

Recap: Introduced stress-energy tensor

$T^{\alpha\beta} = \text{flux of } p^\alpha \text{ in } x^\beta \text{ direction}$

$T^{00} = \text{energy density in some frame}$

$T^{0j} = \text{energy flux in } x^j \text{ direction}$

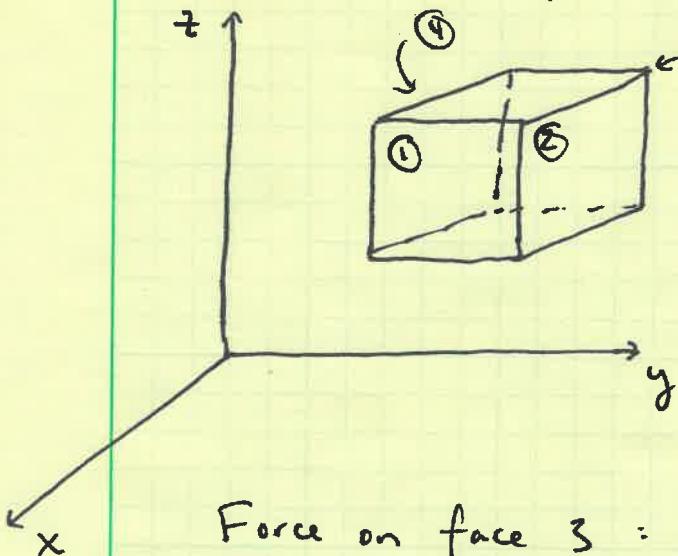
$T^{i0} = \text{density of momentum } p^i$

$T^{ij} = \text{stress}$

Tensor is symmetric:  $T^{\alpha\beta} = T^{\beta\alpha}$ . If

$T^{ij} \neq T^{ji}$ , physically absurd situation could develop.

Consider cube of sides  $l$  embedded in  $T^{\alpha\beta}$ :



Force on face 1:

$$\underline{F}_1 \doteq \{T^{ix} l^2\}$$

Force on face 2:

$$\underline{F}_2 \doteq \{T^{iy} l^2\}$$

Force on face 3:  $\underline{F}_3 \approx -\underline{F}_1 \leftarrow \text{exact as } l \rightarrow 0$

Force on face 4:  $\underline{F}_4 \approx -\underline{F}_2$

Torques due to these forces:

$$\begin{aligned}\text{For } \tau_1 \rightarrow \tau_1^z &= -x F_1^y = -x T^{yx} l^2 \\ &= -\frac{1}{2} T^{yx} l^3\end{aligned}$$

$$\text{For } \tau_3 \rightarrow \tau_3^z = \tau_1^z$$

$$\begin{aligned}\text{For } \tau_2 \rightarrow \tau_2^z &= y F_2^x = y T^{xy} l^2 \\ &= \frac{1}{2} T^{xy} l^3\end{aligned}$$

$$\text{For } \tau_4 \rightarrow \tau_4^z = \tau_2^z$$

Add to find total:  $\tau^z = l^3 (T^{xy} - T^{yx})$

Moment of inertia of cube:  $I = \cancel{\alpha} (\cancel{g} l^3) l^2$   
 Coefficient of order unity

Angular acceleration of the cube:

$$\ddot{\Theta} = \tau^z / I$$

$$\propto (T^{xy} - T^{yx}) / l^2$$

In order for cube to not start spontaneously rotating, we must have  $T^{xy} = T^{yx} \dots$

Considering other sides yields  $\tau_{ij}^z = \tau_{ji}^z$ .

Conservation of energy and momentum:

$$\partial_\alpha T^{\alpha\beta} = 0$$

Pick a particular frame, can break conservation principle into cons of energy and cons of m. In general, only a combined law makes sense.

$$\partial_\alpha T^{0\alpha} = 0 \quad \text{conservation of energy}$$

$$\frac{\partial g}{\partial t} = - \frac{\partial T^{0i}}{\partial x^i}$$

rate of change of  
energy density
divergence of energy flux

Can be converted into an integral equation:

$$\frac{\partial}{\partial t} \int_{V^3} g d^3x = - \int_{\partial V^3} T^{0i} d\bar{\Sigma}_i$$

