# The Principle of Least Action 

## Introduction

Recall that we defined the Lagrangian to be the kinetic energy less potential energy, $L=K-U$, at a point. The action is then defined to be the integral of the Lagrangian along the path,

$$
S=\int_{t_{0}}^{t_{1}} L d t=\int_{t_{0}}^{t_{1}} K-U d t
$$

It is (remarkably!) true that, in any physical system, the path an object actually takes minimizes the action. It can be shown that the extrema of action occur at

$$
\frac{\partial L}{\partial q}-\frac{d}{d t} \frac{\partial L}{\partial \dot{q}}=0
$$

This is called the Euler equation, or the Euler-Lagrange Equation.

## Derivation

Courtesy of Scott Hughes's Lecture notes for 8.033. (Most of this is copied almost verbatim from that.) Suppose we have a function $f(x, \dot{x} ; t)$ of a variable $x$ and its derivative $\dot{x}=d x / d t$. We want to find an extremum of

$$
J=\int_{t_{0}}^{t_{1}} f(x(t), \dot{x}(t) ; t) d t
$$

Our goal is to compute $x(t)$ such that $J$ is at an extremum. We consider the limits of integration to be fixed. That is, $x\left(t_{1}\right)$ will be the same for any $x$ we care about, as will $x\left(t_{2}\right)$.
Imagine we have some $x(t)$ for which $J$ is at an extremum, and imagine that we have a function which parametrizes how far our current path is from our choice of $x$ :

$$
x(t ; \alpha)=x(t)+\alpha A(t)
$$

The function $A$ is totally arbitrary, except that we require it to vanish at the endpoints: $A\left(t_{0}\right)=A\left(t_{1}\right)=0$. The parameter $\alpha$ allows us to control how the variation $A(t)$ enters into our path $x(t ; \alpha)$.

The "correct" path $x(t)$ is unknown; our goal is to figure out how to construct it, or to figure out how $f$ behaves when we are on it.

Our basic idea is to ask how does the integral $J$ behave when we are in the vicinity of the extremum. We know that ordinary functions are flat --- have zero first derivative --- when we are at an extremum. So let us put

$$
J(\alpha)=\int_{t_{0}}^{t_{1}} f(x(t ; \alpha), \dot{x}(t ; \alpha) ; t) d t
$$

We know that $\alpha=0$ corresponds to the extremum by definition of $\alpha$. However, this doesn't teach us anything useful, sine we don't know the path $x(t)$ that corresponds to the extremum.
But we also know We know that $\left.\frac{\partial J}{\partial \alpha}\right|_{\alpha=0}=0$ since it's an extremum. Using this fact,

$$
\begin{gathered}
\frac{\partial J}{\partial \alpha}=\int_{t_{0}}^{t_{1}}\left(\frac{\partial f}{\partial x} \frac{\partial x}{\partial \alpha}+\frac{\partial f}{\partial \dot{x}} \frac{\partial \dot{x}}{\partial \alpha}\right) d t \\
\frac{\partial x}{\partial \alpha}=\frac{\partial}{\partial \alpha}(x(t)+\alpha A(t))=A(t) \\
\frac{\partial \dot{x}}{\partial \alpha}=\frac{\partial}{\partial \alpha} \frac{d}{d l t}(x(t)+\alpha A(t))=\frac{d A}{d l t}
\end{gathered}
$$

So

$$
\frac{\partial J}{\partial \alpha}=\int_{t_{0}}^{t_{1}}\left(\frac{\partial f}{\partial x} A(t)+\frac{\partial f}{\partial \dot{x}} \frac{d A}{d t}\right) d t
$$

Integration by parts on the section term gives

$$
\int_{t_{0}}^{t_{1}} \frac{\partial f}{\partial \dot{x}} \frac{d A}{d l t} d l t=\left.A(t) \frac{\partial f}{\partial \dot{x}}\right|_{t_{0}} ^{t_{1}}-\int_{t_{0}}^{t_{1}} A(t) \frac{d l}{d t} \frac{\partial f}{\partial \dot{x}} d t
$$

Since $A\left(t_{0}\right)=A\left(t_{1}\right)=0$, the first term dies, and we get

$$
\frac{\partial J}{\partial \alpha}=\int_{t_{0}}^{t_{1}} A(t)\left(\frac{\partial f}{\partial x}-\frac{d l}{d t} \frac{\partial f}{\partial \dot{x}}\right) d t
$$

This must be zero. Since $A(t)$ is arbitrary except at the endpoints, we must have that the integrand is zero at all points:

$$
\frac{\partial f}{\partial x}-\frac{d}{d t} \frac{\partial f}{\partial \dot{x}}=0
$$

This is what was to be derived.

