### 2.2 Fluctuating Polymers

The basic molecules of life (DNA, RNA, proteins, ...) are hetero-polymers, formed by the covalent bonding of a sequence of elementary units (nucleic acids, amino-acids) in long chains. A homo-polymer, as in many synthetic organic molecules, is constructed by joining $N \gg 1$ copies of the same monomer. A simple example is polyethylene,

$$
\left|-\mathrm{CH}_{2}-\right|_{N} \equiv \quad \cdots-\mathrm{CH}_{2}-\mathrm{CH}_{2}-\mathrm{CH}_{2}-\cdots
$$

The degree of polymerization, i.e. the the number of repeated units, can be quite large, ranging from a few hundred for proteins, $10^{4}-10^{5}$ for polyethelene, to as big as $10^{9}$ for some DNA. Typically the covalent bonds holding the polymer together are strong and cannot be broken at room temperature. There can, however, be flexibility in aligning/bending successive monomers, resulting in a large number of configurational degrees of freedom for polymers, indicating that a statistical description of the problem is fruitful. Such a statistical perspective is useful for describing general properties common to both synthetic and natural polymers. For example, at very high (not necessarily physiological) temperatures all polymers will be in a swollen (denatured) state to take maximum advantage of entropy. The heterogeneity of the sequence is irrelevant in such a phase, and we shall thus initially focus on the fluctuations of a homo-polymer.

### 2.2.1 Rotational isomers

Successive carbon-carbon bonds in the chain can be in different relative orientations, called rotational isomers. In polyethelene, the low energy trans conformation leads to a straight configuration of the molecule (albeit with zigzag alignment of bonds). There are two higher energy gauche states which cause a kink of angle of $2 \pi / 3$ between successive segments of the polymer. Assuming an energy difference $\Delta$ between the trans and gauche states, at a temperature $T$, the probabilities of these configurations are proportional to corresponding Boltzmann weights, as

$$
\frac{\operatorname{prob} .(g)}{\operatorname{prob} .(t)}=2 e^{-\beta \Delta}, \quad \text { with } \quad \beta=\frac{1}{k_{B} T}
$$

For $\left(\mathrm{CH}_{2}\right)^{N}, \Delta$ is quite small (roughly $500 \mathrm{cal} /$ mole or $1 / 3 k_{B} T$ ), and the polymer is very flexible at room temperature. For other polymers $\Delta>k_{B} T$, and gauche states with probability

$$
p\left(g_{+}\right)=p\left(g_{-}\right)=\frac{e^{-\beta \Delta}}{1+2 e^{-\beta \Delta}}
$$

are relatively rare. A typical configuration then consists of long straight segments with few kinks. The probability of a straight segment of (exactly) $n$ monomers decays exponentially as $p_{t}^{n}\left(1-p_{t}\right) \propto \exp (-n / \bar{n})$, where $p_{t}=1-2 p(g)$ is the probability of a trans bond, and

$$
\begin{equation*}
\bar{n}=-\frac{1}{\ln p_{t}}=\left(\ln \left[1+2 e^{-\beta \Delta}\right]\right)^{-1} . \tag{2.28}
\end{equation*}
$$



Figure 3: Trans-gauche configurations of a polymeric bond.

The average length of a straight segment is $a\langle n\rangle=a p_{t} /\left(1-p_{t}\right)$, where $a$ is the bond length (monomer size). In the limit of $\beta \Delta \gg 1, \bar{n} \approx\langle n\rangle \approx e^{\beta \Delta} / 2$.

The typical size of such straight segments is related to the persistence of the polymer. More precisely, the persistence length characterizes the exponential decay of orientational correlations along the chain. In the above simplified model, let us denote the orientation of the bonds by the set of vectors $\left\{\overrightarrow{t_{1}}, \overrightarrow{t_{2}}, \cdots, \overrightarrow{t_{N}}\right\}$, with $\overrightarrow{t_{j}} \cdot \overrightarrow{t_{j}}=a^{2}$. Assuming that the (two) gauche states produce a relative bond angle $\phi$, we have

$$
\left\langle\overrightarrow{t_{1}} \cdot \overrightarrow{t_{2}}\right\rangle=a^{2} \frac{1+2 \cos \phi e^{-\beta \Delta}}{1+2 e^{-\beta \Delta}} \approx a^{2} \exp \left[-2(1-\cos \phi) e^{-\beta \Delta}\right],
$$