$d\bar{\Sigma}/dA dt \rightarrow \text{luminosity}$

$$\partial_\alpha T^{i\alpha} = 0 \rightarrow \text{conservation of momentum}$$

$$\rightarrow \frac{\partial T^{i0}}{\partial t} = - \frac{\partial T^{ij}}{\partial x^j} \quad (\text{or } \partial_t T^{i0} = - \partial_j T^{ij})$$

$$\frac{\partial}{\partial t} \int_{V^3} T^{i0} d^3x = - \int_{\partial V^3} T^{ij} d\bar{\Sigma}_j$$

Important example: "Perfect" fluid

No energy flow in rest frame

→ no heat transport

No lateral stress

→ no viscosity. (Dry fluid)

Fluid is totally characterized by density  $\rho$  and pressure  $P$ :

There exists a frame in which

$$T^{\alpha\beta} = \begin{bmatrix} \rho & 0 & 0 & 0 \\ 0 & P & 0 & 0 \\ 0 & 0 & P & 0 \\ 0 & 0 & 0 & P \end{bmatrix}$$

(Notion of equation of state: relate  $P \propto \rho$ ,  $P = P(\rho)$ .)

Want to make the geometric construction of this. The  $\rho$  piece clearly comes from  $g\tilde{u}\otimes\tilde{u}$ , where  $\tilde{u}$  is 4-vel of the "rest" frame. The  $P$  bits come from the projection tensor developed on part 1:

$$\bar{T} = g\tilde{u}\otimes\tilde{u} + P(\bar{\eta} + \tilde{u}\otimes\tilde{u})$$

$$\begin{aligned} \text{or } T^{\alpha\beta} &= g_{\alpha\mu}u^\mu_\beta + P(\eta_{\alpha\beta} + u_\alpha u_\beta) \\ &= P\eta_{\alpha\beta} + (\rho + P)u_\alpha u_\beta \end{aligned}$$

Another example: Point particle of rest mass  $m_0$   
moving on worldline  $\vec{z}(\tau)$ :

$$T_{\mu\nu} = m_0 \int d\tau u_\mu u_\nu \delta^4 [\vec{x} - \vec{z}(\tau)]$$

$$\vec{u} = d\vec{z}/d\tau$$

$$\text{Using } \delta^4 [\vec{x} - \vec{z}(\tau)] = \delta[t - z^0(\tau)] \delta[x - z^1(\tau)] \dots$$

plus the rule

$$\int f(x) \delta[g(x)] dx = \frac{f(x_0)}{|g'|}_{x=x_0}$$

where  $x_0$  is defined such that  $g(x_0) = 0$ .

We can integrate this up to

$$T_{\mu\nu} = \frac{m_0 u_\mu u_\nu}{u^0} \delta^3 [x - \vec{z}(\tau)]$$

$$\text{Another: } T_{EM}^{\mu\nu} = \frac{1}{4\pi} [F^{\mu\lambda} F^\nu{}_\lambda - \frac{1}{4}\eta^{\mu\nu} F^{\lambda\sigma} F_{\lambda\sigma}]$$

$$\rightarrow T^{00} = \frac{E \cdot E + B \cdot B}{8\pi}$$

$$T^{0i} = \frac{(E \times B)^i}{4\pi}$$

$$T^{ij} = \frac{1}{8\pi} \left[ (E \cdot E + B \cdot B) \delta^{ij} - 2(E^i E^j + B^i B^j) \right]$$

$$\text{Example: } E = E^x e_x$$

$$T_{EM}^{\mu\nu} \doteq \frac{(E^x)^2}{8\pi} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

Attractive  
"tension"

pressure

Follows from choosing Lagrangian density:

$$\mathcal{L} = -\frac{1}{4} F_{\mu\nu} F^{\mu\nu} + A_\mu J^\mu \quad [L = \int d^3x \mathcal{L}]$$

$$\text{Then build an action: } S = \int dt L = \int d^4x \mathcal{L}$$

$T_{\mu\nu}$  pops out by varying metric!

$$T_{\mu\nu} = \frac{-2}{\sqrt{\det(\eta_{\mu\nu})}} \frac{\delta S}{\delta g^{\mu\nu}}$$

Prelude to curvature: flat spacetime, but curvilinear coordinates.

$$(t, r, \phi, z)$$

$$x = r \cos \phi \quad y = r \sin \phi$$

Continue to use a coordinate basis:

$$\begin{aligned} d\vec{x} &= dx^a \vec{e}_a \\ &= dt \vec{e}_t + dr \vec{e}_r + d\phi \vec{e}_\phi + dz \vec{e}_z \end{aligned}$$

↑  
angle                      length

Not a normal basis!  $|\vec{e}_\phi \cdot \vec{e}_\phi| \neq 1$ .

