(37), 2.5(14),$	3.91	0.441(27), 0.97(1),	...			
			129	74	-94	1+	32.4 h	(+1.479)	...	1.94), <45)	1.12(1), 0.528, 0.576	~1.1	0.371(48), 0.410(30),	...		
			130	75	-93.24	1+	29.1 m	+1.37 or	...	$\beta^+ 1.97(46), \dots$	0.550(5), 0.320(4),	...	0.550(5), 0.320(4),	...		
			131	76	-94.53	2+	9.70	-1.45	...	$\beta^+ 0.442(2)$	0.280(3), 0.040(2)	...	0.280(3), 0.040(2)	...		
			132	77	-93.59	2(-)	6.3 d	+3.54	-0.57	$\beta^+ 0.442(2)$	0.538(5), 0.586(1),	...	0.538(5), 0.586(1),	...		
								+2.22	+0.46	$\beta^+ 0.10(0.6)$	0.35	0.894(1),	0.894(1),	
			133	78	-94.56	2+	100%	+2.57	-0.003	2.10	0.608(99), 1.32(0.6),	...		
			134m	79	-93.30	8-	2.90 h	+1.06	...	$\beta^-(2)$	1.3	1.14(0.5), 0.48(4)	...	1.14(0.5), 0.48(4)	...	
							2.05 y	+2.99	+0.36	$\beta^-(2)$	
			135m	80	-94.10	(1/2)-	53 m	$\beta^+ 0.658(71), 0.089(27),$	2.06	0.605(98), 0.798(88),	...	0.605(98), 0.798(88),	...	
			135	81	-92.71	2+	3×10^4	+2.79	+0.044	134	0.589(16), 1.385(3),	...	0.589(16), 1.385(3),	...
							13 d	+3.70	...	$\beta^+ 0.21(100)$	0.210	1.168(2), 1.038(1),	...	1.168(2), 1.038(1),	...	
			137	82	-92.93	2+	30.0 y	+2.838	+0.045	$\beta^+ 0.34(9), 0.68(7),$	2.54	0.818(100), 1.05(82),	8.7	0.818(100), 1.05(82),	8.7	
										0.58(2)	1.25(20), 0.773(18),	...	1.25(20), 0.773(18),	...		
											1.176	0.662(93)	0.11	0.662(93)	0.11	

PROPERTIES OF NUCLIDES

138	80	-89.	3	32.2 m	± 0.5	$\beta^{-3.40, 2.68, \dots}$	5.4	1.426(73), 1.01(25), 0.463(23), 2.21(18), 2.63(9), 0.5(8) 1.28, 0.63, 1.05, 0.90,
139	84	-89.7	9.1 m	$\beta^{-1.0(90), 2, \dots}$	4.0	0.60, 0.01, 1/3, 1.63, 1.83, 2.10, 2.33, 2.72, 3.15,
140	85	-83.2	65 s	$\beta^{-5.1, 2.3}$	5.7
Ba	Barium							
141	86	-80.	24 s	β^{-5}	~5	
142	87	-76.	2.3 s	$\beta^{-7.6, n}$	~7	
143	86	1.6 s	β^{-}		
144	86	1.06 s	β^{-}		
123	67	2 m	β^*, e		
124	68	2.5 m	β^*		
125m	69	-86.	8 m	$\beta^* 3.4$	4.5	0.076, 0.083, 0.141, 0.056,
125	69	-86.	3 m	β^*	
126	70	-88.	0+	97 m	$e(100)$	~1.8	0.23(100), 0.70(33),
127m	71	-89.	10 m	β^*		
127	71	-89.	0+	18 m	$\beta^* 3.14$	4.3	0.11, 0.07, 0.18, 0.20, 0.09
128	72	-92.	0+	2.4 d	$e(100)$	~0.7	0.134, 0.278,
129m	73	-91.	2.1 h	e	0.182,
129	73	-91.	2.5 h	$\beta^* 1.43, 1.24, 1.0, \dots$	2.45	0.21, 0.22,
130	74	-93.72	0+	0.101 %	$e(100)$	IT0.078, 0.11,
131m	75	-93.10	(1+)	15 m	$e(100)$	1.34	0.498(48), 0.124(28), 0.216(19), 0.373(13), 0.25(5), 0.86(3),
131	75	-93.10	12 d	12 d	$e(100)$	
132	76	-94.95	0+	0.697 %	$e(100)$	IT0.276(100), 0.0123
133m	77	-94.01	1 ¹ — 1+	38.9 h	$e(100)$	0.5115	0.356(52), 0.690(31), 0.303(15), 0.384(7), 0.276(6),
133	77	-94.01	1 ¹ — 1+	7.8 y	$e(100)$	IT0.268(100)
134	78	-95.51	0+	2.42 %	$e(100)$
135m	79	-94.33	1 ¹ — 2+	28.7 h	$e(100)$
135	79	-94.33	2+	5.53 %	$e(100)$
136m	80	-95.44	0+	0.32 s	$e(100)$	IT0.164, 1.05, 0.82
136	80	-95.44	0+	7.81 %	$e(100)$	0.4
137m	81	-94.18	1 ¹ — 2+	2.558 m	$e(100)$	IT0.6616(100)
137	81	-94.18	2+	11.32 %	$e(100)$	0.028

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Mass excess, amu	Spin and parity	% abundance or half-life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns	
60	Ba	Barium	138 139 140	82 -91.17 84	0+ $(\frac{1}{2}-)$ 0+	71.66 % 82.9 m 12.8 d			$\beta^2.3(72), 2.2(23), \dots$ $\beta^1.02(53), 0.47(34), \dots$ $\beta^0.59(11), \dots$	2.3 1.05 0.537(34), 0.030(11), 0.163(6), 0.305(6), 0.438(5), \dots	0.166(23), 1.43(0.5), \dots 0.537(34), 0.030(11), 0.163(6), 0.305(6), 0.438(5), \dots	0.35 4 1.6	
111			85	-85.8		18 m			$\beta^3.0, 2.8, 2.6, 2.4, 2.0, \dots$	3.0	0.191, 0.305, 0.277, 0.460, 0.344, 0.648, \dots		
112			86	-83.5	0+	11 m			$\beta^2.0, 1.7, \dots$	2.2	0.255, 1.180, 0.227, 0.060, 0.905, 0.425, \dots		
141			87	-79.		12 s			β^-				
142			88	-77.		11.4 s			β^-				
143			87	-79.		7 m			β^-				
144			124	67		<1 m			$\beta^{+,*}$				
125			125	68		1.0 m			$\beta^{+,*}$				
126			126	69		3.5 m			$\beta^{+,*}$				
127			127	70	-83.	0.6 s			$\beta^{+,*}$				
			128	71	-84.	4.7 m			$\beta^{+,*}$				
			129	72	-87.	10 m			$\beta^{+,*}$				
			130	73	-88.	8.7 m			$\beta^{+,*}$				
			131	74	-89.9	(1+)	50 m		$\beta^{+,*} 1.41(7), 1.57(6), \dots$ $\beta^{+,*} 1.83(3), \dots$	2.96 4 6	0.108(44), 0.417(19), 0.365(18), 0.285(15), 0.433(7), \dots		
			132	75	-89.9	2-	4.5 h		$\beta^{+,*} 3.20(13), \dots$ $\beta^{+,*} 2.62(13), 3.86(10), \dots$	4.7	0.46(74), 0.567(15), 0.863(9), 1.03(6), 0.540(7), 0.515(6), \dots		
			133	76	-92.		4.0 h		$\beta^{+,*} \sim 1.2$	~2	0.29, 0.62, 0.86, 1.08, \dots		

134	77	-91.52	1+	6.7 m	19.5 h	9.9 m	(61), $\beta^+ 1.86(39)$, ...	2.9	3.7
135	78	-93.2	($\frac{5}{2}+$)	1+	6 $\times 10^1$ y	1.05×10^{11} y	(100), $\beta^+ 0.8$, ...	~0.5	1.0
136	79	-92.4	2+	5-	+3.707	± 0.8	(70), $\beta^+ 0.21(30)$, ...	1.78	1.426(70)
137	80	-94.	2+	5-	+2.778	+0.22	(100), $\beta^+ 0.21(30)$, ...	1.01	0.80(30)
138	81	-92.84	2+	5-	99.911%	40.22 h	(100), $\beta^+ 0.21(30)$, ...	3.767	1.596(96), 0.487(40), 0.329(20), 0.815(19), 0.923(10), 2.55(3), ...
139	82	-93.60	2+	3-	~89.07	3.9 h	3-1.34(35), 1.24(19), 1.67(17), 2.17(8), ...	2.43	1.37(2)
140	83	-90.47	2-	2-	92 m	92 m	9-2.11(23), 1.98(19), 4.517(13), 1.79(11), 0.87(11), ...	4.517	0.645(48), 2.41(15), 2.55(11), 0.808(9), 1.91(8), 2.30(5), ...
141	84	~85.85	($\frac{7}{2}+$)	14 m	14 m	14 m	9-3.30(75), ...	3.30	0.825, 1.17, 1.98, 1.58, 2.56, 1.97
142	85	~85.85	41 s	~13 m	~13 m	~13 m	g-	~5.5	~5.5
143	86	-84.0	41 s	0+	30 m	30 m	β^+, ϵ	0.090, 0.32, 0.75	0.090, 0.32, 0.75
144	87	-80.	0+	5 m	5 m	5 m	β^+	0.13	0.13
129	71	1'10.231
130	72
131	73
132	74	-88.	0+	4.2 h	97 m	97 m	(89), $\beta^+ \sim 2.8$	~5	0.170(20), 1.44(9), 0.396(9), 0.119(6), ...
133	75	-89.	..	5.4 h	(90), $\beta^+ 1.3(10)$	~3.3	0.477, 0.131, 0.510, 0.278, 0.784, 0.618, ...
134	76	-91.	0+	72 h	(100), $\beta^+ 0.8(1)$	~0.5	~0.5
135	77	-91.	..	17.2 h	(99), $\beta^+ 0.8(1)$	~2.3	0.265(100), 0.606(98), 0.300(50), 0.537(46), 0.783(22), 0.828(22), ...
136	78	-92.82	0+	0.193 %	(100), $\beta^+ 0.8(1)$
137	79	-92.	J ₂ ¹ -	34.4 h	(100), $\beta^+ 0.8(1)$	1.2	0.446(2), ...