where the last expression is valid in the limit of $\beta \Delta \gg 1$ where a gauche state is very unlikely. In the same approximation, the correlation between bonds that are further apart is given by

$$
\left\langle\vec{t}_{1} \cdot \vec{t}_{n+1}\right\rangle \approx a^{2} \frac{1+2 n \cos \phi e^{-\beta \Delta}+\mathcal{O}\left(e^{-2 \beta \Delta}\right)}{1+2 n e^{-\beta \Delta}+\mathcal{O}\left(e^{-2 \beta \Delta}\right)} \approx a^{2} \exp \left[-2 n(1-\cos \phi) e^{-\beta \Delta}\right],
$$

where we have included only configurations with one gauche bond, contributions for additional gauche bonds are smaller by factors of $e^{-\beta \Delta}$. In this limit, the orientation correlations decay exponentially as $e^{-\ell / \xi_{p}}$, where $\ell=n a$ is the counter-length along the polymer, and the persistence length $\xi_{p}$ is given by

$$
\begin{equation*}
\xi_{p} \approx \frac{a e^{\beta \Delta}}{2(1-\cos \phi)} . \tag{2.29}
\end{equation*}
$$

### 2.2.2 Worm-like chain

For a rigid polymer such as double-stranded DNA a kink causing a finite rotational angle is energetically costly and rare. The loss of angular correlations at long distances then occurs by accumulation of small changes from one monomer to the next. If we indicate as before a polymer configuration by the set of bond orientation vectors $\left\{\vec{u}_{i} \equiv \overrightarrow{t_{i}} / a\right\}$, we can approximate
the energy of a nearly straight configuration by

$$
\begin{equation*}
\mathcal{H}=-J \sum_{i=1}^{N-1} \vec{u}_{i} \cdot \vec{u}_{i+1} . \tag{2.30}
\end{equation*}
$$

Since in a typical configuration $\vec{t}$ changes slowly, it is useful to go over to a continuum limit in


Figure 4: The wormlike chain.
which the discrete monomer index $i$ is replaced by the continuous arc-length $s \in[0, L=N a]$. Using $\left(\vec{u}_{i}-\vec{u}_{i+1}\right)^{2}=2-2 \vec{u}_{i} \cdot \vec{u}_{i+1}$, and replacing $\sum_{i=1}^{N-1}$ with $\int_{o}^{L} d s / a$, we obtain

$$
\begin{equation*}
\mathcal{H} \approx-J N+\frac{\kappa}{2} \int_{0}^{L} d s\left(\frac{d \vec{t}}{d s}\right)^{2} \tag{2.31}
\end{equation*}
$$

where $\kappa=J a$ is the coefficient of bending rigidity. (Note that $|d \vec{u} / d s|=1 / R(s)$, where $R(s)$ is the local radius of curvature.)

Ignoring the initial energy of the "ground state" configuration, it is common to write the energy cost of bending in dimensionless form as

$$
\begin{equation*}
\beta \mathcal{H}=\frac{\xi_{p}}{2} \int_{0}^{L} d s\left(\frac{d \vec{u}}{d s}\right)^{2} \tag{2.32}
\end{equation*}
$$

with $\beta \kappa=\xi_{p}$. We have anticipated that the bending rigidity is related to the persistence length. In fact, it can be shown (e.g. by using transfer matrices) that for the discrete model of Eq. (2.30)

$$
\begin{equation*}
\left\langle\vec{u}_{m} \cdot \vec{u}_{n}\right\rangle \approx\left(\operatorname{coth}(\beta J)-\frac{1}{\beta J}\right)^{|m-n|} \quad \text { for } \quad|m-n| \gg 1, \tag{2.33}
\end{equation*}
$$

and thus in the continuum limit

$$
\begin{equation*}
\langle\vec{t}(s) \cdot \vec{t}(s+\ell)\rangle \approx a^{2} e^{-\ell / \xi_{p}} \tag{2.34}
\end{equation*}
$$

with $\xi_{p} \approx \beta \kappa$ for $\beta J \gg 1$. This, so called worm-like chain model is frequently invoked as a description of double-stranded DNA, where $\xi_{p}$ is in the range of $50-100 \mathrm{~nm}$.

