**Suggested Personal Data Projects**

**A. Number of ounces of fluids consumed each day.**

<https://www.cdc.gov/nchs/products/databriefs/db242.htm>

<https://www.sciencedirect.com/science/article/pii/S2212267212005540>

**B. Number of hours of homework done each night.**

<https://files.eric.ed.gov/fulltext/ED500012.pdf>

**C. Number of conversations I have each day.**

<https://www.newswiretoday.com/news/76151/New-Survey-Reveals-Average-Brit-Has-27-Conversations-Every-Day/>

**D. Number of minutes I spend on my smart phone each day.**

<https://kommandotech.com/statistics/how-much-time-does-the-average-person-spend-on-their-phone/>

<https://www.theguardian.com/lifeandstyle/2019/aug/21/cellphone-screen-time-average-habits>

**E. Number of minutes I spend on my computer each day.**

<https://www.marketwatch.com/story/people-are-spending-most-of-their-waking-hours-staring-at-screens-2018-08-01>

**F. Number of minutes I spend each day helping others.**

<https://www.bls.gov/news.release/pdf/atus.pdf>