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Sym- bol	(3) Name	(4) Mass number <i>A</i>	(5) Num- ber of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-4}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magnets	(10) Quadrupole moment, barns	(11) Mode of decay, energy and inten- sity, MeV (%)	(12) β -decay Q values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns
58	Ce	Cerium	138	80	-93.97	0+	0.250%						
			139 _m	81	-93.30	($\frac{1}{2}^+$)	56.4						1.1
			140	82	-94.52	0+	98.48%	140d					
			141	83	-91.68	$\frac{1}{2}^-$	32.4 d			*			
			142	84	-90.70	0+	11.07%	± 0.9			$\beta^- 0.437(70), 0.581(30)$		0.58
			143	85	-87.59	$\frac{3}{2}^-$	33.7 h						
			144	86	-86.31	0+	284 d				$\beta^- 1.063(53), 1.387(29),$ 0.71(16), 0.50(2), 28(1)	1.445	0.293(49), 0.057(11), 0.722(7), 0.864(7), 0.49(12), . . .
			145	87	-82.8		3.0 n				$\beta^- 0.32(76), 0.18(19),$ 0.24(4), . . .	0.32	0.134(17), 0.080(6), 0.041(10), 0.059(1), 0.034(1), . . .
			146	88	-81.3	0+	14.2 n				$\beta^- 1.7(70), 2.1(4), . . .$	2.5	0.725(60), 0.043(17), 0.285(10), 0.335(6), 0.317(53), 0.1335(16), 0.264(11), 0.1415(7), 0.210(6), 0.100(3), . . .
			147	89	-78.		70 s						
			148	90	-76.	0+	43 s				β^-	~3	
			134	75	-84.		17 m				β^-	~2	
			135	76	-87.		22 m				β^+	~6	
			136	77	-87.		1.1 h				$\beta^+ 2.5$	3.6	
			137	78	-89.		1.3 h				(67) $\beta^+ 2.0(33)$	~5	
			138 _m	(6.7, 8-)	2.1 h				(73) $\beta^+ 1.7(27), . . .$	0.17	
			138	79	-89.21	(1+)	1.5 m					2.7	
			139	80	-91.03	($\frac{5}{2}^+$)	4.5 h						
			140	81	-90.88	(1+)	3.39 m						
			141	82	-92.30	$\frac{5}{2}^+$	100%						
											+4.3	-0.07	11.5

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Symbol	Name	Mass number A	Number of neutrons N	Mass excess, $\Delta m_u \times 10^{-3}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/u neutron-absorption cross section, barns
61	Pm	Promethium	139	78	-83	~6 m	~4.5	~6	0.42, 0.7, 1.03	
			140	79	-84.0	5.8 m	3.7	0.195(13), 1.22, 0.89,	
			141	80	-85.4	23 n	1.58, 0.53,	
			142	81	-87.2	1+	36 s	1.572(0.2)	
			143	82	-89.00	(2+) 1	265 d	1.07	0.712(46)
			144	83	-87.3	(5, 6-) 1	363 d	2.37	0.618(100), 0.696(100),	
			145	84	-87.21	(2+) 1	17.7 y	0.476(43),	
			146	85	-85.26	5.5 y	0.170	0.072(11), 0.067(8)
			147	86	-84.83	2+ (0)-	2.0238 y	+2.7	+0.7	1.477	0.454(65), 0.736(21)	
		148m	43 d	1.537	0.747(34), 0.633(2),	
			148	87	-82.50	1-	5.4 d	+2.0	+0.2	0.2247	0.556(02), 0.630(88),	
			149	88	-81.63	2+	53.1 h	0.915(20), 0.444(18),	
			150	89	-78.9	(1)	2.7 h	0.076(6)	
			151	90	-78.76	2+	28 h	2.465	0.550(28), 1.465(22),	2,000
			152	91	-76.6	6 m	1.071	0.912(15)	
			153	92	-76.0	5.5 m	0.286(3), 0.835(0.2),	1.350
			154	93	-73.	2.5 m	0.334(71), 1.165(23), 1.33(22), 0.831(18), 0.88(12), 0.71(8),	<700
			152	91	-76.6	6 m	3.4	0.340(21), 0.17(18), 0.10(7), 0.275(6), 0.72(6), 0.07(5),	
			153	92	-76.0	5.5 m	1.19	0.122, 0.245	
			154	93	-73.	2.5 m	~3.4	0.09, 0.12, 0.18	1.8

PROPERTIES OF NUCLIDES

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-3}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2.200-m/s neutron-absorption cross section, barns
63	Eu	Europium	149 150m	86 ...	-82. ...	$(\frac{5}{2}+)$ $(\frac{1}{2}-)$	106 d 0.2 y	...	$\epsilon(100)$ $\epsilon(100)$	~0.8	0.324(4), 0.277(3), ... 0.334(96), 0.439(96), 0.584(60), 0.74(21), 1.04(9), 1.24(5),
150			87	89.21	(0.1-)	12.6 h	$\beta^-1.0(90)$	1.010	0.334(4), 0.406(3),
151	152m ₁	88	-80.12	$\frac{5}{2}+$	47.32 %	96 m	+3.464	+1.1	$\epsilon(9), \beta^+1.2(0.5)$	2.25	...	IT0.097, 0.0183, 0.0095	8.000
152	152m ₁	89	-78.22	3-	12 y	$\beta^-1.87(73), 1.55(2),$ $0.58(7), 4(23),$ $\beta^+0.8(0.007), 4(1)$...	0.842(3), 0.963(12), 0.122(8), 0.344(3), 1.32(1), 1.39(1)	...	
153			90	-78.74	$\frac{5}{2}+$	52.18 %	+1.024	±3.0	$\beta^+(72), \beta^+0.7(0.01)$	1.88	0.122(17), 1.408(22), 0.985(15), 1.113(14)
154			91	-76.99	3-	16 y	±2.000	+2.8	$\beta^-0.69(15), 1.48(9),$ $0.36(2), \dots$	1.82	0.344(7), 0.779(14),
155	92	-77.10	$(\frac{5}{2}-)$	1.81 y	$\beta^-0.16(60), 0.143(30),$ $0.28(16), 0.188(10)$ $\beta^-0.48(33), 2.45(11),$ 0.30(17), ...	1.978	0.123(38), 1.274(37), 1.004(31), 0.723(21), 0.873(12), 0.248(7), ...	450	
156	93	-75.22	0+	15 d	$\beta^-0.86(30), 1.28(30),$ 0.90(15), 0.66(15), 1.34(10), ...	0.248	0.0865(10), 0.1053(34), 0.086(10), ...	14,000	
157	94	-74.57	...	15.2 h	$\beta^-0.86(30), 1.28(30),$ 0.90(15), 0.66(15), 1.34(10), ...	2.45	1.24(16), 1.15(14), 0.812(9), 0.089(8), 1.97(7), 0.723(6),	
158	95	-72.2	...	46 n	$\beta^-2.5(44), 1.6(36),$ 1.2(15), 3.4(5), ...	3.4	0.413(25), 0.064(19), 0.37(14), 0.623(6), 0.477(3), 0.055(3), ... 0.08(60), 0.95(55), 0.90(20), 0.98(12), 1.19(10), 1.35(7),	