### 2.2.3 Entropic elasticity

The flexibility of a long polymer arises from the statistical fluctuations of segments larger than the persistence length. The important parameter that governs the number of configurations is thus not the degree of polymerization $N$, but the number of unconstrained degrees
of freedom, or the $K u h n$ length $N_{K} \approx N a /\left(2 \xi_{p}\right)$. To see this explicitly, let us consider the end to end separation of the polymer, given by

$$
\vec{R}=\vec{t}_{1}+\overrightarrow{t_{2}}+\cdots+\vec{t}_{N}=\sum_{i=1}^{N} \vec{t}_{i}
$$

Because of rotational symmetry (there is no cost for rotating the entire polymer), $\langle\vec{R}\rangle=0$, and its variance is given by

$$
\begin{equation*}
\left\langle R^{2}\right\rangle=\sum_{i, j=1}^{N}\left\langle\overrightarrow{t_{i}} \cdot \vec{t}_{j}\right\rangle=N a^{2}+2 \sum_{i<j}\left\langle\vec{t}_{i} \cdot \overrightarrow{t_{j}}\right\rangle \tag{2.35}
\end{equation*}
$$

We shall assume that the orientational correlations decay as a simple exponential (this is only asymptotically correct), i.e.

$$
\begin{equation*}
\left\langle\overrightarrow{t_{i}} \cdot \overrightarrow{t_{j}}\right\rangle=a^{2} e^{-a|i-j| / \xi_{p}} \tag{2.36}
\end{equation*}
$$

As the correlation function is the same for every pair of points separated by a distance $k$, and as there are $(N-k)$ such pairs along the chain

$$
\begin{equation*}
\left\langle R^{2}\right\rangle=N a^{2}+2 a^{2} \sum_{k=1}^{N}(N-k) e^{-a k / \xi_{p}} \tag{2.37}
\end{equation*}
$$

The above geometric series are easily summed, and for $N \gg 1$ (where only the term proportional to $N$ is significant), we obtain

$$
\begin{align*}
\left\langle R^{2}\right\rangle & =N a^{2}\left(1+\frac{2 e^{-a / \xi_{p}}}{1-e^{-a / \xi_{p}}}\right)=N a^{2} \operatorname{coth}\left(\frac{a}{2 \xi_{p}}\right)  \tag{2.38}\\
& \approx 2 N a \xi_{p}=\left(2 \xi_{p}\right)^{2}\left(\frac{N a}{2 \xi_{p}}\right) \tag{2.39}
\end{align*}
$$

The approximations in the second line rely on $\xi_{p} \gg a$. The very last expression indicates that the behavior of the variance is the same as that of $N_{K} \equiv\left(N a / 2 \xi_{p}\right)$ independent segments of length $2 \xi_{p}$, i.e. the same variance is obtained for a collection of $N_{K}$ freely-jointed rods, each of length $2 \xi_{p}$. Indeed the correlations between these Kuhn segments is sufficiently small that in the limit of $N_{K} \gg 1$, we expect the Central Limit Theorem to hold, leading to the probability distribution function

$$
\begin{equation*}
p(\vec{R})=\exp \left[-\frac{3 R^{2}}{2\left\langle R^{2}\right\rangle}\right]\left(\frac{2 \pi\left\langle R^{2}\right\rangle}{3}\right)^{3 / 2}=\exp \left[-\frac{3 R^{2}}{4 N a \xi_{p}}\right] \frac{1}{\left(4 \pi N a \xi_{p} / 3\right)^{3 / 2}} \tag{2.40}
\end{equation*}
$$

The final probability distribution is identical to the Boltzmann weight of a Hookian spring of strength $J_{\text {polymer }}$ connecting the end points of the polymer, and the result of entropic fluctuations can be interpreted as conferring an elastic bond between the ends of the polymer with spring coefficient

$$
\begin{equation*}
J_{\text {polymer }}=\frac{3 k_{B} T}{\left\langle R^{2}\right\rangle}=\frac{3 k_{B} T}{2 N a \xi_{p}} . \tag{2.41}
\end{equation*}
$$

### 2.3 Interacting Polymers

The polymeric properties discussed so far arose from the flexibility of the covalent bonds that join adjacent monomers. There are also interactions between any other pairs (triplets, etc.) of monomers which depend on their spatial vicinity and that favor certain spatial configurations. Indeed, it is such interactions, typically due to hydrogen bonds, that enable proteins to fold and assume specific shapes. There are competing effects due to thermal fluctuations and competition with solvent interactions.