## Least action: $F=m a$

Suppose we have the Newtonian kinetic energy, $K=\frac{1}{2} m v^{2}$, and a potential that depends only on position, $U=U(\vec{r})$. Then the Euler-Lagrange equations tell us the following:

Clear [U, m, r]
$L=\frac{1}{2} m r^{\prime}[t]^{2}-U[r[t]] ;$
$\partial_{\{r[t]\}} L-D t\left[\partial_{\left\{r^{\prime}[t]\right\}} L, t\right.$, Constants $\left.\rightarrow m\right]=0$
$-U^{\prime}[r[t]]-m r^{\prime \prime}[t]=0$
Rearrangement gives

$$
\begin{gathered}
-\frac{\partial U}{\partial r}=m \ddot{r} \\
F=m a
\end{gathered}
$$

## Least action with no potential

Suppose we have no potential, $U=0$. Then $L=K$, so the Euler-Lagrange equations become

$$
\frac{\partial K}{\partial q}-\frac{d}{d t} \frac{\partial K}{\partial \dot{q}}=0
$$

For Newtonian kinetic energy, $K=\frac{1}{2} m \dot{x}^{2}$, this is just

$$
\begin{aligned}
& \frac{d}{d t} m \dot{x}=0 \\
& m \dot{x}=m v \\
& x=x_{0}+v t
\end{aligned}
$$

This is a straight line, as expected.

## Least action with gravitational potential

Suppose we have gravitational potential close to the surface of the earth, $U=m g y$, and Newtonian kinetic energy, $K=\frac{1}{2} m \dot{y}^{2}$. Then the Euler-Lagrange equations become

$$
\begin{gathered}
-m g-\frac{d}{d t t} m \dot{y}=-m g-m \ddot{y}=0 \\
-g=\ddot{y} \\
y=y_{0}+a_{y} t-\frac{1}{2} g t^{2}
\end{gathered}
$$

This is a parabola, as expected.

## Constants of motion: Momenta

We may rearrange the Euler-Lagrange equations to obtain

$$
\frac{\partial L}{\partial q}=\frac{d}{d t} \frac{\partial L}{\partial \dot{q}}
$$

If it happens that $\frac{\partial L}{\partial q}=0$, then $\frac{d}{d t} \frac{\partial L}{\partial \dot{q}}$ is also zero. This means that $\frac{\partial L}{\partial \dot{q}}$ is a constant (with respect to time). We call $\frac{\partial L}{\partial \dot{q}}$ a (conserved) momentum of the system.

## Linear Momentum

By noting that Newtonian kinetic energy, $K=\frac{1}{2} m v^{2}$, is independent of the time derivatives of position,
if potential energy depends only on position, we can infer that $\frac{\partial L}{\partial \dot{x}}$ (and, similarly, $\frac{\partial L}{\partial \dot{y}}$ and $\frac{\partial L}{\partial \dot{z}}$ ) are constant. Then $\frac{\partial L}{\partial \dot{x}}=\frac{\partial}{\partial \dot{x}}\left(\frac{1}{2} m \dot{x}^{2}\right)=m \dot{x}$. This is just standard linear momentum, $m v$.