64	Gd	Gadolinium	159	96	-70.77	18 m		2.63	0.07(42), 0.07(21), 0.09(18), 0.15(14), 0.73(10), ...
			160	97	-68.	0+	~2.5 m 4.5 m		~4	β^+ 2.57(25), 2.35(21), 1.90(21), 1.75(11), 1.50(11), 1.0(10), $\beta^+ 3.6(100)$, ...
64	Gd	Gadolinium	144	80	-77.	0+	23 m	$\beta^+ 2.5(66), \epsilon(34)$	5.3	1.76, 1.82, 0.95, 1.04, 0.809, 0.330
			145	81	-78.	0+	50 d	$\epsilon(100)$	~1	0.1148(100), 0.1156(100), 0.1547(62)
64	Gd	Gadolinium	146	82	-81.	0+	38 h	$\epsilon(99.8), \beta^+ 0.97(0.2), \dots$	2.33	0.2292(77), 0.3061(37), 0.370(16), 0.766(10), 1.068(9), 0.384(8), ...
			147	83	-80.98	($\frac{1}{2}^-$)				
64	Gd	Gadolinium	148	84	-81.81	0+	93 y 9.3 d	$\alpha 3.18$ $\epsilon(99+)$ $\alpha 3.01(0.0005)$	0.01	0.150(48), 0.299(26), 0.347(25), 0.750(11), 0.790(10), 0.94(5), ...
			149	85	-80.61	($\frac{1}{2}^-$)				
64	Gd	Gadolinium	150	86	-81.30	0+	1.8 $\times 10^{14}$ y 120 d	$\alpha 2.80$ $\epsilon(100)$		0.347(7), 0.244(7), 0.46
			151	87	-79.62	($\frac{1}{2}^-$)				0.175(3), 0.0216(3), 0.308(1)
64	Gd	Gadolinium	152	88	-80.18	0+	1.1 $\times 10^{14}$ y 0.20%	$\alpha 2.24$		<125
			153	89	-78.52	3+	242 d	$\epsilon(100)$	0.241	0.009(55), 0.070, ...
64	Gd	Gadolinium	154	90	-79.11	0+	2.15%	$\epsilon(100)$		102
			155	91	-77.36	3-	-0.254	+1.3		61,000
64	Gd	Gadolinium	156	92	-77.86	0+	20.47%	$\epsilon(100)$		8
			157	93	-77.03	3-	15.61%	-0.39		254,000
64	Gd	Gadolinium	158	94	-75.98	0+	24.87%	$\epsilon(100)$		3.5
			159	95	-73.59	2-	18.0 h	$\beta^+ 0.95(63), 0.89(24),$ $\beta^+ 0.59(13), \dots$	0.95	0.058, 0.363, ...
64	Gd	Gadolinium	160	96	-72.93	0+	21.94%	$\beta^+ 1.56(87), 1.39(5),$ $\beta^+ 1.69(4), .50(3), \dots$	1.95	0.361(63), 0.315(24), 0.102(18), 0.077(10), 0.284(6), ...
			161	97	-70.31	($\frac{5}{2}^-$)	3.6 n			
65	Tb	Terbium	162	98	-69.0	10.4 m	β^-	1.4	0.410, 0.428
			147 ^m	2.5 n	$\epsilon(47), \beta^+(3)$		IT(50), 0.799, 0.104
65	Tb	Terbium	147	82	-76.	1.6 t	$\epsilon(95), \beta^+(6)$	~5	0.694(32), 0.139(24), 0.119(5)
			148	83	-75.8	70 m	$\beta^+ 4.6, \dots$	5.6	1.12, 0.78
65	Tb	Terbium	149 ^m	4.3 n	ϵ, β^+	IT	
								$\alpha 3.99(0.05)$		

TABLE 8b-1. PROPERTIES OF NUCLIDES (*Continued*)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barn	Mode of decay, energy, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	$2,200-m/s$ neutron-absorption cross section, barns
65	Tb	Terbium	149	84	-76.62	4.1 h	$\epsilon(77)$, $\alpha^2, \beta^1(23)$	3.70	0.166, 0.352, 0.388, 0.187,
			150	85	-76.38	3.1 h	$\epsilon, \beta^+ 3.((50), \alpha 3.49$	4.67	0.64(16), 0.93(35),
			151	86	-70.82	18 h	$\epsilon(99+), \alpha 3.42(0.0005)$	2.61	0.108(65), 0.232(35),
			152 ^m	87	-76.08	4.0 m	$\epsilon, \beta^+, \alpha(0.002)$	0.288(32), 0.18(18),	0.40, 0.80,
			152	87	-76.08	18 s	$\epsilon(88), \beta^2 2.80(4)$, $\alpha \sim 3$	3.82	0.14, 0.23,	0.14, 0.432, 0.587, 0.271, 1.048,
			153	88	-77.	(5-)	55 h	$\epsilon(100)$	~1.8	0.212(30), 0.11(12), 0.083(11), 0.17(9), 0.25,
			154 ^m	89	-75.	8.5 h	0.33, 0.88,	0.123, 0.248, 0.53, 0.65,
			154	89	-75.	21 h	~3.4	0.123, 0.248, 0.30, 0.35,	0.85
			155	90	-76.46	5.6 d	0.53, 2.5,	0.087(37), 0.105(25),
			156 ^m	91	-75.	(0+)	5.5 h	0.180(8), 0.163(8),	0.262(7), 0.388(4)
			156	91	-75.	(3-)	5.4 d	0.170, 0.088	0.054(0.2)	0.054(0.2)
			157	92	-75.96	(3+)	150 y	$\epsilon(100)$	2.3	0.335(70), 0.199(40), 1.22(29), 0.089(7),
			158 ^m	93	-74.54	(2-)	11 s	1.16(17), 1.42(15),	0.064	1.20
			158	93	-74.54	3(-)	1.2×10^4 y	± 1.74	+2.7	$\epsilon(87)$	0.94	0.95(69), 0.099(14), 0.086(12),	0.94
												0.086(12),	0.782(10),

159	94	-74.61	$\frac{3}{2}^+$	100%	± 1.99	$\beta - 0.56(44), 0.86(29),$	1.83	0.879(30), 0.299(27),	3.0
160	95	-72.80	$\frac{3}{2}-$	72 1d	± 1.68	$\beta + 3.0$	0.46(10), . . .	0.066(25), 1.178(15), 0.087(13), 1.27(7), . . .	525
161	96	-72.40	$\frac{3}{2}+$	6.9 d	$\beta - 0.5(64), 0.45(26),$	0.58	0.026(21), 0.049(19),	
162	97	-70.5	7.5 m	0.58(10),	0.075(10), 0.057(5), . . .	
163	98	-69.44	6.5 h	$\beta - 1.25(90), 1.5(5), . . .$	0.260(80), 0.808(45), . . .	
163	98	-69.44	19.5 m	$\beta - 1.4(40), 1.6(530),$	1.68	0.888(35), 0.185(16), 0.882(15), 0.080(8), . . .	
					1.5(15), 1.1(15)	0.330(40), 0.025(30), 0.235(15), 0.510(15), . . .	
					$\beta - 0.80, 1.28, 1.40$	1.68	0.390(31), 0.351(29), 0.494(23), 0.074(15), . . .	
					
					β^-	
						ϵ	
164	99	-67.2	23 h	$\epsilon, \beta^+, \alpha 4.23(18)$	3.3	
149	83	-72.	~15 m	$\epsilon, \beta^+, \alpha 4.23(18)$	~4	
150	84	-74.	0+	7.2 m	$\beta^+, \epsilon, \alpha 4.16(6)$	~2.0	0.39	
151	85	-74.	0+	18 m	$\beta^+, \epsilon, \alpha 3.05(0.05)$	3.0	0.145	
152	86	-75.21	0+	2.4 h	$\epsilon, \alpha 3.48(0.003)$	0.8	0.257	
153	87	-74.17	6.4 h	$\alpha 3.37$	~2.1	0.081, 0.100, 0.255, . . .	
154 m	13 h	$\alpha 3.37$	
154	88	-75.53	10.7 y	$\alpha 2.87$	
155	89	-74.20	$\frac{3}{2}-$	10 2 h	$\epsilon(98), \beta^+ 0.85(2), . . .$	2.10	0.227(68), 0.664(3), 1.000(3), 1.000(3), 0.905(2), . . .	
					$\epsilon(100)$	1.36	0.326(91), . . .	
					$\epsilon(100)$	0.365	0.058(4), . . .	
156	90	-75.57	0+	0.05% $\frac{3}{2}-$	
157	91	-74.50	$\frac{3}{2}-$	8.1 h	
158	92	-75.55	0+	0.09% %	
159	93	-74.22	$\frac{3}{2}-$	14.1 d	
160	94	-74.77	0+	2.29 %	
161	95	-73.03	$\frac{3}{2}+$	18.81 %	-0.46	+2.3	
162	96	-73.16	0+	25.51 %	
163	97	-71.23	$\frac{5}{2}-$	24.97 %	+0.64	+2.5	
164	98	-70.30	0+	28.18 %	
165 m ₂	32 s	
165 m ₁	1 26 m	$\beta - 0.89(2), 1.00(.5)$	1.17	170, 108(97), 0.514(2), . . .	
165	99	-68.25	$\frac{1}{2}+$	139.2 m	± 0.50	$\beta - 1.3(43), 1.2(15),$	1.30	0.095(4), . . .	

TABLE Bb-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Symbol	(3) Name	(4) Mass number <i>A</i>	(5) Number of nu- clides <i>N</i>	(6) Mass excess, amu $\times 10^{-6}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magneton	(10) Quadrupole moment, barns	(11) Mode of decay, energy and intensity, MeV (%)	(12) β -decay <i>Q</i> values, MeV	(13) Energy and intensity of γ ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns
66	Dy	Dysprosium	165	10	-67.17	0+	81.5 h	β^- , 0.40(92), 0.48(5), . . .	0.482	0.082(12), . . .	
67	Ho	Holmium	167	10	4.4 m	β^+ , . . .	~7		
			150	83	-66.	~20 s	β^+ , α 4.60(30)			
			151	84	-68.	42 s	β^+ , α 4.51(20)	~5		
			152	85	-68.4	36 s	β^+ , α 4.45(19)			
			152	86	-68.4	52 s	β^+ , α 4.38(30)	6.4		
			153	86	-69.60	2.4 m	β^+ , α 3.95(0.1)	4.3		
			154	87	-69.35	1	9 m	β^+ , α 3.91	5.8	0.335	
			155	88	-71.	2	12 m	β^+ 2.1, ϵ	~3	0.092, 0.138, 0.117, 0.209,	
			156	89	-70.	1	50 m	~5	0.243, 0.326	
							5.5 m	β^+ 1.80, 1.3, 2.0		0.138(100), 0.266(99),	
			157	90	-72.	2	14 m		0.367(23), 0.685, 0.89,	
						2-	29 m	β^+ , ϵ	~2.5	1.41, . . .	
			158m	91	-71.29	5+	11 m	β^+ 1.32, ϵ		PT0.067, 0.098, 0.218,	
			159m	92	-72.	2		0.32, . . .	
			159	92	-72.	7		3.98	0.098, 0.218, 0.320, 0.52,
			160m	93	-71.94	5+	2-	6.9 s			PT0.206(100)
			160	93	-71.94	2-	11 m	33 m			~1.7
							5.0 h	ϵ (34)		0.057, 0.080, 0.17, 0.25,	
			161m	94	-72.15	2-	2.6 m		0.309, . . .	
			161	94	-72.15	1+	6 s		PT0.090(68)	
						2-	2.5 h		2.92	0.729(50), 0.97(35),
											0.880(25), 0.65(20),
											0.197(20), 0.339(5), . . .
											PT0.211(100)
											0.82
											0.026(23), 0.075(15),
											0.176(2), 0.157(1), . . .