Transformation matrix:  $L^\alpha_{\bar{\mu}} \equiv \frac{\partial x^\alpha}{\partial x^{\bar{\mu}}}$  (Reserve  $\Lambda^\alpha_{\bar{\mu}}$  for Lorentz transformation.)

Let  $\bar{\mu}$  be polar, unbarred be cartesian:

$$\frac{\partial x^\alpha}{\partial x^{\bar{\mu}}} = \begin{bmatrix} 1 & 0 & 0 & 0 \\ 0 & \cos \phi & \sin \phi & 0 \\ 0 & -r \sin \phi & r \cos \phi & 0 \\ 0 & 0 & 0 & 1 \end{bmatrix} = L^\alpha_{\bar{\mu}}$$

$$\frac{\partial x^{\bar{\mu}}}{\partial x^\alpha} = \begin{bmatrix} 1 & 0 & 0 & 0 \\ 0 & \cos \phi & -\sin \phi / r & 0 \\ 0 & \sin \phi & \cos \phi / r & 0 \\ 0 & 0 & 0 & 1 \end{bmatrix} = L^{\bar{\mu}}_\alpha$$

Basis vectors:

$$\vec{e}_r = \omega s\phi \vec{e}_x + \sin\phi \vec{e}_y = L^{\alpha} r \vec{e}_{\alpha}$$

$$\vec{e}_{\phi} = -r \sin\phi \vec{e}_x + r \cos\phi \vec{e}_y = L^{\alpha} \phi \vec{e}_{\alpha}$$

 Grows because the angle spans constant angle.

Metric:  $g_{\alpha\beta} = \vec{e}_{\alpha} \cdot \vec{e}_{\beta}$

$$= \text{diag}(-1, 1, r^2, 1)$$

Reserve  $\eta_{\alpha\beta}$  for  $\text{diag}(-1, 1, 1, 1)$

Line element:  $ds^2 = -dt^2 + dr^2 + r^2 d\phi^2 + dz^2$

Basis 1-forms:  $\tilde{dr} = L^r \tilde{dx}^{\alpha} = \cos\phi \tilde{dx} + \sin\phi \tilde{dy}$

$$\tilde{d}\phi = -\frac{\sin\phi}{r} \tilde{dx} + \frac{\omega s\phi}{r} \tilde{dy}$$

Key place where this matters: calculating derivatives. Need to include variation in basis vectors!

$$\begin{aligned}\frac{\partial \vec{e}_r}{\partial r} &= 0 & \frac{\partial \vec{e}_r}{\partial \phi} &= \frac{\vec{e}_\phi}{r} \\ \frac{\partial \vec{e}_\phi}{\partial r} &= \frac{\vec{e}_\phi}{r} & \frac{\partial \vec{e}_\phi}{\partial \phi} &= -r \vec{e}_r\end{aligned}$$

$$\vec{v} = v^\alpha \vec{e}_\alpha \quad \nabla \vec{v} = \partial_\beta (v^\alpha \vec{e}_\alpha) \tilde{w}^\beta$$

Components of tensor:

$$\frac{\partial \vec{e}}{\partial x^\beta} = \left( \frac{\partial v^\alpha}{\partial x^\beta} \right) \vec{e}_\alpha + v^\alpha \frac{\partial \vec{e}_\alpha}{\partial x^\beta}$$

$\frac{\partial \vec{e}}{\partial x^\beta}$  is something that we can write as linear combination of basis vectors:

$$\rightarrow \partial_\beta \vec{e}_\alpha = \frac{\partial \vec{e}_\alpha}{\partial x^\beta} = \Gamma_{\beta\alpha}^\mu \vec{e}_\mu \quad \text{"Christoffel Symbol"}$$

Caution: Schutz, MTW define this as  $\Gamma_{\alpha\beta}^\mu$ .

→ Carroll, Wald define as here. Turns out to be irrelevant - symmetric for coordinate bases. (Will prove later.)

For polar coords,  $\Gamma_{r\phi}^\phi = \Gamma_{\phi r}^\phi = 1/r$

$$\Gamma_{\phi\phi}^r = -r$$

All others - zero.