## Angular Momentum

Let us change to polar coordinates.

```
x[t_] := r[t] }\times\operatorname{Cos[0[t]]
y[t_] := r[t] }\times\mathbf{Sin}[0[t]
K = Expand [FullSimplify [\frac{1}{2}m(x'[t\mp@subsup{]}{}{2}+\mp@subsup{y}{}{\prime}[t\mp@subsup{]}{}{2})]]// TraditionalForm
\frac{1}{2}m\mp@subsup{r}{}{\prime}(t\mp@subsup{)}{}{2}+\frac{1}{2}mr(t\mp@subsup{)}{}{2}\mp@subsup{0}{}{\prime}(t\mp@subsup{)}{}{2}
```

Using dot notation, this is
$K / . r_{-}$' $[\mathrm{t}] \rightarrow$ OverDot [r] /. $\mathbf{r}_{-}[\mathrm{t}] \rightarrow \mathrm{r} / /$ TraditionalForm
$\frac{1}{2} \dot{\theta}^{2} m r^{2}+\frac{m \dot{r}^{2}}{2}$
Note that $\theta$ does not appear in this expression. If potential energy is not a function of $\theta$ (is only a function of $r$ ), then $\frac{\partial L}{\partial \dot{\theta}}=m r^{2} \dot{\theta}$ is constant. This is standard angular momentum, $m r^{2} \omega=r m r \omega=r \times m v$.

## Classic Problem: Brachistochrone ("shortest time")

## Problem

A bead starts at $x=0, y=0$, and slides down a wire without friction, reaching a lower point $\left(x_{f}, y_{f}\right)$. What shape should the wire be in order to have the bead reach $\left(x_{f}, y_{f}\right)$ in as little time as possible.

## Solution

## Idea

Use the Euler equation to minimize the time it takes to get from $\left(x_{i}, y_{i}\right)$ to $\left(x_{f}, y_{f}\right)$.

## Implementation

Letting $d s$ be the infinitesimal distance element and $v$ be the travel speed,

$$
\begin{gathered}
T=\int_{t_{i}}^{t_{t} d s} \frac{v}{v} d t \\
d s=\sqrt{(d x)^{2}+(d y)^{2}}=d y \sqrt{1+\left(x^{\prime}\right)^{2}} \quad x^{\prime}=\frac{d x}{d l y}
\end{gathered}
$$

$$
\begin{gathered}
v=\sqrt{2 g y} \quad \text { (Assumption: bead starts at rest) } \\
T=\int_{0}^{y_{f}} \sqrt{\frac{1+\left(x^{\prime}\right)^{2}}{2 g y}} d y
\end{gathered}
$$

Now we apply the Euler equation to $f=\sqrt{\frac{1+\left(x^{\prime}\right)^{2}}{2 g y}}$ and change $t \rightarrow y, \dot{x} \rightarrow x^{\prime}$.

$$
\begin{gathered}
\frac{\partial f}{\partial x}-\frac{d l}{d y} \frac{\partial f}{\partial \dot{x}}=0 \\
\frac{\partial f}{\partial x}=0 \\
\frac{\partial f}{\partial \dot{x}}=\frac{1}{\sqrt{2 g y}} \frac{x^{\prime}}{\sqrt{1+\left(x^{\prime}\right)^{2}}} \\
\frac{d}{d y} \frac{\partial f}{\partial \dot{x}}=0 \rightarrow \frac{1}{\sqrt{2 g y}} \frac{x^{\prime}}{\sqrt{1+\left(x^{\prime}\right)^{2}}}=\text { Constant }
\end{gathered}
$$

Squaring both sides and making a special choice for the constant gives

$$
\begin{gathered}
\frac{\left(x^{\prime}\right)^{2}}{2 g y\left(1+\left(x^{\prime}\right)^{2}\right)}=\frac{1}{4 g A} \\
\rightarrow\left(\frac{d x}{d y}\right)^{2}=\frac{y /(2 A)}{1-y /(2 A)}=\frac{y^{2}}{2 A y-y^{2}} \\
\rightarrow \quad x=\int_{0}^{y_{f} d x} \frac{d y}{d y} d y=\int_{0}^{y_{f}} \frac{y}{\sqrt{2 A y-y^{2}}} d y
\end{gathered}
$$

To solve this, change variables:

$$
y=A(1-\cos (\theta)), \quad d y=A \sin (\theta) d \theta
$$

FullSimplify[2Ay- $\left.\mathbf{y}^{2} / \cdot y \rightarrow A(1-\operatorname{Cos}[\theta])\right]$
$A^{2} \operatorname{Sin}[\theta]^{2}$

$$
\begin{gathered}
\frac{y}{\sqrt{2 A y-y^{2}}} d y=\frac{A(1-\cos (\theta))}{\sqrt{A^{2} \sin ^{2}(\theta)}} A \sin (\theta) d \theta=A(1-\cos (\theta)) \\
x=\int_{0}^{\theta} A(1-\cos (\theta)) d \theta=A(\theta-\sin (\theta))
\end{gathered}
$$

Full solution: The brachistochrone is described by

$$
\begin{aligned}
& x=A(\theta-\sin (\theta)) \\
& y=A(1-\cos (\theta))
\end{aligned}
$$

There's no analytic solution, but we can compute them.