PROPERTIES OF NUCLIDES

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TABLE 8b-1. PROPERTIES OF NUCLIDES (*Continued*)

PROPERTIES OF NUCLIDES

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TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Symbol	(3) Name	(4) Mass number <i>A</i>	(5) Number of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-4}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magnetons	(10) Quadrupole moment, barns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay <i>Q</i> values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/ μ neutron- absorption cross section, barns
70	Yb	Ytterbium	172	162	-63.59	0+	21.82 %	-0.6776	+3.0
			173	163	-60.35	5-	16.13 %	0.4
			174	164	-61.11	0+	31.84 %	19
			175	165	-58.70	2-	101 h	65
			176m	(8-)	11 s
			176	106	-57.42	0+	12.73 %
			177m	107	-54.72	1-	6.5 s	5.5
			177	107	-54.72	2+	1.9 h
71	Lu	Lutetium	155	84	-46.	0-	0.07 s
			156	85	-47.	0.23 s
			167	96	-61.73	0.5 s
			168	97	-61.40	(1-)	7.1 m
			169m	98	-62.34	($\frac{1}{2}$ -)	2.7 m
			169	98	-62.34	2+	34 h
			170m	4-	0.7 s
			170	99	-61.51	0+	2.0 d	170.048, 0.04(100)
			171m	($\frac{1}{2}$ -)	78 s	0.084, 0.194, ...
			171	100	-62.	2+	8.3 d	170.07(100)
			172m	3.7 m	~1.4
					0.741(68), 0.09(20), 0.668(14), 0.075(8), 0.842(7), ...	IT0.0419(100)	

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TABLE 8b-1. PROPERTIES OF NUCLIDES (*Continued*)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	
Atomic number <i>Z</i>	Symbol	Name	Mass number <i>A</i>	Number of neutrons <i>N</i>	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay <i>Q</i> values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m ² neutron-absorption cross section, barns	
72	Hf	Hafnium	174	102	-59.86	0+	2.0 $\times 10^4$ y 0.18%	a2.50	390	
			175	103	-58.55	($\frac{5}{2}-$)	70 d	
			176	104	-58.57	0+	5.20%	0.59	0.343(85), 0.089(3), 0.433(1),	
			177 _m	$2\frac{3}{2}+$	1.1 s	1.5	
			177	105	-56.75	$\frac{7}{2}-$	18.50%	+0.61	+3	
			178 _m	(8-)	4.3 s	380	
			178	106	-56.28	0+	27.14%	IT0.427(97), 0.326(94), 0.214(75), 0.089(54), 0.093(14)	
			179 _m	$\frac{1}{2}-$	18.6 s	IT0.41(99), 0.217(99), 0.378(1)	75	
			179	107	-54.16	$\frac{5}{2}+$	13.75%	-0.47	+3	
			180 _m	8-	5.5 h	IT0.333(93), 0.215(82), 0.44(80), 0.088(48), 50(17), 0.063(16)	65	
			180	108	-53.43	0+	35.24%	IT0.333(93), 0.215(82), 0.44(80), 0.088(48), 50(17), 0.063(16)	12.6	
			181	109	-50.87	($\frac{1}{2}-$)	42.4 d	β^+ 0.41	1.023	0.482(81), 0.143(48), 0.346(13), . . .	40
			182	110	-49.28	0+	9 $\times 10^4$ y	0.5	0.371	
			183 _m	91 d	0.005, 0.250, 0.340,	
			183	111	-46.40	65 m	2.0	0.784, 0.458, 0.073,	
73	Ts	Tantalum	172	99	-55.	44 m	β^+, ϵ	~5	0.092, 0.208, 0.27, 1.1, 1.3,	

PROPERTIES OF NUCLIDES

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number Z	(2) Symbol	(3) Name	(4) Mass number A	(5) Number of neu- trons N	(6) Mass excess, amu $\times 10^{-3}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magneton	(10) Quadrupole moment, barns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay Q values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (τ)	(14) 2,200-m/s neutron- absorption cross section, barns
74	W	Tungsten	160?	86	16 m
			173	99	-52.	0+	31 m
			174	100	-54.	0+	34 m
			175	101	-53.	0+	2.3 h
			176	102	-54.	0+
			177	103	-54.	135 m
			178	104	-54.	0+	21.5 d
			179m	105	($\frac{1}{2} -$)	5.2 m	IT0.2218(100)
			179	105	-53.	($\frac{1}{2} -$)	38 m	0.031(22),	10
			180	106	-53	0+	1.14%
			181	107	-51.77	($\frac{3}{2} +$)	140 d	0.006, 0.136, 0.152	21
			182	108	-51.75	0+	26.41%	IT0.105, 0.047, 0.161,
			183m	109	($\frac{3}{2} +$)	5.3 s	0.210	1.8
			183	109	-49.73	$\frac{1}{2} -$	14.40%	10.2
			184	110	-49.03	0+	30.64%	0.000, 0.175,
			185m	111	1.6 m	IT0.131(100), 0.175,
			185	111	-46.53	$\frac{1}{2} -$	74 d	0.429(0.02)	0.429	38
			186	112	-45.60	0+	28.41%	0.328(59), 1.35(19),	1.311	60
			187	113	-42.80	$\frac{3}{2} -$	23.8 h	0.480(23), 0.0720(23),
			188	114	-41.47	0+	69 d	0.618(7), 0.532(6),
			189	115	-38.0	11 m	0.0636(0.9), ...	0.349
										β^- 2.0, 2.5	2.5	0.258, 0.417, 0.55, 0.855,
										0.955, 0.178, ...	0.955

PROPERTIES OF NUCLIDES

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TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	
Atomic number Z	Symbol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns	
75	Re	Rhenium	190	115	-38.1	2.8 m	$\beta^{1.6}$	3.2	0.191(10), 0.392(10), 0.57(10), 0.83(3)	1.8	
76	O ₈	Osmium	191	116	-37.	10 m	$\beta^{1.8}$	0.20, 0.29, 0.37, 0.48, 0.57	
			192	117	6 s	$\beta^{2.5}$	~8	0.776, 1.291, 0.857,	
			176	100	-44.	0+	3.0 m	~7	
			178	102	-46.	0+	5 m	~6	
			179	103	-47.	0+	8 m	~5	0.890,	0.145, 0.118,	
			180	104	-47.	0+	22 m	~3	0.239, 0.118, 1.001, 0.167	0.0276, 0.510, 0.1802, 0.0535,	
			181	105	-47.	0+	2.7 m	~1	IT0.1707(46), 1.102(26), 1.108(22), 0.3673(6), 1.035(6)	0.382(88), 0.1145(71), 0.168(18), 0.236(6),	
			181	106	-47.	0+	105 m	~1	0.846(81), 0.879(7), 0.718(4), 0.153(2),	0.0003	
			182	106	0+	21 h	13	IT0.616(99), 0.502(98), 0.361(94), 0.187(70)	13	
			183 ^m	($\frac{1}{2}^-$)	10 h	13	IT0.0742(100)	13	
			183	107	-47.	($\frac{3}{2}^+$)	12 h	0.310	0.042, 0.129,	2.0	
			184	108	-47.40	0+	0.018%	
			185	109	-45.89	($\frac{1}{2}^-$)	94 d	
			196	110	-46.13	0+	1.59%	1.015	0.846(81), 0.879(7), 0.718(4), 0.153(2),	0.0003	
			187	111	-44.21	$\frac{1}{2}^-$	1.64%	+0.0643
			188	112	-44.12	0+	13.3%	+0.6566	+0.8	
			189	113	-41.82	$\frac{3}{2}^-$	16.1%	
			190 ^m	(10)-	9.9 m	
			190	114	-41.52	0+	26.4%	
			191 ^m	($\frac{3}{2}^-$)	13 h	
			191	115	-39.03	($\frac{3}{2}^-$)	15 d	
			192	116	-38.49	0+	41.0%	

