Resources for Postdocs

Postdoctoral Scholars (Associates and Fellows): MIT has a wide range of resources available to help with your career advancement and work-life balance. Use the QR codes to learn more, and take charge of your career and life at MIT.

- Career Advice
- Writing and Communication
- Develop your Teaching Skills
- Parenting & Child Care
- Help for Stress and Mental Health
- Financial Advice
- Postdoctoral Services
- Postdoc Association

For questions and additional resources, use the Postdoctoral Services link or email annskocz@mit.edu