Figure 5: A self-avoiding walk on the square lattice.
Some of the ingredients of polymer interactions in a solvent are present in the very simple model of chain configurations on a (say square) lattice. The set of random walks on the square lattice that do not step back to the previous site grows with the number of steps $N$ as $3^{N}$. One simple consequence of interactions is that it is physically impossible to visit a previously occupied site. The steric constraint of excluded volume prunes the set of random walks to a smaller subset of so-called self-avoiding walks. The number of self-avoiding walks also grows exponentially as $g^{N}$ with $g<3(g \approx 2.64$ for the square lattice).

A simple way to incorporate interactions on a lattice is to count the number of (nonpolymeric) nearest-neighbor pairs, and assign energy

$$
E=\epsilon_{m m} N_{m m}+\epsilon_{m s} N_{m s}+\epsilon_{s s} N_{s s},
$$

where $m m, m s$, and $s s$ stand for monomer-monomer, monomer-solvent, and solvent-solvent pairs respectively, with $N_{\text {pair }}$ and $\epsilon_{\text {pair }}$ indicating the corresponding number and bondenergies. As two initially separate monomers are brought into contact, two ms bonds are replaced by one $m m$ bond and one ss bond, leading to a change in energy of $\delta \epsilon=$ $\epsilon_{m m}+\epsilon_{s s}-2 \epsilon_{m s}$. The preference of the monomers to aggregate in solvent is thus captured by the dimensionless "Flory-Huggins" parameter

$$
\begin{equation*}
\chi \equiv-\frac{\beta}{2} \delta \epsilon=\beta\left(\epsilon_{m s}-\frac{\epsilon_{m m}+\epsilon_{s s}}{2}\right), \tag{2.42}
\end{equation*}
$$

with the total energy expressed as ${ }^{1}$

$$
\begin{equation*}
E=E_{0}(\mathcal{N}, N)-2 k_{B} T \chi N_{m m} \tag{2.43}
\end{equation*}
$$

A negative $\chi$ leads to separation of monomers, while a positive $\chi$ encourages their aggregation. In a more realistic model, the interactions between molecules vary continuously as a


Figure 6: Effective interaction between monomers in a solvent.
function of their relative separation and orientation in space. The dependence on orientation is particularly relevant to hydrogen bonding, while the van der Waals attraction mainly depends on the separation. Just as in Eq. (2.8), an effective potential $\mathcal{V}(r)$ between monomers is in principle obtained by integrating over all positions (and orientations) of the solvent particles. In the usual case where the monomers are larger than the solvent molecules, the effective potential is attractive at large distances and has a hard repulsive core at short distances. For a good solvent the potential is weak, while a strong attractive potential favors aggregation of monomers in a bad solvent. The quality of solvent also changes as a function

[^0]as each monomer-monomer bond connects two sites. Substituting for $N_{s s}$ and $N_{m s}$ from the above two constraints reduces the expression for energy to
$$
E=(\mathcal{N}-N) \epsilon_{s s}+(z-2) N\left(\epsilon_{m s}-\epsilon_{s s}\right)-2 N_{m m}\left(\epsilon_{m s}-\frac{\epsilon_{m m}+\epsilon_{s s}}{2}\right)=E_{0}(\mathcal{N}, N)-2 k_{B} T \chi N_{m m}
$$
of temprature due to entropic contributions of its constituents. The larger entropy of solvent molecules typically improves the quality of a solvent at higher temperatures.

### 2.3.1 Mean-field estimate of the partition function

To calculate the properties of a polymer in solvent- e.g. to determine if it is in its native form or a denatured state at some temperature- we need to compute the free energy of the molecule and it environment. Computation of the partition function is a hard task, even for the highly simplified models we have introduced so far. We shall instead rely upon an approximate expression obtained in a mean-field/variational treatment. Let us assume that the most likely configurations of an interacting homopolymer have a typical size $R$. The partition function of $N$ monomers confined to a sphere of radius $R$ is then estimated as

$$
\begin{align*}
Z(N, R) & \approx g^{N} \times \frac{\exp \left(-\frac{3 R^{2}}{4 N a \xi_{p}}\right)}{\left(4 \pi N a \xi_{p} / 3\right)^{3 / 2}}  \tag{2.44}\\
& \times\left\{1 \cdot\left[1-\left(\frac{a}{R}\right)^{3}\right] \cdot\left[1-2\left(\frac{a}{R}\right)^{3}\right] \cdots\left[1-(N-1)\left(\frac{a}{R}\right)^{3}\right]\right\} \times e^{-\beta E_{a t t .}}
\end{align*}
$$

The first line in Eq. (2.45) pertains to the entropy of the polymer, the first term encodes the exponential growth in the number of configurations of an unconstrained polymer- the precise value of $g$ is in fact irrelevant to the considerations that follow. The second term approximates the reduction in the number of configurations when the polymer is constrained to a size $R$. The effect of this reduction is included as a Hookian spring, motivated by the result in Eq. (2.40) for the end-to-end probability of a non-interacting polymer.