PROPERTIES OF NUCLIDES

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193	117	-35.82	31 h	6.5 m	β^+ (1.132(70), 0.99(9), 0.67(7), 1.06(6), β^+ 0.097(67), 0.054(33),	1.132 0.558(2), 0.387(1), 0.043(33), 0.082(0.05)
194	118	-34.77	0+	6.0 y	β^{+2}	2.0
Ir	Iridium	195	119	-32.0	6.5 m
		171	94	-29.	1 s	a5.91
		172	95	-29.	2 s	a5.81
		173	96	-31.	3 s	a5.66
		174	97	-33.	4 s	a5.48
		175	98	-35.	4.5 s	a5.30
		176	99	-36.	8 s	a5.12
		100	100	-38.	21 s	a5.01
		177	105	-42.	(5-)	15 m	β^+, ϵ
		182	106	-43.	58 m	ϵ	~6 0.238
		183	106	-43.	3.2 h	ϵ, β^+	4.7 0.264, 0.125, 0.391, 0.840,
		184	107	-42.3	0.96, 1.09
		185	108	-43.	($\frac{3}{2}+$)	14 h	0.0374(72), 0.0539(38), 0.0973(23), 0.1907(15), 0.2542(15), 0.001(11),
		186	109	-42.00	(7)	15 h
		187	110	-43.	($\frac{3}{2}+$)	11 h
		188	111	-41.98	(2-)	41 h	3.831 0.1372(05), 0.297(75), 0.4348(35), 0.773(9), 0.836(7), 0.933(5),
		189	112	-41.	($\frac{3}{2}+$)	13.3 d	~1.5 0.0743(16), 0.0852(15), 0.0255(4), 0.178(3), 0.4227(3), 0.611(3),
		190m ₂	(11-)	3.2 h	2.833 0.1450(57), 0.632(22), 0.478(16), 2.217(12), 1.210(7), 0.635(6), 0.0496(21), 0.2448(8), 0.0591(4), 0.0363(4), 0.187(66), ITV1.1487(6), 0.316(93), 0.502(92), 0.361(88), 0.187(66), ITV1.0263(100)
		190m ₃	(7+) (4+)	1.2 h 11 d	2.1 0.56(72), 0.187(51), 0.804(47), 0.518(39), 0.40(39), 0.37(39), ITV1.129,
191m	113	-39.3
191	114	-39.36	4.9 s 37.5 %	+1.3

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Mass excess, amu $\times 10^{-3}$	Number of neutrons N	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-in. ⁻¹ neutron-absorption cross section, barns
77	Ir	Iridium	$192m_2$ $192m_1$	$9(+)$ $10(+)$	>5 y 1.4 m	β^+ 1.2(0.398), 1.5(0.307), β^- 0.672(49), 0.53(42), 0.24(5), ... (4)	1.457	β^+ 0.161(100), β^- 0.317(0.008), 0.317(81), 0.468(49), 0.308(30), 0.290(29), 0.904(0), 0.612(6), ... γ 1.2	1,100
			192	115	-37.36	4(-)	74.2 d	± 1.8	...	β^+ < 0.25 β^- 2.24(89), 1.92(5), 0.98(2), 1.62(1), ... γ 2.24	0.05	β^+ 0.080(100), 0.33(100), 0.48(100), 0.328(10), 0.64(1), ... γ 2.24	120
			$193m$...	-37.04	$J_{1/2}^-$ $J_{3/2}^+$	12 d 62.7%	β^+ 1.0, 0.6 β^- 1.16(89), 0.4(5), ... γ 1.0, 0.6	1.0	0.685, 0.433, 0.319, 0.265, 0.647(100), 0.522(59), 0.394(95), 0.441(95), 0.356(94), 0.100(33), 0.355(20), 0.779(11), 0.447(5), ... γ 1.0, 0.6	...
			193	116	...	$J_{1/2}^-$ $J_{3/2}^+$	171 d	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	3.2	0.50(50)	...
			$194m$...	-34.88	1-	17.4 h	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	
			194	117	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	
			$195m$	4.0 h	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	
			195	118	-34.19	...	2.8 h	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	
			$196m$	119	1.4 h	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	
			196	...	-31.6	...	52 s	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	
			197	120	-30.5	...	7 m	β^+ 2.0(80), 2.1(16), ... γ 2.0(50), 1.5(50)	2.0	0.50(50)	
			197	123	95	-22.	Short	β^+ 0.03(80), $\epsilon + \beta^+(20)$	
			197	124	96	-26.	$\epsilon + \beta^+(20)$	~6	...	
			197	97	-27.	...	2.1 s	$\epsilon + \beta^+(39), \alpha 5.74(1)$	~0	...	
			197	126	98	-30.	6 s	$\epsilon + \beta^+(99+), \alpha 5.51(0.3)$	~7	...	
			197	99	-31.	...	6.8 s	$\epsilon + \beta^+(99+), \alpha 5.44(1.3)$	~5	...	
			198	100	-33.	...	21 s	5.28(0.07)	~5	...	
			199	101	-34.	...	33 s	$\epsilon + \beta^+(99+), \alpha 5.15(0.1)$	~0	...	
			199	102	-36.	...	60 s	$\epsilon + \beta^+(99+), \alpha 5.14(0.3)$	~4	...	

PROPERTIES OF NUCLIDES

TABLE 8b-1. PROPERTIES OF NUCLIDES (*Continued*)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Number of neutrons N	Mass excess, $\mu_{\text{m}} \times 10^{-3}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
79	Au	Gold	177	98	-22...	1—	1.3 s	α6, 12
			178	99	-23...	1—	2.6 s	α5, 32
			179	100	-26...	1—	7.2 s	α5, 85
			181	102	-30...	1—	11.5 s	α5, 13(55), 3, 48(45)
			183	104	-32...	1—	50 s	α5, 34
			184	105	-32...	1—	1.0 m	ε, β^+
			185	106	-34...	1—	4.3 m	ε, β^+ , α5, 01(0.01)
			186	107	-34...	1—	12 m	ε	~7	0.163, 0.273, 0.362
			187	108	-35...	1—	8 m	ε, α4, 69	~5	0.16, 0.22, 0.30, 0.40
			188	109	-35...	1—	8 m	ε	~6	0.16, 0.22, 0.30, 0.40
			189m	110	-36...	1—	4.7 m	ε	~4	0.25, 0.33, 0.63
			189	110	-36...	1—	30 m	ε	~5	0.108(80)
			190	111	-35...	1—	39 m	ε, β^+	~3	0.713, 0.448, 0.813, 0.168,
			191	112	-36...	3/2 +	3.2 h	ε	~4	0.29, 0.60
			192	113	-35, 15	1(—)	5.0 h	ε	~2.0	0.030, 0.048, 0.091, 0.278,
			193m	1/2 —	3.9 s	ε	0.133,
			193	114	-36...	3/2 +	16 h	ε(0.03)	0.291,	0.316, 0.157, 0.051,	0.291,
			194	115	-34, 58	1—	39.5 h	ε(100)	0.18(11), 0.26(9),	0.245, 0.105, 1.140,	0.18(11), 0.26(9),
			195m	1/2 —	31 s	ε(97), β^+ 1.5(2), 1.2(1)	2.51	0.114(5), 0.440(3),	0.114(5), 0.440(3),
			195	116	-34, 95	3/2 +	183 d	ε(100)	0.229	0.0985, 0.0308,	0.200(2),
			195m	12(—)	9.7 h	170.148(42), 0.188(32),	0.285(5), 0.316(5)

196	117	-33.44	2-	6.18d	+0.58 or -0.62	•	•(94)	1.48	0.356(94), 0.333(25), 0.426(6), 1.091(0.2)
197m	118	-33.45	3+	100%	+0.14486	+0.58	• θ -0.259(6)	0.684	0.412(99), 0.676(1), 1.088(0.2)
198	119	-31.769	2-	2.697 d	+0.590	•	• θ -0.961(99), 0.29(1), β -0.30(73), 0.25(2), θ -2.2(70), 0.7(25), θ -1.5	1.374	0.1584(73), 0.2082(21) 170, 130, 0.279, (100)
199	120	-31.23	3+	3.15d	+0.270	•	• θ -4.6(6)	0.45	0.368(24), 1.227(23), 1.593(1), ...
200	121	-29.3	(1-)	48.4 m	•	• θ -2.2(70), 0.7(25), θ -3.5(90), 3(10)	2.2	0.368(24), 1.227(23), 1.593(1), ...	
201	122	-28.1	26 m	26 m	•	• θ -1.9	1.5	0.54	0.44(10), 0.52(0.3)
202	123	-25.6	30 s	30 s	•	• θ -4.5	3.5	~2.5	0.69
203	124	-24.	5.5 s	5.5 s	•	• α 6.08	4.5	0.43	0.43
204	125	-21.7	4 s	4 s	•	• α 5.96	6	~6	~6
179	99	-17.	3.5 s	3.5 s	•	• α 6.00, 5.91	~6	~6	0.44
180	100	-21.	5.9 s	5.9 s	•	• α 5.86	~6	~6	0.44
181	101	-22.	3.6 s	3.6 s	•	• α 5.91, 5.83	~6	~6	0.44
182	102	-24.	10.5 s	10.5 s	•	• α 5.54	~6	~6	0.44
183	103	-25.	8.8 s	8.8 s	•	• α 5.65, 5.57	~6	~6	0.44
184	104	-27.	32 s	32 s	•	• ϵ , α 5.11	~6	~6	0.44
185	105	-28.	52 s	52 s	•	• ϵ , α 5.11	~6	~6	0.44
186	106	-30.	1.4 m	1.4 m	•	• ϵ	~5	~5	0.40
187	107	-30.	3 m	3 m	•	• ϵ , α 5.14	~3	~3	0.40
188	108	-32.	3.3 m	3.3 m	•	• ϵ	~4	~4	0.40
189	109	-32.	9 m	9 m	•	• ϵ	~2	~2	0.40
190	110	-33.	20 m	20 m	•	• ϵ	~3	~3	0.40
191	111	-33.	55 m	55 m	•	• ϵ	~0.9	~0.9	0.40
192	112	-34.	4.8 h	4.8 h	•	• ϵ	~0.9	~0.9	0.40
193m	J_2^3 +	10 h	-1.063	-1.2	•(82), θ +1.17(2)	...	0.114(10), ... 170, 0.0395, 0.1012(16), 0.257, 0.218, 0.574,
193	113	-33.	3 -	4 h	-0.62	-2	•	2.34	0.220, ... 0.038, 0.137, 0.564, 0.762,
194	114	-34.	0 +	1.2 h	-1.049	+1.3	•(100), ... 170, 123(62), 0.261(30), 0.560(8), ...	0.05	0.855, 1.040, ... 0.257, 0.218, 0.574,

