Suggested Personal Data Projects

A. Number of ounces of fluids consumed each day.

https://www.cdc.gov/nchs/products/databriefs/db242.htm

https://www.sciencedirect.com/science/article/pii/S2212267212005540

B. Number of hours of homework done each night.

https://files.eric.ed.gov/fulltext/ED500012.pdf

C. Number of conversations I have each day.

https://www.newswiretoday.com/news/76151/New-Survey-Reveals-Average-Brit-Has-27-Conversations-Every-Day/

D. Number of minutes I spend on my smart phone each day.

https://kommandotech.com/statistics/how-much-time-does-the-average-person-spend-on-their-phone/

https://www.theguardian.com/lifeandstyle/2019/aug/21/cellphone-screen-time-average-habits

E. Number of minutes I spend on my computer each day.

https://www.marketwatch.com/story/people-are-spending-most-of-their-waking-hours-staring-at-screens-2018-08-01

F. Number of minutes I spend each day helping others.

https://www.bls.gov/news.release/pdf/atus.pdf