In[1]:= Clear [x, y, A, $\theta$, soln, $\mathbf{y f}, \mathrm{xf}, \mathrm{xmax}, \theta \max$, Asol, f];
RepeatedFindRoot [fs_, $\left\{\theta, \theta 0_{-}\right\},\left\{A, A 0_{-}\right\}$,
n_: 3, nMaxIterations_: OptionValue [FindRoot, MaxIterations]] :=
If $[n \leq 1$, FindRoot [fs, $\{\theta, \theta 0\},\{A, A 0\}$, MaxIterations $\rightarrow$ nMaxIterations],
Module [ $\{\mathrm{err}, \operatorname{soln}, \mathrm{k}=\operatorname{Reap}[$ Quiet [Check[Sow[RepeatedFindRoot[fs, $\{\theta, \Theta 0\}$,
\{A, A0\}, $n$ - 1, nMaxIterations] ], Throw] ] \} , \{err, \{\{soln\}\}\} = k;
If [SameQ[err, soln], soln, FindRoot[fs, $\{\theta, \operatorname{Mod}[(\theta / . \operatorname{soln}), 2 \pi,-2 \pi]\}$,
\{A, A / . soln\}, MaxIterations $\rightarrow$ nMaxIterations]]]

```
Manipulate[
```

    Module \([\{y=\operatorname{Function}[\{A, \theta\}, A(1-\operatorname{Cos}[\theta])], x=\operatorname{Function}[\{A, \theta\}, A(\theta-\operatorname{Sin}[\theta])]\}\),
        Module [ \(\{\operatorname{soln}=\operatorname{RepeatedFindRoot~}[\{x[A, \theta]=x f, y[A, \theta]==y f\},\{\theta,-\pi\},\{A,-1\}, 3,1000]\}\),
            Module [ \(\{\) Asol \(=A / . \operatorname{soln}, ~ \Theta \max =\theta / . \operatorname{soln}\}, \operatorname{ParametricPlot~[\{ x[Asol,~} \theta], y[A s o l, \theta]\}\),
                \(\{\theta, 0, \Theta \max \}, \operatorname{PlotRange} \rightarrow\{\{0, \operatorname{xmax}\},\{y \max , 0\}\}, P l o t S t y l e \rightarrow B l a c k]]]\),
    \(\left\{\left\{x_{\max }, 2 \pi, x_{\max }\right\}, 0,4 \pi\right\},\left\{\left\{y_{\max },-2.5, y_{\max }\right\}, 0,-20\right\},\left\{\left\{x f, 4, x_{f}\right\}, 1,6\right\}\),
    \(\left.\left\{\left\{y f,-2, y_{f}\right\}, 0,-5\right\}\right]\)
    

## Classic Problem: Catenary

## Problem

Suppose we have a rope of length $/$ and linear mass density $\lambda$. Suppose we fix its ends at points ( $x_{0}, y_{0}$ ) and $\left(x_{f}, y_{f}\right)$. What shape does the rope make, hanging under the influence of gravity?

## Solution

## Idea

Calculate the potential energy of the rope as a function of the curve, $y(x)$, and minimize this quantity using the Euler-Lagrange equations.