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Symbol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	$2,200-\text{m}^2/\text{s}$ neutron-absorption cross section, barns
80	Hg	Mercury	195	115	-33.	$\frac{1}{2}(-)$	9.5 h	+0.538	~1.4	0.780(8), 0.462(7), 0.385(3), 0.207(2), 0.261(2), 1.1(1),	3.100
			196	116	-34.18	0^{+}	0.146 %
			197m	117	-33.00	$\frac{1}{2}^{+}$	24 h	+1.032	+1.5	(6)	170.165, 0.131(94), 0.279(6), 0.130
			197	117	-33.00	$\frac{1}{2}^{-}$	65 h	+0.534	0.42	0.077(18), 0.191(2), 0.268,
			198	118	-33.252	0^{+}	10.92 %	170.375, 0.156(100)	0.02
			199m	119	-31.725	$\frac{1}{2}^{+}$	43 m	+0.5027	2.000
			199	119	-31.725	$\frac{1}{2}^{-}$	16.84 %
			200	120	-31.679	0^{+}	23.13 %	-0.5567	+0.45	<80
			201	121	-29.696	$\frac{3}{2}^{-}$	13.22 %	<80
			202	122	-29.358	0^{+}	29.80 %	4.9
			203	123	-27.123	$\frac{5}{2}^{-}$	46.9 d	+0.84	±13	δ 0.214(100)	0.492	0.279(100)
			204	124	-26.502	0^{+}	6.85 %	0.43
			205	125	-23.92	$\frac{1}{2}(-)$	5.5 m	β ⁻ 1.5	1.5	0.203
			206	126	-22.49	0^{+}	8.2 m	β ⁻ 1.3(59), 1.4(36), 0.65(5),	1.31	0.31, 0.65
								~5	~0.3	0.424, 0.64
								170.365
								~4.2	0.241, 0.252, 0.261, 0.309,
								0.270, 0.330,
								0.097, 0.748, 0.636, 0.427
								~5.5	0.427
								170.099, 0.333(100)
								~3.2	0.0372, 0.242, 0.226, 0.582,
							

Lead

TABLE Sb-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV %	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/e neutron-absorption cross section, barns
82	Pb	Lead	197	113	-26.	$(\frac{3}{2}-)$?						
			198	116	-28.	$0+$							
			199m	117	-27.	$(\frac{1}{2}^{\pm}+)$							
			199	117	-27.	$(\frac{5}{2}-)$							
			200	118	-28.	$0+$							
			201m	119	-27.								
			201	119	-27.								
			202m								
			202	120	-27.97	$0+$	$\sim 3 \times 10^4 \gamma$						
			203m	$(\frac{1}{2}^{\pm}+)$	$6.1 \pm$						
			203	121	-28.60	$(\frac{1}{2}-)$							
			204m								
			204	122	-26.96	$0+$							
			205	123	-25.52	$(\frac{5}{2}-)$							
			206	124	-25.53	$0+$	23.5%						
			207m	$\frac{1}{2}^{\pm}+$	$0.77 \pm$						
			207	125	-24.067	$\frac{1}{2}-$	22.5%						
			208	126	-23.34	$0+$	52.3%						
			209	127	-18.90	$(\frac{3}{2}+)$	$3.30 \pm$						
												$\# 0.635$	0.64

PROPERTIES OF NUCLIDES

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TABLE 8b-1. PROPERTIES OF NUCLIDES (*Continued*)

TABLE 80-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Number of neutrons N	Mass excess, $\mu_{\text{nuc}} \times 10^{-4}$	Spin and parity	% abundance or half-life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy and intensity, MeV (%)	β -decay q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
83	Bi	Bismuth	208 209 210m	125 126 ...	-20.27 (5+) $\frac{1}{2}-$	3.7×10^4 y 100 %	+4.080	-0.35	* (100)	2.87	2.614(100)	0.034	
210		(Ra E)	127	-15.87	1-	5.01 d	± 0.0442	± 0.13	* 4.39 * 4.96(58), 4.92(36), * 4.57(6), 4.43(6.4), $\beta^-(0.4)$, $\beta^-1.160(99+), \alpha 4.65,$	0.266(45), 0.30(23), 0.344, 0.650, . . .	0.054	
211		(AcC)	128	-12.70	($\frac{1}{2}-$)	2.15 m	* 6.52(84), 6.28(16), * 6.0 (0.3)	3.59	0.351(14)	
212		(ThC)	129	-8.72	1(-)	60.6 m	$\beta^-2.25(54), 1.52(5),$, $\alpha 6.05(25),$	2.246	0.777(7), 1.62(2), 0.040(2), 0.78(1),	
213		(Ra C)	130	-5.62	($\frac{1}{2}-$)	46 m	6.39(10), . . .	1.42	0.440(32),	
214		(Ra C)	131	-1.27	(1-)	19.8 m	$\beta^-1.42(68), 1.02(31),$, $\alpha 5.87(2), 5.55$	3.28	0.609(42), 1.76(17), 1.120(15), 0.76(6), 1.378(5),	
215		Po	132	1.8	($\frac{1}{2}-$)	7.4 m	1.35(15), 1.88(9), . . .	0.633	2.24	
192			108	0.5 s	
193			109	-8.	4 s	
194			110	-10.	0+	0.6 s	
195m			111	-11.	2.0 s	
196			112	-13.	0+	4.5 s	
197m			113	-14.	5 s	
198			114	-16.	0+	27 s	
199m			36 s	
						1.7 m	
						4.1 m	
									β^-			~	
												e ⁺ , $\alpha 0.18$	
												e ⁺ (74), $\alpha 0.05(26)$	

199	115	-16.	5.1 m	$\alpha^*(97), \alpha5.34(3)$	~6
200	116	-18.	0+	11.4 m e(98), $\alpha5.36(12)$	~3.7
201 ^m	117	-18.	9 m e(97), $\alpha5.38(3)$	~5
201	117	-18.	2	15.4 m e(98), $\alpha5.38(1)$	~5
202	116	-19.	0+	44 m e(98), $\alpha5.38(1)$	~3
203 ^m	116	-19.	30 m e(99+), $\alpha5.3(0.1)$	~4
203	116	-19.	2(-)	42 m e(99+), $\alpha5.4(0.02)$	~4
204	120	-20.	0+	3.6 h e(99+), $\alpha5.3(0.7)$	~2.3
205	121	-19.	2-	1.8 h e(99+), $\alpha5.2(0.07)$	~3.4
206	122	-19.65	0+	8.8 d e(93), $\alpha5.22(5)$	0.51(100), 1.02(85), 0.89(60), 0.338(40), 0.286(35)
207 ^m	2.8 s
207	123	-18.39	2-	5.7 h ~+0.27	+0.28
208	124	-18.76	0+	2.93 y 1.14(0.2), ad. 12(0.01)	2.91
209	123	-17.56	2	103 y e5.12(99+), 4.22(0.0002), 4.22(0.0006)	0.31(40) 0.95(64), 0.7(36), 0.41(13), 1.15(6), 0.25(5), 1.3(4), ...
210	124	-17.12	0+	138.4 d e4.88(99), 4.32(0.5), e5.305(100)	1.41 0.285(0.006), ...
(RaF)	25 s ($^{25}_2$)
211 ^m	127	-13.34	($\frac{1}{2}^+$)	0.52 s e7.28(91), 8.88(7), 8.09(1.7), 8.31(0.25)	0.570(92), 1.003(77)
211	127	-13.34	($\frac{1}{2}^+$)	0.52 s e7.46(99), 6.89(0.5),	0.57(0.3), 0.90(0.5)
(AcC ¹)	(18+)	2.61(3), 0.57(2)
212 ^m	123	-11.135	0+	3.04 $\times 10^{-18}$ e11.65(97), ... e8.78(100),
(ThC ¹)	212
213	129	-7.15	($\frac{1}{2}^+$)	4.2 $\times 10^{-6}$ e8.38(100),
214	130	-4.79	0+	1.62 $\times 10^{-8}$ e7.688(100),
(RaC ¹)
215	131	-0.55	($\frac{1}{2}, \frac{3}{2}^+$)	1.78 $\times 10^{-8}$ e8.384(100), ...	0.44
(AcA)	132	1.92	0+	0.15 s e8.777(100), ...	0.740
(ThA)	133	6.
217	133	9.01	0+	<10 s e6.54(>80), $\beta^-(<20)$, e5.000(99.99), ... $\beta^- (0.02)$	~1.6
218	134	9.01	0+	3.05 m e0.27	0.27
(RaA)

