

ORIGAMI

Folding creases through bending

The folding of origami structures involves bending deformations that are not explicit in the crease pattern.

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Emulating the principles of paper folding and translating them to the design of new materials and advanced applications can be a disciplined, rigorous career. From DNA origami to the folding of macroscopic sheets^{1–3}, the concepts of ‘material’ and ‘structure’ fuse in objects containing hierarchical features that can span from molecular lengths to the macroscale. Yet formalizing the rules of origami for use in computer modelling and simulation has been challenging. This is because theoretical models tend to be oversimplified, often erroneously classifying a foldable origami structure as unfoldable. This is the case for the square-twist crease pattern⁴: whereas mathematical models predict that the structure can’t fold, a simple experiment with paper shows that this origami structure is indeed foldable (Fig. 1). Unfortunately, errors in such mathematical models are not readily apparent because the reasons of why a structure is actually

foldable cannot be reconciled with the models⁵. Hence, to avoid theoretical and computational shortcomings, researchers studying origami mechanics routinely need to experiment with articulate physical abstractions of origami structures. Writing in *Nature Materials*, Jesse Silverberg, Itai Cohen and colleagues now show how and why the square twist is foldable⁶. On the basis of the interplay of plastic and elastic deformations, they show that the difficulties do not lie in the actual folding events, but in the abstraction of the folding rules. Through an example application, the researchers show the potential of taking an origami structure, understanding its mechanics, and applying what is learned to update theoretical models and produce origami metamaterials that offer new functions.

Silverberg and co-authors found that to properly model the folding of the square-twist pattern they needed to consider two distinct modes of deformation: creasing

and facet bending (the square twist could not be folded by creasing alone). In their model, creasing is differentiated from bending in that creases represent a plastic mode of deformation, whereas bending is reversible (put simply, creases, but not the bending of facets, leave a mark on the folded paper). Indeed, folding a piece of paper entails first the formation of a fold through bending, and then the creation of a crease. Importantly, the authors show that facet bending and other such intermediate reversible steps are crucial for modelling the underlying mechanical principles of origami. As with the bending of shoelaces when tying one’s shoes, bending in paper acts as a crutch for the folding of origami, and allows for motions that would otherwise be impossible (in fact, certain origami structures, such as the square twist, cannot be made if paper were rigid).

Moreover, by coupling origami rules with the inherent material properties of

hydrogels — in particular, temperature-dependent swelling — Silverberg and colleagues demonstrate that both creasing and bending play a major role in origami mechanics. The researchers fabricated a hydrogel composite with a square-twist crease pattern that could fold (the creases were actuated by temperature-induced swelling) but that did not allow for facet bending (this can be done because the composite is more rigid than paper). They found that after application of stress the composite exhibited hysteresis in the folding behaviour, and that the hysteresis could be removed by introducing additional creases where bending would otherwise occur. Silverberg and colleagues' work thus exemplifies how origami rules can be abstracted for application in other materials.

Another core finding of the work of Silverberg and collaborators is the recognition that, in the same origami building block (the square-twist pattern) and at the same length scale, there exist a hierarchy of mechanically accessible energy levels that grant access to hierarchies in structure. Such hierarchies in structure and energy can be exploited further to engineer even more hierarchical levels by incorporating additional origami building blocks, each with its own intrinsic hierarchy of energy levels. And accessibility between hierarchies may be different for different materials. For paper, it is enabled by bending; for the stiffer hydrogel composite, by the addition of extra creases.

Origami principles have already helped in DNA nanofabrication¹, the design of batteries², and the study of large-scale structural systems and even architecture³. Silverberg and colleagues' study may spur the use of origami in other materials and make origami structures more accessible to computational manipulation and optimization. For instance, origami methods could enrich computational-modelling algorithms for the design of composite materials with prescribed functional states. And hierarchies of energy levels in origami structures, which have been used in the design of beam elements⁷, could be used to design various types of structural unit. Moreover, the origami-inspired design of mechanical devices could potentially lead to tailored mechanisms in other systems, such as self-folding polymers⁸.