## Implementation

Suppose we have curve parameterized by $t,(x(t), y(t))$. The potential energy associated with this curve
is

$$
\begin{gathered}
U=\int_{0}^{1} \lambda g y d s \\
d s=\sqrt{(d x)^{2}+(d y)^{2}}=d y \sqrt{1+\left(x^{\prime}\right)^{2}} \quad x^{\prime}=\frac{d x}{d y} \\
U=\int_{y_{0}}^{y_{f}} \lambda g y \sqrt{1+\left(x^{\prime}\right)^{2}} d y
\end{gathered}
$$

Note that if we choose to factor $d s$ the other way (for $y$ '), we get a mess.
Now we apply the Euler-Lagrange equation to $f=\lambda g y \sqrt{1+\left(x^{\prime}\right)^{2}}$ and change $t \rightarrow y, \dot{x} \rightarrow x^{\prime}$.

$$
\begin{gathered}
\frac{\partial f}{\partial x}-\frac{d}{d y} \frac{\partial f}{\partial x^{\prime}}=0 \\
\frac{\partial f}{\partial x}=0 \\
\frac{\partial f}{\partial x^{\prime}}=\frac{\lambda g y x^{\prime}}{\sqrt{1+\left(x^{\prime}\right)^{2}}}
\end{gathered}
$$

Since $\frac{\partial f}{\partial x}=0, \frac{\partial f}{\partial x^{\prime}}$ is constant, say $a=\frac{1}{\lambda g} \frac{\partial f}{\partial x^{\prime}}=\frac{y x^{\prime}}{\sqrt{1+\left(x^{\prime}\right)^{\prime}}}$. Then

$$
x^{\prime}=\frac{d x}{d y}= \pm \frac{a}{\sqrt{y^{2}-a^{2}}}
$$

Using the fact that

$$
\int \frac{d y}{\sqrt{y^{2}-a^{2}}}=\cosh ^{-1}\left(\frac{y}{a}\right)+b
$$

integration of $x^{\prime}$ gives

$$
x(y)= \pm a \cosh ^{-1}\left(\frac{y}{a}\right)+b
$$

where $b$ is a constant of integration.
Plotting this for $a=1, b=0$ gives:

## Clear [y];

Manipulate[ParametricPlot $\left[\left\{\left\{-a \operatorname{ArcCosh}\left[\frac{t}{a}\right]+b, t\right\},\left\{a \operatorname{ArcCosh}\left[\frac{t}{a}\right]+b, t\right\}\right\}\right.$,
$\{t, y m i n, y m a x\}$, PlotStyle $\rightarrow$ Black, AspectRatio $\rightarrow$ Automatic $],\{\{a, 1\},-5,5\}$,
$\left.\{\{b, 0\},-5,5\},\left\{\left\{y \min , 0, y_{\min }\right\},-5,5\right\},\left\{\left\{y \max , 2, y_{\max }\right\},-5,5\right\}\right]$


## Problem: Bead on a Ring

From 8.033 Quiz \#2

## Problem



A bead of mass $m$ slides without friction on a circular hoop of radius $R$. The angle $\theta$ is defined so that when the bead is at the bottom of the hoop, $\theta=0$. The hoop is spun about its vertical axis with angular velocity $\omega$. Gravity acts downward with acceleration $g$.
Find an equation describing how $\theta$ evolves with time.
Find the minimum value of $\omega$ for the bead to be in equilibrium at some value of $\theta$ other than zero. ("equilibrium" means that $\dot{\theta}$ and $\ddot{\theta}$ are both zero.) How large must $\omega$ be in order to make $\theta=\pi / 2$ ?

## Solution

The general Lagrangian for the object in Cartesian coordinates is
Clear $[x, y, z, t] ;\left(L=\frac{1}{2} m\left(x^{\prime}[t]^{2}+y^{\prime}[t]^{2}+z^{\prime}[t]^{2}\right)-m g z[t]\right) / /$ TraditionalForm
$\frac{1}{2} m\left(x^{\prime}(t)^{2}+y^{\prime}(t)^{2}+z^{\prime}(t)^{2}\right)-g m z(t)$
Converting to polar coordinates, and using the constraints that $\phi=\omega t$ and $r=R$, using the conversion

$$
\begin{gathered}
x=R \sin (\theta) \cos (\omega t) \\
y=R \sin (\theta) \sin (\omega t) \\
z=R-R \cos (\theta)
\end{gathered}
$$