NUCLEAR PHYSICS

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
85	At	Astatine	196	111	-4.	0.3 s	a ¹ .06
			197	112	-6.	0.4 s	a ¹ .06
			198 ^m	113	-7.	1.5 s	a ¹ .85
			199	114	-9.	4.9 s	a ¹ .75
			200 ^m	115	-9.	7.2 s	a ¹ .64
			200	116	-11.	4.3 s	a ¹ .54
			201	116	-11.	42 s	a ¹ .46, 6.41, e
			202 ^m	117	-11.	1.5 m	a ¹ .34, e
			202	117	-11.	2.6 m	a ¹ .23
			203	118	-13.	3.0 m	e ¹ (80), a ¹ 6.13(10)	~7
			204	119	-13.	7.4 m	e ¹ (86), a ¹ 6.09(14)	~6
			205	120	-14.	9.3 m	e ¹ (55), a ¹ 5.95(5)	~7
			206	121	-14.	26 m	e ¹ (82), a ¹ 5.90(8)	~5
			207	122	-14.3	32 m	a ¹ 5.70(88), (12)	~6
			208	123	-13.	1.8 h	e ¹ (9), a ¹ 5.76(10)	3.84
			209	124	-13.83	(2-)	1.6 h	e ¹ (9.5), a ¹ 5.65(0.5)	~4.9	0.685(99), 0.660(80), 0.177(20),	0.49
			210	125	-12.96	(5+)	5.5 h	e ¹ (5), a ¹ 5.05(5)	3.48	0.778(0.94), 0.545(62), 0.105(23)	0.49
			211	126	-12.49	2 (-)	7.21 h	e ¹ (59)(14), 1.433(48), 1.436(29), 1.539(14), . . .	0.79	0.67	0.49
			212 ^m	127	-9.26	0.12 s	a ¹ 7.32(60), 7.38(20)	0.063	0.49
			213	128	-7.1	0.30 s	a ¹ 7.36(80), 7.30(20)	0.063	0.49
			214	129	-3.67	Short	a ¹ 9.78(39.8), 8.45, 8.24	0.49
			215	130	-1.34	1 $\times 10^{-4}$ s	a ¹ 8.00(98.95), 7.90(0.05)	0.49

PROPERTIES OF NUCLIDES

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			3×10^{-6}	
216	131	2.42	$7.81(97), 7.89(2)$, 7.61, 7.57, 7.48, 7.40, 7.33, 7.25
	217	132	4.71	0.03 s
	218	133	8.71	$\sim 2_3$
	219	134	11.3	0.9 m
	201	115	-4.	3 s
	202	116	-6.	0+
	203 ⁿ	117	-6.	13 s
	204	118	-8.	28 s
	205	119	-8.	45 s
	206	120	-8.	75 s
	207	121	-9.	0+
	208	122	-10.	1.8 m
	209	123	-10.	0+
	210	124	-10.46	6.5 m
	211	125	-9.38	11 m
	212	126	-9.29	0+
	213	127	-6.11	25 m
	215	129	-1.25	0.019 s
	216	130	0.27	Short
	217	131	3.94	4.5×10^{-4} s
	218	132	5.61	5.4×10^{-4} s
	219	133	9.51	0+ ($\frac{3}{2}, \frac{5}{2}$) 3.96 s
	220	134	11.40	0+
(^{1m})	221	135	15.	55.6 s
(Ra)	222	134	17.61	0+
	223	135	25 m
	224	136	3.821 d
	225	137	43 π
	226	138	0+
				1.90 h
				4.5 m
				0+
				6 m
				0
				0
				0.542(0.07)
				0.542(0.07)
				~1.1
				$\beta^-(30), \alpha(20)$
				$\alpha(5.486(99)), 4.98, 4.82$
				0.51
				0
				1.85
				0.55

TABLE 8b-1. PROPERTIES OF NUCLEI (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number 2	Symbol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
87	Fm	Francium	203	116	2.	0.7 s	α 7.13.
			204 ^m	117	1.	2.2 s	α 7.03
			205	118	-0.8	3.3 s	α 6.97
			206	119	-1.	3.7 s	α 6.92
			207	120	-3.	15.7 s	α 6.79
			208	121	-3.	15.8	α 6.77
			209	122	-4.	59 s	α 6.65
			210	123	-4.	52 s	α 6.65
			211	124	-4.5	3.2 m	α 6.57
			212	125	-4.	3.1 m	α 6.53
			213	126	-3.82	35 s	~5.1	0.039, 0.123,
			214 ^m	127	-1.02	(9-)	3.4×10^{-11}	6.42(16), 6.35(11),
				214	127	-1.02	5.0×10^{-11}	α b.71(99.5), *0.5	2.14
				215	128	0.38	$\leq 10^{-11}$	α b.48(51), 8.55(46),
				217	130	4.64	Short	7.7(1), 8.0(1),
				218	131	7.52	Short	α b.43(68), 7.45(10),
				219	132	9.25	0.02 s	7.83(10), 8.36(7),
				220	133	12.32	27.5 s	α b.4
				221	134	14.26	4.8 m	7.14, 6.98, 6.72
				222	135	17.52	α b.85(93), 7.55(5),
			(ActD)	223	136	19.76	4.8 m	7.52(1), 7.71, 7.37
									α b.30(98.4), 6.95(0),
									6.57(4), 6.52(2), 6.48,
									6.43, 6.40
									α b.34(32), 6.12(16),
									6.24(0), 5.98(5), 5.94,
									6.07, 5.78,
									β^- (100), . . . (90+), . . .	2.98
									β^- 1.10, . . . (90+), . . .	1.5	0.050(40), 0.080(31), . . .	0.23(4)
									α b.34(0.005)

PROPERTIES OF NUCLIDES

8-81

TABLE 81-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	
Atomic number Z	Sym- bol	Name	Mass number A	Number of neutrons N	Mass excess, amu $\times 10^{-4}$	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barnes	Mode of decay, energy and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2.200-m/s neutron-absorption cross section, barns	
89	Ac	Actinium	212	123	8.	0.93 s	a7.38	
			213	124	7.	0.80 s	a7.36	
			214	125	7.	8.2 s	a7.21(52), 7.08(44), 7.00(4)	
			215	126	6.	0.17 s	a7.90	
			216	127	9.	3.9 $\times 10^{-4}$ s	a7.90	
			218	129	11.54	Short	a9.14	
			219	130	12.43	Short	a9.21	
			220	131	14.76	0.324 s	a8.66	
			221	132	15.60	Short	a7.84, 7.43	
			222	133	17.78	4.2 s	a7.63(75), 7.12(30)	
			223	134	19.13	($\frac{5}{2}$)	22 m	a7.00(93), 6.36(6), a1(1)	2.237	
								a6.65(42), 6.36(38), a5.56(13), a2(4), a7.72(3), a1(1)	0.092, 0.090, 0.12,	
			224	135	21.72	2.9 h	a1(1)	0.563	
			225	136	23.23	($\frac{3}{2}$)	10.0 d	a1(1), a6.04(3), a4.20(3), a1(3), a5.88(52), 5.70(29), 5.72(10), 5.6(4), a4.72(3), a1(1)	1.40	0.216, 0.32,	
			226	137	26.10	29 h	a7.09(46), 1.1(31) a1(3)	1.12	0.072(30), 0.30, 0.253	
			227	138	27.77	($\frac{3}{2}$)	21.8 y	+1.1	+1.7	a7.044, ..., (98.6), a4.95(0.7), a94(0.5), a7.19(35), 1.76(20), a2.10(13), a6.2(6), ...	0.63	0.158, 0.185, 0.068	0.084, 0.088, 0.100, 0.150,	0.110, 0.063
		(Ac)									0.044	0.009, 0.025, 0.015	0.150	
			228	139	31.04	3(+)	6.13 h	
90	Th	Thorium	229	140	33.	66 m	β^-	2.14	0.911(23), 0.96(20), 0.338(13), 0.3575, 0.129, 1.593,	
			230	141	36.	<1 m	β^-	1	
			231	142	38.6	15 m	β^-	2.9	
			233	123	13.	0.15	β^-	2.1	0.185, 0.22, 0.30, 0.71	
			234	124	12.	0.13 s	a7.38	

PROPERTIES OF NUCLIDES

NUCLEAR PHYSICS

TABLE 8b-i. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Symbol	(3) Name	(4) Mass number <i>A</i>	(5) Num- ber of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-3}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magneton	(10) Quadrupole moment, barns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay Q values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns
91	Pa	Protactinium	228	137.	31.01	(3+)	26 h	*(98)	2.11	0.95(03), 0.46(32), 0.33(18), 0.41(13), 0.20(9), 1.5777,	
			229	138	32.10	($\frac{5}{2}$ -)	1.5 d	*(99+), α 5.58(0.1), 5.6, 5.67,	0.29	0.0424,	
			230	139	34.56	(2-)	17.7 d	*(90)	1.29	0.954(50), 0.91(24), 0.45(18), 0.51(0),	Fission 1,500
			231	140	35.90	3-	3.24×10^4 γ	± 1.98	β^- 0.11(10), 0.534, , (0.0023)	0.56		
			232	141	38.59	1.31 d	*(5.0)(24), 5.02(23), 4.35(22), 4.73(11), 5.06(10)	0.027(6), 0.29(6),	200	
			233	142	40.27	$\frac{3}{2}$ -	27.0 d	+3.4	-3.0	β^- 0.32(98), 1.19(0.8), 1.36(0.7)	1.34	0.97(51), 0.971(40), 0.150(12), 0.46(9), 0.57(8), 0.107(5),	760
			234m	(0-)	1.17 m	β^- 2.29(98),	0.571	0.31(31), 0.30(0), 0.34(4),	43
		(UX ₂)	234	143	43.35	(4+)	3.75 h	β^- 0.51(66), 0.23(4), 0.73(11), 1.02(7), 1.35(2)	1.00(0.6),	IT0.37(0.1), 0.043(2), 1.00(0.6),	
		(UZ ₂)	235	144	45.4	33.7 m	β^- 1.4	2.22	0.90(70), 0.100(59), 0.138(26), 0.70(24), 0.56(15), 0.22(14),	
			236	145	49.0	12 m	β^- 3.3	~3		
			237	146	52.22	19 m	β^- 2.31(60), 1.31(30), 0.8(0)	2.30	0.46, 0.87, 0.92, 0.305, 0.090, 0.75,	
92	U	Uranium	227	135	31.	3 m	α 6.8	1.4		
			228	136	31.38	0+	9.2 m	*(68), 6.59(25), 6.36(13), 6.33(4), 6.30(2),	0.35	0.246, 0.187, 0.132	
			229	137	33.50	($\frac{3}{2}$ +) 38 m		1.32		