The second line in Eq. (2.45) approximates the effect of interactions and is broken into two parts. The first part encodes the reduction in phase space due to excluded volume constraints: the first monomer is unconstrained, the volume available to the second is reduced by the fraction $(a / R)^{3}$ due to the volume excluded by the first, and so on. The reductions due to the excluded volume make a contribution to the free energy proportional to

$$
\begin{align*}
\delta \ln Z_{E V}=\sum_{i=1}^{N-1} \ln \left[1-i\left(\frac{a}{R}\right)^{3}\right] & \approx-\left(\frac{a}{R}\right)^{3} \sum i-\frac{1}{2}\left(\frac{a}{R}\right)^{6} \sum i^{2}+\cdots \\
& \approx-\frac{N^{2}}{2}\left(\frac{a}{R}\right)^{3}-\frac{N^{3}}{6}\left(\frac{a}{R}\right)^{6}-\cdots \tag{2.45}
\end{align*}
$$

The attractive part of the interaction, for homopolymers, is given by

$$
\begin{equation*}
E_{\text {att. }}=\frac{1}{2} \sum_{i \neq j} \mathcal{V}\left(\vec{r}_{i}-\vec{r}_{j}\right)=\frac{1}{2} \int d^{3} \vec{r} d^{3} \vec{r}^{\prime} n(\vec{r}) n\left(\vec{r}^{\prime}\right) \mathcal{V}\left(\vec{r}-\vec{r}^{\prime}\right) \tag{2.46}
\end{equation*}
$$

Assuming a uniform mean-density, $n(\vec{r})=n=N / V=N /\left(4 \pi R^{3} / 3\right)$, leads to

$$
\begin{equation*}
E_{\text {att. }}=\frac{n^{2}}{2} V \int_{a} d^{3} \vec{r} \mathcal{V}(\vec{r}) \tag{2.47}
\end{equation*}
$$

where we have integrated over the center of mass of the pair to get the volume $V$, and ignored any contributions from the surface. In the spirit of Flory-Huggins, we introduce a dimensionless parameter $\chi$, via

$$
\begin{equation*}
\int_{a} d^{3} \vec{r} \mathcal{V}(\vec{r}) \equiv\left(-\frac{4 \pi}{3} a^{3}\right) k_{B} T(2 \chi) \tag{2.48}
\end{equation*}
$$

to capture of the net effect of attractions, and such that ${ }^{2}$

$$
\begin{equation*}
-\beta E_{a t t .}=N^{2}\left(\frac{a}{R}\right)^{3} \chi \tag{2.49}
\end{equation*}
$$

The resulting free energy, with $R$ as a variational parameter,

$$
\begin{align*}
\ln Z(N, R) & =N \ln g-\frac{3}{2} \ln \left[\frac{4 \pi N a \xi_{p}}{3}\right]-\frac{3 R^{2}}{4 N a \xi_{p}} \\
& -\frac{N^{2}}{2}\left(\frac{a}{R}\right)^{3}-\frac{N^{3}}{6}\left(\frac{a}{R}\right)^{6}-\cdots+\chi N^{2}\left(\frac{a}{R}\right)^{3} \tag{2.50}
\end{align*}
$$

will next be used to explore the phases of the interacting homopolymer.

[^1]
[^0]:    ${ }^{1}$ As the total number $\mathcal{N}$ of lattice bonds is divided amongst polymeric and non-polymeric bonds,

    $$
    \mathcal{N}=N+N_{s s}+N_{s m}+N_{m m}
    $$

    On a lattice of coordination number $z$ bonds per site, the $(z-2) N$ non-=polymeric bonds adjacent to a polymer of length $N$ are proportioned as

    $$
    (z-2) N=N_{m s}+2 M_{m m}
    $$

[^1]:    ${ }^{2}$ In the lattice model, a very similar expression is obtained by setting $N_{m m}=N^{2} / 2 V$ in Eq. (2.43).