gives

```
Clear [r, 0, \phi];
Defer[L] == (Lpolar = Expand[FullSimplify[L /. {x Function[t, R Cos[\omegat] }\times\operatorname{Sin}[0[t]]]
            y f Function[t, R Sin[\omegat] < Sin[0[t]]], z -> Function[t, R - R Cos[0[t]]]}]]) /.
    0'[t] }->\dot{0}/.0[t]->0// TraditionalFor
```



```
    0[t] ->0 // TraditionalForm
0''[t] == (0''[t] /. Solve[EL == 0, 央'[t]][1]) // TraditionalForm
L=gmR\operatorname{cos}(0)-gmR-\frac{1}{4}m\mp@subsup{R}{}{2}\mp@subsup{\omega}{}{2}\operatorname{cos}(20)+\frac{1}{2}\mp@subsup{\dot{0}}{}{2}m\mp@subsup{R}{}{2}+\frac{1}{4}m\mp@subsup{R}{}{2}\mp@subsup{\omega}{}{2}
0=\frac{\partialL}{\partial0}-\frac{d}{dt}\frac{\partialL}{\partial\dot{0}}=-gmR\operatorname{sin}(0)+m\mp@subsup{R}{}{2}\mp@subsup{\omega}{}{2}\operatorname{sin}(0)\operatorname{cos}(0)-m\mp@subsup{R}{}{2}\mp@subsup{0}{}{\prime\prime}(t)
\mp@subsup{0}{}{\prime\prime}(t)=\frac{R\mp@subsup{\omega}{}{2}\operatorname{sin}(0(t))\operatorname{cos}(0(t))-g\operatorname{sin}(0(t))}{R}
```

Finding the minimum value of $\omega$ for the bead to be in equilibrium gives
( $\theta^{\prime}$ ' [ t$] /$. Solve[EL $\left.=0, \theta^{\prime \prime}[\mathrm{t}]\right][1]$ ) $=0 / /$ TraditionalForm

$\operatorname{Sin}[\theta[t]] \neq 0 \& \& \operatorname{Cos}[\theta[t]] \neq 0 \& \& \mathrm{~g}>\theta \& \& R \omega \neq 0] / . \theta[\mathrm{t}] \rightarrow \theta / /$ TraditionalForm
$\frac{R \omega^{2} \sin (\theta(t)) \cos (\theta(t))-g \sin (\theta(t))}{R}=0$
$\cos (\theta)=\frac{g}{R \omega^{2}}$
In order for this to have a solution, we must have

$$
\omega \geq \sqrt{\frac{g}{R}}
$$

If $\theta=\pi / 2$, then $\cos (\theta)=0$, so $\omega=\infty$.

## Problem 11.8: K \& K 8.12

## Problem

A pendulum is rigidly fixed to an axle held by two supports so that it can only swing in a plane perpendic ular to the axle. The pendulum consists of a mass $m$ attached to a massless rod of length $l$. The supports are mounted on a platform which rotates with constant angular velocity $\Omega$. Find the pendulum's frequency assuming the amplitude is small.


## Solution by torque

(From the problem set solutions)


The torque about the pivot point is

$$
\begin{gather*}
\vec{\tau}_{p}=\vec{\alpha} I_{p} \\
\hat{k}: \quad-g / m \sin (\theta)+/ F_{\text {cent }} \cos (\theta)=\ddot{\theta} I_{p} \tag{1}
\end{gather*}
$$

The centrifugal effective force is

$$
F_{\text {cent }}=m(/ \sin (\theta)) \Omega^{2}
$$

For small angles, $\sin (\theta) \simeq \theta, \cos (\theta) \simeq 1$. Then equation (1) becomes

$$
\begin{gathered}
-g \mid m \theta+m l^{2} \theta \Omega^{2} \simeq m l^{2} \ddot{\theta} \\
\ddot{\theta}+\left(\frac{g}{/}-\Omega^{2}\right) \theta \simeq 0 \\
\omega=\sqrt{\frac{g}{l}-\Omega^{2}}
\end{gathered}
$$

If $\Omega^{2}>\frac{g}{l}$, the motion is no longer harmonic.