Furthermore, understanding and accounting for overlooked aspects of paper folding should facilitate the translation of folding mechanisms into practical applications. For instance,

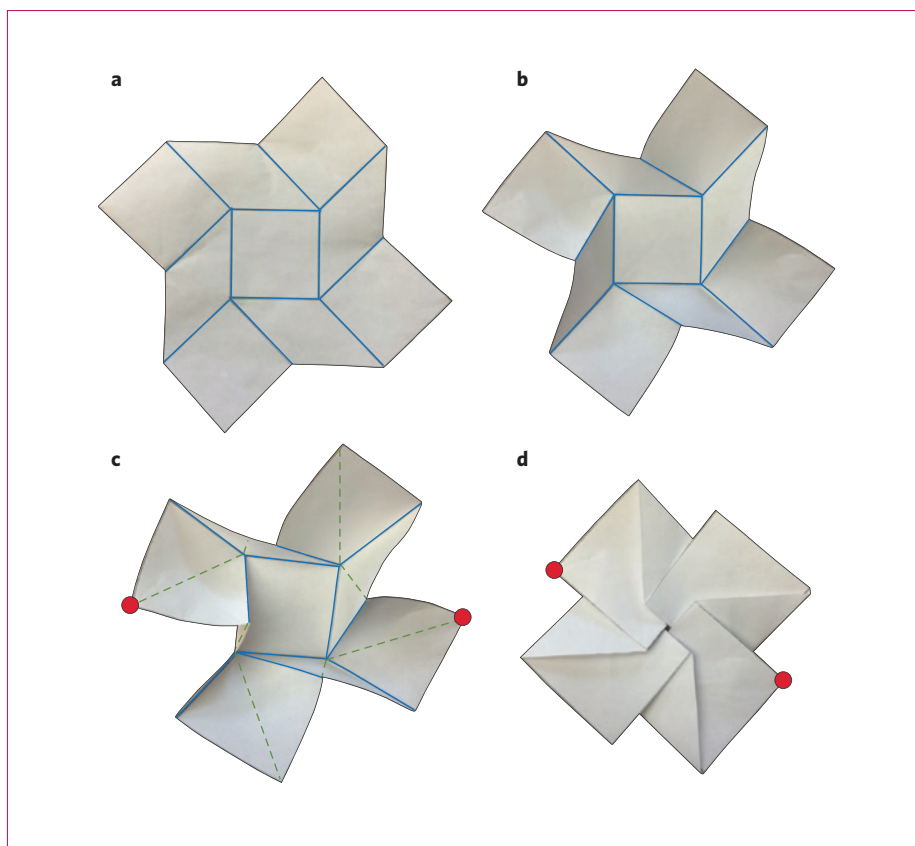


Figure 1 | Folding of the square-twist structure. **a–d**, The square twist consists of a central square connected to four rhombi that are in turn connected to adjacent rhombi by four outer squares. Although only creases (blue lines) are visible on the paper origami, bent facets lead to folds (dashed green lines) that are largely responsible for the compliance and foldability of the structure. Once creases are made, the initially un-creased structure (**a**) no longer remains flat in the absence of external forces (**b**). When compressed (by pushing the ends marked by red dots closer to each other, for example), the structure starts to fold by bending, except for its central facet (**c**), until it reaches an unbent folded configuration (**d**).

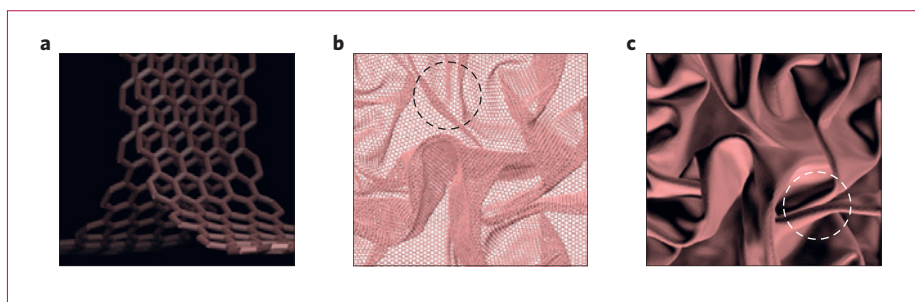


Figure 2 | Origami with two-dimensional materials. **a–c**, Graphene and other flexible two-dimensional materials may be able to be folded analogously to paper origami. Because of its atomic scale, creases (**a**) and folds (**b**; dashed black circle) in graphene are completely reversible rather than involving plastic deformations. Graphene can also exhibit self-adhesive folds (which can lead to multilayer graphene), thus effectively creating creases that adhere to other creases (**c**, dashed white circle).

two-dimensional micro- and nanoscale materials could benefit from principles distilled from origami models. In fact, Silverberg and colleagues' material-

independent approach suggests that graphene, which can take many different conformations and shapes⁹ owing to its high strength and flexibility¹⁰ (Fig. 2),

could make elaborate nanomaterial structures. Also, the approach holds promise for algorithms not related to origami. For example, computer-aided engineering design can benefit from improved origami modelling to enable the creation of strong yet light, reconfigurable structures for applications in civil engineering¹¹. Origami constructs with tailored hierarchical energy levels may also allow for the control of failure modes in engineering structures¹². □

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