~~scribble~~

Return to derivative of vector:

$$\partial_\beta \vec{v} = (\partial_\beta v^\alpha \vec{e}_\alpha + v^\alpha \Gamma_{\beta\alpha}^m \vec{e}_m)$$

$$= (\partial_\beta v^\alpha \vec{e}_\alpha + v^m \Gamma_{\beta m}^\alpha \vec{e}_\alpha)$$

$$\rightarrow \partial_\beta \vec{v} = \underbrace{(\partial_\beta v^\alpha + v^m \Gamma_{\beta m}^\alpha)}_{\text{The Covariant derivative}} \vec{e}_\alpha$$

The Covariant derivative

$$= \nabla_\beta v^\alpha \vec{e}_\alpha$$

$$\nabla_\beta v^\alpha = \partial_\beta v^\alpha + v^m \Gamma_{\beta m}^\alpha$$

Free indices placed to  
agree w/LHS; dummy last. Only sum is tensorial!

↑  
Components of tensor :  $\nabla \vec{v} = \nabla_\beta v^\alpha \tilde{\omega}^\beta \otimes \vec{e}_\alpha$

Not individually components of a tensor!

Example application: divergence.

$$\nabla_\alpha V^\alpha = \partial_\alpha V^\alpha + \Gamma_{\alpha\mu}^\alpha V^\mu$$

$$= \partial_t V^t + \partial_z V^z + \partial_r V^r + \partial_\phi V^\phi + \Gamma_{\phi r}^\phi V^r$$

$$= \partial_t V^t + \partial_z V^z + \partial_r V^r + \partial_\phi V^\phi + \frac{V^r}{r}$$

Notice the term  $\partial_\phi V^\phi$  - Is this dimensionally correct?

Consider the vector:

$$\vec{V} = V^t \vec{e}_t + V^r \vec{e}_r + V^\phi \vec{e}_\phi + V^z \vec{e}_z$$

Since  $[\vec{e}_\phi]$  is length,

$[V^\phi] = [\vec{V}] / \text{length}$ . So  $\partial_\phi V^\phi$  is cool!

Derivs of other tensorial objects

Scalars: No basis needed! So, no worries w/ complications:

$$\nabla_\alpha \phi = \partial_\alpha \phi$$

1-form: deduce by considering deriv of  $p_\alpha A^\alpha \rightarrow$  scalar:

$$\begin{aligned} \nabla_\beta (p_\alpha A^\alpha) &= \partial_\beta (p_\alpha A^\alpha) \\ &= A^\alpha \partial_\beta p_\alpha + p_\alpha \partial_\beta A^\alpha \end{aligned}$$

Now write  $\partial_\beta A^\alpha = \nabla_\beta A^\alpha - \Gamma_{\beta\mu}^\alpha A^\mu$ :

$$\begin{aligned} \nabla_\beta (p_\alpha A^\alpha) &= A^\alpha \partial_\beta p_\alpha + p_\alpha \nabla_\beta A^\alpha - p_\alpha \Gamma_{\beta\mu}^\alpha A^\mu \\ &= p_\alpha \nabla_\beta A^\alpha + A^\alpha (\partial_\beta p_\alpha - p_\mu \Gamma_{\beta\mu}^\alpha) \end{aligned}$$

Now, require covariant deriv to obey Leibnitz rule:

$$\nabla_\beta (p_\alpha A^\alpha) = p_\alpha \nabla_\beta A^\alpha + A^\alpha \nabla_\beta p_\alpha$$

Compare:

$$\boxed{\nabla_\beta p_\alpha = \partial_\beta p_\alpha - \Gamma_{\beta\mu}^\alpha p_\mu}$$

From this, simple to find rule for 1-form derivatives:

$$\partial_p \tilde{\omega}^\alpha = -\Gamma_{pm}^\alpha \tilde{\omega}^m$$

(Can start with

Minus sign enforces  $\langle \tilde{\omega}^\alpha, \tilde{e}_p \rangle = \delta^\alpha_p$ .  $\rightarrow$  this, prove Leibniz afterwards.)

Generalize further:

$$\nabla_\beta T^{\mu\nu} = \partial_\beta T^{\mu\nu} + \Gamma_{\beta\alpha}^\mu T^{\alpha\nu} + \Gamma_{\beta\alpha}^\nu T^{\mu\alpha}$$

$$\nabla_\beta T_{\mu\nu} = \partial_\beta T_{\mu\nu} - \Gamma_{\beta m}^\alpha T_{\alpha\nu} - \Gamma_{\beta n}^\nu T_{m\alpha}$$

$$\begin{aligned} \nabla_\beta T^{\mu\nu\dots} g_{\dots} &= \partial_\beta T^{\mu\nu\dots} g_{\dots} \\ &\quad + \Gamma_{\beta\alpha}^\mu T^{\alpha\nu\dots} g_{\dots} + \Gamma_{\beta\alpha}^\nu T^{\mu\alpha\dots} g_{\dots} \\ &\quad - \Gamma_{\beta\gamma}^\alpha T^{\mu\nu\dots} g_{\alpha\dots} - \Gamma_{\beta\gamma}^\alpha T^{\mu\nu\dots} g_{\alpha\dots} \end{aligned}$$

Just go through and "correct" each index.