PROPERTIES OF NUCLIDES

NUCLEAR PHYSICS

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Sym- bol	(3) Name	(4) Mass number <i>A</i>	(5) Num- ber of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-4}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magnetons	(10) Quadrupole moment, barns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay <i>Q</i> values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns
93	Np	Neptunium	237	144	48.19	$\frac{5}{2}+$	2.14×10^6 y	+3.3	—	$\alpha(7)(49), 4.77(36),$ $4.7(6)(8), 4.6(7),$ $4.6(6)(5), 4.8(7)(3), \dots$	0.029(14), 0.087(14), 0.145(1), \dots	169	
			238	145	50.97	$2(+)$	2.1 d	—	—	$\beta^- 1.35(45), 0.26(38),$ $0.24(15), \dots$	1.29	1.01(42), 0.044, \dots	Fission 2,000
			233	146	52.95	$\frac{5}{2}+$	2.35 d	—	—	$\delta^- 0.37(48), 0.332(32),$ $0.33(7), 0.713(7),$ $0.634(4), \dots$	0.723	0.106(23), 0.278(14), 0.228(12), 0.204(4), \dots	63
			240m	...	—	1(—)	7.3 m	—	—	$\theta^- 2.38(41), 1.60(32),$ $1.30(10), 0.7(7), \dots$	—	0.56(21), 0.60(13), 0.92(3), 1.5(3) \dots	—
			240	147	56.08	—	67 m	—	—	$\beta^- 0.39$	2.1	0.56, 0.160, 0.25, 0.296, 1.00, 1.16, \dots	—
			241	...	—	—	3.4 h	—	—	β^-	—	—	—
			241	148	58.3	—	16 m	—	—	$\beta^- 1.4$	1.4	—	—
			232	138	41.17	0+	36 m	—	—	$\epsilon(98), \alpha 5.59(2)$	1.1	—	—
			233	139	42.99	—	20 m	—	—	$\epsilon(99+), \alpha 6.31(0.1)$	2.0	—	—
			234	140	43.33	0+	9.0 h	—	—	$\epsilon(94), \alpha 6.20(4), 6.19(2),$	0.39	—	—
			235	141	45.28	—	26 m	—	—	$\epsilon(99-), \alpha 5.86(0.03)$	1.12	—	—
			236	142	46.05	0+	2.85 y	—	—	$\alpha 5.7(69), 5.72(31),$ $5.62(0.2), \dots$	—	0.048(0.3), 0.109(0.01)	—
			237m	...	—	$(\frac{5}{2}+)$	0.18 s	—	—	IT0.145(100)	—	—	—
			237	143	48.43	$(\frac{5}{2}-)$	45.6 d	—	—	0.22	0.060(5), 0.033, 0.044, \dots	—	Fission 2,500
			238	144	49.58	0+	36 y	—	—	0.043(0.04), \dots	—	—	577
			239	145	52.18	$\frac{1}{2}+$	2.44×10^4 y	+0.200	—	$\alpha 5.157(73), 5.144(15),$ $5.107(11), \dots$	0.052(0.02), 0.039(0.007), 0.045, \dots	1,005	
			240	146	53.84	0+	3,580 y	—	—	$\alpha 5.117(76), 5.12(24),$ $5.02(0.1), \dots$	0.045, \dots	—	Fission 736
												290	Fusion 0.05

PROPERTIES OF NUCLIDES

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TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1) Atomic number <i>Z</i>	(2) Symbol	(3) Name	(4) Mass number <i>A</i>	(5) Number of neu- trons <i>N</i>	(6) Mass excess, amu $\times 10^{-4}$	(7) Spin and parity	(8) % abundance or half life	(9) Magnetic moment, nuclear magneton	(10) Quadrupole moment, barns	(11) Mode of decay, energy, and intensity, MeV (%)	(12) β -decay <i>Q</i> values, MeV	(13) Energy and intensity of γ -ray transitions, MeV (%)	(14) 2,200-m/s neutron- absorption cross section, barns
96	Cm	Curium	240	144	35.52	0+	26.8 d	α 6.29(72), 6.25(28), 6.15(0.04)	0.77	0.475(91), 0.60, 0.145
			241	145	57.68	($\frac{1}{2}+$)	35.4	α (99), α (94)(0.7), 5.93(0.3), α 6.12(73), 6.07(27), 5.97(0.08), 5.79(73), 5.74(12), 5.99(6), 5.06(6)	0.044(0.04),	20
			242	146	58.86	0+	163 d	5.69(2),, * α (0.3) α 5.81(77), 5.77(23), 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.007	0.278(14), 0.228(12), 0.209(4), 0.106	950
			243	147	61.40	$\frac{5}{2}+$	32 y	α 5.30(81), 5.34(19)	0.043(0.02),	14
			244	148	62.78	0+	18.0 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)	Fission 1.0
			245	149	65.51	$\frac{7}{2}+$	9.3×10^3 y	α 5.30(81), 5.34(19)	0.173(14), 0.13(5)	2,250
			246	150	67.25	0+	5.5×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)	Fission 250
			247	151	70.38	1.6×10^5 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			248	152	72.38	0+	4.7×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
97	Bk	Berkelium	249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			245	148	66.39	($\frac{3}{2}-$)	4.98 d	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			249	153	75.98	64 m	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			250	154	78.	0+	1.2×10^4 y	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			243	145	63.02	($\frac{3}{2}-$)	4.6 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)
			244	147	65.	4.4 h	α 5.36(87), 5.46(5), 5.31(4), 5.25(2), 5.33(2),	0.173(14), 0.13(5)</td

PROPERTIES OF NUCLIDES

NUCLEAR PHYSICS

TABLE 8b-1. PROPERTIES OF NUCLIDES (Continued)

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
Atomic number Z	Sym- bol	Name	Mass number A	Mass excess, $\mu_{\text{nuc}} \times 10^{-3}$	Number of neutrons N	Spin and parity	% abundance or half life	Magnetic moment, nuclear magnetons	Quadrupole moment, barns	Mode of decay, energy, and intensity, MeV (%)	β -decay Q values, MeV	Energy and intensity of γ -ray transitions, MeV (%)	2,200-m/s neutron-absorption cross section, barns
99	Es	Einsteinium	250	151	79.	Rh	~(100)	~2
			251	152	80.00	1.5 d	(0.94), ab.48(0.53)	0.35
			252	153	83.	(7+)	~140 d	ab.61(82), 6.58(13),	0.40(1), 0.074(0.3),
			253	154	84.85	(1+)	20.47 d	6.41(2), 6.26(1),	0.23(0.2), 0.28(0.2),
			254m	(2-)	19.3 h	ab.64(90), 6.60(7),	0.387(0.05), 0.429,	150
			254	155	88.05	(7+)	276 d	6.53(1),
			255	156	90.	~8.3 d	β^- ~48(75), 1.127(25),	0.60(38), 0.65(31),
			256	157	93.71	25 m	*(0.06), 6.39	0.603(2), 0.31(0.2),
			257	158	<20 h	ab.44(93), 6.37(3),	0.27(0.1), 0.39(0.07),
			244	144	0.0033 s	6.42(22), 6.36(1),
			245	145	4.2 s	~(91.5)	~0.3	~40
			246	146	75.31	1.6 s	ab.0.31(8.5), SF	1.4
			247	147	77.	30 s	β^-
			248	148	77.19	0+	0.6 m	β^-
			249	149	79.	~2.5 m	SF
										a8.15
										a8.25
										a7.87(0.0), 7.93(30)
										a7.87(0.0), 7.83(20),
										SF(0.1)
										~7.9

ATOMIC MASS FORMULAS

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			$\alpha^2.44$	
250	150	79.54	0+	30 m
251	151	82.	7 h
252	152	82.49	0+	23 h
253	153	85.21	3 d
254	154	86.88	0+	3.24 h
255	155	89.98	2+	20.1 h
256	156	91.81	0+	2.0 h
257	157	95.15	(2+)	80 d
258	158	<5 s
255	154	91.	27 m
256	155	94.	77 m
257	156	96.	4.5 h
258	157	54 d
251	149	89.	0.8 s
252	150	88.97	2.3 s
253	151	91.	95 s
254	152	90.98	0+	55 s
255	153	93.	180 s
256	154	94.28	0+	3.1 s
257	155	97.	23 s
256	153	99.	35 s
257	154	100.	0.7 s
258	155	4.05
257	153	~4.5
258?	154	0.1 s
259	155	~3 s
260	155	1.6 s
101	Md	Mendeleyium
102	No	Nobelium
103	Lr	Lawrencium
104	a9.10, 8.95, E.78, 8.70
105	SF a8.77, 8.86 a9.06(65), 9.10(75), 9.14(20)