## Solution by least action

The general Lagrangian for the object in Cartesian coordinates is

$$
\begin{aligned}
& \text { Clear }[\mathbf{x}, \mathbf{y}, \mathbf{z}, \mathrm{t}] ;\left(\mathbf{L}=\frac{\mathbf{1}}{\mathbf{2}} \mathrm{m}\left(\mathbf{x}^{\prime}[\mathbf{t}]^{2}+\mathbf{y}^{\prime}[\mathbf{t}]^{2}+\mathbf{z}^{\prime}[\mathbf{t}]^{2}\right)-\mathrm{mg} \mathbf{z}[\mathbf{t}]\right) / / \text { TraditionalForm } \\
& \frac{1}{2} m\left(x^{\prime}(t)^{2}+y^{\prime}(t)^{2}+z^{\prime}(t)^{2}\right)-g m z(t)
\end{aligned}
$$

Converting to polar coordinates, and using the constraints that $\phi=\Omega t$ and $r=l$, using the conversion

$$
\begin{gathered}
x=/ \sin (\theta) \cos (\Omega t) \\
y=/ \sin (\theta) \sin (\Omega t) \\
z=/-/ \cos (\theta)
\end{gathered}
$$

gives
Clear $[\rho, \theta, \phi]$;
Defer [L] == (Lpolar = Expand [FullSimplify[
$L / .\{x \rightarrow$ Function [t, $\rho \operatorname{Cos}[\Omega t] \times \operatorname{Sin}[\theta[t]]], y \rightarrow$ Function [t, $\rho \operatorname{Sin}[\Omega t] \times \operatorname{Sin}[\theta[t]]]$, $z \rightarrow$ Function [t, $\rho-\rho \operatorname{Cos}[\theta[t]]]\}]]) / \cdot \theta$ '[t] $\rightarrow \dot{\theta} / . \theta[t] \rightarrow \theta / /$ TraditionalForm
$0=\operatorname{Defer}\left[\partial_{\theta} \mathrm{L}-\operatorname{Dt}[" \mathrm{H}, \mathrm{t}] \partial_{\dot{\theta}} \mathrm{L}\right]=\left(\mathrm{EL}=\right.$ Expand[FullSimplify[ $\partial_{\theta[\mathrm{t}]}$ Lpolar $-\partial_{\mathrm{t}} \partial_{\theta^{\prime}[\mathrm{t}]}$ Lpolar]])/.
$\theta[t] \rightarrow \theta / /$ TraditionalForm
$\theta^{\prime \prime}[t]==\left(\theta^{\prime \prime}[t] /\right.$. Solve[EL = 0, $\left.\left.\theta^{\prime \prime}[t]\right][1]\right) / /$ TraditionalForm
$L=g m \ell \cos (\theta)-g m \ell-\frac{1}{4} m \Omega^{2} \ell^{2} \cos (2 \theta)+\frac{1}{2} \dot{\theta}^{2} m \ell^{2}+\frac{1}{4} m \Omega^{2} \ell^{2}$
$0=\frac{\partial L}{\partial \theta}-\frac{d}{d t} \frac{\partial L}{\partial \dot{\theta}}=-g m \ell \sin (\theta)-m \ell^{2} \theta^{\prime \prime}(t)+m \Omega^{2} \ell^{2} \sin (\theta) \cos (\theta)$
$\theta^{\prime \prime}(t)=\frac{\Omega^{2} \ell \sin (\theta(t)) \cos (\theta(t))-g \sin (\theta(t))}{\ell}$
Note that this is, after minor changes of variable, the exact same equation that we found in the previous problem. We should('ve) expect(ed) this.
Making the first order approximation that $\theta \approx 0$ (Taylor expanding around $\theta=0$ to the first order), we get

$$
\theta^{\prime \prime}(t)=-\left(\frac{g}{l}-\Omega^{2}\right) \theta(t)
$$

This is the differential equation for a harmonic oscillator, with

$$
\omega=\sqrt{\frac{g}{1}-\Omega^{2}}
$$

If $\Omega^{2}>\frac{g}{l}$, the motion is no longer harmonic.

Options[EulerLagrangeEquation] :=
\{Constants $\rightarrow$ OptionValue [Dt, Constants], NonConstants $\rightarrow$ OptionValue [D, NonConstants] \}
EulerLagrangeEquation [L_, $\mathrm{q}_{-}, \mathrm{dq}_{\mathbf{\prime}}, \mathrm{t}_{-}$, OptionsPattern[]] :=
D[L, q, NonConstants $\rightarrow$ OptionValue [NonConstants]] - Dt [D[L, dq, NonConstants $\rightarrow$ OptionValue [NonConstants]], t, Constants $\rightarrow$ OptionValue[Constants]] $=0$