Definition  $\partial_\beta \vec{e}_\alpha = \Gamma_{\beta\alpha}^m \vec{e}_m$  suggests we generate Christoffels by studying derivatives of basis vectors. Yuck.

Better way to get it: from the metric. Derivation will introduce a key property of tensor relationships:

A tensorial equation that holds in one representation must hold in ALL representations. CHANGING COORDINATES CANNOT CHANGE THE EQUATION!

Example application: "double gradient" of scalar.

$$\text{Cartesian: } \nabla \nabla \phi = \partial_\alpha \partial_\beta \phi \tilde{w}^\alpha \otimes \tilde{w}^\beta$$

↳ clearly symmetric!

$$\text{general coordinates: } \nabla \nabla \phi = \nabla_\alpha \nabla_\beta \phi \tilde{w}^\alpha \otimes \tilde{w}^\beta$$

$$\text{Must be generally symmetric: } \nabla_\alpha \nabla_\beta \phi = \nabla_\beta \nabla_\alpha \phi$$

$$\rightarrow \cancel{\partial_\alpha \partial_\beta \phi} - \Gamma_{\alpha\beta}^m \partial_m \phi = \cancel{\partial_\beta \partial_\alpha \phi} - \Gamma_{\beta\alpha}^m \partial_m \phi$$

$$\rightarrow (\Gamma_{\alpha\beta}^m - \Gamma_{\beta\alpha}^m) \partial_m \phi = 0$$

↳ Symmetry on Christoffels!

Important application: Gradient of metric.

$$\nabla \bar{g} = \partial_\gamma g_{\alpha\beta} \bar{w}^\alpha \otimes \bar{w}^\beta \otimes w^\gamma = 0 \quad (\text{Cartesian})$$

$$= \nabla_\gamma g_{\alpha\beta} \bar{w}^\alpha \otimes \bar{w}^\beta \otimes \bar{w}^\gamma \quad \text{in general.}$$

We require  $\nabla_\gamma g_{\alpha\beta} = 0$ :

$$\textcircled{I} \quad \nabla_\gamma g_{\alpha\beta} = \partial_\gamma g_{\alpha\beta} - \Gamma_{\gamma\alpha}^M g_{M\beta} - \Gamma_{\gamma\beta}^M g_{\alpha M} = 0$$

$$\textcircled{II} \quad \nabla_\alpha g_{\beta\gamma} = \partial_\alpha g_{\beta\gamma} - \Gamma_{\alpha\beta}^M g_{M\gamma} - \Gamma_{\alpha\gamma}^M g_{\beta M} = 0$$

$$\textcircled{III} \quad \nabla_\beta g_{\gamma\alpha} = \partial_\beta g_{\gamma\alpha} - \Gamma_{\beta\gamma}^M g_{M\alpha} - \Gamma_{\beta\alpha}^M g_{\gamma M} = 0$$

Construct  $\textcircled{I} - \textcircled{II} - \textcircled{III}$ :

$$\begin{aligned} & \partial_\gamma g_{\alpha\beta} - \partial_\alpha g_{\beta\gamma} - \partial_\beta g_{\gamma\alpha} \\ & - g_{M\beta} (\cancel{\Gamma_{\gamma\alpha}^M} - \cancel{\Gamma_{\alpha\gamma}^M}) \\ & + g_{M\gamma} (\Gamma_{\alpha\beta}^M + \Gamma_{\beta\alpha}^M) \\ & + g_{\alpha\gamma} (\cancel{\Gamma_{\beta\gamma}^M} - \cancel{\Gamma_{\gamma\beta}^M}) = 0 \end{aligned}$$

$$\rightarrow g_{M\gamma} \Gamma_{\alpha\beta}^M = \frac{1}{2} (\partial_\alpha g_{\beta\gamma} + \partial_\beta g_{\gamma\alpha} - \partial_\gamma g_{\alpha\beta}) \\ = \Gamma_{\gamma\alpha\beta}$$

$$\Gamma_{\alpha\beta}^M = g^{M\gamma} \Gamma_{\gamma\alpha\beta}$$